

# The Rotary Club of TAMWORTH FIRST LIGHT bulletin bulletin bulletin bulletin



[www.tamworthfirstlight.org.au](http://www.tamworthfirstlight.org.au)

10 February 2010 – Meeting #996

## *Brett's Banter -*

Quote of the week - Nil



We had a great turn out for the vocational visit to the Tamworth Base Hospital Oncology Unit. All involved in the fund raising a rightfully proud of their achievement and it is a special facility and much needed by the many who suffer various forms of cancer.

Thanks to Peter Freeman, Carmel Raymond and Leslie Maher for their time and informative tour.

Your Board decided to add \$550.00 to the Gorman family Christmas donation of \$650.00 for a Shelter Box, which may be one that assists families in Haiti or the next disaster.

Your Board also decided to allocate \$1,000.00 to the Westpac Rescue Helicopter Service via Tim Coates mountain bike ride from the Barossa to Tamworth. Tim will have sponsorship forms available, if members would like to assist Tim's' fundraising and our local rescue/medical retrieval helicopter service.

Let Phil Penman or me know if you are interested in representing your Club in the Great Tamworth Rotary Breakfast Club Cricket Match to be held on 28 March at 2.00 pm at Riverside #6. BBQ afterwards and some beverages. Steve Massey may have a session in the nets at his home if he can get the cattle to eat the grass down.

Anyone interested in assisting Annette with RYAG Equine would be appreciated, so speak to Annette.

Official opening of the Anzac Park BBQ's will be a transfer breakfast on 31 March.

We have nine members attending the Port Macquarie District Convention, which is the largest representation in the area so far. Should be a great weekend and hope for good weather.

Club Assembly this coming meeting and I will be asking Directors for a short, quick, small, tiny and brief report after conferring with their respective committees.

Be kind to old people, they could be potential new members.

Brett

## ***AND FOR THE NEWS***

**Oncology Unit** – Tuesday, 3 February at 6:45 am.... Breakfast will be provided at **minimal cost** by our own Master Chef - Brian Logan.  
**Congratulations – breakfast was exceptional – thank you Brian.**

**RYAG EQUINE** – the second meeting was to be held last Thursday afternoon – hope to have positive news from Annette Arthur at Club Assembly next week...

**Smoky Dawson Memorial Raffle** – our own Louise Matthews received third prize – the other two winners were from out of town.... well done Louise!!

***RYLA*** will be at Port Macquarie on 10 – 17 April this year. Nominations are being sought – please consider someone within your own workplace – not necessarily the “best” person but the one who just needs that extra boost of self-confidence to really achieve and would gain so much by being provided with this opportunity. We have some marvellous examples – Brooke Spokes being possible the most recent – attended and was invited back onto the team to support the new group the following year.... . Please speak to Brett White or any Board member to obtain more information. It is a wonderful opportunity and the age group sought is between 18 and 25 years. Nominations need to be in by Friday, 26 February (this month!!)..

**YOUTH EXCHANGE** – Felix has now settled in with the Baddams so a reminder to all members – if you are doing anything special – trip to Sydney, out to Lightning Ridge or Dubbo Zoo – think of including Felix. He does have quite a busy social life so please give him warning to ensure that his social calendar is free to include you!!!!

**ANZAC PARK OFFICIAL OPENING OF THE EXTENSION AND BBQ's** – Members please note that this will be a breakfast in the park on Wednesday, 31 March at 6:45 for 7:00 am....

**SHELTERBOX** – As mentioned at the last meeting in January, Des Gorman and family donated \$650 to go towards a Shelterbox for Haiti. At the Board meeting last Tuesday evening the Board as agreed a further \$550 donation so that this can be organised as quickly as possible. A special thank you must go to the Gorman family for their generosity.

**TIM COATES AND THEBAROSSA VALLEY TO TAMWORTH BIKE RIDE.** The Board also decided to donate \$1,000 via Tim Coates to the Westpac Helicopter Charity Ride.

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# **CALENDAR 2009/2010 EVENTS**

<b>18 - 21 February</b>	GSE visit to Tamworth
<b>18 February</b>	GSE team will be at Tamworth-on-Peel
<b>19 February</b>	GSE team attending Tamworth Sunrise – speaker – Andrew Stoner
<b>22 – 28 February</b>	Australia-wide Campaign for PolioPlus
<b>06 March</b>	<b>1,000<sup>th</sup> First Light Meeting CELEBRATIONS – 20 years</b>
<b>06 – 13 MARCH</b>	<b>BOWELSCAN WEEK</b>
<b>12 – 14 March</b>	District 9650 Conference, Port Macquarie – Book accommodation early
<b>16 March</b>	<b>Science &amp; Engineering Dinner replaces Breakfast next morning</b>
<b>15 – 17 March</b>	Science & Engineering Challenge
<b>28 March</b>	<b>Cricket Match</b> – First Light V Tamworth Sunrise – Picnic Day
<b>31 March</b>	Official Opening of the extension and BBQ's at ANZAC PARK
<b>APRIL</b>	Nothing to report at this stage
<b>1 / 2 May</b>	NSW Cancer Council – Relay for Life
<b>19 May</b>	Career's Expo - TRECC
<b>19 June</b>	Tamworth First Light Changeover
<b>3 July 2010</b>	<b>District Changeover</b>

