

From the desk



Rotary  Club of Tamworth
First Light **Bulletin**



Rotary   Be a gift
to the world

Wednesday, 22 July, 2015

Meeting # 1269

Quote of the Week

Never in the field of human conflict
was so much owed by so many, to so few

- Winston Churchill

- The British celebrate the 75th Anniversary of the Battle of Britain

From The Desk

Charles Impey gave a great update on the Tamworth Adventure Playground and even thanked us in anticipation of our support and help in working on the “Great Big Back Yard Blitz” carried out over six (6) working days from Tuesday, 26 July to Sunday, 2 August.

If you have any spare time during this event, Charles and his team would really appreciate your help. We will send out the details for registration again to assist you.

Welcome back Chris Watson and congratulations to you and Gemma on the birth of your daughter, Charlotte.

Cheers...

PP John Treloar



John Treloar back in the Chair once more



**Graeme Kruger presenting his vision
for the Club before departing to
South Africa till end of August**

NOTES

Vicky Cooper is joining the Rotary Club of Maroochydore and is feeling quite settled in sunny Queensland

Membership – Laurie Hearne reminded us that this is “Club” month which means “Membership” (more later) and reminded us that prospective members bring new ideas into a Club and he would be delighted to receive some new names from our current membership....

Friends of the beloved Rotary Club,

My name is Toru Mori, and I am a member of the Ogawara Rotary Club of the 2520th district in Japan. I have introduced the activities of the executive committee for “The Nobel Peace Prize for Article 9 of the Japanese Constitution” that began with a proposal from a housewife in Japan. I have also presented a letter requesting your sincere support for these activities.

After defeat in World War II, my homeland enacted the Constitution of Japan, which is commonly called a peace constitution as a reflection on the aforementioned conflict. Article 9 of our constitution states, “Aspiring sincerely to an international peace based on justice and order, the Japanese people forever renounce war as a sovereign right of the nation and the threat or use of force as means of settling international disputes.” Japan has never utilized force of arms over the past 68 years up to the present and has never taken a single human life. I firmly believe that this fact is worthy of the Nobel Peace Prize; thus, I am supporting the executive committee’s actions. If the Nobel Peace Prize were essentially to be awarded to Japan, I believe it would certainly contribute significantly toward the promotion of world peace, which is also a goal of the Rotary Club.

I would like to express my sincerest hopes that you can lend your understanding and support to the ideals of Article 9 of the Constitution of Japan and to the activities of the executive committee for “The Nobel Peace Prize for Article 9 of the Japanese Constitution.”

Details regarding the executive committee’s activities are provided in the following URL: <http://chn.ge/1bU0pay>, and you can sign our petition at same URL.



Morning has broken over the majestic Mt. Fuji

森 徹

From: Toru Mori, 9-7 Sumiyoshi-Cho, Ogawara-Mati Shibata Miyagi, 989-1213 Japan
(An interesting concept – a whole country nominated for the Nobel Peace Prize)

A ROTARY QUIZ which the Sergeant will appreciate – When you joined Rotary

1. Who was the International President?
2. Who was the District Governor for that year?
3. What was the theme for that year – could be two?
4. Who invited you to join?
5. Why did you accept?

Not in the quiz – just curious

6. How many friends / business acquaintances have you invited to join Rotary?

NOTES continue



Ronald McDonald House Tamworth
Applications now open for
VOLUNTEERS
Particularly weekend and evening shifts.
For a full information pack please call 6767 8900 or email chrisw@rmhnnsw.org.au

MOVING BREAKFAST VENUE FROM WEDNESDAY 29 JULY 2015

If you are not attending this meeting and wish to vote, please email

Helen Tickle at h.tickle@tamworth.nsw.gov.au

I have approached 14 venues in Tamworth and received some quotes.

My preference is The Longyard Golf Course Restaurant for good parking, good access (ramp), well trained staff (Lyn from the Powerhouse) clean fresh surrounds, willingness to oblige.

Thank you to everyone for your input. Val.

Choices.

1. Quality Powerhouse. Cost \$36 + \$2 = \$38 each week

2 All Settlers – Gregory’s. Cost \$25 + \$2 = \$27 each week

3. Longyard Golf. Cost \$18 + \$2 = \$20 each week

Some other establishments have shown interest but have not supplied quotes as yet.

Currently we are paying \$23 per head + \$150 (to rise to \$300) at the Frog and Toad.

We do not wish to loose members or restrict members or discourage new members by having weekly high costs.

