



# THE ROTARY CLUB OF TAMWORTH - FIRST LIGHT

2011-2012

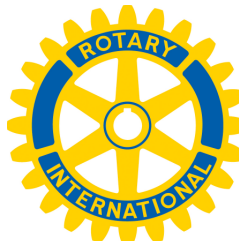


Reach Within to Embrace Humanity

# THE ROTARY CLUB OF TAMWORTH - FIRST LIGHT



Reach Within to Embrace Humanity



## *A Letter from Louise*

[www.tamworthfirstlight.org.au](http://www.tamworthfirstlight.org.au) Wednesday 1 February 2012  
Meeting 1096

### Quote of the Week:

"A platypus is a duck designed by a committee" – Anon

Okay....who needs their pacemaker re-calibrated after our guests on Wednesday morning? It's the 40<sup>th</sup> anniversary of Country Music in Tamworth & it's becoming more diverse each year. Chris Watson made us aware of the massive contribution line dancing makes to the festival & at other times of the year in Tamworth. We could easily see why Maddy & Elise are Australian Line Dance champions after their performance. Thanks to the girls & especially to Chris for fitting Rotary into such a busy week.

Don't forget Saturday morning with our commitment to Cavalcade marshalling & the Longest Line Dance. Hopefully the weather stays kind to us for this very important fundraiser.

I spoke to Garnet this morning as he was being released from hospital. He told me he feels wonderful & will have some family time in Sydney this coming week & home the next week.

### ....CRICKET...

The following is direct from Sunrise Weekly Bulletin:

**Tony Housden/Editor.....**

"**CRICKET** – Only 5 weeks till we meet the parents and hopefully dish out an Ozzie like flogging. Practise some more now, we really need to win this one. Don't forget the social BBQ afterwards"

**Bryan Singh aka Harbijan "Garbage" Singh/President.....**

"We have the annual Grudge Cricket match against First Light on Sunday 4<sup>th</sup> March... practice up. Last time our team really had them scratching their heads in terms of our strategy. We now have more possible champions to add to the field. I can sense the strongest scent of Victory. Come along even if you can't play, as humor is always the winner on the day."

Caramello Koala Quiz will be revisited next week in regard to a push for membership. The seven steps we should take to recruit & retain quality Rotarians:

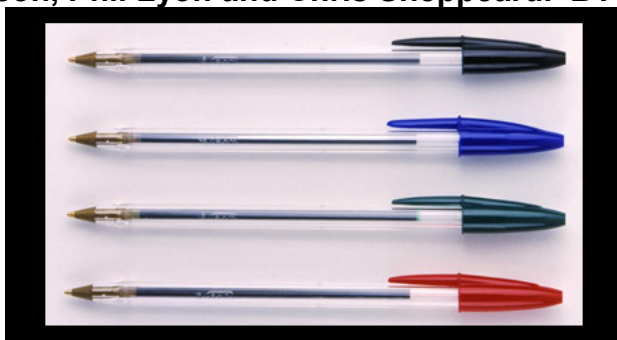
- Identify
- Introduce
- Invite
- Induct
- Inform & orient
- Involve
- Educate...I rest my case!

I'm on a roll, won the Chook Raffle last week for the first time ever, won it again this week, so keeping with the cricket theme, I'm going for a hat trick!

