

The Rotary Club of TAMWORTH FIRST LIGHT bulletin bulletin bulletin bulletin



www.tamworthfirstlight.org.au

5 May 2010 – Meeting #1009



Brett's Banter -

Quote of the week

“No one ever says, ‘It’s only a game’ when their team is winning”

A short report as Jane// Helen will do the notices and reminders...but **Bush Dance, Bush Dance, Bush Dance!!!** Come on ask your friends.

We started the meeting with an excited Norm Dezius. It is good to see him back to his old form. Next he will be collecting 5 cent coins again and driving the Treasurer mad.

Phil Penman decided to spend the start of his birthday with his Rotary friends, whilst Stevo left Susie behind on their wedding anniversary for the same reason.

Welcome Chris Celovic to the Club and our great association and thanks DJ for introducing the person who introduced you to Rotary or something like that? A Punchbowl boy as well, bound to be a great member.

Kristy Reading was presented with her GSE jacket and a roll of club banners and we wish her well on her Wyoming/Colorado tour and look forward to hearing the result on her return.

We had a visit from Michael Simpson from Inverell, Bob Baddams and the Swede with the golden boots – Felix. Five goals but “we played a crap team”. Felix, Felix, Felix, the Aussie way is to play the result up... ‘played the top team and I creamed them with my swift and fancy foot skills’.

Don't forget your Relay for Life commitments this coming weekend

We had Anzac Day as the theme this morning with Sir Michael and I providing a personal experience and The Ode before introducing our guest speaker Grant Stocks from the Tamworth RSL. Grant spoke about the growth in interest and involvement of the families of service men and women. We were reminded of the true meaning of the ANZAC and the tradition that followed that fateful landing at Gallipoli on 25 April 1915.

I have been asked to write an article about my recent experience and how it came about and it may or may not be in this bulletin due to size issues. I enjoyed getting my thoughts down on paper.

Lest We Forget
Brett

DON'T TRY TO OUTSMART YOUR DAD

A teenage boy had just passed his driving test and inquired of his father as to when they could discuss his use of the car.

His father said he'd make a deal with his son: 'You bring your grades up from a C to a B average, study your Bible a little, and get your hair cut. Then we'll talk about the car.'

The boy thought about that for a moment, decided he'd settle for the offer, and they agreed on it.

After about six weeks his father said, 'Son, you've brought your grades up and I've observed that you have been studying your Bible, but I'm disappointed you haven't had your hair cut.'

The boy said, 'You know, Dad, I've been thinking about that, and I've noticed in my studies of the Bible that Samson had long hair, John the Baptist had long hair, Moses had long hair...and there's even strong evidence that Jesus had long hair.'

To this his father replied, 'Did you also notice they walked everywhere they went?'

AND FOR THE NEWS

Pride of Workmanship Awards Dinner – West Diggers Wed, 26 May at 6.30 for 7.00 – Cost \$35.00 per person – John Worldon will have nomination forms for members to nominate staff or recommend to other business to promote their staff and enter. Entries close 5th May

Golf Committee – Next meeting is on Thursday 29 April 5.30 pm at Dennis Maunder's office.

Relay for Life 1st and 2nd May. Volunteers are needed to assist with preparation and serving of breakfast on Sunday morning – EARLY. Help is also needed to put up the tent on Friday. Please contact Brian Logan if you can assist.

Pedal the Peel will be run in September 2010. Members interested in joining the committee – the next meeting will be at the Tamworth Hotel at 5.30 pm on Wednesday 28 April or contact Greg Birtles 0439 700 164 to express interest.

Letter of thanks from Professor Carter, Faculty of Engineering Newcastle University, thanking the Club for its hospitality and ‘stirling efforts in support of a wonderful cause....’

GSE - Kristy Reading

Kristy leaves Monday for five weeks in the United States on GSE. Kristy is then taking an additional two weeks to do some touring. This is the first time Kristy has been overseas, so it is a very exciting time for her.

President Brett presented Kristy with the team blazer.

Kristy thanked the members and particularly those that have helped and supported her with the process.

Kristy announced that she has resigned from her position with the Cancer Council and on her return from overseas she will be commencing a new career with NBN as the Senior Broadcast Journalist.

RYLA Email from Nick Hinwood

"I would firstly like to thank Annette, Brett, Vicki and the entire Tamworth First Light Rotary Club for their support and sponsorship for the 2010 RYLA at Bonny Hills.

As you explained at the interview, I am completely lost for words... but let me try to put some together.