Please think carefully before voting. This situation was discussed at the Board Meeting and it was decided to gain quotes and have members vote at this meeting.

A booking has been made for **the Christmas Party for Wednesday, 25th November 2015 at TAFE “Futures” for dinner at \$30 per person**

DATES TO REMEMBER **IN YOUR DIARIES**



2015

Tuesday 28 July to Sunday 2 August - Tamworth Children's Adventure Playground Build Dates

Sunday, 2 – Friday, 7 August - celebrating 25 years - Gold Coast Golf Classic

Wednesday, 2 September – DG Maurie & De Stack's visit

Monday, 5 October – Public Holiday

Wednesday, 7 October – Australian Rotary Health Hat Day

Saturday, 10 October – Westpac Rescue Helicopter Service Altitude 40 Fundraiser – see Helen Tickle

Sunday, 11 October - Pedal the Peel – volunteers needed, see Terry Robinson.

Weekend 17 / 18 October – Rotary Muster

2016

Saturday, 18 June First Light Changeover

15 – 17 April – District Conference

AIN'T THIS THE TRUTH

A teenage boy had just passed his driving test and inquired of his father as to when they could discuss his use of the car.

His father said he'd make a deal with his son: 'You bring your grades up from a C to a B average, study your Bible a little, and get your hair cut. Then we'll talk about the car.'

The boy thought about that for a moment, decided he'd settle for the offer, and they agreed on it.

After about six weeks his father said, 'Son, you've brought your grades up and I've observed that you have been studying your Bible, but I'm disappointed you haven't had your hair cut.

The boy said, 'You know, Dad, I've been thinking about that, and I've noticed in my studies of the Bible that Samson had long hair, John the Baptist had long hair, Moses had long hair and there's even strong evidence that Jesus had long hair.'

To this his father replied, 'Did you also notice they walked everywhere they went?'

ROTARY HAS A “CHALLENGE” FOR EACH MONTH – THIS IS “CLUB” MONTH

Our President felt we should look at different aspects of our Club’s “Policy and Practice” Manual as a reminder to longer standing members and ensuring that newer members are aware of this Manual. One of the most important items for any Club is “MEETINGS & FINANCE” so this will be our last article with a special item for the last week of “CLUB” Month:

MEETINGS

- **FIRST TIME GUEST TO MEETING IS FREE**

On the occasion when a Member brings a Guest to a meeting and it is the Guest’s first attendance at a First Light Rotary Club meeting, then that Guest is exempt from payment of the meeting fee.

- **MEAL COSTS – FRIENDSHIP EXCHANGE**

If this Club hosts a dinner for a visiting Friendship Exchange Group, the meal cost for the entire Group, including local Guides and Coach Captains, will be subsidised by the Club by 100% and the subsidised cost will be recouped from the meal tickets sold.

- **DINNER BADGES**

Members’ badges shall be gold discs with black lettering.

Partners’ badges shall be a smaller disc than Members, white with black lettering.

FINANCE

- **FINES GO TO ROTARY FOUNDATION**

It is the policy of this Club that all fine monies raised shall be donated to the Rotary Foundation.

- **REIMBURSEMENT OF EXPENSES**

Any Member of the Club, who is authorised by the Board or the President, shall be reimbursed reasonable expenses associated with attending to business of the Club, subject to the following exclusions:-

- i) Partners costs
- ii) District 9650 Conferences and Training Sessions
- iii) Insurance costs such as insurance Excess costs in the event of an accident (District 9650 Insurance should be used in first instance)
- iv) Lost or stolen property
- v) Missed flights creating a loss of income
- vi) Dinner makeup costs.

Reasonable costs may include:-

- i) Motor vehicle costs, fuel only
- ii) Air fares, economy only
- iii) Telephone calls
- iv) Accommodation and meals
- v) Attending Sister Club Functions and Conferences.

For the Cricket Fans Amongst us

- "Not all is lost. Australia still has world class spinners. There's the red back, the funnel web..."
- "What do you call an Aussie holding a six inch urn above his head? The England bowling coach!"
- "What do you call a world-class Australian cricketer? Retired."
- "What's the Australian version of LBW? Lost, Beaten and Walloped."
- What do you call an Australian who can hold a catch? A fisherman."
- "What is the difference between Cinderella and the Aussies? Cinderella knew when to leave the ball."