Louise oxo

## UPDATES/ NEWS / DIARY DATES

- **Can I have some more recipes please – even cooking tips or dinner stories/disasters. Again no submissions this week. May have to remove.**
- ~~The Longest~~ Largest Line Dance is going to be a sea of yellow 'T's' and widowed women. Now that is some spectacle. Chris has many names to assist so please ensure you are outside Ray Walsh house at 6.45 am otherwise call Chris Watson. ~~We will need assistance helping the line dancers change shirts so a few to hold up the curtains (for only the younger ladies) would be appreciated.~~ Sorry, that job has now been filled by Robbo and I. There are hundreds of dancers in our City and Chris hopes for 1,500 to enter the event. All money raised is pure, unadulterated profit.
- Brian Yeo – Marshalls are organised for the Cavalcade – has his ~~42~~ 14 for the 6.30 – 6.45 am start on Saturday 28 January at corner of Peel and Roderick Street. The following please wear your Club shirt and bring your mobile phone with you. Dennis Johnson, John Fogarty, Peter Hyde, Ron Allen, Rob Clifton, David Baddams, Jim Raymond, Max May, John Worldon, Brian Bailey, Julian Smith, Brian Thompson, Phil Lyon and Chris Sheppard. BY THE WAY, YOU MUST BRING A



**BIRO**

Someone is showing their age?

- Louise – We need RYLA participants so consider family and work colleagues. Closing date is mid February.

- **Caramello Quiz...Q. What are the 7 steps to recruiting and retaining new members of Rotary? A. Identify, Ambush, Induct, Interrogate, Educate, Implicate, Gesticulate and many other 'ates'.**
- **Garnet Wood has had his heart surgery and we are told that he has come through well. He will be on leave for a couple of months. Great news and look forward to Garnet showing off his zipper.**
- **DJ is continuing to recover and should be bouncing up the stairs to a Club meeting next month.**
- **Sunrise are making a lot of noise (like you would expect from naughty children) about playing cricket and silly things like rules. Rules are determined on the day and at the appropriate moment by the team that won last year....oh that would be us. Phil Penman has been practicing his googoly (no spell check for that one) delivery to the middle stump.**
- **Julian Smith advised that after many years and loads of Council intervention, his erection has finally been completed. He assured the Club that it is far from large and although there is an open invitation to a BBQ, we need to attend one at a time.**
- **Brian Thompson – meeting of the Golf Committee (no women please) will be held once again at Dennis Maunder's office at 5.00 pm next Tuesday 31 January.**

## **Guest Dancers – Maddy Glover and Elise Spinks Australian Champion Line Dancers**

**Introduced by Brett White**

**Boy did I draw the short straw for this one. Lucky I allocate the roster duties.**

Maddy is 17 and Elise is 18 and have both been dancing since they could walk and competing since they could run. Maddy from Albion Rail and Elise from Camden are members of the Ilawarra Country Boot Scooters, which has about 250 members.

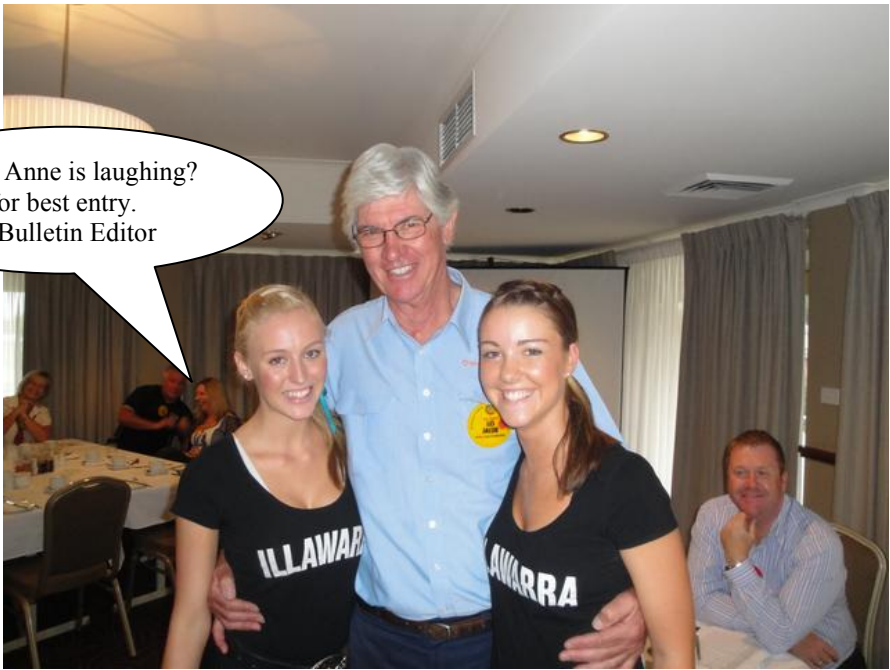
Maddy's father gave up coal mining for full time boot scooting coaching about 15 years ago, just like our other guest Debbie from Dallas Boot Scooters.

