



# Rotary

## CLUB OF TAMWORTH FIRST LIGHT BULLETIN

**2016-2017**

**District Governor: Ian Jackson**

**President: Terry Robinson** 0427 661 066

**Secretary: Helen Tickle** 0417 684 583

**Treasurer: PDG Jane Bradford** 0429 666 100



Photo courtesy of: Anne Jacobs. Cape Hillsborough National Park, Qld

To submit your favourite 'first light' photo, please send to [dimity.betts@nswcc.org.au](mailto:dimity.betts@nswcc.org.au)



## NOTES & DIARY DATES 2016



**District conference-** 24<sup>th</sup>-26<sup>th</sup> March 2017 at Laurieton

**Your chance to bid on a Queenstown holiday-** Graeme Kruger has kindly donated 3 nights' accommodation for 6 people in Queenstown. The apartment has 3 bed, 3 bath and is surrounded by the adventure capital of New Zealand and at the doorstep of wineries, beautiful scenery and plenty of day trip opportunities. The winning bid amount will go towards the golf trip fundraising. Please forward your silent bid to John Treloar.

**Blue Angel Fundraiser-** thanks to all those who made it to the opening night of the photographic exhibition held at Inspirations, in aid of Blue Angel Foundation. All up about \$1900 was raised.

**Increase in fees-** the board has made the decision to increase fees \$5 per year to \$275.

**Social nights-** our first social night will be held from 6pm on Friday 19<sup>th</sup> August at the Post Office hotel. This will be a regular occurrence on the 3<sup>rd</sup> Friday of the month.

**Westpac Ball-** Westpac has called on us to help with bump in, on the day and bump out setup for Rio! Ball at William Cowper. It will be held on Saturday September 24<sup>th</sup>.

**Opera by the Lake-** a project of Rotary Clubs of Great Lakes, will be held in March 2017. Please forward expressions of interest to run a bus over to attend to Dimity Betts. See flyer below. TICKETS ARE NOW ON SALE!

### Participants needed for Australian Breakthrough Cancer (ABC) study

The ABC Study needs 50,000 Australians to help us to investigate how our genes, lifestyle and environment affect the development and treatment of cancer and other diseases. We will build a large set of health related information essential for making breakthroughs in disease prevention and treatment.

Any Australian resident, aged 40 – 74 years, who has never been diagnosed with cancer is eligible to participate. Those who have had only non- melanoma skin cancer can also participate.

The study has been designed so that you can take part at your convenience. Questionnaires are completed online. As we will need a sample of your saliva for genetic analyses, a saliva collection kit will be mailed to you, which you return to us by free post.

To register your interest: contact us on 1800 688 419 or [info@abcstudy.com.au](mailto:info@abcstudy.com.au)

**Wednesday, 10th August 2016**

**Meeting # 1322**

**Quote of the week:** "Golf is just an expensive way to play marbles" – Paul Stevenson

### **ROBBOS RAMBLINGS**

Katie Penman delivered an excellent presentation explaining where she was hosted, what she saw and what benefit she received from the GSE trip to Germany. She certainly got to see and do many things that ordinary tourists would not get to do. I learnt that in Germany, "dietitian" means a diabetes professional or a surgeon or a cook. I think GSE concept deserves support and I think a number of our members should seriously consider making application to take on the role of a team leader for a GSE team in the future.

By the time you read this, our hardworking band of golfers will have headed off on yet another golf trip. We wish you good luck, great times and we look forward to hearing your exaggerated stories upon your return.

The District Convention at Laurieton is on during 24 March to 26 March 2017. A number of members including myself, have already booked accommodation in the beautiful Laurieton area and I encourage you to do so. Personally, I am taking a few extra days off to look around the area. The pictures look stunning on the internet.

Your Club subs are due now (\$275.00). Invoices will be issued over the next few days; however if you feel inclined, please pay by electronic fund transfer before you receive the invoice.

The next board meeting (all are welcome) is to be held on 8 August at my office, 201 Marius Street, Tamworth.

Social drinks followed by dinner for those who wish to stay on, is to be held at the Post Office Hotel on 19 August starting at 6:00 pm. Partners, members and friends are all welcome. I think this is a great initiative and gives you the opportunity to get to know your fellow Rotarians, their partners and friends.

It is currently organ donation week and I encourage you to seriously consider joining the National Register because it leaves your family in no doubt of your decision to save lives as an organ and tissue donor.

