



## Hinwood's Herald

[www.tamworthfirstlight.org.au](http://www.tamworthfirstlight.org.au) 22 September 2010 – Meeting 1029

### Quote of the Week:

“There’s a way of transferring funds that is even faster than electronic banking. It’s called marriage”.

The room was decorated in secret for the Tamworth Pirates Rugby Club tilt at another grand final win. There seemed to be a skull & cross bones flag that disappeared for a ceremonial burning.

It was a busy morning with a good rollup of 53 members and 4 guests. A warm welcome was extended to Brian Yeo’s brother in law, **Peter Jarvis**, from the Rotary Club of Jerrabomberra, **Clint Coles**, who has recently started with Eversol and in his final year of Law, **Paul Bennett**, the new general manager of Tamworth Regional Council and of course **Chris Watson**, who is currently up for membership.

It was good to see John Toulmin back and he tells me that he will be much more regular as he plans his hours over the next year. Graham Nuttall looked a little ‘ragged’ after what has obviously been a busy few weeks.

Mike Ticehurst was our guest speaker who gave us an awesome insight into Lifeline at a local level. The service that is provided is a very important one and one that often goes unnoticed.

Louise Matthews gave a small talk on a project that our club is initiating in assisting with the awareness of bowel cancer in our youth. This will be launched through some very keen students at Oxley High, in conjunction with medicos and the Department of Education. This and other cancers are striking at much earlier ages

than we expect and this project will start with a very local group and from there, who knows?

At the request of Dennis Maunder your board has agreed to purchase a shelter box to be delivered to assist the flood victims in Pakistan.

Your board has also agreed to assist with a cheque for \$1,040 to Tamworth Youth Care to help with the trialing of a breakfast plan for 13 weeks to help needy youths in the Coledale area.

Norm Dezius is on the committee to run RYLA over the next 3 years. From time to time he will be asking for assistance and I'm sure that you will give as you are able. RYLA is being run out of Keepit Sports Centre by the combined clubs of Tamworth.

The weeks a flying by as we are almost a quarter of the way through this Rotary year, where does the time go?

Enjoy your week.

Regards

David

## NEWS/NOTICES

- At Board Meeting this week the following two projects received financial support - Sponsorship of \$1,020 to provide breakfast for school aged children in the Coledale community, for a trial period of 12 weeks (Pat Varley organising) and 1 Shelter Box for Pakistan (Dennis Maunder organising)
- Current Bank Balance is approx \$26,500.00
- Youth Awareness Education of Bowel and other Cancers. Louise advised that following diagnosis of another young person with bowel cancer, feedback had been received from young people that the message is not getting out to the younger age group re Bowel and other Cancers and that education of youth needs to be improved. Meetings have been held with School Student Council Representatives who have indicated their willingness to participate in an education program for young people. Louise has asked that any interested Rotarians contact her if they would like to be involved in the program.
- Peter Hyde said that a membership Survey would be undertaken at the next meeting - what members want (see Membership Responsibilities in this Bulletin)

- RYLA – Norm announced that this would be happening next year and to think of potential participants. Also sponsorship opportunities available Gold \$5,000; Silver \$2,500 and Bronze \$1,000.
- Dick Davison collects foreign notes and coins. Notes to be exchanged at the bank and dollars towards community projects; coins will be deposited at Sydney Airport ‘Cash for Kids’ charity project.
- John Fogarty is looking for helpers to oil the outdoor furniture at the Oncology Unit. Please contact John if you are able to assist.

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**GUEST SPEAKER - Mike Ticehurst – CEO Lifeline**

Introduced by Paul Stevenson and thanked by Michael Smith



Mike has been with Lifeline for 2.5 years. He started his career with the Tax Office and has also worked in Social Security, the Funeral Business and with Sport and Rec. He is currently a member of Peel Valley Lions Club.

In 2013 Lifeline will be 50 years old. Started in Sydney by Rev Walker of Wesley, who set up a Lifeline Telephone Counselling Service. Lifeline is in 63 locations, has 3,000 volunteers and 1000 staff who do face to face counselling in the areas of domestic violence and finance. Twenty minute wait for telephone counselling due

to the heavy demand on the service. Mental Health is a huge problem with six people dying every day from suicide. Suicide is the No 1 cause of death for males under 44.

Lifeline in the North West has been operating for 38 years and for the last five years Armidale has had a Telephone Counselling service. Tamworth has 70 volunteer Telephone Counsellors.

Donated clothing is sorted through – some sold in the Lifeline outlets, some baled to go to other communities. Some clothing is purchased and recycled into other products.

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## Rotary Club of Tamworth - First Light

### Membership Responsibilities

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*What Rotarians get out of Rotary depends largely on what they put into it. Many membership requirements are designed to help club members more fully participate in and enjoy their Rotary experience.*

Attending weekly club meetings allows members to enjoy fellowship, enrich their professional and personal knowledge, and meet other business leaders in their community.

#### **Attendance**

Rotary policy requires members to attend at least 50 percent of club meetings in each half of the year. If members miss their own club's meeting, they're encouraged to expand their Rotary horizons by attending make-up meetings at any Rotary club in the world.

Rotarians can also makeup meetings by participating in a club service project or by attending a club board meeting, a Rotaract or Interact club meeting, or an online meeting at one of several Rotary e-clubs.

By participating in local and international service projects, club members can volunteer their time and talents where they're most needed.