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## **CALL FOR SUGGESTIONS for DISTRICT GOVERNOR 2012-13** **Closing Time and Date: 4pm Friday 19 February 2010**

In accordance with the requirements of the Rotary International (RI) By-laws Article 13.020 and the Code of Policies of RI District 9650 Inc Article 4.05.2, your District Governor is seeking suggestions from the District Clubs for consideration for the position of District Governor for 2012- 2013. The successful candidate will follow Jo Wilkin (2010-2011) and Barry Hacker (2011-2012) as District Governor of District 9650.

Nominations are to be in the hands of myself, the District Secretary at 9 Marsden Crescent, Port Macquarie 2444 by **4:00pm Friday 19 February 2010**.

When considering suggestions for District Governor, attention is drawn to Rotary International Bylaws Articles 15.070 through to 15.090.

The Nominating Committee for Governor will meet on Thursday 11 March 2010 to consider the selection of a suitable candidate for District Governor Nominee. Laurie Barber, District Secretary.

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## YOUTH EXCHANGE PROGRAM

By now all 56 Clubs and 73 Public and Private schools have received their respective letters with attachments advising applications are now open for Outbound Exchange Students departing January 2011

In an endeavour to increase the participation of Clubs and Australian Students / Schools we would very much appreciate the Club Director responsible for Long Term Youth Exchange, following initial contact with the schools, discussing the program with each individual years 10,11 and 12 classes. It is felt that this may make it a little more personal, rather than the program just being announced at a school assembly.



**ROTARY INTERNATIONAL**  
**DISTRICT 9650**  
**LONG TERM YOUTH EXCHANGE PROGRAM**



**COME ON ..... GIVE AN AUSTRALIAN STUDENT THE EXPERIENCE OF AN OVERSEAS EXCHANGE.**

Give a male or female student aged 15 years to 18 years & 9 months from your town:

- An opportunity to develop personal self-confidence and maturity
- An opportunity to develop a lifetime of international friends
- An opportunity to develop a real understanding of many different cultures
- An opportunity to develop new language skills
- An opportunity to develop a base for future education and career goals

**ROTARY YOUTH EXCHANGE: An opportunity for your Club to participate in an international program.**

**Applications for Students departing January 2011 are now being sort and are available from either the Secretary, International/Youth Director or [www.rotary9650.org.au](http://www.rotary9650.org.au) Links D9650youth YEP**

## Community Service - Bowelscan

The District commends the recent report forwarded to Clubs on the BOWELSCAN project, and wishes to highlight a number of points.

- Rotary District 9650 continues to be the largest distributor of Bowelscan kits. Our District is one of the few Districts which run a District Program and have saved 100s of people over the past 20 years
- Further, D9650 has, with all Rotary Clubs help, contributed over \$250,000 to PhD scholars through Australian Rotary Health and Universities. Our Dollar is matched to increase to \$500,000 of research
- In 2009, 23,000 Bowelscan kits were distributed around the District. Out of the 18,496 returns, 299 were positive (54.8% male and 45.2% female)
- The 2010 campaign commences on 6 March and ends on 31 March. Posters and brochures will be distributed to Clubs at the end of January or early February
- **Costs for the kits to the Public will be \$8.**

**This District strongly endorses the Bowelscan project and the benefits it provides to our communities. For further enquiries, please speak to your Rotary Club Bowelscan Co-ordinator or the District's Bowelscan Committee Chairman, Kevin Sharp – email [kmesharp@bigpond.com](mailto:kmesharp@bigpond.com).**

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I was depressed last night so I called Lifeline



Got a freakin' call centre in Pakistan

I told them I was suicidal.

