



President Diane Ford

Wednesday, 17th November, 2014 Meeting # 1237

Quote of the Week:

"A good head and a good heart are always a formidable combination." – *Nelson Mandela*

Di's Diary

Its always great to have our own members talk to us at our meetings and this week we had the South African Safari group give us a small insight to their recent adventure. It sounds that they were able to get up close and very personal with the animals there, especially those cheeky baboons! It sounds as though Graeme did a fantastic job as tour director and I hope that he will run another trip so that more of us will be able to experience that wonderful country.

It was unfortunate that Brett White was unable to join his fellow travellers and our thoughts are with him during his family tragedy.

Just another reminder that Lucy Haslam needs ushers and drivers for the Medical Cannabis Forum. Please see Lesley Hood if you are able to help.

If you have any skills at gift wrapping and would like to help Ronald MacDonald House in the 2 weeks before Christmas, please see Chris Watson.

Have a great week everyone and I'll see you soon.

Cheers.

Diane.



MEETING NOTES

Working With Children Check: Reminder to forward these to Maureen.



Memories of a fantastic trip to South Africa!



DATES TO REMEMBER....

Friday, 21st & **Saturday, 22**nd **November** – Inaugural Australian Symposium on Medicinal Cannabis at TRECC. Lesley will be taking names for anyone who can help by being an usher or a driver.

Friday 5th December - Christmas Drinks / Dinner at Post Office Hotel, from 5.30pm.

New Years Eve: more info from Chris shortly.

PRESIDENT ASSIST

To ensure members who are rostered for the duties of, Meeter and Greeter, Door, Visitor Assist, Welcome to our Members & Guests, Introduction of the Guest Speaker(s) and Vote of Thanks are present and if they are not to find a replacement and ensure those people's names are updated on the President's Running Sheet. Select the Table Order (after the head table).

Need to be in attendance by 6.30 am

DOOR TEAM

To record the attendance of our members and guests, collect meeting dues, and if possible balance the cash float i.e. monies paid = money received.

Need to be in attendance at 6.30 am

MEETER & GREETER

To meet & greet our members & welcome guests to our Club at the top of the stairs and to hand name badges to members. Also ensue any guests of members or visiting Rotarians are introduced to the Visitor Assist to ensure they are made feel welcome.

Need to be in attendance at 6.30 am

VISITOR ASSIST

To ensure any visitors to the Club are felt welcome by introducing yourself to them and other members and guests of our Club. To also include them in fellowship before and if necessary make sure they are included with several members for breakfast and are not left on their own.

Need to be in attendance from 6.30 am

WELCOME

To publicly welcome our Members & Guests (following the introduction) to our meeting when called upon by the President or his/her substitute.

Need to be in attendance by 6.50 am (or earlier)

INTRODUCTION

To make yourself known to our Guest Speaker/s, assist them to the head table and sit with them. During breakfast find out some information about the guest speaker which will assist you in your introduction.

VOTE OF THANKS

To move a vote of thanks to our guest speaker, and present a little thank you gift (ensure you have it before the meeting commences and take notes during their presentation to ensure your thank you is informed).

CORPORALS

To assist the Sergeant by putting out all Club Property and putting away at the conclusion of the meeting. Need to be in attendance by 6:30 am.

CORPORAL ASSIST

To assist the Sergeant, by putting away all Club Property at the conclusion of the meeting if the Corporals are unable to do so.

Meeting Roster	Wednesday 19 th November			Wednesday 26 th November		
Guest Speaker	Terry Robinson			Phil Chaseling		
Topic	Ped	dal the Peel		3 Months on Deal Island in Bass Strait		
Door Team		x Cathcart ce Hemmett		David Hinwood Sue O'Connor		
Meeter & Greeter	Pet	er Bell		Ian Howle		
Welcome	Chr	is Watson		Michael Smith		
President Assist	Gra	ham Dooley		Julian Smith		
Visitor Assist	Genevieve Gittoes			Terry Robinson		
Corporal Assist	Rob Sharp			Graeme Kruger		
Introduction	David Baddams			John Glynn		
Vote of Thanks	Adam Bennett			Phil Heffernan		
Post Office Raffle Roster						
21 November		28 November	5 Decemb	per	12 December	
Helen Tickle Barry Murphy		Barry Murphy Brian Thompson	Brian Thompson Phil Penman		Phil Penman Ian Howle	
19 December		2 January	9 January		16 January	
lan Howle David Hinwood		David Hinwood Laurence Hearne	Laurence Hearne Deb Barnes		Deb Barnes Barry Biffin	
Corporals for November			Corporals for December			
Paul Stevenson and Brodie Shields			John Treloar and Barry Biffin			
		Birthdays, Annivers	aries and Ir	nductions		
Members Birthdays	19/1	19/11: Julian Smith, 19/11: Paul Stevenson				
Partners Birthdays						
Anniversaries						
Club Induction	21/1	21/11: Vicki Cooper (13 years)				
		Stats for la	st meeting			
Attendance	70%	70%				
Make-Ups						
Visiting Rotarians						
Visitors	Sue	Sue Robinson, Trish Heffernan				
Heads & tails	Ma	Maureen Thornton				
Raffle	Dav	David Hinwood				



Charity Golf Day 2014

Money raised to support the Salvation Army's Hope Centre in Tamworth

You are cordially invited to A Charity Golf Day in aid of the Salvation Army's Hope Centre

To be held at the Tamworth Golf Club on Friday November 21 at 10:30 for an 11am shotgun start with a two-man ambrose format

Cost is \$50 per person which includes a barbeque meal and a great day out!

Friday November RSVP and payment to Robert Chase on rchase@westpac.com.au by November 14.



This Movember, I've committed my upper lip to help change the face of men's health by growing moustache, now I need your support at http://mobro.co/jimraymond.

I'm passionate about this cause because one million Australian men live with depression or anxi Many men find the stigmas associated with mental health lead to feelings of shame and embarrassment, which often prevents them from seeking help and taking action. We must chan this.

The Movember Foundation is working tirelessly every day to rid the world of this discrimination a ensure men and boys experiencing mental health problems know the signs and take action earl

I need your support to fund this important work. Together, we can do it. You can donate by:

- Donating online at http://mobro.co/jimraymond
- Writing a cheque to 'Movember', referencing my registration ID: 10879585 and mailing it to: BMovember, PO Box 60, East Melbourne, VIC 8002, Australia

You can learn more about the important work and impact Movember is having at: http://au.movember.com/programs

Thank you in advance for supporting my efforts to change the face of men's health. All donations over

\$2 are tax deductible, with receipts issued.

Together we can change the face of men's health.

Mo Bro Jim Raymond bhttp://mobro.co/jimraymond

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST. The development of acquaintance as an opportunity for service;
- SECOND. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good We thank Thee for our daily food May Rotary Friends and Rotary ways Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

Tamworth—First Light

Meets Wednesday morning, 6:30 for 7:00 am at Frog & Toad Function Centre 236 Goonoo Goonoo Rd TAMWORTH NSW 2340

Phone: 6765 7022

Club Officers and contact details

President—Diane Ford

president@tamworthfirstlight.org.au

Secretary—Vicki Cooper

secretary@tamworthfirstlight.org.au

Other Clubs meet:

Monday Tuesday Wednesday Friday Tamworth West, West Tamworth Bowling Club, 6:30pm Tamworth Rotary Club, Service Club, 6:15pm Tamworth on Peel, Calala Inn, 6:30pm

Tamworth Sunrise, Sanctuary Inn, 7:am