

From the desk



Rotary  Club of Tamworth
First Light **Bulletin**



Rotary   Be a gift
to the world

DATES TO REMEMBER **IN YOUR DIARIES**



2015

Wednesday, 7 October – Australian Rotary Health **Hat Day**

Saturday, 10 October – Westpac Rescue Helicopter Service Altitude 40 Fundraiser – see Helen Tickle

Saturday, 10 October – Graffiti Removal Day

Sunday, 11 October – **Pedal the Peel – volunteers needed, see Terry Robinson or Brett White**

Weekend 17 / 18 October – Rotary District Muster

21 October – **Bridge of Spies Movie – Combined Rotary Clubs – End Polio Fund Raiser**

Wednesday, 25 November – TAFE “Futures” – Christmas Party

2016

Sat 2nd April – Sat 9th April 2016 - D9650 RYLA 2016 – see Louise Matthews

15 – 17 April – District Conference – Taree

Saturday, 18 June First Light Changeover – Wests Diggers

CONDOM FACTORY BURNS DOWN IN NEW ZEALAND :

Helen Clarke, Prime Minister of New Zulland, is awoken at 4am by the telephone.

Hillen, it's the Hilth Munister here. Sorry to bother you at this hour but there is an emergincy!! I've jst received word tht the Durex factory en Aucklind hes burned to the ground. It is istimated that the entire New Zulland supply of condoms will be gone by the ind of the week.

PM: Shut!! The economy wull niver be able to cope with all those unwanted babies. W'll be ruined.

Hilth Munister: We're going to hef to shup some in from Brutain?

PM: No chence. The Poms will have a field day on thus one.

Hilth Munister: What about Australia?

PM: I'll call Joolia Gizzard. Tell her we need one million condoms, ten enches long and eight enches thuck. That way they'll continue to respect the "all blacks".

Three days later a delighted Hillen rushes out to open the boxes that arrived at the Pist Office.

She finds one million condoms. 10 enches long, 8 enches thuck, all coloured green and gold with small writing on each one.

MADE IN AUSTRALIA - SIZE: MEDIUM

Ozzie Ozzie Ozzie Oi Oi OI!!!



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Wednesday, 30 September, 2015

Meeting # 1279

Quote of the Week

“Congratulations to Japan for achieving the biggest upset in world rugby to date by beating the Springboks” *Yours Truly*

From The Desk

Great meeting, and thanks to all who helped make it that! Ben Davies shared his life story with us and how he has ended up choosing Tamworth as his home. It was also good to see some of our intrepid travellers back with a few more expected back next week.

Thank you to all those members who gave me feedback about the Club Foundation. If you have not and would still like to, you have one more week to do so. Even if it's just a general comment, that's ok. It's this feedback that will give the panel and the board an indication of what the members want as far as the foundation goes.

There are also a few spare tickets for the Westpac Altitude Dinner on the 10 October – if you want to go please see Helen Tickle.

It's only two (2) weeks to the **Rotary Film Night Fundraiser for the End Polio Campaign** on Wednesday, 21 October 2015 showing the movie **“Bridge of Spies”**. Tickets will cost \$20 per person which will provide the ticket with a glass of wine, beer or soft drink. Clubs are to collect their own Members money to assist with the financial arrangements on the night - Tickets will be available shortly.

Graffiti Removal Day – this event is scheduled for Saturday, 18 October 2015 - , please encourage your friends and family to enter.

Graeme Kruger
Club President

Some thoughts to consider

- As we grow older, and hence wiser, we slowly realize that wearing a \$300.00 or \$30.00 watch, they both tell the same time...
- Whether we carry a \$300.00 or \$30.00 wallet/handbag, the amount of money inside is the same
- Whether we drink a bottle of \$30.00 or \$3.00 wine, the effect is the same
- Whether you fly first or economy class, if the plane goes down, you go down with it...