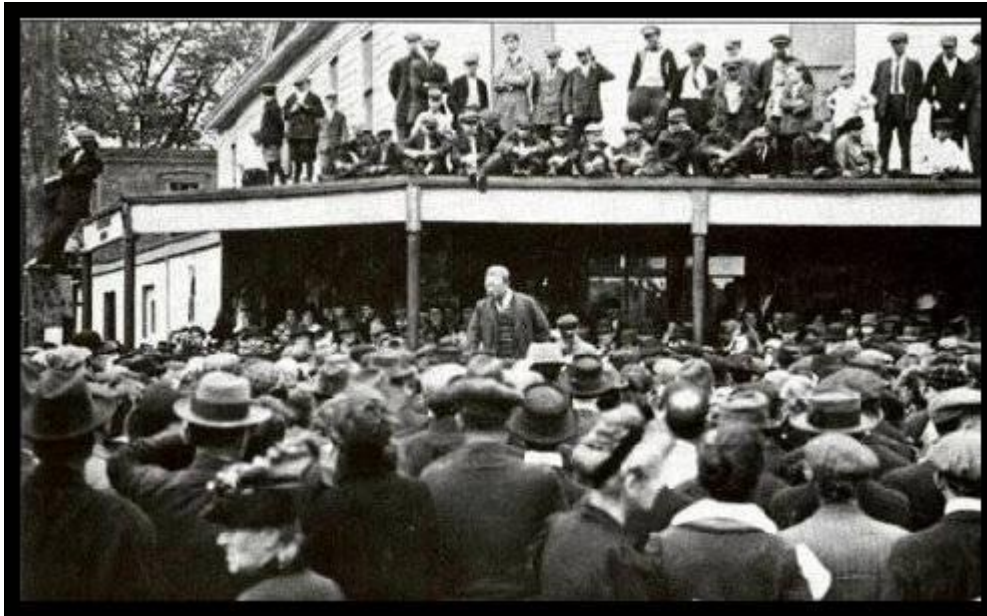
They got all excited and asked if I could drive a [truck](#). truck.

# 1907 PHOTO

Perhaps this is one email that needs to be forwarded until every Australian with a computer receives it.

The year is 1907, over one hundred years ago....

**READ PRINT UNDER PICTURE!**



**Sir Edmund Barton's ideas on Immigrants and being an Australian in 1907.**

'In the first place, we should insist that if the immigrant who comes here in good faith becomes an **Australian** and assimilates himself to us, he shall be treated on an exact equality with everyone else, for it is an outrage to discriminate against any such man because of creed, or birthplace, or origin. But this is predicated upon the person's becoming in every facet an **Australian**, and nothing but an **Australian**... There can be no divided allegiance here. Any man who says he is an **Australian**, but something else also, isn't an **Australian** at all. We have room for but one flag, the **Australian** flag.... We have room for but one language here, and that is the English language... and we have room for but one sole loyalty and that is a loyalty to the **Australian** people.'

*Edmund Barton*

1907

Every Australian citizen needs to read this!  
(For those who don't know Edmund Barton was **Australia's** first PM)

## TAMWORTH ONCOLOGY UNIT

**Peter Freeman, Carmel Raymond** (Jim's wife if you did not know) **and Lesley Maher** joined us for breakfast and took us in groups around the Oncology Unit afterwards.

Peter opened his remarks by thanking the Tamworth community for their continuing support and particularly Rotary who helped make it happen. The demand just keeps growing for our services – six years ago we looked after some 900 patients over the year, now it is over 3,500 and growing so the new extension has proved an absolute boon.

### Peter's topic was **“What Services do we Offer?”**

- **Haematologist** – a specialist doctor who plans treatment programs for patients with blood disorders and cancers that originate in the blood
- **Medical Oncologist** – a specialist doctor who plans treatments for solid tumour cancers
- **Radiation Oncologist** – a specialist doctor who plans radiation treatment and other strategies for a wide range of cancers
- **Oncology Nurse Manager** – responsible for the day to day operations including long term service and supervision of staff – liaises with patients, doctors, families and health service
- **Palliative Care** – specialist doctor and nurses who assist in management and pain control for cancer patients
- **Oncology Clinical Nurse Consultant** – is available throughout the Health Service area as a resource person for both staff and patients
- **Cancer Care Co-ordinator** – central contact person for cancer patients and their families
- **Clinical Trials Co-ordinator (research)** – currently doing trials relating to Bowel Cancer
- **Oncology Social Worker** – assists the patient and family in dealing with the emotional and practical issues that relate to cancer
- **Oncology Registered Nurses** – specialised in this type of work and cover the three areas – Medical, Radiation and Haematology.





03.02.2010 – Our visit and tour of the Oncology Unit



**BELLY DANCER ([ADULT](#))**

Please let me know if you find this belly dancer offensive and I won't forward these types of e-mails to you....

No one knows if you take a peek so go ahead and watch the belly dancer, you owe it to yourself.