Together, Elise and Maddy have won 7 gold and 3 silver medals for their dance duo efforts at various championships. They have won gold at the Tamworth Championships this year in the under 18 duo category.

Maddy and Elise gave the Club a demonstration of champion line dancing with their gold winning routine, which included skirt and hat twirling.

The second dance included our own Chris Watson and Debbie from Dallas Line Dancers with an interruption to the music at the beginning. Moral of the story...block incoming calls if you intend to use your iphone to play music to a group.

“Why Anne is laughing?  
Prize for best entry.  
Email Bulletin Editor



A big and tall thanks delivered by PP Les Jacob



Brian Yeo explaining what a biro is to Elise and Maddy



Incoming President Phil Penman enjoying some fringe benefits

## Claim the date

23 February 2012 – Film Premiere for “End Polio Now”

### The Best Exotic Marigold Hotel

starring Judi Dench, Maggie Smith, Tom Wilkinson, Bill Nighy and Dev Patel

## Rotary Club of Tamworth First Light

### Masterchef page



With Stralya Day and all, thought a traditional pav recipe was appropriate

### Ingredients (serves 8)

- 6 eggwhites
- 1 1/2 cups caster sugar pinch cream of tartar (see note)
- 300ml thickened cream
- 1 tablespoon icing sugar mixture
- 1 teaspoon vanilla extract
- 250g strawberries, hulled, sliced
- 2 kiwifruit, peeled, sliced
- 150g blueberries

### Method

1. Preheat oven to 120°C/100°C fan-forced. Line a baking tray with baking paper. Mark a 23cm circle on the paper.
2. Using an electric mixer, beat eggwhites until stiff peaks form. Add caster sugar. Beat for 10 minutes or until sugar has dissolved. Add cream of tartar. Beat for 1 minute. Spoon mixture onto circle. Using a palette knife or spatula, shape into a circle with high sides. Make 'furrows' up the sides.
3. Bake for 1 hour or until firm. Turn off oven. Allow to cool in oven with door slightly ajar.
4. Using an electric mixer, beat cream, icing sugar and vanilla until soft peaks form. Place pavlova on a serving plate. Top with cream mixture and fruit. Serve.

### Notes

- **Tip:** Cream of tartar increases the volume of eggwhites when beating and gives the pavlova a crispy crust.

## About RYLA



Rotary Youth Leadership Awards (RYLA) is Rotary's leadership training program for young people. RYLA participants can be ages 14-30, but most clubs and districts choose to focus on a narrower age range, such as 14-18 or 19-30.

RYLA emphasizes leadership, citizenship, and personal growth, and aims to

- Demonstrate Rotary's respect and concern for youth
- Provide an effective training experience for selected youth and potential leaders
- Encourage leadership of youth by youth
- Recognize publicly young people who are rendering service to their communities

## Australian Rotary Health



**Mental Health Forums**

**Indigenous Health Scholarship**

**Rural Nursing Scholarship**

**Kids Matter**

### Administration

The administration of Australian Rotary Health is conducted from Rotary Down Under House, 43 Hunter Street, Parramatta.

Australian Rotary Health employs a staff of eight people, of which one is part-time.

Australian Rotary Health acknowledges the substantial support received from RDU over the years.

All costs are minimal due to the extent of honorary service rendered by members of the Board and supporters at District level.

