







DATES TO REMEMBER IN YOUR DIARIES



Sat 2nd April – Sat 9th April 2016 - Rotary Youth Leadership Award (RYLA)– please consider and assess which member of your staff could benefit from such an opportunity. Contact Louise Matthews – 02 6765 7181 or 0420 743 083 for further information

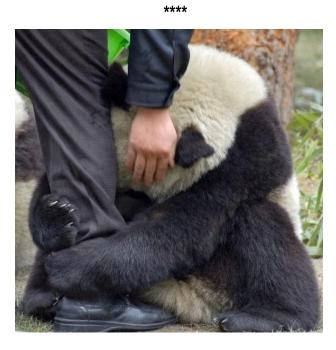
Sun 10 – Thurs 14 April – German Group Study Exchange arrives in Tamworth from Coonabarabran via Gunnedah – home hosting for three nights has been arranged plus vocational visits all day on Tuesday, 12 April.

URGENT Is there" someone" in our Club who could drive a small bus and who has an LR licence who would be happy assist in the first couple of days of this visit by driving the bus – could you please speak to AG Phil Lyon or PDG Ken Hall who will provide more details for you. The bus belongs to Tamworth High School – it is also school holidays hence needing a driver

Weekend 15 – 17 April – District Conference – Taree

Sunday, 1 May – District Assembly – Inverell
 May 2016 - Bowelscan Month – Rotary Bowelscan Week is Saturday, 14 – Saturday, 21 May 2016
 Wednesday, 18 May 2016 – Careers Expo – further details to follow...
 Sunday, 22 May – District Assembly – Port Macquarie

Saturday, 18 June First Light Changeover – Wests Diggers Saturday, 25 June - District Changeover – Taree





Wednesday, 30 March 2016 Meeting # 1303

Quote of the Week

Wishing everyone a happy and relaxed Easter break – take time out to remember why we have this break – drive safely for those who are travelling this Easter.

Rotary on the Move March 2016

Article by RC PDG Jessie Harman

"FRIENDS AND BENEFITS"

In Rotary, we talk a lot about the value of giving back – to our own communities, and other communities around the world. It's an important element of our value proposition; the very human need to make a contribution, to make a difference.

Yet I wonder if we do enough to sell the social benefits of Rotary; the extraordinary opportunities Rotary provides us to connect with like - minded people all around the world. To give something back is a very basic need, but so too is the need to belong, and to connect with other people. Rotary does give us the most wonderful opportunities to connect with others - through structured programs like Rotary Friendship Exchanges and Rotary Fellowships, but also through the very informal opportunities provided by visiting clubs anywhere in the world, or simply wearing your Rotary pin.

I was reminded very recently of the power of Rotary to make connections. On a business trip to India, I happened to post a photo on Facebook. A Rotarian in Ballarat Australia saw that photo, and responded that I might like to meet up with a Delhi - based Rotarian, who subsequently also saw that post. Next thing I know, I'm having coffee in the middle of Delhi with Rotarian Nischal Pandey and US based Rotarian DG Alex Wilkins, who was also visiting the city. With Rotary in common, we had a lovely meeting; we shared stories of our clubs and projects, and a little about ourselves as well. We all looked forward to future opportunities to get together

On reflection, I believe we undersell the friendship benefits of Rotary. We may have joined for service, but most of us stay in Rotary for fun and friendship. We can all do more to promote and leverage those friendship benefits, for example by helping new members visit other clubs, by making time in our Rotary program for social activities, and for encouraging members to participate in the more social programs of Rotary like Friendship Exchanges, Fellowships and Conventions.

Without a doubt, Rotary is a wonderful vehicle to meet like-minded people and to experience the benefits of friendship. **Rotary truly is the original social network!**

District Conferences have a very strong social network – please consider attending D9650's Conference 15 – 17 April in Taree



NOTES....

Working with Children forms – URGENT – these forms must be with Maureen Thornton by Wednesday, 30 March -Please check this week's eNEWS to appreciate the urgency.