GROUP STUDY EXCHANGE 2015 / 2016 WITH DISTRICT 1890 NORTH GERMANY

TIME FRAME Inbound Team will arrive 02.04.2016 and depart 30.04.2016
Outbound team will depart 19.05.2016 and return 17.06.2016

THE TEAM consists of a Rotarian Team Leader and four (4) team members (more about the team members later)

WHERE – D1890 North Germany – the District runs from Hamburg north up to the border of Denmark with the North Sea on the west and the Baltic Sea on the east covering the provinces of Schleswig-Holstein, Hamburg and part of Lower Saxony to the south.

PURPOSE – a unique cultural and vocational exchange for young business and professional people at the start of their professional lives and covers a period of four (4) weeks staying with Rotarians where possible.

Team Leader Criteria as follows:

- Must be an experienced Rotarian
- Not be a current District Governor, immediate past DG or DG Elect
- Remain with the team for the duration of the Exchange
- Be willing and able, physically and mentally, to keep up to the pace of a GSE
- Not be accompanied on the exchange by a spouse, companion, or other relatives or dependents.

The ideal Team Leader – we offer the following suggestions

- Possess outstanding communication skills
- Makes an effort to have a few pertinent phrase of greeting and similar in order to communicate in the major language of the host District in this case – German
- Have presentation and public speaking skills and is able to help the team prepare for presentations at Rotary Clubs
- Has the ability to imbue a team with a sense of mission
- Understands that this is not a holiday but an experience or a lifetime.

Team Leader Applicants will be required to give both a written and ten (10) minute verbal outline on how they will prepare the team they will be leading.

Cost – The Rotary Foundation no longer supports this program. Depending on airfares and other essentials the full team will be required to pay Aus\$1,500 and the relevant Club an additional \$500 approx for economy airfares. This does not include out of pocket expenses whilst away.

For further information - please speak initially to either PDG Jane Bradford or AG Phil Lyon

Application for Team Leader forms can be found on site www.rotary9650.org.au.

Please forward to
D96540 GSE Chairman

Alan St Clair

443 Toms Gully Road

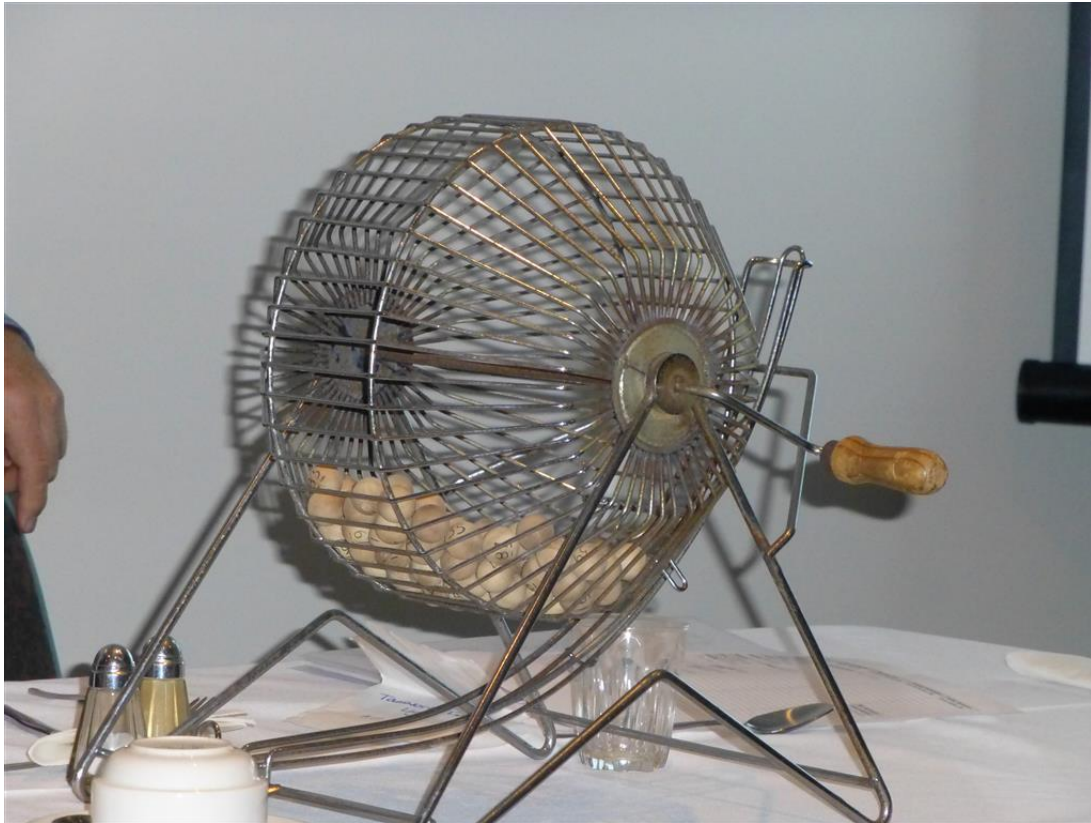
BLACK MOUNTAIN NSW 2365 (Applications close 31.08.2015)

(final time)



Be a gift
to the world

HOW TO PLAY!



