

# The Rotary Club of TAMWORTH FIRST LIGHT bulletin bulletin bulletin bulletin



[www.tamworthfirstlight.org.au](http://www.tamworthfirstlight.org.au)

4 November 2009 – Meeting #984



## *Brett's Banter -*

### Quote of the week

#### **The Boys Prayer**

Our beer  
Which art in bottles  
Hallowed be thy sport  
Thy will be drunk  
I will be drunk  
At home as I am in the pub  
Give us each day our daily schooners  
And forgive us our spillage  
As we forgive those who spilled against us  
And lead us not into the practice of poofy wine tasting  
And deliver us from Tequila  
For mine is the bitter  
The chicks and the footy  
Forever and ever  
Barmen

Dr. Rob Sharp spoke to us of his work in New Guinea and his background as a resident who has returned to use his gift to aid his people. Rob has achieved great things in his career and now personally and encourages us to go with him for the ride. There are many of us (me included) that often say that we would love to undertake an international project, but it is the time and cost factor that are the biggest barriers. Rob has spent his own money to fund medical work including vaccinations.

I think Rob will be the catalyst for a group of our members to undertake a trip to New Guinea and assist his work. All you need is to allocate some time and for a minimal cost, the rewards are there for the taking.

The AGM will be held at the first meeting in December, which will be December 2<sup>nd</sup>. Please talk to David Hinwood if you are interested in being involved in any roles for the 2010-2011 year.

The golfers have returned from the Nelson Bay trip and all reports I have received was that the organisation was once again excellent. Thanks to Phil Penman and Phil Heffernan and Roscoe for making sure the long weekend was memorable and of course, profitable.

Barry Biffin finally gave us his 2 minuter on his current vocation, which is Wet-Seal franchise. If you have a damp problem, Barry will fix it.

Have a good week.

Brett

## AND FOR THE NEWS

**POLIOPLUS FUND RAISER –  
Wednesday, 11 November at 6:30 pm**

**at Forum 6 - Cinema 4**

**Tickets \$15.00 (purchase from  
Jane Bradford (6766 6100) or**

**AG Phillip Crossing 0427 276 700 only –  
must be paid for by Friday, 6 November.**

**Only 140 tickets to sell and some already sold....**

**The movie is**

**“AMELIA”**

**starring Hilary Swank and Richard Gere**

*the legend, the love, the mystery...*

*Please book soon and support Rotary*

*in its final push to eliminate*

*Polio from the world –*

*so very close now.....*

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**Interclub Debate on Thursday, 19 November** – we have a great debating team in Simon Chamberlain, Phil Penman and Chris Sheppeard – we will be there in numbers to support you – so please diarise now.....

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**Science & Engineering Challenge** – the dates are 15 – 17 March 2010 – always worth a visit and being involved (**will be celebrating 10 years**)

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**AGM for Tamworth First Light** will be on Wednesday, 2 December 2009...In our recent survey a number of members expressed an interest in being more involved – now is your opportunity – please approach David Hinwood - it will make his job easier to know he has people keen to be part of his team for 2010 / 2011.... He will also be seeking members for his team – please make yourselves available – it is a great way to learn about Rotary...

**Golf Weekend** – once again very successful, brilliantly organised by Phil Penman and Phil Heffernan and Roscoe with a profit of \$6,000 plus – just waiting for final breakdown of costs.

**Tamworth Sunrise** was formally chartered last Saturday night with 34 members and more to follow – great night and a thank you from First Light members to Chris Sheppard, John Treloar, Phil Lyon and Vicki Cooper for the hard work involved. However having another breakfast club makes it easy for us (First Light) to do make-ups on Friday mornings and vice versa....

