



# **Bulletin**





# DATES TO REMEMBER IN YOUR DIARIES



#### 2015

Wednesday, 2 September – DG Maurie & De Stack's visit
Weekend 26 / 27 September – Dungowan Draft Weekend – see Ron Allan

Wednesday, 7 October – Australian Rotary Health Hat Day
Saturday, 10 October – Westpac Rescue Helicopter Service Altitude 40 Fundraiser – see Helen Tickle
Sunday, 11 October – Pedal the Peel – volunteers needed, see Terry Robinson or Brett White
Weekend 17 / 18 October – Rotary Muster
Wednesday, 25 November – TAFE "Futures" – Christmas Party

### 2016

**Saturday, 18 June** First Light Changeover – Wests Diggers **15 – 17 April** – District Conference – Taree

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Answers to the quiz below will be asked by our Sergeant and will continue over a period of weeks – don't forget your homework!!!

# A ROTARY QUIZ which the Sergeant will appreciate – When you joined Rotary

- 1. Who was the International President?
- 2. Who was the District Governor for that year?
- 3. What was the theme for that year could be two?
- 4. Who invited you to join?
- 5. Why did you accept?

Not in the quiz – just curious

6. How many friends / business acquaintances have you invited to join Rotary?

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# **HOW TO HANDLE "STRESS"**

Handle every stressful situation like a dog.

If you can't eat it or play with it then

pee on it and walk away.



# Wednesday, 19 August, 2015 Meeting # 1273

**Quote of the Week** 

"You can do anything, but not everything".

David Allen

### From The Desk

It was great to be at Wests Diggers for my first meeting there after being away on the 25<sup>th</sup> Anniversary Gold Coast Golf Classic with six other members of the Club. Terry Burgess advises me that over \$18,600 was raised during the trip. Well done!

Our Club awarded Mark Hyde a Paul Harris Fellow for his ongoing contribution to the Gold Coast Golf Classic. Mark has been a wonderful supporter, sponsor and contributor to this event for the past 22 years and the Golf Committee recommended this award to PP Di Ford and her Board. PP Phil Penman did a great job in representing Di when making the presentation. Congratulations Mark.

John Sharkey delivered a very informative session on the U3A, its ideals, its charter and touched on some of the topics presented to its members. From the discussion after the meeting I have a sneaking suspicion that several of our Rotary members will become members of the U3A.

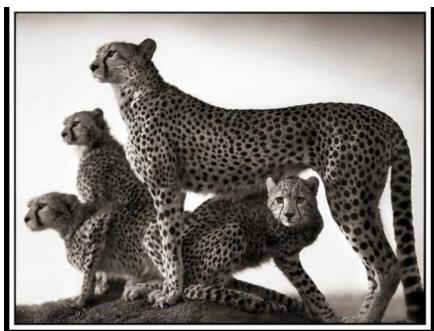
It was great to see three visitors at our meeting this morning. I encourage everyone of us to bring along just one person to Rotary this year, that person might just be waiting to be invited, then who knows what might happen.

Until next week

**PP John Treloar** 

Graeme.....

Time to come home – the Cheetahs are searching for a meal.....







# NOTES

- ➤ **Reminder to members** please consider joining West and West Diggers (same fee) \$12 pa and \$7 pa for pensioners. Any questions, please don't hesitate to contact any of the board members.
- ➤ 25<sup>th</sup> Anniversary of the Gold Coast Golf Classic extremely successful week away Funds raised \$18,600 CONGRATULATIONS TO THE GOLFERS what an achievement and somewhere amongst this fund raising they even played some GOLF!
- ➤ **Hal Burke (Tamworth Club)** a strong supporter of our golfing trips sadly had a hiccup whilst away and is under the surgeon's knife in Newcastle for bypass surgery we wish him a very speedy recovery.
- > Tamworth Dramatic Society presents 'Allo 'Allo!' Opening Night is Friday, 28
  August at 7:00pm for Bubbles and Nibbles and part funds raised will go to the
  Serendipity Committee please support....
- ➤ **Dungowan Drafting Weekend is on 26 / 27 September** Volunteers will be appreciated please see **Ron Allen** if you can assist him that weekend.
- ➤ Editor's Apology re birthdays Dennis Maunder and Trudy White both had their birthdays in the Bulletin for the previous week The Editor mistimed the dates sorry!

# **BREAKING NEWS (Thank you Sunrise!)**

Ian Riseley (Juliet) from Melbourne has been selected as Rotary International President for 2017-18. Ian will be Australia's fifth International President to continue the wonderful legacies of Angas Mitchell (1948-49), Clem Renouf (1978-79), Royce Abbey (1988-89) and Glen Kinross (1997-98). ......Congratulations to Ian......