Our trip to Eastview Estate, Kentucky has been changed to Sunday, 15 May 2016. 24 people have shown interest – there is space for a further ten. Please contact Val Hellmann on 02 6766 3462 (leave a message)

Bowelscan – First Light will be at Centrepoint Shopping Centre – Saturday, 14 May to Saturday, 21 May between the hours of 10:00am – noon and noon – 02:00pm – Kits will cost \$15.00 (same Kit as last year)

GROUP STUDY EXCHANGE – INVITATION FROM TAMWORTH SUNRISE

As you will know from the itinerary which has been distributed, the GSE team is to have a **BBQ breakfast hosted by Sunrise on THURSDAY 14 APRIL AT THE OXLEY LOOKOUT**. Sunrise is moving its meeting to that day to accommodate our wonderful visitors. If any members of your club wish to attend we would be most happy for them to join us.

For catering purposes, please ask your members to RSVP direct to me by no later than Monday 11 April. Anybody who responds after that date may not receive breakfast. – Cost will be \$17 per head.

We would be very pleased to see many of your members in attendance to farewell the team members on their way to Taree for the District Celebration.

Cheers - Tony (Happy) Young - Secretary, RC Tamworth Sunrise - <u>a.d.young@icloud.com</u> - 0417 468 882 ****

GEMMA SISIA – SCHOOL OF ST JUDE – dinner Wednesday, 30 March at Diggers, Kable Avenue

From: Annette Williams [mailto:rotarytamworthstjude@gmail.com]

Hello to all the Tamworth Clubs

Just a friendly reminder that we are having a Fundraiser dinner for the School of St Jude next Wednesday night at West Digger Club. This is a great opportunity to meet Gemma first hand and have a run down on how Rotary has helped hundreds of children in Tanzania and get to meet Dorica, one of the first graduates from the school. Gemma motto is - Fighting Poverty thought Education.

Happy to take payments at the door on Wednesday night, just please let me know if you can make it for catering. Hope to see many faces there. Annette Williams - Tamworth Rotary Club

SPIRIT OF THE ANZAC CENTENARY EXPERIENCE – **26 APRIL – 1 MAY 2016 -** VOLUNTEER COMMS PACK

The Australian Government and the Australian War Memorial, supported by the Commonwealth Bank and Telstra are proud to be bringing the Spirit of Anzac Centenary Experience to communities across Australia. The experience is the flagship community event within the Commonwealth Government's National Program commemorating the Anzac Centenary.

The Spirit of Anzac Centenary Experience follows a chronological timeline spanning pre-war Australia to the present day and uses a mix of arresting visuals, artefacts, audio and film to engage visitors in a very stimulating and emotional manner.

The Spirit of Anzac Centenary Experience needs you!

We are currently seeking enthusiastic volunteers to help welcome visitors to the experience in addition to providing assistance and support at each location on our national tour. To become part of this once-in-a-lifetime commemorative event in your local area, please register your interest by emailing the volunteer

coordinators at volunteers@spiritofanzac.gov.au.









Be a gift to the world

Northwest Frames & Trusses, Beaufort Street, Taminda Vocational Visit on Wednesday, 16 March last – photos in last week's Bulletin.

Our vocational visit was enhanced by have Reiko's parents and sister here from Japan – our thanks for Brian Logan and Val and Tom Hellmann for all the food preparation and cooking for breakfast and John Treloar for the loan of his BBQ.

Brendon – Manager of Northwest Frames & Trusses and Stuart took us around the facilities in groups of 10 – bit noisy inside so much easier to hear what was said.

We started our tours in the Design / Office section. Plans arrive for a building and the details are entered into the computer with relevant measurements. The system can provide a 3D look at the building both with and without the roof trusses to check all windows, doors, sliding doors, inside doors etc are all in place. Once checked the frame design is sent to that section of the building and the trusses to the relevant section as well.

The business is run with 16 staff – about to add two more – work a nine-day roster and, currently 10 hour days so quite a lot of overtime being experienced. Some timber is treated (a blue colour) for areas such as Newcastle because of white ants.

We had the opportunity to see how the frames and trusses were put together and the safety and security details work to avoid accidents in the workplace. The building was very clean considering all the sawdust and bits of wood left but all have their place. The sawdust and wood pieces go out to the garbage depot via Cleanaway – to be turned into mulch for gardens. The work is repetitive and to design an average 4-bedroom home takes about two thirds of a day – some buildings take longer depending on requirements.