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## CALENDAR 2009/2010 EVENTS

- 7 – 11 November      Blue Angel Quilt & Collectable Exhibition – details to follow
- 11 November**            **Amelia – Movie – PolioPlus Fund Raiser**
- 15 November          Family Tennis Afternoon (Self Catering) 1.00 – 5.00 pm (Moore Creek)
- 19 November**          Inter-Club Great Debate – Tamworth Tennis Club, Treloar Park
- 28 November**          Christmas Party – Rugby Club – **diarise now**
  
- 2 December**            **Club Annual General Meeting**
  
- 26 January**            **Combined Rotary Clubs involved all day Bicentennial Park**
- 22 – 28 February**      Australia-wide Campaign for PolioPlus
- 06 March**              **1,000<sup>th</sup> First Light Meeting CELEBRATIONS**
- 12 – 14 March**        District 9650 Conference, Port Macquarie – Book accommodation early
- 15 – 17 March          Science & Engineering Challenge
  
- 19 May**                 **Career’s Expo - TRECC**
- 19 June**                **Tamworth First Light Changeover & Charter CELEBRATIONS**
- 29 June**                **Tamworth Club’s Changeover and Anniversary - 20 Years**
- 30 June**                **District Changeover**

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## VOCATIONAL PROFILE

**Barry Biffen** operates Wet Seal (Wet Water Proofing) and is one of 60 franchisees across Australia and has been operating this business for the past six (6) years. Prior to this he had six (6) years in the agricultural field. Barry’s father was a builder hence the interest in West Seal.... This is used in bathrooms, toilets, kitchens, retaining walls and balconies. It is a fine membrane laid down to prevent water seepage, particularly useful on balconies as it prevents water dripping down onto outside living areas. Barry Biffen is a very useful member to know....

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# HISTORY OF THE FOUR WAY TEST

At any Walgreen's drugstore in the United States, you're likely to see the Four Way Test hanging on the wall in the manager's office and in the pharmacy. These plaques are tangible evidence of philosophy that has guided the company's corporate culture for decades, championed by Rotarian Charles R Walgreen Jr., the son of its founder.

A member of the Rotary Club of Chicago, Walgreen, who died in February at age 100, informally used the test as early as 1947 while serving as president of the drugstore chain. Dick Schneider who started working there that year recalls getting a copy of the test and being told by Walgreen that "we use it as a compass around here".

In speeches, Walgreen often referred to it as a "prescription for living, a new version of the golden rule". The company formally adopted the test in 1955.

Walgreen first heard of the Four Way Test from fellow club member Herbert J. Taylor. Taylor came up with the four simple precepts in 1932, when Club Aluminium Company, where he was president, was facing almost certain bankruptcy. In the depths of the Depression, no one was buying much aluminium. But Taylor thought that if he could convince his employees to do the right thing in every situation, they might at least win sales from their competitors.

"So one morning," he would often recount, "I leaned over my desk, rested my head in my hands. In a few moments, I reached for a white paper card and wrote down what had come to me - in 24 words."

Five years later, Club Aluminium was back in the black. Taylor always credited the Four Way Test with its resurgence. Rotary International adopted the test in 1943, and Taylor became RI president in 1954. At one point, our organization assumed the copyright on his test. Now in the public domain, it has been adopted by scores of companies in the 75 years since he thought up its four principles, which remain relevant today.

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## ***PROOFREADING IS A DYING ART, WOULDN'T YOU SAY?***

### **Man Kills Self Before Shooting Wife and Daughter**

**This one I caught in the SGV Tribune the other day and called the Editorial Room and asked who wrote this.  
It took two or three readings before the editor realized that what he was reading was impossible!!!  
They put in a correction the next day.**

### **Typhoon Rips Through Cemetery; Hundreds Dead**

**Did I read that right?**

## ARTIST'S CORNER

The idea for this section was to find out about “hidden” talents within our Club’s membership and we have had some wonderful insights to date – **Thank you Dennis Maunder** and a gentle reminder to Les Jacob for an item for next week please....

# PEDAL THE PEEL 2009

BY DENNIS MAUNDER

*Jane Bradford asked me to submit some material on the recent Pedal the Peel charity bike ride. The following comments are mine and not necessarily those of the bike committee.*

**F**rom my discussions with people, the day was a great success. The thanks for that primarily goes to Greg Birtles. He was determined to give it a go, and put together what turned out to be an enthusiastic, effective and hardworking committee. Anyone can think up an idea, but it takes a special person to pick it up, form a committee and run with it.

