



THE ROTARY CLUB OF TAMWORTH - FIRST LIGHT

2011-2012



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A Letter from Louise

www.tamworthfirstlight.org.au Wednesday 5th October 2011
Meeting 1081

Quote of the Week:

“Enjoy the little things, for one day you may look back & realise they were the big things.” – Robert Brault

September is gone & the year is flying past & perhaps we wish it was only gliding. John Hoye was an interesting speaker this morning explaining to us all about gliding & soaring. Just personally, I'd like to tell you, this girl likes a big noisy engine!

Yeoy paid tribute to Alan Cracknell who passed away last week, aged 56. Alan was a great supporter of our Club through the golf trips. I wholeheartedly agree with Yeoy that Al was one of nature's true gentlemen...he will be sadly missed by not only Sue & Amy, but all his family, friends & the community.

I spoke to DJ this morning. He's not feeling too flash after his treatment, but is facing it all head on. We had a few laughs & he wanted me to pass on his thanks for all the well wishes & particularly those who have offered to help with the BBQ for his Family Fun Day this weekend.

It was so good to see Jeanette this morning. She tells me she has found a new Club on the coast, so we will be organising a transfer for her. Jeanette was a wonderful member of our Club. Her involvement in Pedal the Peel & going to New Guinea with Dr Rob & Dr Di as the hearing specialist were just a few things that she contributed to greatly. We thank her & wish her well.

The first Mental Health First Aid Course is being held on Thursday 27th October & Wednesday 2nd November. 12 hours over 2 days. Participants will learn the signs &

symptoms of mental health problems, where & how to get help & what sort of help has been shown to be effective. Get your name in, limited to 20 participants.

Don't forget your tickets for Darren Carr & Ashleigh Dallas on 12th October.

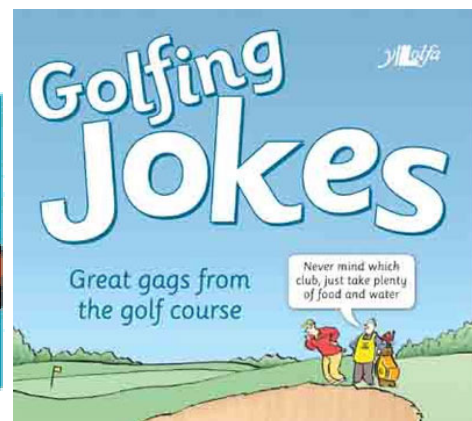
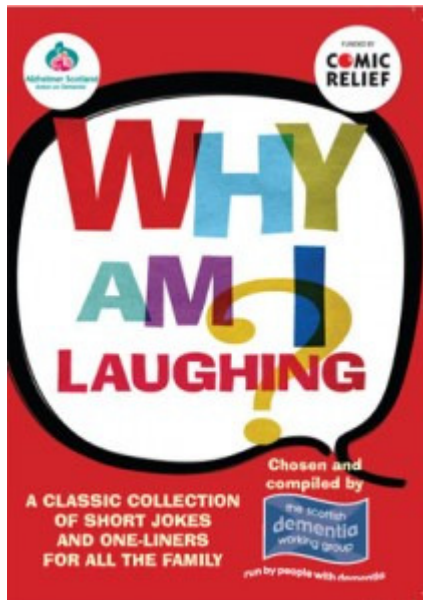
Have a great Long Weekend, stay safe if you're on the road.... can't wait for the Thugby League Grand Final!!