Phil Penman announcing that Mark Hyde a 22 year supporter of the Gold Coast Golf Trip has been recognised as a Paul Harris Fellow.







# GUEST SPEAKER - John Sharkey - introduced by Anne Jacob



What Is U3A? It is the University of the Third Age and is a world-wide movement where retired people in their "Third Age" of active retirement after childhood and employment – from all walks of life, get together to teach and learn from each other.

U3A started in France at the Faculty of Social Sciences in Toulouse in 1973 and in France is mostly associated with a local university.

U3A reached England in 1980 and became more a self-help organisation. U3a commenced in Melbourne in 1984 and from that beginning it has developed into 250+ U3A's with over 86,000 members in Australia.

U3A Tamworth was formed in mid-2008 and conducts its courses in line with each school term and currently has 250+ members.

### What are the benefits for seniors by belonging to U3A?

- It is important to maintain our physical and mental health mental stimulation can contribute to good health and wellbeing
- U3A keeps seniors active, mentally alert and involved in the community
- > U3A provides social opportunities of meeting and making new friends and makes newcomers to the city feel welcome and part of the community

# What type of classes are available in Tamworth's U3A?

- All classes are run by retired people in a friendly, social atmosphere
- Course Leaders utilise their knowledge and experience to teach others no exams, no certificates
- Sessions are generally 1.5 to 2 hours duration with a break in the middle
- ➤ Up to the individual how many courses you participate in can attend two sessions each day or just one session a week your choice
- Computer courses are proving particularly popular as we try to keep up with the grand children
- English history has been running since 2011 with 20 / 25 attendees
- > TED Talks have proved incredibly popular with 25 / 30 attendees great intellectual stimulation
- ➤ U3A also has "short talks" once a month about an hour's duration then discussion about the "talk"
- ➤ U3A usually has a field trip once a term such as ABC Studios, Film & Sound Archives, Westdale Treatment facility these visits are usually followed by a light lunch for fellowship
- A Newsletter is produced at the beginning of each term
- Enrolments for Courses are also held on the Term Launch Days
- Membership is \$40 per person annually

### Where are these groups / sessions held?

Currently we do not have a specific home – we have sessions at the Tamworth Community College, the University Centre, the City Library, private homes and at the beginning of each term we meet at the Tamworth Community Centre. (U3A would love our own centre so that everything operates at the one venue so if anyone can suggest a venue we would be interested.....)

- Q Can we make suggestions for a specific subject and who would teach it?
- A You would teach it with help from either a Committee member or from anyone else interested in that subject





Thanked by Julian Smith

#### Love the Irish

Paddy was driving down the street in a sweat because he had an important meeting and couldn't find a parking place. Looking up to heaven he said, 'Lord take pity on me. If you find me a parking place I will go to Mass every Sunday for the rest of me life and give up me Irish Whiskey!'

'Miraculously, a parking place appeared. Paddy looked up again and said, 'Never mind, I found one.'

# Paddy was in New York

He was patiently waiting and watching the traffic cop on a busy street crossing. The cop stopped the flow of traffic and shouted, 'Okay, pedestrians.' Then he'd allow the traffic to pass.

He'd done this several times, and Paddy still stood on the sidewalk.

After the cop had shouted, 'Pedestrians!' for the tenth time, Paddy went over to him and said, 'Is it not about time ye let the Catholics across?



Remind you of Africa?





### ROTARY HAS A "CHALLENGE" FOR EACH MONTH - MEMBERSHIP - EXTENSION

# Why did you join Rotary?

These are examples from around the world courtesy of **Rotary Down Under** August edition and seemed an appropriate way to fill in the last two weeks of August Membership – Extension and possibly help members with our Club's **Why did you join Rotary Quiz**.

I joined to make a difference in my community. I've stayed because I am. Heather R Klein (RC of Alleghany County, NC, USA)

I joined Rotary to be a part of our collective humanitarian projects and I have stayed because of the joy on the faces of beneficiaries each time we solve a need.

Chibuzo Hilary Asogwa (RC of Ekulu, Nigeria)

As a disabled couple who are both Rotarians, we knew that our fellow Rotarians would see us as people, not disabled people, and would welcome our input into the community. And so it has proved for the last 10+ years!

David Shaw (RC of Thornton-Cleveleys, England)

I joined Rotary after having been involved in a post tsunami project in Sri Lanka in 2005. This was the first contact I had had with a Rotary Club and I was so impressed by the dedication of its members in their efforts to help others that I immediately applied to join my club in Stockholm when I arrived back in Sweden.

Nicholas Thompson (RC of Stockholm International, Sweden

I had a desire to give back to my community and the world. My father was a Rotarian so I knew a bit about it. That was about nine years ago. I think what keeps me there is the friendships, not only with people in my local club, but with Rotarians I've met from around the world.

