



**ROTARY CLUB OF TAMWORTH
FIRST LIGHT 2014-2015**



**President
Diane Ford**

Wednesday, 14th January, 2015
Meeting # 1243



MEETING NOTES

Working With Children Check: Reminder to forward these to Maureen by April.

Country Music Cavalcade: Please see Ron Allen if you can help - Ph 0419 287064 or 67615115. More helpers would be great as some people are away on the tennis trip.



Lovely morning, great BBQ in the park.



"Door" team. Peter's gone shy



but Graham's not shy for his birthday!



DATES TO REMEMBER....

Wednesday, 21st January: NO ROTARY MEETING

Wednesday, 28th January: Meeting in Frog & Toad restaurant

Saturday, 28th February: Guess Who is Coming to Dinner? More info from Peter Ryan.

6th – 8th March: Tallwoods/Tuncurry Golf Trip

13th – 15th March: Rotary District Conference Inverell

May: Sunrise Club Casino Royale Ball

20th June: First Light Changeover

Meeting Roster	Wednesday 14th January	Wednesday 28th January	
Guest Speaker	Brett White	TBA	
Topic	8 Hours of Fame		
Door Team	Richard Walker Terry Burgess	Laurence Hearne Adam Bennett	
Meeter & Greeter	Peter Ryan	Max Cathcart	
Welcome	Brian Thompson	Deb Barnes	
President Assist	John Fogarty	Peter Bell	
Visitor Assist	Val Hellmann	Rob Clifton	
Corporal Assist	David Baddams	Graham Dooley	
Introduction	Steve Massey	DJ Jones	
Vote of Thanks	Bob Baddams	Helen Tickle	
Post Office Raffle Roster			
16 January	6 February	13 February	20 February
Deb Barnes Barry Biffin	Barry Biffin Di Case	Di Case Bruce Hemmett	Bruce Hemmett Jenny Jackson
27 February	6 March	13 March	20 March
Jenny Jackson Michael Smith	Michael Smith Sue O'Connor	Helen Tickle Peter Bell	Peter Bell Peter Pulley
Corporals for January		Corporals for February	
Dennis Johnson and Ron Allen		Genevieve Gittoes and Bruce Hemmett	
Birthdays, Anniversaries and Inductions			
Members Birthdays	27/1: Terry Robinson		
Partners Birthdays	21/1: Simon (Di Ford), 26/1: Gemma (Chris Watson)		
Anniversaries	22/1: Ian and Leigh Howle		
Club Induction			
Stats for last meeting			
Attendance	58%		
Make-Ups			
Visiting Rotarians			
Visitors	Chris Gittoes		
Heads & tails			
Raffle			



President-elect Graeme

FROM OUR MEMBERS:

Thanks Helen Tickle for this one.

Patricia Varley
patriciavarley@me.com<mailto:patriciavarley@me.com>

The Explanation

Brains of older people are slow because they know so much.

People do not decline mentally with age, it just takes them longer to recall facts because they have more information in their brains, scientists believe. Much like a computer struggles as the hard drive gets full, so, too, do humans take longer to access information when their brains are full.

Researchers say this slowing down process is not the same as cognitive decline.

The human brain works slower in old age, said Dr. Michael Ramscar, but only because we have stored more information over time. The brains of older people do not get weak. On the contrary, they simply know more.

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem, it is nature's way of making older people do more exercise.

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good
We thank Thee for our daily food
May Rotary Friends and Rotary ways
Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Tamworth—First Light

Meets Wednesday morning,
6:30 for 7:00 am at
Frog & Toad Function Centre
236 Goonoo Goonoo Rd
TAMWORTH NSW 2340

Phone: 6765 7022

Club Officers and contact details

President—Diane Ford

president@tamworthfirstlight.org.au

Secretary—Vicki Cooper

secretary@tamworthfirstlight.org.au

Other Clubs meet:

Monday

Tuesday

Wednesday

Friday

Tamworth West, West Tamworth Bowling Club, 6:30pm

Tamworth Rotary Club, Service Club, 6:15pm

Tamworth on Peel, Calala Inn, 6:30pm

Tamworth Sunrise, Sanctuary Inn, 7:am