We had two major sponsors from day one. DJ from 360 Fitness Club and Jeanette Mouatt Hearing Aid Services enthusiastically came on board, which was brave of both of them in our inaugural year. Thank you both very much. Your ongoing support will always be appreciated.

The committee members included Greg Birtles (chairman), Bruce Hemmett, Brian Logan, Terry Robinson, Jeanette Mouatt, Bill Moss, Michael Smith, Neil Carless (from the SES) and I.

Some of their contributions included:

- Bruce Hemmett constructed the website and handled registrations.
- Terry Robinson drafted the conditions of entry, looked at the legal issues and prayed there weren’t any.
- Graham Nuttall assisted with marketing.
- Brian Logan looked after the catering.
- Jeanette Mouatt named the ride and had lots of contacts.
- Bill Moss and Jeanette Mouatt selected the course to ride. Bill also printed the brochures.
- Michael Smith was invaluable with his connections with the Tamworth Triathlon Club
- I provided input regarding other charity rides and collected email addresses. Bec Davis from my office provided the fabulous desk top publishing with Bruce Hemmett.
- The SES provided marshals and help on the day.
- Overseeing all this was Greg Birtles who pulled it all together.

If I have overlooked someone’s contribution, I apologise for the oversight.

I have been in service clubs in Tamworth for 28 years. (I previously did 10 years in Tamworth Apex before Rotary). The bike committee was one of the best committees on which I have served.

The plan is to grow the ride in the future. This year we had 98 riders and we would like to grow that to 200 for 2010.

I thought one of the terrific things about the day was that all Club members could be involved. It allowed fellowship in what was an enjoyable day. In my years in service clubs, I believe one thing to avoid is a fund raising scheme that is repetitive and ongoing, say every fortnight. The good thing about the bike ride is that it is annual and the committee and members can have a rest for a while, and come back fresh at the beginning of 2010, looking forward to the ride in September.

In terms of exercise for the over 50's, can I suggest you consider cycling? There is less impact on your joints and it is a great way to get fresh air and exercise. Whilst cycling is potentially dangerous if you ride on the roads, the risk can be minimised. For example, you can ride early in the mornings when the traffic is light and the P platers are still asleep in bed. Have you considered going for a ride along the great cycle ways in Tamworth? If you are a bit shy, once you have on your sunnies and helmet, no one recognises you anyway.

I was very happy to see that a number of members in our club joined in and actually rode their bikes on the day.

Out of interest, some cycle rides really make big dollars for charity. For example the Sydney to Wollongong ride in November this year will be capped at 10,000 riders. Each rider is to fundraise at least \$200 each. To save you the sums, 10,000 riders at \$200 raises \$2 million for one ride, and this money goes to MS Australia. Here is an extract from their website <http://www.gongride.org.au>