The company commenced three years ago – two major clients are GJ Gardiner Homes and Singles – in their first year completed 140 houses / units / business structures, last year completed 261 and currently up to 90 for this year and aiming for over 400 setups this year.

Frames and trusses are sent to Newcastle, Forster-Tuncurry and Taree and up to Goondoowindi down to Sydney and anywhere in-between.

It was a very interesting vocational visit.

Brendon explaining how the Design area works.











SCIENCE & ENGINEERING DINNER Wednesday, 23 March 2016 At Diggers

Alan & Brenda Coates being presented with a Certificate from Terry Burns – University of Newcastle and Team Leader for the S&E Challenge

The Ford Table – "the intelligent ones"





The Fords about to send the Berocca Rocket into space



Brodie's table is behind the Raymond table. Jim's table full of enthusiasm in creating their rocket spectacular





Brodie and Steve discussing the finer details of their Masterpeice

Brodie has stepped well clear of the "Masterpeice" and is hoping for blast off







Be a gift to the world



Other happy participating tables – plus our guest speaker – the young man with the beard – with a serious scientific topic which had some humour as well



Belated birthday balloons for Debra Brooks Heffernan's assisting so she does not blow away





Be a gift to the world

Meeting Roster	Wednesday, 30 March		Wednesday, 6 April		
Venue	Diggers – 6:30am		Diggers – 6:30am		
Торіс	Club Assembly		Simon Santosha – Men & Drought		
Door Team	John Treloar Marina Lawrence		Christine Shewry DJ Jones		
Meeter & Greeter	Anne Jacob		Dimity Chaseling		
Welcome	Richard Hardwick		Andrew Beer		
President Assist	Lesley Hood		Dennis Johnson		
Visitor Assist	Deb Barnes		David Baddams		
Corporal Assist	Paul Stevenson		John Glynn		
Introduction			John Toulmin		
Vote of Thanks			Brett White		
	Post Office	Raffle Rost	er		
1 April	8 April	15	April		
Dave Baddams Terry Robinson	Terry Robinson Paul Stevenson	Paul Stevenson		Christine Shewry Graham Dooley	
29 April	6 May	13	May	20 May	
Graham Dooley	Lesley Hood		White	Brian Logan	
Lesley Hood	Brett White	Brian Logan DJ Jones			
Corporals for April		Corporals for May			
John Glynn & Deb Barnes		Brian Thompson & Joe Townsend			
	Birthdays, Annivers	aries and l	nductions		
Members Birthdays	Dennis Johnson (03/04)				
Partners Birthdays	Nil				
Anniversaries	Terry & Patricia Burgess (30/03)				
Club Induction	Peter Ryan (02/04); Laurie Heame (05/04)				
	Stats for la	ast meeting			
Attendance	N/A				
Make-Ups	AG Phil Lyons				
Visiting Rotarians	Alan & Brenda Coates				
Visitors	Team from University of Newcastle lead by Terry Burns				
Heads & Tails	N/A				
Raffle	N/A				



The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST. The development of acquaintance as an opportunity for service;
- SECOND. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life; •
- FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of • business and professional persons united in the ideal of service.

Rotary Grace O Lord and giver of all good We thank Thee for our daily food May Rotary Friends and Rotary ways Help us to serve Thee all our days		 The Four-Way Test Of the things we think, say or do 1. Is it the TRUTH? 2. Is it FAIR to all concerned? 3. Will it build GOODWILL and BETTER FRIENDSHIPS? 4. Will it be BENEFICIAL to all concerned? 		
Tamworth—First Light Meets Wednesday morning, 6:30 for 7:00 am at Wests Diggers Kable Avenue TAMWORTH NSW 2340 Phone: 6766 4661		Club Officers and contact details President—Graeme Kruger president@tamworthfirstlight.org.au Secretary—Brodie Shields secretary@tamworthfirstlight.org.au		
Other Clubs meet: Monday Tuesday Wednesday Friday	Tamworth West, West Tamworth Bowling Club, 6:30pm Tamworth Rotary Club, Service Club, 6:15pm Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm Tamworth Sunrise, Sanctuary Inn, 7:am			





to the world