



THE ROTARY CLUB OF TAMWORTH - FIRST LIGHT

2011-2012



Reach Within to Embrace Humanity

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A Letter from Louise

www.tamworthfirstlight.org.au Wednesday 18th January 2012
Meeting 1094

Quote of the Week:

“Cheers to a New Year and another chance for us to get it right.”
Oprah Winfrey

Happy New Year to all & what a gorgeous morning in Anzac Park for breakfast. Great rollup with everyone looking refreshed & ready for another busy year. Thank you to Brian Logan & his helpers for the catering...it just happens, with a minimum of fuss.

It was wonderful to have Bob McKenzie with his bagpipes calling us to order this morning. I'm not sure how the neighbours felt about "knick knack paddy whack" at such an early hour. Bob was thrilled to receive the \$2000 for the Pipe Band. They perform a wonderful service for not only our community but beyond.

Charles Impey was also very pleased to receive \$1500 being for our sponsorship of the "Animal Maze" at the Adventure Playground. Charles will be keeping us posted as to the progress of the building works & how we can assist in the construction.

Please save the date for the "End Polio Now" movie fundraiser, Thursday 23rd February. Go online & check out the trailer on youtube. The movie entitled "The Best Exotic Marigold Hotel" stars Judi Dench, Maggie Smith & Bill Nighy.

Busy few weeks ahead & we have a number of commitments so please help where you can. A couple of hours here or there, a great fellowship opportunity as well as providing a service & in some cases raising charity dollars.

Gentle reminder about RYLA nominees. Surely we have some young persons who would greatly benefit from this wonderful personal development program. District Conference is also coming up in March.

To the cricketers, hope you've been paying attention to Ponting & Hussey. The "old guys" have still got some style & stamina, so to all of my "old guys" take notes & get in the nets for some practice...4th of March is fast approaching.

On a personal note, I had a wonderful Christmas on the family farm in Scone. It was topped off beautifully by my eldest son Sam, announcing his engagement to Angela while on a holiday in Bali. Another beautiful daughter!

Look forward to seeing you all back at the Inn,

Louise oxo



UPDATES/ NEWS / DIARY DATES

- **Can I have some more recipes please**
- The Longest Line Dance held during the Country Music Festival has been approved by Council. Chris requires 6 helpers and I think there was that many names on the sheet.
- Brian Yeo – Marshalls required for the Cavalcade – has his 12 for the 6.30 – 6.45 am start on Saturday 28 January.
- Louise – We need RYLA participants so consider family and work colleagues.
- Petition for Law and Order – need 10,000 signatures

Claim the date

23 February 2012 – Film Premiere for “End Polio Now”

The Best Exotic Marigold Hotel

starring Judi Dench, Maggie Smith, Tom Wilkinson, Bill Nighy and Dev Patel



Robyn Penman with another pink shirt wearing man

Tell about a haircut

The story of someone getting a haircut.

Women's version:

Woman2: Oh! You got a haircut! That's so cute!

Woman1: Do you think so? I wasn't sure when she gave me the mirror. I mean, you don't think it's too fluffy looking?

Woman2: Oh God no! No, it's perfect. I'd love to get my hair cut like that, but I think my face is too wide. I'm pretty much stuck with this stuff I think.

Woman1: Are you serious? I think your face is adorable. And you could easily get one of those layer cuts - that would look so cute I think. I was actually going to do that except that I was afraid it would accent my long neck.

Woman2: Oh - that's funny! I would love to have your neck! Anything to take attention away from this two-by-four I have for a shoulder line.

Woman1: Are you kidding? I know girls that would love to have your shoulders. Everything drapes so well on you. I mean, look at my arms - see how short they are? If I had your shoulders I could get clothes to fit me so much easier.

Men's version:

Man2: Haircut?

Man1: Yeah.

Rotary Club of Tamworth First Light
Masterchef page
From Trudy's card file

Thai Chicken Puddings

3 stalks lemon grass, sliced

4 kaffir lime leaves

4 garlic cloves

2 red capsicums, chopped

50g Thai red curry paste

4 tbsp fish sauce

S & P

400 ml coconut milk

1 kg minced chicken breast

Garnish: coconut cream, lime leaves, red chillies

Process lemongrass, lime leaves, garlic, add capsicum, until smooth. Add curry paste, fish sauce, S & P: with motor running add coconut milk. Remove ½ paste from bowl and add ½ chicken. Process to smooth. Spoon into oiled muffin tins. Repeat with other ½. Oven 180 degree, top with dot of coconut cream and sliced lime leaf and chilli. Bake for 7 minutes.