Face handle towards you and turn handle clockwise **slowly** to release one numbered ball.



The Men's Table – surely this should elicit a fine from the Sergeant every week??

Guest Speaker Charles Impey providing the latest update on the Adventure Playground – the biggest **Volunteer build in NSW** at the present time.

Charles is like the Pied Piper – his absolute enthusiasm for this Children’s Playground makes you want to follow so...

Members – I will forward the registration forms and details sent earlier to make it easier for you to register.

Times and details where help is really needed will be included in this Bulletin. Editor



Steve Hawkins thanking Charles Impey



Tom Hellmann attending to the Top Table needs



Brodie Shields an update from the last Board Meeting

GUEST SPEAKER – CHARLES IMPEY - TOPIC TAMWORTH ADVENTURE PLAYGROUND

The big build has begun!!! Earth works have started from the lower end to create a 1.14 gradient and will be ready for the enthusiastic volunteers to begin on Tuesday, 28 July to complete on Sunday, 2 August. It has taken six (6) years to arrive at this point and will be the biggest volunteer build in the State – actually creating history – **our Club members need to be part of this build so you can tell your children / grandchildren all about your involvement in this unique Event.**

We have two playgrounds being built in Tamworth at present – one is for the older children through Tamworth Regional Council and this Adventure Playground is for younger children and families aged 1 – 10 years.

Once these playgrounds are completed, we should see a drop in crime as children will have exciting new games to participate in and parents will need to tempt their children to leave their computer games and learn to play outside.

We need family involvement, children with disabilities to feel safe, children from McDonald House to be able to exercise and play and recover in the new playground. Tamworth Regional Council will provide special padded rubber matting which means children in wheelchairs will be able to move around freely within the grounds.

The Committee has raised over \$940,000 over the past six years including \$500,000 from Tamworth Regional Council to bring this Adventure Playground to life. A wonderful team of committed volunteers have been involved since inception. Upon completion, the Adventure Playground Committee members will become part of the Committee of Volunteers who will maintain the Playground into the future..... It is hope to officially open the Tamworth Adventure Playground to the public on Sunday, 9 August 2015.

To follow the **Pied Piper the information you need is below:**

- Register online at www.tamworthadventureplayground.com
- Visit the registration office at the Darling Street Community Centre between 3pm and 6pm on Thursdays
- Veronica Filby Project Volunteer Coordinator - Phone: 0427 000 63
- Like Us Tamworth Adventure Playground on Facebook

We are seeking **volunteers for evening shifts, 5pm to 9pm and additionally on Wednesday, Friday and Saturday throughout the day, shifts are**

Mornings	7:30am to midday
Afternoons	Noon to 5:00pm
Evenings	5:00pm – 9:00pm

TAMWORTH MAGPIES RUGBY 2015 BAR, GATE AND CANTEEN

Saturday 25th July 2015 Tamworth Vs Narrabri MAIN BAR

1.00 – 2.00 Rob Clifton XXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXXXXXXXXX

2.00 – 4.00 Michael O'Connor John Treloar

4.00 – 6.00 Dave Baddams Brian Logan

TOP BAR

1.00 – 3.00 Paul Stevenson XXXXXXXXXXXXXXXXXXXXXXXX
XXXXXXXXXX
XXXXXXXXXXXXXXXXXXXXXXXXXX
XXXXXXXXXX

3.00 – 5.30

GATE

11.30 – 1.00 Maureen Thornton

1.00 – 2.30 John Fogarty Peter Hyde

2.30 – 4.00 Peter Pulley

CANTEEN

11.30 – 1.30 Sue O'Connor

1.30 – 3.00 Simon Louise Mathews Helen Tickle
Chamberlain

3.00 – 5.00 Anne Jacob Helen Tickle XXXXXXXXXXXXXXXXXXXX

Please contact Helen Tickle – helen.tickle@bigpond.com if you can help next Saturday