Louise oxo

UPDATES/ NEWS / DIARY DATES

- **Futures Licensed Training Bistro**
Members are advised that places for dinner are available. Where: Bistro in K Block at the TAFE, Piper Street. 3 course dinner for \$19.50 / head available on Thursday evenings from 6pm on the following dates: 13th October, 20th October, 27th October, 3rd November, 10th November, 17th November, 24th November and 1st December. Bookings are essential. Contact Kaylene Thompson on 6768 2362. Jim Raymond is now looking at specific dates and then request numbers from members.
- **Guess Who is Coming to Dinner** will be held **October 22** and based on large number of name listed so far, it is going to be **HUGE**
- **Christmas Party** – make a note of the date now - **26 November**
- **Bumper stickers** are still being sold and bulk deals are available. Please see Dools.
- **“Stress less Day”** There will be a fund raiser event at The Pub on **October 12** with comedian **Darren Carr and Ashleigh Dallas** from 7.00 pm. This will follow the ‘walk’ at 7 am and 7.30 BBQ breakfast (with HNE Health) and the hope is that \$25 x 200 tickets are sold. 20 sold so far . **This will be a transfer meeting to the night function .**
- **Caramello Bear Quiz**, What year was Rotary formed and who by? Embarrassing really that we many said they knew the answer yet they were wrong. After yelling out all years between 1902 and 1914 we finally got 1905 and Paul Harris. Laurence Hearne got the chockie.
- **Helen Tickle** reminds the club about the **Serendipity 20 – 20 Cricket Match** on **October 7**. \$50.00 gets you entry to the grand marquee. See Helen or Michael Smith for details.
- **Can I have some more recipes please**
- **Brian Logan** confirmed our catering involvement is again required for the **Relay for Life** on weekend of **15/16 October**.

- Mental Health First Aid course has been confirmed for 27 October (Thursday) and 2 November (Wednesday) 2 x 6 hours. See President Louise.
- Golf meeting at Hancocks – Tuesday 4 October – Hunter Trip now has 33 participants.
- “Footloose” 7 October - Bruce Hemmett has advised that due to large number of people wanting to be involved with the fund raiser for the Gabby Botfield Angels Foundation, the movie has been moved to the Capitol and there is now 300 extra seats to sell. See Bruce for more details.
- Brian Yeo mentioned the final farewell to Alan Cracknell who has been a great supporter of our Club with his long time involvement with the golf trips. His friendship will and assistance will be missed by many.
- Louise has been asked at the Combined Presidents meeting to consider changing our meeting to a night function to coincide with the Public Speaking competition being held at West Rotary on 14 November. Decided by show of hands that meeting will not change, but a number of members will attend.
- Sergeant Shep, discussed the “Toulmin double sanga method” of touring the mens toy shop (Bunnings). Most members believe the Joke Book loaned to Chris by Terry Burgess should be on hand at all times.





Guest Speaker – John Hoye “Gliding and Soaring”
Introduced by Bruce Hemmett

John spoke to us about the world of silent flight, fantastic scenery and self discovery.

We learned about the history of gliding, training and powered gliders. John showed us images of the strenuous testing that is performed on the wings so as to ensure they will not break in the air. John also discussed the difference between gliding and soaring and techniques involving use of various types of clouds. The technical and theory aspects of the talk was fascinating and how a glider pilot can source thermals based on cloud knowledge and by watching wedged tail eagles in flight.

John told us that gliding is about testing boundaries, being one with nature, adventure, competition and observer of beauty.

Anyone interested you can access the web site: www.keepitsoaring.com/LKSC/ or email: manager@keepitsoaring.com or by calling 6769 7514



PP Vicki Cooper thanking Guest Speaker John Hoye

The Rotary Club of Tamworth First Light

Masterchef page

This weeks guest Chef is Jim Raymond

Here's one of our favourite recipes you might like to include in the bulletin.. Actually had it for dinner last night.

SWEET CURRIED LAMB

Serves 6

Cooking Time: 6-8 hours

1kg boneless lamb, cubed. (We use leg steaks)
425g can whole peeled tomatoes
1 cooking apple, cored and sliced
1/2 cup sultanas
1 onion sliced
1 tablespoon mustard pickles
1/4 cup coconut
1-2 tablespoons curry powder (adjust to suit individual taste)
1/2 teaspoons black pepper
1/2 teaspoon mixed herbs
1 teaspoon salt
1 tablespoon sesame seeds
2 cups beef stock

Saute lamb and onion. Transfer lamb and onion to slow cooker and add remaining ingredients. Stir to combine. Fit lid, close vent and cook on 5 for 6-8 hours or until meat is tender. Stir occasionally. Serve with rice, creamed cucumber or other curry accompaniments.