POLIO UPDATE

Rotary club members worldwide are cautiously celebrating a major milestone in the global effort to eradicate polio. India, until recently an epicenter of the wild poliovirus, has gone one year without recording a new case of the crippling, sometimes fatal, disease.



Rotarians and state government leaders in Jaipur, Rajasthan, India, vaccinate children against polio during a National Immunization Day in 2011. *Photo courtesy of the India PolioPlus Committee*

India's last reported case was a two-year-old girl in West Bengal State on 13 January 2011. The country recorded 42 cases in 2010, and 741 in 2009.

A chief factor in India's success has been the widespread use of the bivalent oral polio vaccine, which is effective against both remaining types of the poliovirus. Another has been rigorous monitoring, which has helped reduce the number of children missed by health workers during National Immunization Days to less than 1 percent, according to the World Health Organization (WHO).

Rotary has been a spearheading partner in the [Global Polio Eradication Initiative](#) since 1988, along with WHO, UNICEF, and the U.S. Centers for Disease Control and Prevention. The Bill & Melinda Gates Foundation is also a key supporter of the initiative.

Sporting their signature yellow vests and caps, the nearly 119,000 Rotarians in India have helped administer vaccine to children, organize free health camps and polio awareness rallies, and distribute banners, caps, comic books, and other items.

“With the support of their Rotary brothers and sisters around the world, Indian Rotarians have worked diligently month after month, year after year, to help organize and carry out the National Immunization Days that reach millions of children with the oral polio vaccine,” says RI President Kalyan Banerjee, of the Rotary Club of Vapi, Gujarat.

“The achievement of a polio-free India for a full year is a significant step towards a polio-free world -- an example as to what can be accomplished no matter what problems need to be overcome,” says Robert S. Scott, chair of Rotary's International PolioPlus Committee. “Rotarians of India are and should be proud of the key efforts they have made at all levels, without which the world would not be marking this milestone.”

Deepak Kapur, chair of the India PolioPlus Committee, also credits the Indian Ministry of Health and Family Welfare for its commitment to ending polio. To date, the Indian government has spent more than US\$1.2 billion on domestic polio eradication activities. “Government support is crucial if we are to defeat polio, and we are fortunate that our government is our biggest advocate in this effort,” Kapur says.

“Marching ahead, the goal is to sustain this momentum,” he adds, describing as potentially “decisive” the upcoming immunization rounds this month and in February and March.

If all ongoing testing for polio cases recorded through 13 January continues to yield negative results, WHO will declare that India has interrupted transmission of indigenous wild poliovirus, laying the groundwork for its removal from the polio-endemic countries list, which also includes Afghanistan, Pakistan, and Nigeria. However, because non-endemic countries remain at risk for cases imported from endemic countries, immunizations in India and other endemic and at-risk countries must continue. Neighboring Pakistan, which has reported 189 cases so far for 2011, is a major threat to India's continued polio-free status. Last year, an outbreak in China, which had been polio-free for a decade, was traced genetically to Pakistan.

“As an Indian, I am immensely proud of what Rotary has accomplished,” Banerjee says. “However, we know this is not the end of our work. Rotary and our partners must continue to immunize children in India and in other countries until the goal of a polio-free world is finally achieved.”

ROSTER	18 January 2012	25 January 2012
Guest Speaker	Brian Bailey	TBA
Topic	Personal Profile	
Door Team	Graham Nuttall & Bruce Hemmett	Narelle Langfield & Bill Moss
Meeter & Greeter	Greg Birtles	Phil Penman
Welcome	David Baddams	Dick Davison
President Assist	Anne Jacob	James Treloar
Visitor Assist	Brian Logan	Jim Raymond
Corporal Assist	John Treloar	Brodie Shields
Introduction	Brian Bailey	Brett White
Vote of Thanks	Maureen Thornton	Les Jacob

CORPORALS for January: Michael Smith & Paul Stevenson
February: David Baddams & Greg Birtles

BIRTHDAYS, ANNIVERSARIES AND INDUCTIONS	
Members Birthdays	Nil
Partners Birthdays	Simon Ford (Partner of Diane) 21/1
Anniversaries	Ian and Leigh Howle 22/1 – 41 years
Induction into Club	Nil
Attendance	73%
Make Ups	Nil
Visiting Rotarians	Nil
Visitors	Michael Muller, Bob McKenzie & Charles Impey
Head and Tails	Nil
Raffle	Nil

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