NOTES

- **Rotary Youth Leadership Award (RYLA)** – 02 - 09 April 2016 – please consider and assess which member of your staff could benefit from such an opportunity and contact Louise Matthews for further information
- **Pedal the Peel** – Banners for smaller sponsorships available at \$100 each – speak with Brett White, Terry Robinson for further information
- *Dobe Newton of the Academy of Country Music has asked the Combined Clubs of Tamworth to support a Musical Event during the upcoming Country Music Festival at Blazes. The tickets will be \$15 per person and will be gauging interest during the next few meetings*
- **End Polio Fundraiser movie** will be held on Monday, 21 October at Forum 6 Cinemas – Phil Lyon will provide more information shortly – **Please note in your diaries....**
- **Terry Burgess** still very shaken from his fall, lot of pain particularly in his shoulder. Brian Thompson felt a phone call / email from members would really cheer him up. To assist - Terry's phone numbers are 02 6761 3015 or 0419 467 002

HOW MOSES GOT THE 10 COMMANDMENTS

God went to the Arabs and said, 'I have Commandments for you that will make your lives better' The Arabs asked, 'What are Commandments?' The Lord said, 'They are rules for living.' 'Can you give us an example?' 'Thou shall not kill'. 'Not kill? We're not interested'

So He went to the Blacks and said, 'I have Commandments. The Blacks wanted an example, and the Lord said, 'Honour thy Father and Mother' 'Father!! We don't know who our fathers are - We're not interested.'

Then He went to the Mexicans and said, 'I have Commandments'. The Mexicans also wanted an example, and the Lord said 'Thou shall not steal.' 'Not steal? We're not interested.'

Then He went to the French and said, 'I have Commandments. 'The French too wanted an example and the Lord said, 'Thou shall not commit adultery.' 'Sacre bleu!!! Not commit adultery? We're not interested.'

Finally, He went to the Jews and said, 'I have Commandments'. 'Commandments?' They said, 'How much are they?' 'They are free' 'We'll take 10.....'

IDIOT SIGHTING

I live in a semi-rural area. We recently had a new neighbour call the Highways Department to request the removal of the 'DEER CROSSING' sign from our road.

The reason: 'Too many deer are being hit by cars on this stretch of road! I don't think this is a good place for them to be crossing, anymore.'

Story from Potters Bar, Hertfordshire.

GROUP STUDY EXCHANGE (GSE) TEAM MEMBERS FOR DISTRICT 1890 GERMANY

- **9 October: GSE Team member Applications close.**
- **31 October: GSE Team member initial interviews Tamworth.**

Four member team, aged between 25-40 years

GROUP STUDY EXCHANGE (GSE) INFORMATION

2015-2016 team member applications are still open until 9 October.

Team members should fit the following criteria:

- Aged between 25-40 at the time of application (male and female) **NOT** a current Rotarian nor a current Rotarian's spouse
- **CAN** be the child of a Rotarian or a grandchild (change from prior rules)
- **MUST** be employed for two (2) years in any recognised business or profession – full time preferred
- **MUST** work and live in District 9650 and be an Australian citizen

Application forms and further details are available on the District website in the Documents Library, under International Service or speak to **either AG Phil Lyon or Jane Bradford**

- **2 April 2016: GSE Team from German District 1890 arrive**
- **3-29 April 2016: District 1890 Team tour District 9650**
- **30 April 2016: GSE District 1890 Team depart**
- **19 May 2016: GSE team from District 9650 depart for District 1890 Hamburg Germany**
- **17 June 2016: GSE team returns from Hamburg to Australia**

In a Club our size, we must have an employee or two who would really benefit from such an opportunity – Members please consider!!

The sooner we have an applicant or more, the sooner we can begin to assist them with information about Rotary, about what to expect from the experience, the minimal costs involved (airfares), what being a team members is all about so they feel confident and comfortable when they are interviewed on the weekend of 31 October in Tamworth.

Our Team Leader for District 1890 Hamburg, Germany is Robin Norton from the RC of West Kempsey – congratulations Robin - interviews held last Saturday at Guyra.