#### **Service**

The Avenues of Service are Rotary's philosophical cornerstone and the foundation on which club activity is based:

- Club Service focuses on strengthening fellowship and ensuring the club's effective functioning.
- Vocational Service encourages Rotarians to serve others through their vocations and to practice high ethical standards.
- Community Service covers the projects and activities the club undertakes to improve life in its community.
- International Service encompasses actions taken to expand Rotary's humanitarian reach around the globe and to promote world understanding and peace.
- New Generations Service recognizes the positive change implemented by youth and young adults through leadership development activities, service projects, and exchange programs.

## **Finding and keeping members**

To keep clubs strong, every Rotarian must share the responsibility of bringing new people into Rotary. Even new members can bring guests to club meetings or invite them to participate in a service project.

Keeping members involved in Rotary is another responsibility. Fostering strong fellowship and encouraging early participation in service projects are two of the best ways to sustain a club's membership.

## **Dues**

Club members are required to pay annual dues to their clubs, districts, and Rotary International, as well as the subscription fee to the appropriate Rotary magazine.

## **Leadership**

Club members are encouraged to volunteer for leadership roles at the club level and beyond. To learn more about leadership opportunities in your district, see the district leadership seminar page and the club committee page.

What Rotarians get out of Rotary depends largely on what they put into it. Many membership requirements are designed to help members become and remain active participants in their clubs and enjoy their Rotary experience.

The ideal composition of a Rotary club reflects the community's demographics, including professions, gender, age, and ethnicity. Such diversity enriches every aspect of the club's fellowship and service.

<b>ROSTER</b>	<b>22<sup>nd</sup> September</b>	<b>29th September</b>
Guest Speaker	Steve Hill	Sandy Gleeson
<i>Topic</i>	<i>Diving Experiences</i>	<i>CanAssist</i>
Meeter & Greeter	Brian Yeo	Brodie Shields
Door Team	Greg Birtles & Annette Arthur	Max Cathcart & Phil Penman
Welcome	Barry Biffin	Michael O'Connor
President Assist	David Baddams	Ron Allen
Visitor Assist	Dick Davidson	Julian Smith
Corporal Assist	Dennis Johnson	Maureen Thornton
Introduction	Phil Heffernan	Helen Tickle
Vote of Thanks	Steve Massey	Stuart Glover
Vocational Profile	Jeanette Mouatt	TBA

Guest Speaker 6<sup>th</sup> October – Robyn Lane, Billabong Club House – ‘Mental Health’

<b>BIRTHDAYS, ANNIVERSARIES AND INDUCTIONS</b>	
<b>Birthdays</b>	09 – 23 Pat Varley ; 09 – 26 Greg Birtles & Ian Howle
<b>Partners Birthdays</b>	Nil
<b>Anniversaries</b>	09 – 23 Dennis and Kerry Johnson (38 yrs) 09 – 26 Phil & Margaret Lyon (40 yrs)
<b>Inductions</b>	09 – 24 John Glynn (2 yrs) 09 – 25 Ron Allen (19 yrs)
<b>Attendance</b>	75%
<b>Make Ups</b>	Nil
<b>Visiting Rotarians</b>	Peter Jarvis, Rotary Club of Jerrabomberra
<b>Visitors</b>	Chris Watson, Clint Coles, Paul Bennett
<b>Head and Tails</b>	Barry Biffin
<b>Raffle</b>	‘Awesome’ Michael Smith

**CORPORALS FOR SEPTEMBER:**  
**OCTOBER:**

**Peter Bell and Patrick Mahony**  
**Max May and Brian Yeo**



Tony Windsor? Not one of ours.

## **PRESIDENT ASSIST**

To ensure members who are rostered for the duties of, Meeter and Greeter, Door, Visitor Assist, Welcome to our Members & Guests, Introduction of the Guest Speaker(s) and Vote of Thanks are present and if they are not to find a replacement and ensure those people's names are updated on the President's Running Sheet. Select the Table Order (after the head table).

**Need to be in attendance by 6.30 am**

## **DOOR TEAM**

To record the attendance of our members and guests, collect meeting dues, and if possible balance the cash float i.e. monies paid = money received.

**Need to be in attendance at 6.30 am**

## **MEETER & GREETER**

To meet & greet our members & welcome guests to our Club at the top of the stairs and to hand name badges to members. Also ensure any guests of members or visiting Rotarians are introduced to the Visitor Assist to ensure they are made feel welcome.

**Need to be in attendance at 6.30 am**

## **VISITOR ASSIST**

To ensure any visitors to the Club are felt welcome by introducing yourself to them and other members and guests of our Club. To also include them in fellowship before and if necessary make sure they are included with several members for breakfast and are not left on their own.

**Need to be in attendance from 6.30 am**

## **WELCOME**

To publicly welcome our Members & Guests (following the introduction) to our meeting when called upon by the President or his/her substitute.

**Need to be in attendance by 6.50 am (or earlier)**

## **INTRODUCTION**

To make yourself known to our Guest Speaker/s, assist them to the head table and sit with them. During breakfast find out some information about the guest speaker which will assist you in your introduction.

## **VOTE OF THANKS**

To move a vote of thanks to our guest speaker, and present a little thank you gift (ensure you have it before the meeting commences and take notes during their presentation to ensure your thank you is informed).

## **CORPORALS**

To assist the Sergeant by putting out all Club Property and putting away at the conclusion of the meeting. Need to be in attendance by 6:30 am.

## **CORPORAL ASSIST**

To assist the Sergeant, by putting away all Club Property at the conclusion of the meeting if the Corporals are unable to do so.