RCTFL Member Allocation 2015 2016

President: Graeme Kruger **Secretary:** Brodie Shields **Treasurer:** Michael Smith

President Elect: Terry Robinson

Club Admin	Service Projects	Membership	Rotary Foundation	Public Relations
Valerie Hellmann (B)	Helen Tickle (B)	Laurence Hearne (B)	Phil Heffernan (B)	Brett White (B)
Dennis Maunder		Ron Allen	Philip Lyon	Graham Dooley
Lesley Hood	Community Service	Robert Clifton	James Treloar	Chris Watson
John Worldon	Max Cathcart (C)	Deb Barnes	Michael O'Connor	Ross Lobsey
Jenny Jackson	John Treloar		Julian Smith	
Narelle Langfield	Peter Bell		Maureen Thornton	
Dennis Johnson	Tim Coates		Dick Davison	
	Brian Thompson			
	Jim Raymond			
	Peter Ryan			
Sergeant	Youth			
Simon Chamberlain	Paul Stevenson (C)			NE Outreach/
Bulletin	Sue O'Connor			International
Jane Bradford				Diane Ford (C)
Program				Rob Sharp
Ian Howle				David Baddams
Welfare				Tom Hellmann
David Rogerson	RYAG Equine			John Toulmin
Historian	Barry Biffin			DJ Jones
Terry Burgess				Graham Nuttall
Web	RYLA			
Bruce Hemmett	Louise Matthews			
Catering	Peter Hyde			
Brian Logan (C)				
John Glynn	Vocational			
Richard Walker	David Hinwood (C)			
Richard Hardwick	Brian Yeo			
Les Jacob	Phil Penman			
Attendance Officer	Peter Pulley			
Brodie Shields	John Fogarty			
	Science & Eng			
	Steve Massey (C)			
	Steve Hawkins			
	Phil Heffernan			
	Jane Bradford			
	Anne Jacob			
	Pedal The Peel			
	Terry Robinson (C)			
	Louise Matthews			
	Brett White			
	Graeme Kruger			
	Phil Heffernan			
	Richard Walker			

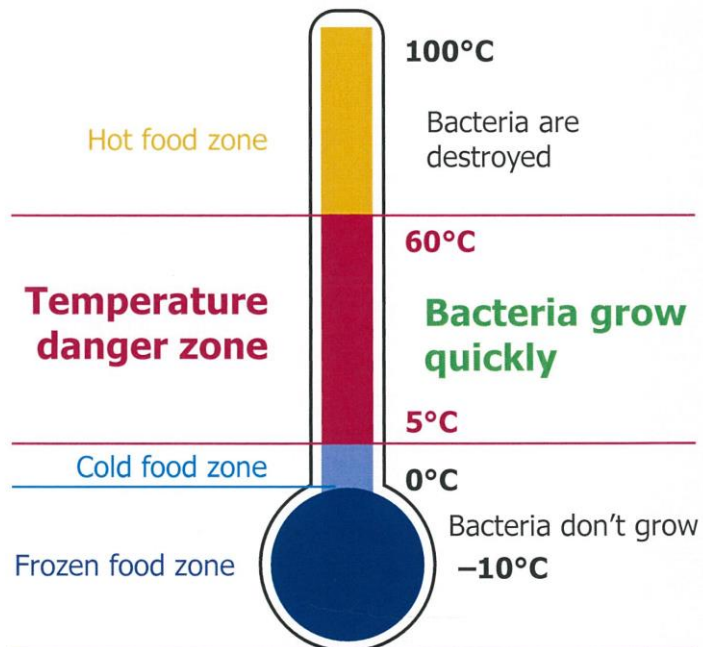
B = Board and C = Committee Chair



Temperature danger zone



- The temperature danger zone is between 5°C and 60°C, when it is easiest for harmful bacteria to grow in food
- Minimise the time that food spends at these temperatures in order to keep food safe
- Refrigerated food needs to be kept at 5°C or below
- Hot food needs to be kept at 60°C or above



4-hour/2-hour rule

If a refrigerated food (eg dairy, cut fruit, sandwiches, salad) or a hot food (eg casserole, pie, lasagne, meatballs) has been in the temperature danger zone for a total time of:



If you intend to use the 4-hour/2-hour rule you will need to demonstrate that the food is safe. See the guideline on the 4-hour/2-hour rule on the Authority's website.