Last year 1241 Australian lives were transformed by the generosity of 435 deceased organ donors and their families who agreed to the donation proceeding. One of those people is a member of the Sunrise Rotary Club. For more information visit [www.donatelife.gov.au](http://www.donatelife.gov.au)

Have a great week and I will see you on Wednesday.

Cheers

Terry Robinson



## GUEST SPEAKER

### Katie Penman- GSE Germany

**Introduction: Peter Ryan**

**Vote of thanks: John Toulmin**

**Notes: Dimity Betts**

Katie gave a great recall of her recent GSE trip to northern Germany. Her team included the Director of Nursing from Kempsey hospital Robin Norton, a sign writer from Kempsey, and others from Tamworth and Coonabarabran. Highlights included:

Henstedt-Ulzburg- Jazz music festival/dinner, visiting the club that only begun in April this year and has 12 members

Schenefeld- 40 minutes from Hamburg. Katie did a vocational visit to Children's Hospital, went sightseeing and to markets, went to the X-FEL European X-ray free electron laser.

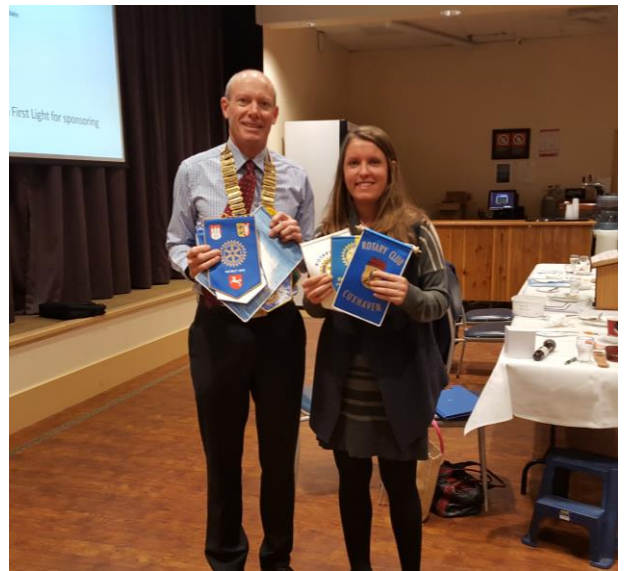
Ottendorf/Cuxhaven- stayed at a tourist village, vocational visit she got to experience a laparoscopy that turned into open bowel surgery where she assisted the surgeon!

Cruise to Helgoland, visit to immigration museum, a weekend off in Berlin, Amrun island.

Segeberg-Baltic sea, 2 day vocational visit

Kiel- 3 night stay which included the district conference, and a vocational visit to a hospital where 'dietician' was interpreted to mean something to do with diet..correct...but Katie spent her time helping in the kitchen..not quite correct!

Katie expressed her gratitude to the club for sponsoring her to go to Germany on a GSE, saying it was an amazing experience, one she won't forget anytime soon!





## A thank you from Germany!

Dear Robyn and dear Phil!

Now I am already almost three months back in Germany. And I am still thinking of you in Australia and your unsurpassable hospitality. You have given my team and me unforgettable and unbelievable memories. I still have not worked up all the impressions, so sustainable and incredibly was Australia! Suuuper!!

You again many many THANKS for everything!

I have finally sorted the lot of photos. So I can send you attached to this mail the photos in which you find yourself and your daughter again.

Also I hope you will come soon to Germany. Then of course you are welcome to my home in Hamburg. But does not come too short a time, as here is so much to see. I know Hamburg and Berlin very well and I would like to show you a lot of German tourist attractions.

Don't be hesitate to ask me if you would like to have anything from here in Germany.

Please order the best greetings to all friends of your club too.