### What is the Sydney to Gong Ride?

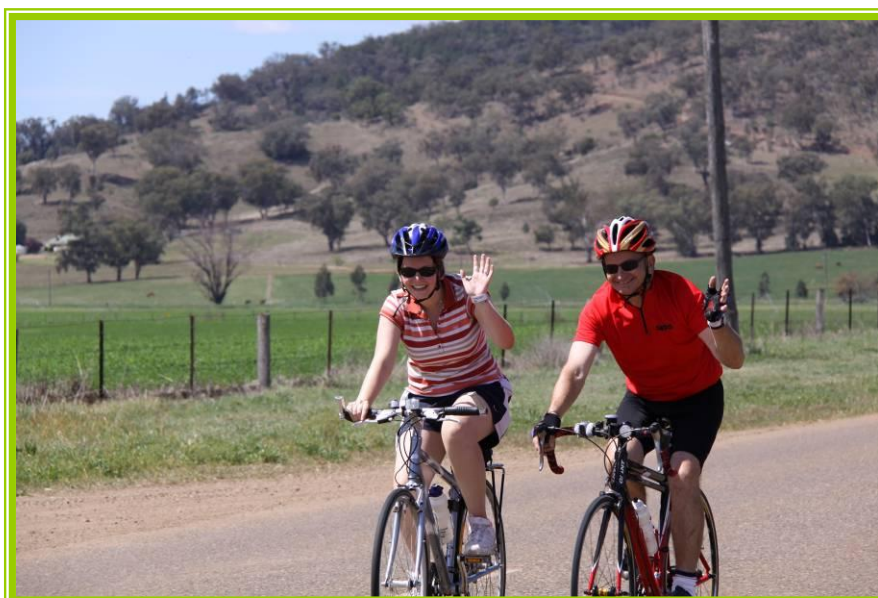
#### A Challenge within a Challenge

The Gong Ride is a one-of-a-kind fundraising event. You can pedal 90km from Sydney to Wollongong on any day of the year but it's only on the first Sunday of November that you'll experience the camaraderie, fellowship, unity, safety, scenery and sense of achievement for pedaling in support of people living with MS. But be quick because numbers have been capped so places are limited! To maintain the safety and enjoyment of participants, local residents and other road users and in consultation with the NSW Police and the RTA, this year's event will be capped at 10,000.

Each rider in the Sydney to the Gong Bike Ride is dedicated and committed to fundraising a minimum of \$200, which is easy and fun with our easy-to-use online system.



We look forward to the 2010 Pedal the Peel.



## GUEST SPEAKER

**Dr Rob Sharp** opened his talk by noting that his father still lives in East New Britain in Papua New Guinea. He returns to the area four (4) times a year and would appreciate the support of First Light to possibly participate in these trips and basically to support he and his team under the Rotary umbrella.

He is an orthopaedic surgeon and worked in Emergency round NSW now based in Tamworth with his family and really enjoying life in Tamworth. The PowerPoint presentation continued to rotate and was very interesting.

In 1972 his family moved to Rabal near Bougainville. The volcano destroyed the capital, Rabal so the city was moved about 20 klms away and rebuilt. The volcano also destroyed the government hospital. The private hospital has 200 beds and only two (2) doctors. An expat obstetrician assists with some 3,500 births a year. Broken limbs etc cannot be fixed – an x-ray can be taken but no surgical work on broken limbs etc as no surgeons available. There is no ‘plaster of paris”, nothing to assist so quite hopeless...

He is about to go on his third trip, usually for about ten days, and his team consists of 2 nurses, a physiotherapist, an anaesthetist and on the first day they see 100 patients. The next four days will see at least 17 operations take place. Then check the remaining patients to see who they can help next time. Once regular vaccinations were carried out but no longer. Polio not an issue here but HIV is rising rapidly – now matching Africa at 25% and rising – education needs to be re-introduced as well as vaccinations.

This is where he felt we could assist. World Health will supply the vaccinations – they send supplies now and arrive at the wharf or depot and that is where they stay until out of date – enormous wastage.

An invitation was extended for members of this Club to go with him in February – scout around and start both education and vaccinations again – easy to train us re the injections.

The employed locals earn about \$50 per month – otherwise they have to survive by growing their own food and selling the surplus.

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Q You mentioned the ash that fell over Rabal – has that caused continuing respiratory problems?

A Yes. Kakapo the new capital is about 5 kms further inland from where the volcano erupted.

Q How can we help?

A Introducing vaccinations each quarter would be a major help and easy to train how to do it.

Q Why not train the locals?

A Lack of will – the government hospital has 12 doctors and 6 beds – absolutely hopeless situation.

Q What are the conditions like for operating?

A Two good theatres, air-conditioned, cement floor, no oxygen (had to obtain oxygen from the diving shop).

Q What could we provide?

A Anaesthetic machine also oxygen. We purchased the X-ray machine to donate to St Mary's Hospital

Q Security problem in Port Moresby?