The experience was once in a lifetime. I can't imagine I will get another chance in life to assess myself, my morals, and my role in society in such a deep and exploratory manner ever again. The tools given to me through this week long seminar will ensure that I make the most out of my life. Whether through personal, family, business, or community. I know that I have a lot to contribute and can deliver the best of myself at every occasion. (Self belief is something I had battled with incredibly)

The memories of RYLA to put into the simplest terms is a series of quotes. Whether taken from our speaker John Carroll - an incredibly in depth and wise man, from a text book, or from my peers. They are a set of quotes that I now live by, and try to teach to others.

"seek first to understand, then to be understood", "We judge ourselves by our intentions, others by their behaviour" - Stephen Covey

"The direction you're heading is more important than how you will get there" - John Carroll

"I will no longer be so judgmental of people, more importantly of myself" - Fellow RYLArian

"All blame is a waste of time. No matter how much fault you find with another, and regardless of how much you blame him, it will not change you." - Dr Wayne Dyer

It is these quotes that I now keep very close in my thoughts, and I feel will help me achieve, no matter what is thrown at me.

I thank you again, from the bottom of my heart for the opportunity to be a part of such an incredible program. I look forward to sharing my experience with the Rotary Club and convincing any other people to participate in future years."

INDUCTIONS

A warm welcome is extended to Chris Celovic (Classification - Export Advisor) The Rotary Club of Tamworth First Light is delighted to be welcoming you into Rotary and to our Club.



**President Brett inducts Chris Celovic
as a member into our club,
watched by his sponsor, DJ.(Dwone Jones)**

Prior to our Guest Speaker , Michael O'Connor gave a moving presentation of the Ode - 3rd and 4th Stanza.

GUEST SPEAKER

Grant Stocks, Junior Vice President of the Tamworth RSL Sub Branch spoke of the importance of ANZAC Day; recapped its history and listed important customs that are shared on ANZAC Day.

As well as the national significance of ANZAC Day it is also one of family importance for Bob, with his Grandfather serving in WW1; his father in WW2 and Bob served 13 years in the Australian Regular Army in the transport core and land war fare at Canungra.

The first dawn service on an ANZAC Day was in 1923. The first official dawn service was held at Sydney Cenotaph in 1927. These services were very simple and followed the military routine. In many cases dawn services were restricted to veterans only, then in the daytime ceremonies family and other well - wishers were welcomed.

Some of the important customs and traditions shared on ANZAC Day include laying of wreaths; Last Post; a period of silence; the Rouse and the Reveille; red poppies; the unknown soldier; reversed arms; the lone charger; the gun carriage; rosemary; flags at half mast; riddle volleys and gun salutes; the lone piper and flowers of the forest.

Like so many others, ANZAC Day is very important to Bob. With pride he wears his father's WW2 medals attends the dawn service, marches and spends the afternoon with Diggers and plays a round or two of Two – Up.

Editors Note: The RSL Sub Branch is a voluntary organization run by many people who willingly give their time to help with the welfare of others and to organise commemorations such as ANZAC Day and Remembrance Day.

Introduced by Simon Chamberlain and thanked by Phil Heffernan



Phil Heffernan thanks Grant Stocks from Tamworth RSL for his talk

CALENDAR 2009/2010 EVENTS

- | | |
|---------------------------------|---|
| APRIL - JUNE | D9650 PolioPlus Campaign will be held during these months |
| 1 / 2 May | NSW Cancer Council – Relay for Life |
| 15 May | Bush Dance – Moore Creek Hall Please encourage your friends to attend. Names to Louise Ph 0420 743083 |
| 19 May | Career’s Expo – TRECC. |
| 26 May | Pride of Workmanship Awards / Dinner at Diggers, Kable Avenue |
| 28 – 30th May | RYAG Equine Weekend Equine Centre. |
| 19 June | Tamworth First Light Changeover |
| 03 July | District Changeover at Wauchope |

Helen Tickle is kindly taking over as Bulletin Editor while the actual Bulletin Editor, Jane, is happily travelling around England, the information still needs to be sent to jbmail@monelu.com as the Bulletin will continue to be prepared at the Monelu office.

Bon Voyage Jane – Have a great Holiday!

MY ANZAC EXPERIENCE - Brett White

As part of my recent Europe trip, I had allocated a couple of days to experience the World War 1 sites in Belgium – (Western front) and Northern France – (Somme) areas. I had read some books on war experiences such as ‘Somme Mud’ and undertook considerable internet research before we went. I wanted to visit areas my maternal grandfather Charles Oliver Westheider served during his time with the 1st Pioneer Battalion and in doing this research came upon the war record of his cousin Thomas George Westheider who had changed his surname to West due to anti-German sentiments of the time. My Grandfather didn’t change his surname.