**(Open Discreetly)**



**You just had to look.....didn't you!**

*Have a Great Day!!!*



## WHY I AM A ROTARIAN



*Carolyn E Jones was the **first woman** appointed as a Trustee to the Rotary Foundation by RI President Carl-Wilhelm Stenhammar – effective 30 June 2005 and completed her term at 30 June 2009.*

*Carolyn’s comment on being appointed was*

*“....on the other hand, being “first” gives one a unique platform and visibility that can be used for the greater good of the organisation.”*

I am an only child. When my mother was in her early twenties, she suffered a motorcycle injury while with her boy friend (my father). The doctors told her she would never be able to have children. About 3 years later, she and my father had one child: me. They never had another child even though they never did anything to prevent having more children.

I have a romantic streak in me and this story always had special significance. I felt that I had to be born. There was a meaning, not an accident. [Perhaps I was too self-important]

In 1997-1998, I became the governor for Rotary District 5010. Circumstances and events impelled me to promote “The Children of Russia Project.” By the end of my governor year, 132 Rotary clubs in 19 districts in 5 nations AND the Rotary Foundation had raised over \$600,000 to improve the conditions of children in 22 communities in eastern Russia.

The romantic streak in me concluded that I had somehow completed the circle in life and repaid the fates that had decried that I would beat the medical odds and become me. Rotary made it possible for me to close the circle. And that is why I am a Rotarian.

**Carolyn E. Jones**  
**The Rotary Foundation Trustee, 2005-09**  
**Rotary Club of Anchorage East, Alaska**  
**District 5010 USA**

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## Club Website

President – **Brett White** [brett.white@freemans.com.au](mailto:brett.white@freemans.com.au)  
 Secretary – **Terry Robinson** [trobenson@eversol.com.au](mailto:trobenson@eversol.com.au)  
 Treasurer – **Michael Smith** [michael@mmsmail.com.au](mailto:michael@mmsmail.com.au)  
 Bulletin Editor – **Jane Bradford** [jbmail@monelu.com](mailto:jbmail@monelu.com)  
 Board of Directors [board@tamworthfirstlight.org.au](mailto:board@tamworthfirstlight.org.au)

**BOARD OF DIRECTORS  
2009 - 2010**

**Club Service – Louise Matthews**  
**Community Service – Brian Logan**  
**International Service – Vicki Cooper**  
**Vocational Service – John Worldon**  
**Youth Centre – Annette Arthur**

## Birthdays, Anniversaries & Inductions



<b>Birthdays</b>	Nil
<b>Partners Birthdays</b>	11.02 - Helen Hinwood
<b>Anniversaries</b>	Nil
<b>Inductions</b>	Nil
<b>Vocational Profile</b>	

<b>Attendance</b>	73%
<b>Make Ups</b>	Nil
<b>Visitors Rotarians</b>	Nil
<b>Visitors</b>	David Woodward, Jackie Fogarty
<b>Heads &amp; Tails</b>	Nil
<b>Raffle</b>	Nil

# MEETING ROSTER

- When rostered on and you can't make it – **PLEASE** find another member to fill in for you
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- Make sure that you let both the President and President Assist know before the start of the meeting
- If the above not organised the **Sergeant will love you**
- The starting time for the **DOOR team and MEETER & GREETER IS 6:30 AM**
  
- **Leave of Absence** - If members are going to be away for an extended period (holidays etc) please remember that a notification (letter) be sent to the Club Secretary noting date of departure and date of return and requesting "Leave of Absence" from the Club.
- **If you know you are going to be away for an extended period (holidays etc)** – **PLEASE** advice **Bruce Hemmett** by email at [bruce.013@decorama.com.au](mailto:bruce.013@decorama.com.au)
- **Please give at least TWO week's notice so the roster can be amended**
- **PLEASE** advice **Terry Burgess** – Attendance Officer by email at [ssegrub@westnet.com.au](mailto:ssegrub@westnet.com.au)

	10 February 2010	17 February 2010
Guest Speaker	Club Assembly	Meg Larkin on NERAM
Meeter & Greeter	Narelle Langfield	Bruce Hemmett
Door Team	Les Jacobs & Dennis Maunder	Barry Murphy & Chris Sheppeard
Welcome	Meg Larkin	Tom Coates
President Assist	Jeanette Mouatt	Ron Allen
Visitor Assist	Brodie Shields	Brian Yeo
Corporal Assist	Helen Tickle	Graham Dooley
Introduction		Max Cathcart
Vote of Thanks		Ross Lobsey

## CORPORALS FOR COMING MONTHS

**February**      **Narelle Langfield and Brodie Shields**  
**March**         **Brian Yeo and John Fogarty**  
**April**           **Bruce Hemmett and Tim Coates**  
**May**             **Ron Allen and Peter Bell**  
**June**            **Barry Murphy and Phil Lyon**

### Strange Job Interview Behaviour

“....she wore an IPod and said she could listen to me and the music at the same time.”

“Balding candidate abruptly excused himself and returned a few minutes later wearing a hairpiece.”