ENJOY.

Regards
Jim

Ed and Nancy met while on a singles cruise and Ed fell head over heels for her.



When they discovered they lived in the same city only a few miles apart Ed was ecstatic. He immediately started asking her out when they got home. Within a couple of weeks, Ed had taken Nancy to dance clubs, restaurants, concerts, movies, and museums. Ed became convinced that Nancy was indeed his soul mate and true love. Every date seemed better than the last.

On the one-month mark of their first dinner on the cruise ship, Ed took Nancy to a fine restaurant. While having cocktails, Ed was waiting for the salad, and said, "I guess you can tell I'm very much in love with you. I'd like a little serious talk before our relationship continues to the next stage.. So, before I get out a box from my jacket and ask you possibly a life-changing question, it's only fair to warn you, I'm a total golf nut. I play golf, read about golf, I watch golf on TV. In short, I eat, sleep, and breathe golf. If that's going to be a problem for us, you'd better say so now!"

Nancy took a deep breath and responded, "Ed, that certainly won't be a problem.

I love you as you are and I love golf too; but, since we're being totally honest with each other, you need to know that for the last five years I've been a hooker."

Ed said, "It's probably because you're not keeping your wrists straight when you hit the ball!"

Subject: The US Debt ... in perspective

- U.S. Tax revenue: \$2,170,000,000,000
- Fed budget: \$3,820,000,000,000
- New debt: \$1,650,000,000,000
- National debt: \$14,271,000,000,000
- Recent budget cut: \$ 38,500,000,000

Now, remove 8 zeros and pretend it's a household budget.

- Annual family income: \$21,700
- Money the family spent: \$38,200
- New debt on the credit card: \$16,500
- Outstanding balance on credit card: \$142,710
- **Total recent budget cuts: \$385**

Sorta brings the issue "home" doesn't it?



A truly useful skill



Steve Massey's dental assistant

A short history of The Rotary Foundation

In 1917, RI President Arch C. Klumph proposed that an endowment be set up “for the purpose of doing good in the world.” In 1928, when the endowment fund had grown to more than US\$5,000, it was renamed The Rotary Foundation, and it became a distinct entity within Rotary International. Five Trustees, including Klumph, were appointed to “hold, invest, manage, and administer all of its property . . . as a single trust, for the furtherance of the purposes of RI.” Two years later, the Foundation made its first grant of \$500 to the International Society for Crippled Children. The organization, created by Rotarian Edgar F. “Daddy” Allen, later grew into the Easter Seals.

The Great Depression and World War II both impeded the Foundation’s growth, but the need for lasting world peace generated great postwar interest in its development. After Rotary’s founder, Paul P. Harris, died in 1947, contributions began pouring into Rotary International, and the Paul Harris Memorial Fund was created to build the Foundation.

That year, the first Foundation program – the forerunner of Rotary Foundation Ambassadorial Scholarships – was established. In 1965-66, three new programs were launched: Group Study Exchange, Awards for Technical Training, and Grants for Activities in Keeping with the Objective of The Rotary Foundation, which was later called [Matching Grants](#).

The [Health, Hunger and Humanity \(3-H\) Grants](#) program was launched in 1978, and Rotary Volunteers was created as a part of that program in 1980. [PolioPlus](#) was announced in 1984-85, and the next year brought [Rotary Grants for University Teachers](#). The first peace forums were held in 1987-88, leading to the [Foundation's peace and conflict studies programs](#).

Throughout this time, support of the Foundation grew tremendously. Since the first donation of \$26.50 in 1917, it has received contributions totaling more than \$1 billion. More than \$70 million was donated in 2003-04 alone. To date, more than one million individuals have been recognized as [Paul Harris Fellows](#) – people who have given US\$1,000 to the Annual Programs Fund or have had that amount contributed in their name.

Such strong support, along with Rotarian involvement worldwide, ensures a secure future for The Rotary Foundation as it continues its vital work for international understanding and world peace.