A Rabal is a lovely place, good beaches etc whereas Port Moresby has over 1M people and only 10% have jobs so they feel it is "fair" to plunder hence the enormous crime person.

Q Malaria – is that an issue?

A Yes, the treated mosquito nets would be a major asset plus education.

Q How would this affect us coming up to Papua New Guinea?

A Basic problem is dusk and dawn – take drugs prior to departure, through the time there and a period of time upon return.

Q Travel arrangements?

A He organises all flights and accommodation so not difficult – you would have to pay for your own food.

Q Costs involved?

A He has paid for both trips but would like to go through First Light for a tax deduction. For those who are interested – to assist with Pidgin English there is a Lonely Planet book on Pidgin English – worth having.

Introduction Annette Arthur - Thanked Meg Larkin



Meg Larkin thanked Dr Rob Sharp for his presentation on his work in Rabal, Papua New Guinea

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# BILLABONG CLUBHOUSE CONCERT 2009

## Associate Sponsorship Application Form

**NAME**.....

**ADDRESS**.....  
 .....  
 .....

**NO OF SPONSORSHIPS**            @ \$150      = \$.....

Please make your cheque payable to:

**Billabong Clubhouse Inc**

And forward to

**Billabong Clubhouse Concert Sponsorship  
 6 Darling Street  
 Tamworth NSW 2340**

# WHY I AM A ROTARIAN?

Why am I a Rotarian? In fact, it is to remember who lit the lamp. My good friend of youth Subra (M. Subramaniam) while playing a match of cricket asked me to attend a meeting of Rotaract at Kolkata and I did that very evening.

After a few meetings and then attending (volunteering) at medical camps at a slum in South Kolkata I found the entire process fulfilling, very interesting and satisfying.

When attending a District Conference at Dacca in 1981, I met so many and then added so many to my list of friends who shared common values to the duty of assisting others.

With a gap of a couple of years, going through my post graduation and services, I was again asked to attend a Rotary meeting at Durgapur by one senior person, Rabi Roy and since then (1997) I started finding myself well-fitted into Rotary.

Rotary has not only provided me selfless friends, but at the same time developed me better to interact with others in my vocation and social life.

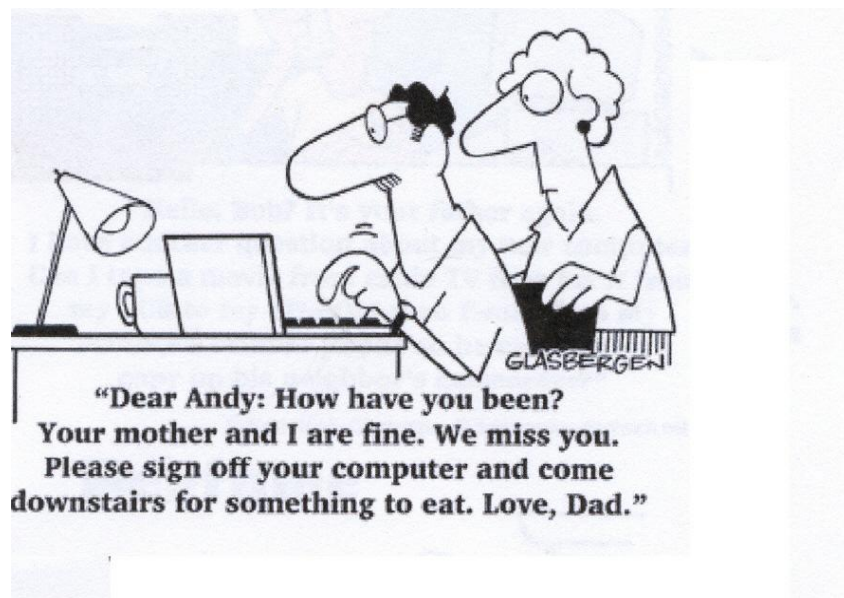
Seniors in different profession have become my acquaintances and has provided me with a lot of confidence.