Australian Rotary Health is managed by a Board of 10 Directors who must be Rotarians and who serve for limited terms to ensure fresh ideas and enthusiasm.

### Concept

Australian Rotary Health is Australia's largest non-government funding body of mental illness research. We also fund research in other health related areas.

The genesis of Australian Rotary Health in 1981 was the mystery of Sudden Infant Death Syndrome (SIDS). The Late Ian Scott, from the Rotary Club of Mornington, established Australian Rotary Health to support research into SIDS. As Australian Rotary Health grew so did the vision of medical research possibilities. Supported by Rotarians Australian wide, Australian Rotary Health was soon in a position to sponsor health research in areas that did not readily attract funding.

Australian Rotary Health has a broad vision of health. We are a catalyst for projects that improve the quality of life for people who are least able to assist themselves.

### Structure

Australian Rotary Health has been approved by the Board of Rotary International as a multidistrict project and is registered under Corporation Law as a company limited by guarantee.

It operates through a Constitution which provide for Membership to be restricted to Rotarians and for control by a Board of Directors elected by and drawn from the Members. Membership entitles Members to receive all Newsletters and the Annual Report and Accounts.

Members are also entitled to attend the Annual General Meeting. Membership fees are \$55.00 (GST included) on joining and \$11.00 (GST included) per annum. Applications for Membership should be directed to:

The Secretary,  
Australian Rotary Health,  
PO Box 3455,  
PARRAMATTA NSW 2124

All donations over \$2.00 to the Australian Rotary Health are tax deductible under the Income Tax Act. Donations are sought from:

The Australian Public, Rotary Clubs, Individual Rotarians, Commercial Organisations, Charitable Trusts and Bequests

### Hat Day

#### **Australian Rotary Health's mental health research awareness day!**

More than four million people are affected by mental illnesses such as depression, schizophrenia, Alzheimer's, anxiety and bipolar disorder at some point during their lives. Not only does mental illness affect the quality of life of these Australians, but it also represents a huge cost to families, communities and the economy.

In an effort to bring the importance of mental health research to the fore, Australian Rotary Health will be holding a fundraising and awareness day in May, 2012. 'Hat Day' will be a day you and your Club can get behind as a way to promote the importance of mental health research.

While the official day is Friday, the 18th of May, you can hold a Hat Day celebration any day during the month of May. You might like to encourage members of your Club to come along wearing a hat during a regular meeting, or organise a community event in an effort to spread awareness and help raise funds for a great cause. Remember, mental health is not something you want to keep under your hat. Help us help your community by getting involved in this exciting new event.



Ian Scott Scholarship



Mental Health First Aid Research



Funding Partner Scholarship

## You know you're Australian when:

You believe that stubbies can either be drunk or worn.

You pronounce Melbourne as 'Mel-bin'.

You believe that the letter 'l' in Australia is optional, and it's perfectly ok to call it 'Straya'.

You think 'Woolloomooloo' is a perfectly reasonable name for a place.

You're secretly proud of our killer wildlife.

You believe it makes perfect sense for a country to have a \$1 coin that's twice as big as a \$2 coin.

You understand that 'Wagga Wagga' can be abbreviated to 'Wagga' but 'Woy Woy' cannot be just 'Woy'. You wear ugg boots outside the house. You believe that the more you shorten someone's name, the more you like them.

You understand that 'excuse me' can sound rude, but 'scuse me' is always polite. You know what it's like to swallow a fly, on occasion via your nose. You know it's not summer until the steering wheel is too hot to handle and a seat belt buckle becomes a pretty good branding iron.

You know how to abbreviate every word, all of which usually end in "o": arvo, convo, garbo, lezzo, metho, milko, muso, servo, smoko, rego, speedo, righto, etc,....

You know that there is a universal place called 'Woop Woop' located in the middle of nowhere, no matter where you actually are! And you can understand all of this, and had a giggle.

I love Australia and wouldn't live anywhere else.

