



# THE ROTARY CLUB OF TAMWORTH - FIRST LIGHT

2011-2012



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## *A Letter from Louise*

[www.tamworthfirstlight.org.au](http://www.tamworthfirstlight.org.au) Wednesday 16th November 2011  
Meeting 1087

### **Quote of the Week:**

“Wars are made by old men, fought by young men, & suffered by women & children.” Alice Dunbar-Nelson

This President “gig” just keeps getting better & better. How lucky was I to be able to bestow an Honorary Membership on a former member of our Club on behalf of everyone. Alan Coates exemplifies everything Rotary is about. His service to our Club since Charter, in particular to the Science & Engineering Challenge has been outstanding & we, as a Board, felt it should be duly recognized.

It was wonderful to see Alan’s family surprise him by being present as well & share in his honour. Brenda has been a wonderful supporter of the Challenge behind the scenes, our thanks go to her as well.

Terry Burns, from the University of Newcastle gave us the news we were dreading in relation to funding cuts for the program. We have had too many success stories, inspired at school level by the S&E Challenge to let it go. Dennis Maunder & Garnet Wood both have kids who have gone on to a related field in this area. Our other guest speaker spoke of his son’s career path after being a participant in the Challenge. I realize as President I cannot commit future Boards to projects, but this current Board is committed to doing what it takes to continue with the Challenge.

Brad Hansen gave a wonderful overview of how our taxes will be spent in the re-development of the Hospital. Exciting concept, in particular the Regional Cancer Centre. I couldn’t help but think that if this had come sooner, our own DJ would have been able to stay at home during his long period of treatment.

It was so good to have DJ back, although only for a few weeks before further treatment. Everyone was so pleased to see him.

Congratulations to the Blue Angels, raising \$14500 over the weekend, helping local families affected by Cancer. Another fundraiser we need to get behind is Movember....Mark O'Connor's face needs all the help it can get, so please get behind him & sponsor that sparse accumulation on his top lip.

It was sad to hear Stuart & Paula Glover are being transferred with the Salvo's in the New Year. Stuart will be with us until Christmas, it's been great having Stuart on board.

Finally, thanks to Michael O'Connor for his tribute to Remembrance Day..  
"Lest we forget."

Louise oxo

## UPDATES/ NEWS / DIARY DATES

- **Christmas Party – make a note of the date now - 26 November. Jim Raymond advises that requires the \$55.00 per head paid on or before 16 November.**
- **Caramello Bear Quiz, Q. What do we celebrate on Friday 11 November? A. Armistice Day**
- **Can I have some more recipes please – got one this week, yeh!**
- **Terry Burgess advised the Club that the final profit from the last Golf Trip to the Coast is \$3,584.50. Well done to the Golfers once again.**
- **Brian Thompson advises that there will be a Golf Committee meeting at 5.00 pm at Dennis Maunders office on 15 November.**
- **Michael O'Connor spoke to us about the New Zealand trip planned for 9 to 19 March 2012. A great tour is planned and of course includes two Super 15 games at a all up cost of \$1,511.00 per person.**
- **PCYC – Coledale BBQ – David Baddams advised all covered for this Friday but more volunteers needed for the following weeks.**
- **Don't forget we have a Vocational visit to the Guy Kable Building in Marius Street on 30 November, so mark those diaries now.**
- **AGM will be held on 14 December, so if you are interested in a Board position, please see Phil Penman.**
- **Salvation Army Christmas Appeal again this year. Please bring non-perishable food and toys from 7 December.**
- **Movember – yes that time of the year when people who shouldn't grow upper lip hair do. Mark O'Connor and the team at Lawler Warburton are all doing it for Men Health – focus on Prostate Cancer and Depression. Please refer to details further on in this bulletin and support and the cause and Mark.**

- **Peter Bell advised that the annual Quilt and Collectables Fair at Moore Creek Hall for the Blue Angels realized \$14,500.00 and \$4,000.00 was from the Auction. A great effort for a great local community organization.**
- **Stuart announced that he and Paula have had the 'call' from the Salvation Army and will be leaving our fine City. We were initially sad for them, but this was short lived when he announced they were being transferred to Caloundra.**
- **Michael O'Connor gave the Club a short talk on the poppy as a symbol of Armistice Day. The artificial red poppy was made by YMCA ladies after WW1 to sell for funds to assist orphan children in France. Michael advised that the red poppy was pushed into cracks in the remembrance walls at th Australian War Memorial in Canberra as symbolism and became official with redesign of the wall plates in 1994. Poppies are only removed when they fall to the ground.**

**It certainly brings back my memories of walking around Ypres and the Flanders Fields.**

## **In Flanders Fields**



by John McCrae, May 1915

In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.

We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie  
In Flanders fields.

Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.

## Guest Speaker – Brad Hansen, Acting General Manager, Tamworth Base Hospital

Introduced by Bruce Hemmett

Brad has changed careers path from being Chief Radiographer to now the onerous task of running a large regional hospital at a time of major redevelopment. Brad gave a very informative talk on our hospital redevelopment over two stages.