Elizabeth Cohoe (RC of Cataraquí-Kingston, Ont Canada)

Making friends, travel and self-development attracted me to Rotaract. After a successful decade with Rotaract, I graduated to be a Rotarian. The bonding with Rotary family and the way projects are executed to benefit society at large helped me to ascend to be a Rotarian.

Saket Gadkari (RC of Thane Hills, India)



#### FOOD FOR THOUGHT....

An economics professor at a local college made a statement that he had never failed a single student before, but had recently failed an entire class.

That class had insisted that socialism worked well since no one would be poor and no one would be rich, thus providing a great equalizer.

The professor then said, "OK, we will have an experiment in this class on the Socialist plan"....

All grades will be averaged and everyone will receive the same grade so no one will fail and no one will receive an "A"....

(substituting grades for dollars - something closer to home and more readily understood by all)

After the first test, the grades were averaged and everyone got a "B".

The students who studied hard were upset and the students who studied little were happy.

As the second test rolled around, the students who studied little had studied even less and the ones who studied hard decided they wanted a free ride too so they likewise studied little. The second test average was a "D"! No one was happy.

When the third test rolled around, the average was an "F".

As the tests proceeded, the scores never increased as bickering, blame and name-calling all resulted in hard feelings and no one was motivated to study for the benefit of anyone else.

To their great surprise, **ALL FAILED** and the professor told them that socialism would also ultimately fail because when the reward (and risk) is great, the effort to succeed is great, but when government takes all the reward away, no one will work really hard to succeed.

#### Therefore:

- 1. You cannot legislate the poor into prosperity by legislating the wealthy out of prosperity.
- 2. What one person receives without working for, another person must work for without receiving.
- 3. The government cannot give to anybody anything that the government does not first take from somebody else.
- 4. You cannot multiply wealth by dividing it!
- 5. When half of the people get the idea that they do not have to work because the other half is going to take care of them, and when the other half gets the idea that it does no good to work because somebody else is going to get what they work for, that is the beginning of the end of any nation.

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# "TIPS FOR SMARTER FUNDRAISING"

By Evan Burrell, a member of the Rotary Club of Turramurra, New South Wales, From Rotary Voices Posted on May 11, 2015

# Use online crowdfunding sites

Rotary clubs generally underutilize social media to raise funds. Sites like Gofundme, Kickstarter, Indiegogo, and Rotary Ideas get instant donations for your cause. Yu can use the built-in features to share it on social media. Just look at how much has been raised in a short period of time for victims of the Nepal earthquake.

# **Share YOUR story**

If you want people to donate, you need to give them a reason why. People need to hear about the amazing things Rotary has done, and how Rotary has impacted you. Take polio, for example. Many people in the west don't have any firsthand experience with the effects of polio, because the region has been polio-free for some time. So we need to continue to personalize the campaign. Relay how polio has personally touched you or someone in your family, such as a parent or grandparent.

# Put it into perspective

When people donate, you need to thank them and tell them where the donation is going. For example "That \$150 donation you gave just funded hundreds of lifesaving polio vaccines." For the cost of a cup of coffee, you can save 40 lives from polio.

# Brainstorm ideas and events!

Be creative and think of things that can involve everyone in your club and make a memorable campaign. Try a barbecue cook-off, cake bake, a roller skating marathon, or organize a Rotary family sports game and donate the proceeds to your cause. Stand out by setting a theme to your event, Maybe you can have a combined district dinner incorporating costumes. If people are having fun, they are more likely to donate.

### **Build awareness:**

Promoting your event is a huge part of any fundraiser. If you want people to attend, and more importantly give money, you need to tell them about your event. It is as simple as that! Think about your audience and where you can reach them. Attend other club meetings, district events, use social media, and put ads in the local press or even on television if you are running a large enough event.

# Don't forget your call to action

People want to help, but they need reminders. After nearly every speaking engagement or social media post, include a call to action. These can include things like "Tell your friends," "share this," "spread the word," "get your early-bird event tickets," etc.

# To GOD from the Dog

- Is it on purpose our names are the same only reversed?
- Why do humans smell the flowers, but seldom, if ever, smell one another?
- When we get to heaven, can we sit on your couch? Or is it the same old story?
- Why are there cars named after the jaguar, the cougar, the mustang, the colt, the stingray and the rabbit but not ONE named for a DOG? How often to you see a cougar riding around? Dogs love a nice ride would it be so hard to rename the Chrysler Eagle the Chrysler BEAGLE?
- When I get to heaven, please could I have my testicles back?