With warm regards

Heinz-Horst



## MEET YOUR 16/17 BOARD AND COMMITTEE CHAIRS

### Board:

**President** Terry Robinson

**PE** Michael Smith

**Secretary** Helen Tickle

**Treasurer** Jane Bradford

**Club Admin** Peter Ryan

**Service** Brett White

**Foundation** Steve Massey

**Public Relations** Phil Penman/Jim Raymond

**Membership** Brodie Shields

### Committee Chairs:

**Sergeant** Lesley Hood

**Bulletin** Dimity Betts

**Programs** John Fogarty

**Welfare** Paul Stevenson

**Youth** Andrew Beer

**Community Service** Jim Raymond

**Web & IT** Bruce Hemmett

**Catering** Brian Logan

**RYLA** Louise Matthews

**RYAG Equine** Barry Biffin

**Vocational** Marina Lawrence

**Science & Engineering** Steve Hawkins

**PNG Project/International** Di Ford

**Careers Expo** Brett White/Marina Lawrence

**Minister for Woman's Affairs** Brett White

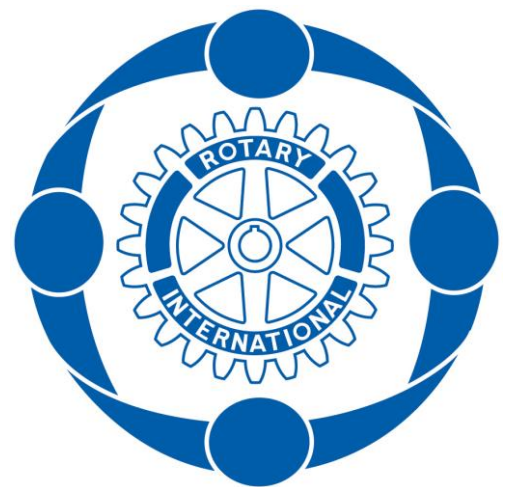
## AUGUST IS MEMBERSHIP AND EXTENSION MONTH

### “FIFTEEN THINGS WE HAVE LEARNED ABOUT ATTRACTING AND KEEPING NEW MEMBERS”

An excerpt from the article by Rosemary Castle, Membership Director/Immediate Past President, on behalf of the Rotary Club of Woden Daybreak, Canberra, ACT

1. Our 15 new members were attracted by word of mouth (7), exposure to Rotary or its programs (4), our presence at an event (2) and by being a guest speaker (2).

2. Most checked our website. The website can be simple but it should be organised, attractive, provide basic information, speak with the club's 'voice' and be up-to-date (but aim for a website that doesn't have to be



updated too often). A lively facebook page presents a dynamic and connected face to the world. You need a website and Facebook, not one or the other. They serve different purposes.

3. It's a huge step to join a Rotary Club. Many people worry about the time commitment. We say, whatever you can give in time, is enough for us. This is especially true if you want young parents to join. And it doesn't matter if some people rarely make meetings. They may do things behind the scenes or join in more when their circumstances change. Be flexible. Stay in touch.

4. At the very least, answer any membership inquiries on the same day. Be warm, enthusiastic and lively.

5. New members need to be looked after well by a variety of people (not just one) until they find their feet. It can be lonely and confronting to join. There is no excuse ever for visitors or new members standing or sitting with no-one to talk to. Actively watch out for transport and cost issues. Don't assume everyone will be comfortable after a few meetings. Some will but personally, it took a full 12 months before I felt OK.

6. It's crucial to get to know new members. Try featuring them in your Bulletin. Once you know them, you can help them find activities that really motivate them. We hold social dinners in members' homes so that new and old members have a chance to get acquainted. Move fast to help them enter the life of the club if that's what they want but don't rush them if they want to take it slowly.

8. Run with members' ideas and passions where you can. Nothing is more dampening than to be told the club tried something previously and it didn't work. Perhaps it will this time. New members bring enormous energy and enthusiasm, as well as fresh eyes.

9. We are truly family friendly so we aim to know family members, ensure they have name badges and welcome them to meetings and activities. Taking the shoe around for fines is a much sought after role by our under 10s. Some of our children write to our sponsored child for us. Many people like their families to be brought informally into the Rotary family. What a boost for our clubs. Children are warmly welcomed at our meetings and activities.

11. Don't stress too much about traditions as long as your membership is rising. We have members who like to toast the queen and others who don't. The person rostered on each week chooses. Most members accept any bits that aren't quite right for them as long as the club is satisfying overall.

12. Club meetings need to have a lively 'vibe'. Host youth exchange students and global scholars if you can. They automatically liven up meetings and are great assets when your youth program candidates come along. Try having your youth exchange student run a club meeting (we haven't done this but have heard of clubs that have – seems to have been a hoot).

13. Ask about members' interest in developmental opportunities. We have a Chinese student who is going to run a segment of an international conference. He has been practicing on us while running fines. Members sometimes see leadership or public speaking opportunities as a way of acquiring skills to help their careers.