A group of Rotarians meet to discuss where they should hold their 10th Reunion dinner & decide that they should meet at the Gausthof zum Lowen restaurant because all of the waitresses have big breasts & wear low cut blouses.

10 years later, for their 20th Reunion, the group meets again to decide where they should celebrate & they again agree to meet at the Gausthof zum Lowen because the food there is very good & the wine selection is even better.

A decade later, for their 30th, they once again choose the Gasthof zum Lowen because they can eat there in peace and quiet & the restaurant is also smoke free.

10 years later, at the 40th, once again they discuss where they should gather, & surprise! They all agree on the Gausthof zum Lowen because the restaurant is wheelchair accessible & they also have an elevator.

10 years later, the remaining members meet to celebrate 50 years in Rotary. They again discuss where they should meet for dinner. Finally it is agreed that they should dine at the Gausthof zum Lowe because they've never been there before.

It is common practice to expect new Rotarians to give a talk to their fellows about themselves, their early life, their training and the job that they do. This is called a "Job Talk" by some and "The Man Behind the Badge" by others.

Later in Rotary life the Rotarian is often expected to fill the speaker diary by giving a talk which is NOT connected with his work. A hobby such as stamp collecting or model trains would be a good example.

My story recounts the time when Fred arrived at the meeting of his Rotary club to be reminded that he was the speaker for the evening and this was not a "Job Talk". He had forgotten and was not prepared. He sat at the top table, beside the Chairman for the evening, and thought about a subject during the meal.

When he was announced he spoke about sex. The meeting listened to every word and asked many questions. It was a success.

When he arrived home, Mary his wife, asked "How was Rotary?".

"It was a good meeting" he said.

"What was for dinner?" she asked.

"Beef, and it was good" he answered.

"Who was the speaker?" she continued.

"I was" he replied.

"What did you speak about?"

Now he can see trouble looming!

"Sailing" he lied.

The next morning Mary was shopping in the town and visited the butcher who was also a Rotarian.

"Fred gave a wonderful talk last night." he said.

"Yes" said Mary, "but I don't understand why he chose the subject. The first time he did it he was sick and the second time his hat blew off".



The world's largest Rotary Wheel, located in Wilmington, is 240 feet across

Everybody knows about Rotary.

It's a bunch of chamber-of-commerce types hanging around, making backroom deals. It's the old-boy network, right? Even Josh Lyman, on "The West Wing," once dismissed another character as a big-talking Rotarian. They have signs with the big blue wheel when you drive into town. And oh, yeah, they have meetings — they're big on meetings. And that's Rotary: a bunch of old guys at meetings. Right?

Meet Lori Harris, an athletic, youthful ball of energy who's been the project manager for Rotary's yearlong renovation of a Wilmington city park. "If you could have seen this a year ago," Harris says, shaking her head during a tour of the garden. "There was no grass," she says, pointing to a carpet of turf you can now putt on. "No flowers in the cogs," and she points to vibrant, healthy azaleas burgeoning along the brick wall that surrounds the garden.

Cogs? Yep. The waist-high brick wall surrounding the garden, in a little triangle of land alongside Wilmington's leafy Greenfield Park, follows the crenulated shape of that Rotary wheel. In fact, in this little corner of park in an uncertain neighborhood south of downtown Wilmington, that crooked, brick, garden wall turns out to be the largest Rotary wheel in the world: 240 feet across, with dozens of those ratchet-looking cogs that define the wheel's gear shape. Trees line the park; there's a gazebo painted in bright Rotary yellow and blue, but the main thing is that wall, 754 feet around.

...

Harris explains. Wilmington Rotary first adopted the little park as a service project in 1945, planting and weeding. In 1965, with the help of masonry students from Williston, the city's only high school for African-Americans, Rotary built the brick wall in the shape of the wheel. Since then, the park received a bit of attention, but it mostly languished, at best unused, at worst, a haven for drug deals. Then the North Carolina Azalea Festival organizers thought the wheel would be the perfect place for the refreshments after its 2011 ribbon cutting. "So I went to the Rotary Club," says Gayle Ward, of the Cape Fear Garden Club, "and I said, 'Guys, there's company coming!'"

