

From the desk



Rotary  Club of Tamworth
First Light **Bulletin**



DATES TO REMEMBER **IN YOUR DIARIES**



2016

May 2016 - Bowelscan Month – Rotary Bowelscan Week is Saturday, 14 – Saturday, 21 May 2016

Wednesday, 18 May 2016 – Careers Expo – further details to follow...

Saturday 21 May – Casino Royale Ball – Tamworth Town Hall – Tamworth Sunrise

Sunday, 22 May – District Assembly – Port Macquarie

Monday, 30 May – Manilla Changeover

Saturday, 4 June – Tamworth Sunrise Changeover

Saturday, 18 June First Light Changeover – Wests Diggers

Monday, 20 June – Quirindi Changeover

Thursday, 23 June – D9650 eClub Changeover

Saturday, 25 June - District Changeover – Taree

Tuesday, 28 June – Tamworth Changeover

Wednesday, 29 June – Calala Changeover

How to Live Life....



Be calm..... Quiet..... Tranquil.....

Wednesday, 4 May 2016

Meeting # 1308

Quote of the Week

“Based on the progress I am seeing in the lab and on the ground, I believe we’re now in a position to eradicate malaria – that is wipe it out completely in every country – within a generation.” – Bill Gates

From the Desk....

Unfortunately, our guest speaker had a family emergency and was unable to attend to do his presentation on RAM (Rotarians Against Malaria). We wish George Mills and family the very best at this most difficult time.

Fortunately, for those in attendance, we had a fantastic morning. It is often repeated that we derive our most entertaining speakers from within. Six speakers with three minutes on their chosen subject.

Pete Ryan – Technology trip to Florida

John Worldon – Anxiety Clinic to overcome his fear of heights

Brett White – Port Arthur 20th Anniversary

Barry Biffin – RYAG Equine

John Toulmin – Old Farts Cooking School

Paul Stevenson – Peel High Program for disengaged youth

Pete Ryan reminded us about Guess Who’s Coming to Dinner 28/5/2016.

Terry Robinson asked if anyone has more badges to go on Reiko’s jacket

Hinwood reminded us about the Career Expo on 18/5/2016.

The Bowelscan roster still has some spots - see Maureen.

Thanks again for the support and encouragement all members give to those of us who fill the Chair, you certainly make it a pleasure to do so.

Have a great week...

PP LOUISE MATTHEWS



NOTES....

- **Our trip to Eastview Estate, Kentucky - Sunday, 15 May 2016.** - there is still a few spots left -. **Please contact Val Hellmann on 02 6766 3462 (leave a message)**
- **GUESS WHO IS COMING TO DINNER will be held on Saturday, 28 May 2016** – Please note in your diaries – sheet coming round – please put your names down whether you can host or be a guest – **GREAT FUN EVENING** – well worth doing.....
- **Bowelscan** – still some spaces left – please see **Maureen Thornton**



Reiko Izumi's jacket is looking a little bare – could any Rotarians provide her with some more appropriate badges so she can fill all the spaces on her jacket, please.

PE Terry Robinson asking to meet with his incoming team after the meeting to see how many are going to Inverell this Sunday – need to arrange for minimum number of cars to take all of us.

(Editor – Ask Brodie about travelling in a Mustang)



Peter Ryan spoke to us about a recent trip to Florida, USA attending a Technology Conference. Very wealthy State, absolutely no sign of “tough times ahead”. Went to a particular business in San Antonio, Texas where he met three generations working together – 60 year old business and have built it into an \$80M. BIG business of this type are reducing to smaller more effective businesses. Pay rates much lower than outs – everyone needs a “degree” and definitely can see the “haves / have nots”. Went to the Alamo -could feel the history in the area.



John Worldon spoke about his trip along the Amalfi Coast in Italy – very hilly country right down to the water. John was terrified of heights so went round the coast by boat, sadly the wind came up and so did the waves and he had to go back up the winding roads by coach – **not impressed**. Now retired, he went to an Anxiety Clinic to overcome his fear of heights. Didn't expect it to work but feels much more secure within himself and feels he needs a return trip to the Amalfi Coast to prove finally that he has mastered his "fear of heights".

Brett White spoke about his is 20 years since the Port Arthur Tasmania attending a Salamander Place – back down had changed. A youngster pandemonium – quite a shock his own. He finished by Howard's fortitude at bringing in make Australia a safer place.



honeymoon at Port Arthur and it massacre. He was down in Conference and went back to memory lane and to see what broke a balloon – immediate at everyone's reaction, including admiring Prime Minister John the changes to the gun laws to

Brett in his younger days – strangely reminds me of 'someone'.