They both departed for England in 1916 at age 22 and Thomas was part of the 14th Machine Gun Corp.

I came across a local Irish historian who lives in Bullecourt and we exchanged emails about my grandfather’s cousin. From Red Cross statements and other records from the time, I learned that he was killed during his first action experience on 17 May 1917 at the second battle at Bullecourt in the Somme region. Even more amazing was that from the descriptions given by other soldiers in Red Cross statements, the location of Thomas at the time of his death was determined and I was told that the area basically remains the same as it was back then.

Thanks to information from my history teacher and author brother, a work colleague who had toured Belgium three weeks before we departed and Rob Clifton, I was armed with enough information to act as a tour guide for the family.

We travelled to and stayed at Ieper (Ypres) in Belgium and we experienced the ‘Last Post’ that is performed each night at 8.00 pm within the Menin Gate on the edge of the town. This has occurred since 1928 except for a four year interruption during WWII. The bugles were hidden from the Germans for fear of death, but when Ieper was liberated by the Polish forces on 6 September 1944 at 4.00 pm, the bugles were brought out of hiding and the Last Post was played that night, even though fighting was still underway in the town.



We toured the battlefields and some of the many war cemeteries, which included a small hill known as ‘Hill 60’ (a mound of spoil from a railway

cutting). A notice at the gate leading into the area advised us that up to 500 who were killed in action are still buried just below the ground surface, which made the visit even more solemn.



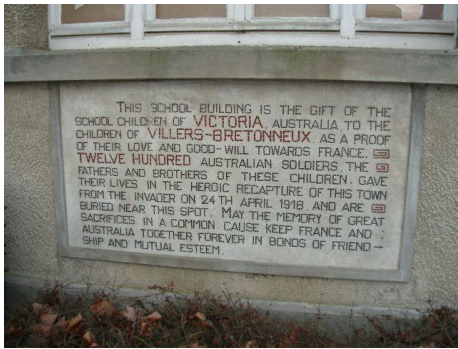
We visited Polygon Wood, Zonnebeke, Passendale (Passchendaele) and Tyne Cot Cemetery. Tyne Cot Cemetery is the largest Commonwealth War Grave Cemetery in Europe with 12,000 buried, but the walls lists 35,000 soldiers who have no known graves additional to the 54,000 names on the walls of Menin Gate. An equal number of Germans are also noted as unnamed.



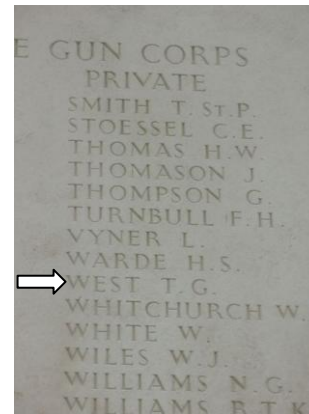
We drove the short distance over the border to Frommelles Based on Rob's detailed instructions we walked between some cottages and down through a paddock to the excavation site and then to the newest CWGC Cemetery which will be officially opened in July. There are a large number of temporary buildings located there due to identification procedures including DNA to reduce the need to have no names on grave markers. Some families have received closure due to hard work and the advancement of science.



After a night in Amiens, we then drove the few kilometres to Villers Bretonneux to the Franco-Australian Museum (part of School)



and the Australian Cemetery where my grandfather's cousin is believed to be buried and his name is noted on the monument.



Adelaide Cemetery on the edge of town is a small CWGC site and one grave of an unknown soldier was chosen and his remains were moved to the Tomb of the Unknown Australian Soldier in Canberra.



We went to Pozieres, the French Cemetery and to Vimy where the Canadian memorial and cemetery is located. This is the only area to be left untouched after the war. The French wanted to remove the scars of war as soon as possible after the war and levelled shell holed fields and filled in the thousands of kilometres of trenches. The area at Vimy handed over to the Canadians was not touched and is therefore left as a reminder of the war landscape of craters, shells holes and trenches, all fenced off due to massive amount of unexploded ammunition.



At the end of the day we arrived at the tiny village of Bullecourt and I was able to stand where it is suspected my grandfather's cousin was killed. I experienced mixed emotions as I looked to the north across ploughed fields towards the Digger memorial on top of the rise that was the Hindenburg line. The first battle of Bullecourt was less of a failure than the second which relied on tanks for the first time which were slower than walking pace and not shell proof. The first battle in April 1917 saw 66% loss of life. The second battle in May when Thomas was killed saw 7,000 Australians killed as well as 10,000 Germans and many British soldiers, but successfully drove the Germans past their line and back into Belgium.