Stage 1 is the Cancer Care Centre funded by 32 million dollar Federal and 10 million dollar State money. This will see us enjoying the first Radiotherapy Unit in inland NSW. 54% of cancer patients require both Chemo and Radiation therapies, but because of travel and city accommodation issues, only 27% take up the option.

Treatment will now be closer to home and include a 10 rooms 20 bed accommodation facility. The Stage 1 development will include one Linear Accelerator, but will include two bunker to allow for expansion.

The contract has commenced with a completion date of the end of 2012 and operational in early 2013. There will however, be no paediatric radiotherapy treatment available.

Stage 2 is the Acute Care Facility with funding of 120 million dollars from the Federal Government and 100 million dollars from the State Government. This will be 21 century care, including high volume and short stay operating theatres and the Emergency unit will have a Fast-track system. There will be an upgrade in areas of care and the Nioka support group are involved with the design of the Palliative Care unit.

Planning will be completed in March 2012 with a completion date of February 2016.

Stage 3 is not funded yet.



**Brad Hansen is thanked by Michael Smith**



*What the Eversol Partners were seen wearing at the Melbourne Cup*



**Louise Matthews presenting Alan Coates with his Honorary Membership to our Club recognizing his commitment to the Science and Engineering Challenge. With Alan on the morning was his wife Brenda, and family members Madison Bennett, Helen Bennett and Samantha Crebert.**

Terry Burns was also a visitor to our Club in his role as representing the University of Newcastle for Science and Engineering Challenge. Terry provided the Club with an update on the 2012 Challenge and the need for sponsorship due to the reduction of funding for the program.

The program started in 2000 for Secondary school years 9 and 10 and grew to include Primary students in 2003. Started as a two day event, became National in 2005 and now covers 6,000 students in a three day event.

## Art helps Tamworth's Tim to see the sciences

An artist has helped a young Tamworth man along the road to a career in science.

Greg Allen is the winner of the best watercolour painting section at the Sun Herald Camberwell Rotary Art Show in Melbourne, Vic.

He kindly donated one of his paintings valued at \$A3,000 to the Rotary Club of Tamworth First Light, N.S.W., to be auctioned to help raise funds to send National Youth Science Forum candidate Tim Hansen to South Africa.

Tim Hansen attends Oxley High School in Tamworth.

Greg Allen is an astonishing watercolourist who has developed a considerable reputation as one of Australia's finest artists, both through his award-winning originality and the quality of his solo exhibitions.

His understanding of being a young man with a natural talent and a passion to follow a passion and develop a talent is evident in his generous donation.

The auction was a great success, far exceeding expectations.

Tim Hansen travelled to Pretoria in South Africa to attend the international science forum. While there he experienced the different science facilities people worked in and walked around a nuclear research facility.

He toured the University of Pretoria which "was fantastic and I was overwhelmed when there was a special reception for us at the Australian High Commission".

His experience was unforgettable, highly beneficial and inspirational.

The forum was very informative, extremely interesting and a great help in his plans for a future in science. His experience of the South African landscape, wildlife and people was truly amazing.

The Rotary Club of Tamworth First Light is sponsoring another two students, inspired by Tim Hansen's achievements, as candidates to attend the 2005 International Science Forum.

They are Amos Young and Rachel Illett from Peel High School. They will attend The Science Forum in Canberra, A.C.T., where they will compete with students Australia-wide to be selected to attend an International Science Forum overseas.



Artist Alan Coates, National Youth Science Forum attendee Tim Hansen, of Oxley High School in Tamworth, N.S.W., and Vicki Cooper, of the Rotary Club of Tamworth First Light, N.S.W., with a watercolour by Alan Coates. The art work was auctioned to raise funds that helped to send Tim Hansen to the forum in South Africa.

Photograph: Courtesy,  
Northern Daily Leader.

# The Rotary Club of Tamworth First Light Masterchef page

Louise Matthews:

## Whiskey oranges

- $\frac{3}{4}$  cup sugar
- $\frac{1}{2}$  cup water
- $\frac{1}{4}$  cup scotch whiskey
- 8 oranges

Stir water & sugar over heat until dissolved, bring to the boil, reduce heat & simmer for 2 minutes.

Remove from heat, add whiskey & cool.

Peel oranges & remove white pith. Cut up oranges catching all the juice. Put into bowl & cover with cooled syrup. Refrigerate. This can be done several days in advance to enhance flavour.

## Atholl brose cream

- 1 1/2 cups softly whipped cream
- 3 tablespoons honey
- 3 tablespoons scotch whiskey

Combine honey & whiskey. Gradually add to softly whipped cream & beat until thick. Refrigerate until serving. This can be done several hours ahead to enhance flavour.

Serve over oranges.

Serves 8.



## MALE V FEMALE AT THE ATM

A new sign in the Bank reads:

'Please note that this Bank is installing new Drive-through ATM machines enabling customers to withdraw cash without leaving their vehicles.