### PRESIDENT ASSIST

To ensure members who are rostered for the duties of, Meeter and Greeter, Door, Visitor Assist, Welcome to our Members & Guests, Introduction of the Guest Speaker(s) and Vote of Thanks are present and if they are not to find a replacement and ensure those people's names are updated on the President's Running Sheet. Select the Table Order (after the head table).

Need to be in attendance by 6.30 am

### **DOOR TEAM**

To record the attendance of our members and guests, collect meeting dues, and if possible balance the cash float i.e. monies paid = money received.

Need to be in attendance at 6.30 am

### MEETER & GREETER

To meet & greet our members & welcome guests to our Club at the top of the stairs and to hand name badges to members. Also ensue any guests of members or visiting Rotarians are introduced to the Visitor Assist to ensure they are made feel welcome.

Need to be in attendance at 6.30 am

### VISITOR ASSIST

To ensure any visitors to the Club are felt welcome by introducing yourself to them and other members and guests of our Club. To also include them in fellowship before and if necessary make sure they are included with several members for breakfast and are not left on their own.

Need to be in attendance from 6.30 am

### WELCOME

To publicly welcome our Members & Guests (following the introduction) to our meeting when called upon by the President or his/her substitute.

Need to be in attendance by 6.50 am (or earlier)

### INTRODUCTION

To make yourself known to our Guest Speaker/s, assist them to the head table and sit with them. During breakfast find out some information about the guest speaker which will assist you in your introduction.

# **VOTE OF THANKS**

To move a vote of thanks to our guest speaker, and present a little thank you gift (ensure you have it before the meeting commences and take notes during their presentation to ensure your thank you is informed).

#### **CORPORALS**

To assist the Sergeant by putting out all Club Property and putting away at the conclusion of the meeting. Need to be in attendance by 6:30 am.

### CORPORAL ASSIST

To assist the Sergeant, by putting away all Club Property at the conclusion of the meeting if the Corporals are unable to do so.



Meeting Roster	Wednesday, 19 August			Wednesday, 26 August		
Guest Speaker	Phi	il Penman		Tim Coates		
Topic	Self	f-funded Retirees or ???		Community Development		
Door Team		phen Hawkins ice Hemmett		Deb Barnes Graham Dooley		
Meeter & Greeter	Rok	o Clifton		Diane Ford		
Welcome	Les	Jacob		Phil Heffernan		
President Assist	Dav	vid Rogerson		Peter Hyde		
Visitor Assist	Sue O'Connor			Jim Raymond		
Corporal Assist	John Worldon			Maureen Thornton		
Introduction	Brian Logan			Peter Bell		
Vote of Thanks	Dav	David Baddams		John Toulmin		
		Post Office F	Raffle Roste	r		
21 August		28 August	4 Se	eptember	11 September	
Sue O'Connor Peter Pulley		Peter Pulley Maureen Thornton	Maureen Thornton Graham Dooley		Graham Dooley David Hinwood	
18 September		25 September	2 October			
David Hinwood Jane Bradford		Jane Bradford Paul Stevenson	Paul Stevenson David Baddams		David Baddams Brian Logan	
Corporals for August		Corporals for September				
Terry Robinson and Brett White			Phil Penman and Chris Watson			
		Birthdays, Annivers	aries and In	ductions		
Members Birthdays	Pete	r Hyde <b>(25/08)</b>				
Partners Birthdays	Margaret Lyon (21/08)					
Anniversaries	Richard & Kerry Walker (21/08) 43 years: Max & Robyn Cathcart (22/08) 6 years					
Club Induction	Nil					
		Stats for la	st meeting			
Attendance	64%					
Make-Ups	Nil					
Visiting Rotarians	Nil					
Visitors	John Sharkey, Susie Stevenson, Reiko Izumi, Jonathon Beckett, Joe Townsend, Andrew Beer					
Heads & Tails	Max Cathcart					
Raffle	Ma	ureen Thornton				



# The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST. The development of acquaintance as an opportunity for service;
- SECOND. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

# **Rotary Grace**

O Lord and giver of all good We thank Thee for our daily food May Rotary Friends and Rotary ways Help us to serve Thee all our days

# The Four-Way Test

Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

# Tamworth—First Light

### **NEW VENUE**

Meets Wednesday morning, 6:30 for 7:00 am at

**Wests Diggers** 

Kable Avenue

TAMWORTH NSW 2340

Phone: 6766 4661

#### **Club Officers and contact details**

President—Graeme Kruger

president@tamworthfirstlight.org.au

Secretary—Brodie Shields

secretary@tamworthfirstlight.org.au

### Other Clubs meet:

Monday

Tuesday

Wednesday

Friday

Tamworth West, West Tamworth Bowling Club, 6:30pm

Tamworth Rotary Club, Service Club, 6:15pm

Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm

Tamworth Sunrise, Sanctuary Inn, 7:am