PLEASE JOIN US  
AS WE CELEBRATE

COL QUAST  
50 YEAR MEMBERSHIP  
ROTARY CLUB OF  
TAMWORTH

TUESDAY, 16 AUGUST 2016 AT 6.15 PM

J & L RESTAURANT  
TAMWORTH SERVICES CLUB  
MARIUS STREET, TAMWORTH

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Saturday 24<sup>th</sup> September 2016 | Entertainment by Jellybean Jam

Time: 6.30pm-12am Midnight | Venue: Bishop Peter Chiswell Hall, Calrossy Anglican School | Dress: Formal | 18 years & over only  
Tickets \$150ea (or table of ten for \$1400) Incl. 3 course dinner, wine & beer - Available July 4 from [www.rescuehelicopter.com.au](http://www.rescuehelicopter.com.au)

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**Rotary**



**ROTARY SERVING HUMANITY**



A PROJECT OF ROTARY CLUB OF GREAT LAKES INC



# Opera by the Lake

March 4th 2017  
John Wright Park  
Tuncurry NSW

For event information,  
travel packages and  
ticketing information  
visit our website or  
contact us at  
[info@operabythelake.com](mailto:info@operabythelake.com)

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Rotary



ROTARY  
SERVING  
HUMANITY

Meeting Roster	Wednesday 10 <sup>th</sup> August	Wednesday 17 <sup>th</sup> August	
Venue	Diggers 6:30am	Diggers 6:30am	
Topic	Greg Rowland-Tamworth Taxis	Kylie Steel-Fitness modelling	
Door Team	Tom Hellmann Ian Howle	Phil Heffernan David Hinwood	
Meeter & Greeter	Valerie Hellmann	Leslie Jacob	
Welcome	Dwone Jones	Richard Hardwick	
President Assist	Brodie Shields	Dennis Johnson	
Visitor Assist	Michelle Shanahan	Marina Lawrence	
Corporal Assist	Diane Ford	Chris Watson	
Bulletin Notes	John Glynn	Brian Logan	
Introduction	Graham Nuttall	Ronald Allen	
Vote of Thanks	Michael Smith	David Baddams	
Post Office Raffle Roster			
12 August	19 August	26 August	2 September
Dwone Jones Marina Lawrence	Dimity Betts David Baddams	David Baddams Barry Biffin	Barry Biffin Rob Clifton
9 September	16 September	23 September	30 September
Simone Church Graham Dooley	Rob Clifton Simone Church	Graham Dooley Laurence Hearne	Laurence Hearne Phil Heffernan
Corporals for August		Corporals for September	
Deb Barnes & Max Cathcart		Richard Walker & Andrew Beer	
Birthdays, Anniversaries and Inductions			
Members Birthdays	Denis Maunder (12/8)		
Partners Birthdays	Lisa partner of James Treloar (10/8) Trudy partner of Brett White (12/8)		
Anniversaries	NIL		
Club Induction	Di Ford-6 years (11/8)		
Attendance	59%		
Make-Ups	NIL		
Visiting Rotarians	NIL		
Visitors	Alan Coates , Natalie Conn, Katie Penman, Robyn Penman		
Heads & Tails	Jim Raymond		
Raffle	Peter Pulley		

## The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### Rotary Grace

O Lord and giver of all good  
 We thank Thee for our daily food  
 May Rotary Friends and Rotary ways  
 Help us to serve Thee all our days

### The Four-Way Test

**Of the things we think, say or do**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Tamworth—First Light  
 Meets Wednesday morning,  
 6:30 for 7:00 am at  
 Wests Diggers  
 Kable Avenue  
 TAMWORTH NSW 2340  
 Phone: 6766 4661

Club Officers and contact details

#### **President—Terry Robinson**

president@tamworthfirstlight.org.au

#### **Secretary—Helen Tickle**

secretary@tamworthfirstlight.org.au

### Other Clubs meet:

- |                  |  |
|------------------|--|
| <b>Monday</b>    | Tamworth West, West Tamworth Bowling Club, 6:30pm      |
| <b>Tuesday</b>   | Tamworth Rotary Club, Service Club, 6:15pm             |
| <b>Wednesday</b> | Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm |
| <b>Friday</b>    | Tamworth Sunrise, Sanctuary Inn, 7:00am                |