Rotary's support for polio eradication making a key difference

By Dan Nixon

Rotary International News -- 28 September 2011



Top: Ghulam Nabi Azad, India's minister of health and family welfare, discusses India's progress toward polio eradication with Rotary leaders and staff at RI headquarters. Bottom: International PolioPlus Committee Chair Robert Scott, RI President Kalyan Banerjee, Azad, and Rotary Foundation Trustee Chair William Boyd. *Rotary Images/Alyce Henson*

Rotary International has played a major role in helping the Global Polio Eradication Initiative make continued progress and overcome obstacles in the drive to rid the world of the disease.

Since October 2010, Rotary has provided almost US\$40 million for polio surveillance, immunization campaigns, and technical assistance in several countries. In India, only one case of polio has been reported since January of this year.

“My country has benefited greatly from your support and I thank all of you,” said Ghulam Nabi Azad, India's minister of health and family welfare, speaking to Rotary leaders and staff at RI headquarters in Evanston, Illinois, USA, on 23 September. He credited Rotary with “not only the mobilization of funds, but the active participation of Rotarians in the field with our operations” for helping his country near the goal of polio eradication.

“Rotary has invested heavily in surveillance in India over the last 12 months,” said Bruce Aylward, the World Health Organization’s assistant director-general for polio eradication and related areas, at a mid-September meeting of Rotary’s International PolioPlus Committee. “That’s the reason we can say with confidence that we think we’re getting close to zero [cases] in India.”

Endemic countries

The wild poliovirus (types 1 and 3) is endemic in only four countries: Afghanistan, India, Nigeria, and Pakistan. Nigeria has maintained a 95 percent drop in polio cases in the past 24 months. Even though the number of cases in Pakistan has increased by 70 percent in 2011 compared to last year, only one case of type 3 polio has been reported.

“[Rotary’s] funding for Pakistan has helped us to bring type 3 to the verge of eradication in all of Asia,” Aylward said.

After transmission of the wild poliovirus had been reestablished in Angola and Southern Sudan, Rotary’s support for immunization campaigns made a critical difference in stopping them, he said.

Rotary helped stem the tide in the Republic of the Congo as well. Calling the spike in polio cases there “the worst, most fatal outbreak we had seen in years,” Aylward said that Rotary’s funding spurred both government action and substantial support from other donors.

Rotary is also funding research to evaluate new vaccine strategies and how they can enhance the quality of immunization campaigns.

Over the last 12 months, Rotary’s investments in polio eradication “underpinned the largest coordinated public health operations in the world,” Aylward said. “They leveraged the use of 1.7 billion doses of OPV [oral polio vaccine] to vaccinate 400 million kids in 183 campaigns in 47 countries. They were right on the mark, and all of them can be linked to real progress.”



ROSTER	5 October 2011	12 October 2011
Guest Speaker	Charles Impey	BBQ and Walk
Topic	Children's Adventure Playground	Mental Health Week
Door Team	Dennis Johnson & Steve Massey	Terry Robinson & Mark O'Connor
Meeter & Greeter	Michael Smith	n/a
Welcome	Ross Lobsey	n/a
President Assist	Phil Heffernan	n/a
Visitor Assist	John Fogarty	n/a
Corporal Assist	David Hinwood	n/a
Introduction	Max May	n/a
Vote of Thanks	Helen Tickle	n/a

**CORPORALS for: October: Max May and Max Cathcart
November: Tim Coates and Barry Biffin**

BIRTHDAYS, ANNIVERSARIES AND INDUCTIONS	
Members Birthdays	Campbell McIntosh 5/10 44 yrs, John Treloar 6/10 59 yrs.
Partners Birthdays	Sandra Moss 10/10 29 yrs
Anniversaries	Barry & Judy Biffin 6/10 32 yrs, John & Jill Toulmin 6/10 32 yrs, Graham & Tracey Nuttall 10/10 2 yrs
Induction into Club	Nil
Attendance	76%
Make Ups	Nil
Visiting Rotarians	Nil
Visitors	Brian Bailey
Head and Tails	David Baddams
Raffle	Vicki Cooper

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