Rotary swung into action. Harris's club — Wilmington's Downtown Rotary club — worked with the city's five other Rotary clubs for a year to turn the park from a trouble spot, where homeless people slept in the gazebo, into a spectacular garden, now frequented by neighbors and schoolchildren.

"We were almost pioneers in a Rotary effort to collaborate," Harris says. Indeed, Harris is joined in her walk-through not only by a couple of members from her own club, but also by members of others — Stuart Benson, for example, a charter member of the Wilmington West Rotary. He's a surveyor, and he now maintains an interactive map of every single plant, bench, and walkway the groups put up in the park. Together this year, Wilmington's clubs transplanted trees, planted daffodils in a driving snowstorm, removed graffiti and drug paraphernalia, and repainted. "And here we are," Harris says. "Many, many small projects later."

You might almost say many trips around that symbolic wheel. And it keeps going. Each of Wilmington's clubs commits to at least one meeting in the park per year. The wheel was a smash in April during the ribbon cutting and looked its blossomy best when a hired crane hoisted a photographer into the air to take a picture of it. Which brings up one problem.

"The trouble is," says R.B. Richey, the immediate past president of the Downtown club, "you don't know it's a Rotary wheel until you're in the air."

But not knowing the garden wall is a Rotary wheel really only scratches the surface of what you don't know about Rotary. The wheel and meetings, right? So since you've been to the wheel, the next place to go, obviously, is a meeting.

<b>ROSTER</b>	<b>1 February 2012</b>	<b>8 February 2012</b>
<b>Guest Speaker</b>	<b>Phil Heffernan</b>	<b>Ainsley Bartlett</b>
<b>Topic</b>	<b>Personal Profile</b>	<b>Cambodian Schools of Hope</b>
<b>Door Team</b>	<b>Rob Clifton &amp; Max Cathcart</b>	<b>Brian Yeo &amp; Ian Howle</b>
<b>Meeter &amp; Greeter</b>	<b>Paul Bennett</b>	<b>Graham Dooley</b>
<b>Welcome</b>	<b>Chris Celovic</b>	<b>John Fogarty</b>
<b>President Assist</b>	<b>Annette Arthur</b>	<b>Vicki Cooper</b>
<b>Visitor Assist</b>	<b>Dennis Maunder</b>	<b>Phil Lyon</b>
<b>Corporal Assist</b>	<b>Julian Smith</b>	<b>Peter Ryan</b>
<b>Introduction</b>	<b>Brian Thompson</b>	<b>Phil Heffernan</b>
<b>Vote of Thanks</b>	<b>Maureen Thornton</b>	<b>Diane Ford</b>

**CORPORALS for**      **January: Michael Smith & Paul Stevenson**  
**February: David Baddams & Greg Birtles**

<b>BIRTHDAYS, ANNIVERSARIES AND INDUCTIONS</b>	
<b>Members Birthdays</b>	<b>Nil</b>
<b>Partners Birthdays</b>	<b>Nil</b>
<b>Anniversaries</b>	<b>Nil</b>
<b>Induction into Club</b>	<b>Nil</b>
<b>Attendance</b>	<b>70%</b>
<b>Make Ups</b>	<b>Nil</b>
<b>Visiting Rotarians</b>	<b>Lorraine Hooker – Wellington Point Qld</b>
<b>Visitors</b>	<b>Mark Robinson – identity twin brother of Terry, Debbie Greves from Dallas fame</b>
<b>Head and Tails</b>	<b>Brian ‘Biro’ Yeo</b>
<b>Raffle</b>	<b>Louise Matthews – again – boring!</b>

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