Organizing camps and visits to clubs abroad with my fellow members and attending the Convention and District Conference adds a lot to my self-satisfaction. Together we enjoy the important and worthwhile Rotary community work.

I feel confident when I discuss the importance of Rotary and also when I encourage others to join this great organization.

**AMITABHA BAJPAYEE ([amitabha@bajpayee.net](mailto:amitabha@bajpayee.net))  
DURGAPUR, WEST BENGAL, 713212, INDIA  
ROTARY CLUB OF DURGAPUR STEEL CITY, DISTRICT: 3240**

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## Club Website

President – **Brett White** [www.tamworthfirstlight.org.au](http://www.tamworthfirstlight.org.au)  
 Secretary – **Terry Robinson** [brett.white@freemans.com.au](mailto:brett.white@freemans.com.au)  
 Treasurer – **Michael Smith** [trobenson@eversol.com.au](mailto:trobenson@eversol.com.au)  
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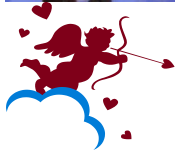
## BOARD OF DIRECTORS 2009 - 2010

**Club Service – Louise Matthews**  
**Community Service – Brian Logan**  
**International Service – Vicki Cooper**  
**Vocational Service – John Worldon**  
**Youth Centre – Annette Arthur**

## Birthdays, Anniversaries & Inductions



**Birthdays** Nil



**Partners Birthdays** Nil

**Anniversaries** Nil



**Inductions** 06.11 – Paul Stevenson (18 years)



**Vocational Profile** 04.11 – Peter Ryan

**Attendance** 65%

**Make Ups** 18 members – Charter Tam Sunrise  
Tim Coates – E-Club

**Visitors Rotarians** None

**Visitors** Paul Mathieson, Bev Fletcher

**Heads & Tails** Dr Rob Sharp (Guest Speaker)

**Raffle** Skinner

# MEETING ROSTER

- When rostered on and you can't make it – **PLEASE** find another member to fill in for you
- 
- Make sure that you let both the President and President Assist know before the start of the meeting
- If the above not organised the **Sergeant will love you**
- The starting time for the **DOOR team and MEETER & GREETER IS 6:30 AM**
- **Leave of Absence** - If members are going to be away for an extended period (holidays etc) please remember that a notification (letter) be sent to the Club Secretary noting date of departure and date of return and requesting "Leave of Absence" from the Club.
- **If you know you are going to be away for an extended period (holidays etc) – PLEASE** advice **Bruce Hemmett** by email at [bruce.013@decorama.com.au](mailto:bruce.013@decorama.com.au)
- **Please give at least TWO week's notice so the roster can be amended**
- **PLEASE** advice **Terry Burgess** – Attendance Officer by email at [ssegrub@westnet.com.au](mailto:ssegrub@westnet.com.au)

	4 November 2009	11 November 2009
Guest Speaker	Felix Frankenberg – YEP Student	
Meeter & Greeter	Paul Stevenson	Graham Dooley
Door Team	Graham Nuttall & Peter Ryan	Terry Burgess &
Welcome	Rob Clifton	Alan Coates
President Assist	Dennis Maunder	Phil Heffernan
Visitor Assist	Tim Coates	Chris Sheppard
Corporal Assist	Jeanette Mouatt	Julian Smith
Introduction	Ron Allen	Pat Varley
Vote of Thanks	Andrew Hawkins	Phil Penman

## CORPORALS FOR COMING MONTHS

- |                 |  |
|-----------------|--|
| <b>November</b> | <b>Laurence Hearne and Barry Biffin</b>    |
| <b>December</b> | <b>Bill Moss and David Baddams</b>         |
| <b>January</b>  | <b>Narelle Langfield and Ross Lobsey</b>   |
| <b>February</b> | <b>Stephen Mitchell and Brodie Shields</b> |
| <b>March</b>    | <b>Brian Yeo and John Fogarty</b>          |

**UNCLEAR THINKING AND WRITING  
(USA WELFARE DEPARTMENT)**

**This is my eighth child.  
What are you going to do about it?**