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Serendipity

TAMWORTH

WELCOMES YOU TO A



“Wellness Day”

SATURDAY 10TH OCTOBER, 2015

10AM - 3PM COMMUNITY CENTRE, DARLING ST, TAMWORTH

Taking steps towards improving your Health & Wellbeing

SPEAKERS:

- 10.30am Look Good, Feel Better**
Margaret Rock
- 11am Healthy Mental Wellbeing**
Fiona Little
- 11.30am Importance of Exercise**
Andrew Mahony
- 12 noon Healthy Hearts**
Penny Milson
- 12.30pm General Financial Advice**
Ray Griffin
- 1.30pm University of Third Age**
John Sharkey
- 2pm Breast Cancer & Family History**
Melissa Buckman

INFORMATION STANDS:

- Look Good, Feel Better Workshop.
- Lioness Wig Library
- Breastscreen
- Cancer Council
- Sweet Secrets
- Tamworth Podiatry Centre
- Tamworth Conservatorium of Music
- De-Berns Mastectomy Collection
- 360 Fitness Club
- Healthwise
- Heart Foundation
- Tamworth Remedial Massage
- Urban Vogue Organic Day Spa
- Curves
- Commonwealth Carer Respite
- Bupa



For further information contact: Sandy Brooks 0438 668 277 or Adele Holtsbaum 0447 662 520

www.serendipitytamworth.com.au

Promoting breast health awareness



Local money for local people

For further information please speak with Helen Tickle – 6766 7634 or 0407 068 020
Email – h.tickle@tamworth.nsw.gov.au



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GUEST SPEAKER – Ben Davies

Ben opened with the fact that he was born in Wales into a family of general practitioners and very much the medical field. Ben's mother disliked Wales so the family moved to Bath – he is the outsider in his family as a “chef” – even his son has just started at the University of New England studying medicine with years of study ahead. Ben's daughter is going into year 12 at McCarthy, and the family live out at Kingswood so he still has rural scenery around him. This is the longest he has stayed in one place ever, he is a single parent with two children and the first people he met and made friends with in Tamworth were Simon Chamberlain and James Treloar.

Ben's career commenced in England at country hotels – he was never interested in working in cities. He gained his first Michelin star whilst working in the south of France after two years at the age of 23 – very young to be so successful. He returned to England and gained his next Michelin star at the Calcott Manor in Gloucestershire. In 1992 when the financial crash hit, the hotel went under. For the next decade he moved around Europe including another stint in France.

Ben worked for Sir Bernard Ashley (Laura Ashley – fashion designer) – he wanted the “best hotels in the world” and succeeded - so Ben spent a considerable amount of time in the USA. When Ben was in the States he spent most of his time travelling around doing charity dinners and menu building with chefs - again mainly in rural settings – Ben won his third Michelin star and moved back to England. Ben was lucky to cook for the G8 in 1998, and got to chat with Bill Clinton, Boris Yeltsin, Tony Blair etc, Interesting that the British chefs are now acknowledged as the best in the world.

Ben's wife actually came from Tamworth and many present probably knew his father-in-law – Maurie Pickering. He met Greg Maguire and told him all about his son in law who was a “cook” and should put him on. Greg suggested – being polite – that Ben send him his Resume which he did. However in the meantime he and his family moved to the Gold Coast and managed two restaurants. Worst experience of his life – absolutely hated his time on the Gold Coast – a totally soulless place. Finally decided to ring Greg and he moved down with his two children and has just loved everything – loves the district, the city, everything is here. Here nearly 10 years – 8 years in the kitchen and nearly two years as Manager.

Here in Tamworth he supports local produce which covers everything and always highlights “local” – Sydney very metro-centric – no idea really where their food comes from. The sandstone curtain is a major barrier relating to tourism. Tamworth businesses have good work ethics, can really build good relationships with the businesses he deals with.