Customers using this new facility are requested to use the procedures outlined below when accessing their accounts.

After months of careful research, MALE & FEMALE Procedures have been developed. Please follow the Appropriate steps for your gender.'

\*\*\*\*\*

### MALE PROCEDURE:

- 1... Drive up to the ATM.
2. LOWER your car window.
3. Insert card into machine and enter PIN.
4. Enter amount of cash required.
5. Retrieve card, cash and receipt.
6. Raise window.
7. Drive off...

\*\*\*\*\*

### FEMALE PROCEDURE:

(Unfortunately, most of this is true!!)

1. Drive up to ATM machine.
2. Reverse and back up the required amount to align car window with the machine.
3. Put hand brake on, put the window down.
4. Find handbag, remove all contents on to passenger seat to locate card.
5. Tell person on mobile phone you will call them back and hang up.
6. Attempt to insert card into machine.
7. Open car door to allow easier access to machine due to its excessive distance from the car.
8. Insert card.
9. Re-insert card the right way.
10. Dig through handbag to find diary with your PIN written on the inside back page.
11. Enter PIN ...
12. Press cancel and re-enter correct PIN.
13. Enter amount of cash required..
14. Check makeup in rear view mirror.

15. Retrieve cash and receipt.
16. Empty handbag again to locate purse and place cash inside.
17. Write debit amount in cheque book and place receipt in back of it.
18. Re-check makeup.
19. Drive forward 2 feet.
20. Reverse back to ATM machine.
21. Retrieve card.
22. Re-empty hand bag, locate card holder, and place card into the slot provided.
23. Give dirty look to irate male driver waiting behind you.
24. Restart stalled engine and drive off.
25. Redial person on mobile phone.
26. Drive for 2 to 3 kilometres.
27. Release Hand Brake.

It's Movember and time to focus on men's health. To show my commitment, I'm donating my face and dignity to the cause by growing a moustache for the entire month of November, and need your support. My Mo will spark conversations, and no doubt generate some laughs; all in the name of raising vital awareness and funds for prostate cancer and male depression.

Why am I so passionate about men's health?

- \*1 in 9 men will be diagnosed with prostate cancer in their lifetime
- \*This year 20,000 new cases of the disease will be diagnosed
- \*1 in 8 men will experience depression in their lifetime

I'm asking you to consider supporting my Movember campaign by making a donation by either:

- \*Donating online at: <http://www.movember.com/m/844078>
- \*Writing a cheque payable to 'Movember', referencing my Registration ID: 844078 and mailing it to: Movember, PO Box 60, East Melbourne, VIC, 8002

If you'd like to find out more about the type of work you'd be helping to fund by supporting Movember, take a look at the Programs We Fund section on the Movember website: <http://au.movember.com/about>

Thank you in advance for supporting my efforts to change the face of men's health.

**Mark O'Connor**

<b>ROSTER</b>	<b>16 November 2011</b>	<b>23 November 2011</b>
<b>Guest Speaker</b>	<b>Phil Lyon</b>	<b>Christmas Party</b>
<b>Topic</b>	<b>Rotary Foundation</b>	<b>Tamworth Rugby Club</b>
<b>Door Team</b>	<b>Chris Watson &amp; Annette Arthur</b>	
<b>Meeter &amp; Greeter</b>	<b>Julian Smith</b>	
<b>Welcome</b>	<b>Brian Thompson</b>	
<b>President Assist</b>	<b>Paul Bennett</b>	
<b>Visitor Assist</b>	<b>Max Cathcart</b>	
<b>Corporal Assist</b>	<b>Dennis Maunder</b>	
<b>Introduction</b>	<b>Brian Yeo</b>	
<b>Vote of Thanks</b>	<b>Chris Celovic</b>	

**CORPORALS for:**      **November: Tim Coates & Barry Biffin**  
                                 **December: Julian Smith & Brian Thompson**

<b>BIRTHDAYS, ANNIVERSARIES AND INDUCTIONS</b>	
<b>Members Birthdays</b>	<b>Steve Massey 17/11, DJ – Dwone Jones 18/11, Julian Smith &amp; Paul Stevenson 19/11</b>
<b>Partners Birthdays</b>	<b>Gail Bennett (partner of Paul) 19/11, Paula Glover (partner of Stuart) 21/11</b>
<b>Anniversaries</b>	<b>Nil</b>
<b>Induction into Club</b>	<b>Vicki Cooper 21/11 10 years</b>
<b>Attendance</b>	<b>80%</b>
<b>Make Ups</b>	<b>Nil</b>
<b>Visiting Rotarians</b>	<b>Nil</b>
<b>Visitors</b>	<b>Alan &amp; Brenda Coates, Madison Bennett, Helen Bennett, Samantha Crebert, Terry Burns &amp; Anke Davies</b>
<b>Head and Tails</b>	<b>Skinner</b>
<b>Raffle</b>	<b>Skinner</b>

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