Barry Biffin spoke about **RYAG Equine** to be held on 24 – 26 June for students' years 9,10, 11. The students are taught, shown some of the 350 careers available in the horse industry. The students are up very early to see the trotters and race horses at work, speak with Vets, the Light Horse Memorial, produce stores. Students will camp at the Super Dome (needs chaperones) and go the AELEC. Seeking donations for the usual sample bags for the students and they will be attending the World Youth Championships over this weekend.





John Toulmin noted that he had retired to a life of relaxation and freedom but has discovered that this has not brought harmony to the home as his wife is still working and Jill not impressed to return home and be expected to cook, clean and do the usual housework. The issue is coming to a head and he would appreciate appropriate assistance / ideas / simple recipes to bring harmony back into the home....

Members – many of you will have “tried and true” recipes – surely you could help John out!!!

Paul Stevenson says we do have the “haves and have nots” in Tamworth. He is assisting at Peel High School – both junior and high – and has ten Aboriginal students in each group. He finds them easy to engage with, they are very bright and brings you to tears to listen to the home life that many of them have. Many of the students are out on the street in the wee small hours of the morning because it is safer than being at home with parents on drugs, alcohol or just abuse. Feel our Education system is letting them down. The contrast some of these students really have nothing yet others are able to have their own cars. These students need help, not money, need people to work with them. Have a bus as a way of getting these students to school – need a bigger bus because this is proving so successful. DJ is great with these students and works with them through 360 or at Bicentennial Park. The new Youth Centre is working with lots of students going through.



Editor - We may not have had the guest speaker planned – however we certainly hear and gained a lot of new knowledge and learnt more about our members at the same time – very successful short notice fill in – well done Val Hellmann.

EDITOR'S NOTE ABOUT THE WEEKLY ROSTER

There is a new item on the weekly roster – **Bulletin Notes** – something that was suggested at District Training last Sunday.

Instead of the Bulletin Editor taking all the notes about the meeting so that the members present are kept up to date and also for the members unable to attend for whatever reason – they are kept informed as to what is happening within the Club and are kept involved...

It was suggested that a different person does the Bulletin Notes each week as everyone gains a different perspective of a speaker and it will ease the burden on the Bulletin Editor – what a great idea and it starts this week – **Thank you!!**

Meeting Roster	Wednesday, 4 May	Wednesday, 11 May	
Venue	Diggers – 6:30am	Diggers – 6:30am	
Topic	Fiona Simson - NRMA	RYLA after the event	
Door Team	Brian Logan Deb Barnes	Paul Stevenson	
Meeter & Greeter	Chris Watson	Marina Lawrence	
Welcome	John Worldon	DJ Jones	
President Assist	James Treloar	Andrew Beer	
Visitor Assist	Richard Hardwick	John Glynn	
Corporal Assist	Maureen Thornton	Dennis Johnson	
Bulletin Notes	Lesley Hood	Christine Shewry	
Introduction	Dianne Ford	John Treloar	
Vote of Thanks	David Hinwood	Louise Matthews	
Post Office Raffle Roster			
6 May	13 May	20 May	27 May
Lesley Hood Brett White	Brett White Brian Logan	Brian Logan Bruce Hemmett	Bruce Hemmett DJ Jones
3 June	10 June	17 June	23 June
DJ Jones Jane Bradford	Jane Bradford Phil Heffernan	Phil Heffernan Peter Pulley	Peter Pulley Helen Tickle
Corporals for May		Corporals for June	
Brian Thompson & Joe Townsend		Phil Heffernan & Les Jacob	
Birthdays, Anniversaries and Inductions			
Members Birthdays	John Worldon (09.05)		
Partners Birthdays	Gloria O'Connor (07.05)		
Anniversaries	Nil		
Club Induction	Peter Hyde & Jim Raymond (07.05 - 8 years) ; Richard Hardwick (09.05 - 4 years)		
Attendance	59%		
Make-Ups	AG Phil Lyon		
Visiting Rotarians	Liz Gill (Walcha), Dean Clutterbuck		
Visitors			
Heads & Tails	N/A		
Raffle	Tim Coates		

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good
We thank Thee for our daily food
May Rotary Friends and Rotary ways
Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Tamworth—First Light

Meets Wednesday morning,
6:30 for 7:00 am at

West's Diggers

Kable Avenue

TAMWORTH NSW 2340

Phone: 6766 4661

Club Officers and contact details

President—Graeme Kruger

president@tamworthfirstlight.org.au

Secretary—Brodie Shields

secretary@tamworthfirstlight.org.au

Other Clubs meet:

Monday

Tuesday

Wednesday

Friday

Tamworth West, West Tamworth Bowling Club, 6:30pm

Tamworth Rotary Club, Service Club, 6:15pm

Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm

Tamworth Sunrise, Sanctuary Inn, 7:am