At the going down of the sun that winters afternoon I had 'The Ode' in my pocket (as had been the case the day before) as a reminder of the emotion of the time.

My family never complained about the down to minus 10 temperature and some snow whilst walking around these exposed sites and areas and I know that they are now even more aware of the sacrifice we made as a young country when 10% of our population served and 20% of these were killed and double that were injured. I never knew my grandfather as he died later of the affects of shrapnel and being gassed. I know that his legacy and that of his cousin will live on.

“They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn
At the going down of the sun and in the morning
We will remember them.”

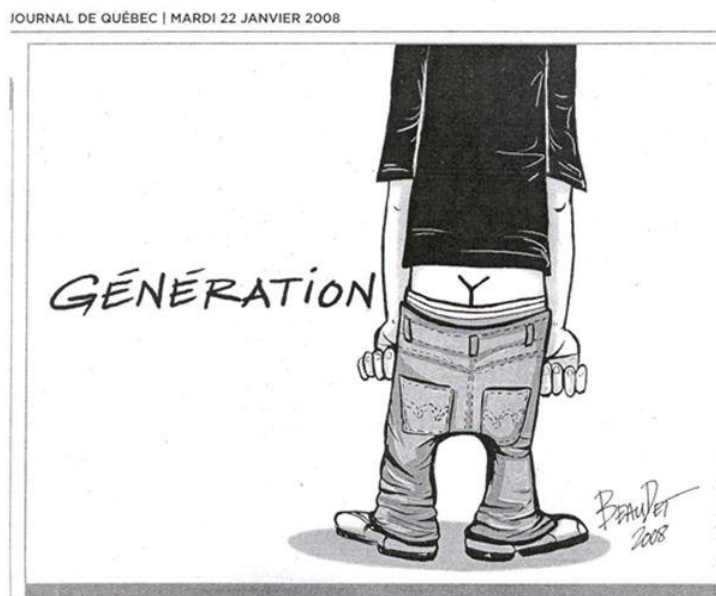
Laurence Binyon

I've always wondered this myself... now I know.

- People born before 1946 were called **The Silent Generation**..
- **The Baby Boomers**, are people born between 1946 and 1959.
- **Generation X**, people have been born between 1960 and 1979.
- **Generation Y** , are the people born between 1980 and 2009

Why do we call the last group Generation Y?

Recently a cartoonist explained it very eloquently below...



And I always thought it was because they say....

Y should I get a job?

Y should I leave home and find my own place?

Y should I get a car when I can borrow yours?

Y should I clean my room?

Y should I wash and iron my own clothes?

Y should I buy any food?

ARTIST'S CORNER

Thanks to Rob Clifton for sharing his Thai cookery class experience with us.

“One of the great experiences of my travels with Qantas is FOOD. Especially Asian food.

Recently, I was fortunate enough during a slip in Bangkok, to attend a Thai cooking school, together with two Second Officers. We caught the MRT (train) out to the end of the line and walked about a kilometre to a local house. There we were met by a local Thai lady who spoke very good English, probably as a result of being married to a European.

She had the back room of her house set up with as a kitchen, with 4 or 5 gas rings for woks and several food preparation tables. She then drove us down to the local market after asking us what we wanted to cook. Between us, we decided on: Pat Thai Noodles, Green Chicken Curry, Thai Beef Salad and Chicken wrapped in pandanus leaves. As the Thais don't use a lot of beef, we decide to make the sauce for the salad but use it on a whole fish.

The market was extremely interesting with all sorts of unmentionables for sale!! (Live baby turtles!!) Back to our "kitchen" and for the next three hours prepared a magnificent feast. (Washed down with a couple of cold beers, of course!)

As a result of this day, I thought I would include the fish recipe.

Pla Ga-pong Neung Manao (steamed sea bass with lemon, chilli and garlic sauce)

Ingredients

- 1 whole sea bass or substitute, gutted and scaled.
- 3 big shallots (crushed.) (Use French shallots, available at Woolies.)
- 2 lemongrass (crushed)
- 7 chopped bird chillies
- 1/4 cup chopped garlic.
- 2 tbsp sugar
- 3 tbsp lime juice
- 3 tbsp fish sauce.

Directions

1. Mix chillies, garlic, fish sauce, sugar and lime juice together. Set aside.
2. Rub fish with salt on both sides and in stomach cavity. (Gets rid of any bad odours.)

Cut across fish down to the bone on both sides. Rinse.