Finally, the Powerhouse will go through a major facelift over next 18 months – Monty's and the Workshop first, kitchens to be more open plan, then rooms will be upgraded and end result will be a 5 star motel which is good for Tamworth.

Q. Will Monty's be changed? No, it will basically stay as is

Note – Graham Dooley & Louise Matthews thanked Ben for all the help and assistance he has given to Challenge – much appreciated.

Introduced by Jane Bradford, thanked by Phil Heffernan.



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Being entertained with a great talk from Ben Davies



Phil Heffernan thanking our guest speaker – Ben Davies



Most of the members were watching the Taree Conference video – quite enthralled



President Graeme providing words of wisdom

ROTARY HAS A "CHALLENGE" FOR SEPTEMBER – EDUCATION AND LITERACY



For Schools

By making a video story about your local Rotary Club, you could win \$1000 for your school.

All video entries will feature on our [YouTube](#) and [Facebook pages](#), with District finalists shown at our [Bendigo Conference](#) in March 2016.

Entries opened August 2015 and close 20 November 2015 - Open to Primary and Secondary Students.

Tell the Story of your Local Rotary Club

The story could be about the club's members, its life-changing international service projects, or a local fundraising effort. You will be amazed about what stories Rotary has to tell.

Make your video on any device (use your smartphone if you want) and remember that each story must be less than one minute!

For more information

Contact [your local Rotary Club](#) or visit our [Facebook Page](#). For more information, visit our [District Facebook Page](#) or e-mail publicimage@rotarydistrict9800.org.au.

File Format

Videos will be acceptable in most standard video formats (eg. mp4). The files will be uploaded via an online portal.

Don't stop at One!

You are not limited to one video - you can make a series if you wish! The only limit is that each video can be of no more than 60 seconds duration.

Selection of Winners

Winners will be judged on creativity, story-telling, audio quality, visual appeal, and a public vote via our website.

Why the "Doing Good" Competition?

Following Rotary International's "Doing Good in the World" Video series ([click here to watch](#)), each video will be named after its club (e.g. "Doing Good in Richmond" or "Doing Good in Wyndham"). Please make sure you give your video the correct title.

For Rotary Clubs

You can make your Rotary Club look amazing by simply telling the stories your Club already has. Our aim is for every Rotary Club in our District to produce a short video of less than one minute.

All video entries will feature on our [YouTube](#) and [Facebook pages](#), with each short video shown at our Bendigo Conference in March 2016 for the Cluster Presentations.

We recognise that not every club has the technical expertise to do this, so we have created a competition for local schools - as the students do have this expertise (!) - for our "Doing Good" Schools Video Competition. You just need to contact your local schools to invite them to be part of it.

Entries open August 2015 and close 20th November 2015.

Application Forms will be available on this website. At this stage, please liaise with the schools to start the process.

Tell the Story of your Local Rotary Club

The story could be about an interview with a member, your life-changing international service projects, or a local fundraising effort. School students will be amazed about what stories Rotary has to tell.

For more information Visit our [District Facebook Page](#) or e-mail publicimage@rotarydistrict9800.org.au.

Where do I start?

[Download flyer](#) here to post at schools, sporting clubs and shopping centres.

Print off and fill in your Club's own contact details so that schools contact you directly to find out your great Rotary stories!

Share your videos

Clubs can use the videos for their own use, including at Club Meetings, on their website or Facebook or YouTube sites.

PRESIDENT ASSIST

To ensure members who are rostered for the duties of, Meeter and Greeter, Door, Visitor Assist, Welcome to our Members & Guests, Introduction of the Guest Speaker(s) and Vote of Thanks are present and if they are not to find a replacement and ensure those people's names are updated on the President's Running Sheet. Select the Table Order (after the head table).

Need to be in attendance by 6.30 am

DOOR TEAM

To record the attendance of our members and guests, collect meeting dues, and if possible balance the cash float i.e. monies paid = money received.