Most food poisoning episodes happen in the home – however when catering at different events, – we should also be aware of the above information when liaising with members of the public -

PRESIDENT ASSIST

To ensure members who are rostered for the duties of, Meeter and Greeter, Door, Visitor Assist, Welcome to our Members & Guests, Introduction of the Guest Speaker(s) and Vote of Thanks are present and if they are not to find a replacement and ensure those people's names are updated on the President's Running Sheet. Select the Table Order (after the head table).

Need to be in attendance by 6.30 am

DOOR TEAM

To record the attendance of our members and guests, collect meeting dues, and if possible balance the cash float i.e. monies paid = money received.

Need to be in attendance at 6.30 am

MEETER & GREETER

To meet & greet our members & welcome guests to our Club at the top of the stairs and to hand name badges to members. Also ensure any guests of members or visiting Rotarians are introduced to the Visitor Assist to ensure they are made feel welcome.

Need to be in attendance at 6.30 am

VISITOR ASSIST

To ensure any visitors to the Club are felt welcome by introducing yourself to them and other members and guests of our Club. To also include them in fellowship before and if necessary make sure they are included with several members for breakfast and are not left on their own.

Need to be in attendance from 6.30 am

WELCOME

To publicly welcome our Members & Guests (following the introduction) to our meeting when called upon by the President or his/her substitute.

Need to be in attendance by 6.50 am (or earlier)

INTRODUCTION

To make yourself known to our Guest Speaker/s, assist them to the head table and sit with them. During breakfast find out some information about the guest speaker which will assist you in your introduction.

VOTE OF THANKS

To move a vote of thanks to our guest speaker, and present a little thank you gift (ensure you have it before the meeting commences and take notes during their presentation to ensure your thank you is informed).

CORPORALS

To assist the Sergeant by putting out all Club Property and putting away at the conclusion of the meeting. Need to be in attendance by 6:30 am.

CORPORAL ASSIST

To assist the Sergeant, by putting away all Club Property at the conclusion of the meeting if the Corporals are unable to do so.

Meeting Roster	Wednesday, 22 July	Wednesday, 29 July	
Guest Speaker	Bryan Singh	John Fogarty plus Friends	
Topic	Nioka	“Cycling”	
Door Team	Jim Raymond Maureen Thornton	Brian Thompson Paul Stevenson	
Meeter & Greeter	John Toulmin	Peter Bell	
Welcome	David Baddams MBE	Max Cathcart	
President Assist	Deb Barnes	Dennis Johnson	
Visitor Assist	Graham Dooley	Peter Pulley	
Corporal Assist	Phil Heffernan	Michael O’Connor	
Introduction	Terry Burgess	Louise Matthews	
Vote of Thanks	Peter Hyde	Ron Allen	
Post Office Raffle Roster			
24 July	31 July	7 August	14 August
Michael O’Connor Helen Tickle	Helen Tickle Phil Penman	Phil Penman Brian Thompson	Brian Thompson Sue O’Connor
21 August	28 August	4 September	11 September
Sue O’Connor Peter Pulley	Peter Pulley Maureen Thornton	Maureen Thornton Graham Dooley	Graham Dooley David Hinwood
Corporals for July		Corporals for August	
Steve Massey and Peter Ryan		Terry Robinson and Brett White	
Birthdays, Anniversaries and Inductions			
Members Birthdays	Terry Burgess (7/27)		
Partners Birthdays	Jo Baddams (26/07)		
Anniversaries	Nil		
Club Induction	Alan Coates OAM (20 years) : Graham Dooley (19 years) : Tom Hellmann (2 years)		
Stats for last meeting			
Attendance	70%		
Make-Ups	Nil		
Visiting Rotarians	Nil		
Visitors	Nil		
Heads & Tails	Tom Hellmann		
Raffle	Skinner		

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good
We thank Thee for our daily food
May Rotary Friends and Rotary ways
Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Tamworth—First Light

Meets Wednesday morning,
6:30 for 7:00 am at
Frog & Toad Function Centre
236 Goonoo Goonoo Rd
TAMWORTH NSW 2340
Phone: 6765 7022

Club Officers and contact details

President—Graeme Kruger

president@tamworthfirstlight.org.au

Secretary—Brodie Shields

secretary@tamworthfirstlight.org.au

Other Clubs meet:

Monday
Tuesday
Wednesday
Friday

Tamworth West, West Tamworth Bowling Club, 6:30pm
Tamworth Rotary Club, Service Club, 6:15pm
Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm
Tamworth Sunrise, Sanctuary Inn, 7:am