3. Arrange fish in steamer, put crushed lemongrass and shallots in cavity and next to fish.

Steam for 20 minutes, or until cooked. Pour off any excess liquid.

4. Transfer fish to serving plate.

5. Pour sauce over fish and decorate with sliced lime and garlic.

The same sauce can be used on sliced steak (medium rare, of course) with a salad of lettuce leaves, cherry tomatoes, Lebanese cucumber and Spanish onion. Place the thinly sliced beef (after cooking as a steak) on the salad bed and pour on the dressing. **Delicious!**

The following members have indicated they will provide an article for the Artist's Corner commencing from next Wednesday, 28 April. Interesting Anne Jacob; Brian Logan; Brodie Shields; Peter Bell Michael Smith; Barry Murphy; David Hinwood

Useful work phrases.

- I like you. You remind me of when I was young and stupid.
- I'm not being rude. You're just insignificant.
- I'm already visualizing the duct tape over your mouth.
- It might look like I'm doing nothing, but at the cellular level I'm really quite busy.
- Thank you. We're all refreshed and challenged by your unique point of view.
- The fact that no one understands you doesn't mean you're an artist
- Any connection between your reality and mine is purely coincidental
- I have plenty of talent and vision. I just don't care.
- I will always cherish the initial misconceptions I had about you.
- It's a thankless job, but I've got a lot of Karma to burn off.
- Yes, I am an agent of Satan, but my duties are largely ceremonial.
- No, my powers can only be used for good.
- How about never? Is never good for you?
- I'm really easy to get along with once you people learn to worship me
- You sound reasonable...Time to up my medication
- I'll try being nicer if you'll try being smarter.
- I don't work here. I'm a consultant.
- Who me? I just wander from room to room.
- My toys! My toys! I can't do this job without my toys!
- At least I have a positive attitude about my destructive habits.
- You are validating my inherent mistrust of strangers.
- I see you've set aside this special time to humiliate yourself in public.
- Someday, we'll look back on this, laugh nervously and change the subject.

Club Website

www.tamworthfirstlight.org.au

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board@tamworthfirstlight.org.au

**BOARD OF DIRECTORS
2009 - 2010**

**Club Service – Louise Matthews
Community Service – Brian Logan
International Service – Vicki Cooper
Vocational Service – John Worldon
Youth Centre – Annette Arthur**

Birthdays, Anniversaries & Inductions



Birthdays 09.05.– John Worldon

Partners Birthdays 07.05 - Gloria O'Connor



Anniversaries Nil

07.05 Peter Hyde (2 years)
07.05 Jim Raymond (2 years)

Inductions



Vocational Profile

Attendance 75%

Make Ups Nil

Visitors Rotarians Michael Simpson, Inverell East

Visitors Felix Frankenberg – Youth Exchange; Kristy Reading – GSE Team; Bob Baddams; Chris Celovic

Heads & Tails Skinner

Raffle John Fogarty

MEETING ROSTER

- When rostered on and you can't make it – **PLEASE** find another member to fill in for you
- Make sure that you let both the President and President Assist know before the start of the meeting
- If the above not organised the **Sergeant will love you**
- The starting time for the **DOOR team and MEETER & GREETER IS 6:30 AM**
- **Leave of Absence** - If members are going to be away for an extended period (holidays etc) please remember that a notification (letter) be sent to the Club Secretary noting date of departure and date of return and requesting "Leave of Absence" from the Club.
- **If you know you are going to be away for an extended period (holidays etc) – PLEASE** advice **Bruce Hemmett** by email at bruce.013@decorama.com.au
- **Please give at least TWO week's notice so the roster can be amended**
- **PLEASE** advice **Terry Burgess** – Attendance Officer by email at ssegrub@westnet.com.au

	05 May 2010	12 May 2010
Guest Speaker	Eleanor Dezius Projects Abroad	Club Assembly
Meeter & Greeter	Steve Massey	Brodie Shields
Door Team	Max May & Max Cathcart	Brian Thompson & Chris Celovic
Welcome	John Glynn	Chris Shepheard
President Assist	David Baddams	Narelle Langfield
Visitor Assist	Dick Davidson	Maureen Thornton
Corporal Assist	Phil Penman	Graham Nuttall
Introduction	Michael O'Connor	---
Vote of Thanks	Phil Lyon	---

CORPORALS FOR COMING MONTHS

May	Max Cathcart and Peter Bell
June	Barry Murphy and Phil Lyon
July	Chris Shepheard and Pat Varley

THOUGHT FOR THE WEEK

**Great works are performed
not by strength but by
PERSERVERANCE**

Samuel Johnson