Need to be in attendance at 6.30 am

MEETER & GREETER

To meet & greet our members & welcome guests to our Club at the top of the stairs and to hand name badges to members. Also ensure any guests of members or visiting Rotarians are introduced to the Visitor Assist to ensure they are made feel welcome.

Need to be in attendance at 6.30 am

VISITOR ASSIST

To ensure any visitors to the Club are felt welcome by introducing yourself to them and other members and guests of our Club. To also include them in fellowship before and if necessary make sure they are included with several members for breakfast and are not left on their own.

Need to be in attendance from 6.30 am

WELCOME

To publicly welcome our Members & Guests (following the introduction) to our meeting when called upon by the President or his/her substitute.

Need to be in attendance by 6.50 am (or earlier)

INTRODUCTION

To make yourself known to our Guest Speaker/s, assist them to the head table and sit with them. During breakfast find out some information about the guest speaker which will assist you in your introduction.

VOTE OF THANKS

To move a vote of thanks to our guest speaker, and present a little thank you gift (ensure you have it before the meeting commences and take notes during their presentation to ensure your thank you is informed).

CORPORALS

To assist the Sergeant by putting out all Club Property and putting away at the conclusion of the meeting. Need to be in attendance by 6:30 am.

CORPORAL ASSIST

To assist the Sergeant, by putting away all Club Property at the conclusion of the meeting if the Corporals are unable to do so.

Meeting Roster	Wednesday, 30 September	Wednesday, 7 October	
Guest Speaker	Anna Rose	HAT DAY & David Hinwood	
Topic	Tripping over in the USA Nashville style	NDIS	
Door Team	Chris Watson Richard Hardwick	John Glynn Terry Robinson	
Meeter & Greeter	Dennis Johnson	Ian Howle	
Welcome	David Hinwood	Louise Matthews	
President Assist	Max Cathcart	Peter Ryan	
Visitor Assist	Paul Stevenson	James Treloar	
Corporal Assist	Brian Thompson	Richard Walker	
Introduction	Ron Allen	David Baddams	
Vote of Thanks	Barry Biffen	Tim Coates	
Post Office Raffle Roster			
2 October	9 October	16 October	23 October
Jane Bradford David Baddams	David Baddams Brian Logan	Brian Logan Peter Ryan	Peter Ryan Phil Heffernan
30 October	6 November	13 November	20 November
Phil Heffernan James Treloar	James Treloar Louise Matthews	Louise Matthews Phil Heffernan	Phil Heffernan Michael O'Connor
Corporals for September		Corporals for October	
Tom Hellmann		Anne Jacob and Julian Smith	
Birthdays, Anniversaries and Inductions			
Members Birthdays	Richard Walker & Graeme Kruger (02/10) ; John Treloar (06/10)		
Partners Birthdays	Nil		
Anniversaries	Barry & Judy Biffin / John & Jill Toulmin (06/10) – 36 years		
Club Induction	Julian Smith (03/10) 14 years		
Stats for last meeting			
Attendance	70%		
Make-Ups	Nil		
Visiting Rotarians	Nil		
Visitors	Andrew Beer, Peta Stamwell, Reiko Izumi		
Heads & Tails	Phil Lyon		
Raffle	"Skinner"		

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good
We thank Thee for our daily food
May Rotary Friends and Rotary ways
Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Tamworth—First Light

Meets Wednesday morning,
6:30 for 7:00 am at

West's Diggers

Kable Avenue

TAMWORTH NSW 2340

Phone: 6766 4661

Club Officers and contact details

President—Graeme Kruger

president@tamworthfirstlight.org.au

Secretary—Brodie Shields

secretary@tamworthfirstlight.org.au

Other Clubs meet:

Monday

Tuesday

Wednesday

Friday

Tamworth West, West Tamworth Bowling Club, 6:30pm

Tamworth Rotary Club, Service Club, 6:15pm

Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm

Tamworth Sunrise, Sanctuary Inn, 7:am