



Rotary

**CLUB OF TAMWORTH FIRST LIGHT
BULLETIN**

2016-2017

District Governor: Ian Jackson

President: Terry Robinson 0427 661 066

Secretary: Helen Tickle 0417 684 583

Treasurer: PDG Jane Bradford 0429 666 100



Photo courtesy of: Phil Heffernan (taken at Cathedral Peak South Africa on one of Graeme Kruger's trips)

To submit your favourite 'first light' photo, please send to dimity.betts@nswcc.org.au



NOTES & DIARY DATES 2016



TONIGHT Legacy Badges raffle and social- James Treloar and Dimity Betts will be selling Legacy badges at the Post office hotel TONIGHT at 6pm. Please be there to buy one (or ten!) and in lieu of receiving raffle tickets you will receive a badge (but will still go in the raffle draw). Proceeds to Legacy.

District conference- 24th-26th March 2017 at Laurieton

Membership- Brodie Shields, Membership Director advised that he is reviewing our membership policy and procedures. This will include recruitment, induction, retention and mentoring of new members. His aim is to develop a system that will suit our club and is interested in any views and ideas. Good mentors seems to be a reason for successful retention of members and he wants to develop mentoring further.

Dungowan Camp Draft- Ron Alan is looking for RSA holders to assist at the Dungowan Camp draft on Saturday 24SEP16. Please contact Ron if you can assist. A roster will be passed around the next few meetings.

Review of By-Laws- Phil Lyon is reviewing our By-Laws, policies and procedures with Michael O'Connor, and invites any views or suggestions. The review is to be completed by the end of September and will then be presented to the board and our club AGM for approval.

Motor Neurone Ball-17SEP16. Thanks to all members and partners who have volunteered to assist at the ball. A roster is attached and we are still looking for volunteers especially RSA holders and helpers between 9.00pm and midnight. Any assistance would be appreciated, even an hour.

Social nights- This will be a regular occurrence on the 3rd Friday of the month, join us for drinks and dinner at the Post Office Hotel. Put these dates in your diary: September 16th @ 6pm and October 21st @ 6pm

Westpac Ball- Westpac has called on us to help at Rio! Ball at William Cowper. It will be held on Saturday September 24th. Assistance required 530-730pm for their ball, to help with car parking. See Chris Watson

Golf committee meeting- 5pm 13 September at John Treloar's Office

Country Rugby- 11th September, Brett White looking for 4 volunteers midday- 4pm.

60 seconds-this is your life-Maureen Thornton.

Her theme was 'what happens on golf tours stays on tour'. However, she must be exempt if the incident occurred over two years ago. She reminisced about a restaurant dinner on tour when she sat with or was in company of a magician. Somehow the magician had a few drinks with her and produced a 'G-string'. Not sure what happened next. Best left on tour.



Wednesday, 7th September 2016

Meeting # 1326

Quote of the week: “Every time you get upset at something, ask yourself, if I was to die tomorrow, was that thing worth getting upset about?”.... Relax take it easy, enjoy your life and worry only about those things which are really important.

ROBBOS RAMBLINGS

What a great meeting we had last week. There was plenty of frivolity, fun, (the “Hood” made sure of that), friendship, lots of notices and once again an excellent and interesting guest speaker.

Di Haire spoke regarding the Kairos Outside Women’s Prison Ministry. This is a worldwide group of volunteers that support the families left behind when a partner goes to jail.

They provide a support network for the families and assist them in making such families feel loved, accepted, valued and help them to deal with the feelings of guilt.

They run one annual workshop at Lake Keepit which cost about \$11,000.00 per year.

It was fantastic to see and hear of this selfless caring organisation providing 24 hour, 7 day a week support for those struggling with the consequences of a partner being jailed.

We will certainly consider Kairos Outside in our next funds distribution consideration.

We have a big few weeks with respect to service and I encourage you to support each other so that the load is not left to a few members.

We have the Rugby Gates on 11 September which is hosting a big Country Rugby match and we are now required from 10:00 am to close.

The Motor Neuron Disease Ball is on at the Town Hall on the 17 September.

We have the Westpac Rio Ball at Calrossy Hall on 24 September and car parking assistance is required.

We also have the Dungowan Campdraft Bar at Dungowan on 24 September and volunteers with RSA qualifications are required. See Ron Allen.

Our next social event is on at the Post Office Hotel on 16 September. We are also trying to organise a social get together with Sunrise in the next month or so.

Congratulations to Brodie with respect to his initiatives in completely reviewing our membership packages for attracting, retaining and mentoring Rotarians.

Congratulations also go out to John and Janet Treloar with the birth of yet another grandchild.

Once again, please consider attending the District Convention at Laurieton on 24 March to 26 March 2017.

I hope you had a great weekend, I will catch up with you on Wednesday if not before at the Post Office Hotel.

Cheers,

Robbo

GUEST SPEAKER

Di Haire- KAIROS-OUTSIDE

Introduction: Bruce Hemmett

Vote of thanks: Brian Thompson

Notes: Michael O'Connor

Di explained what KAIROS stood for. It is a Christian ministry with the aim of assisting families of women what have a family member incarcerated in the prison system. KAIROS is a Greek word meaning 'Special Times'.

The organization originated from the US and now has a presence in Australia. Head office is based in Sydney and a board of experienced people oversees the activities of KAIROS. The local network answers to Sydney. No financial support is received from Head Office and all funding is raised locally. The local network raises funds from a BBQ at Bunnings and they arrange a musical event during Country Music. Church Groups also assist with sponsorship.

They have a Christian ethos but are not attached to any particular denomination. Their aim is to give hope, assistance and compassion to families who a family member doing time who often suffer isolation, mental health issues and financial hardship.

Annually they conduct a camp at Lake Keepit for up to 20 women. It is an opportunity for women to talk to others in a similar situation and to share their stories and what they feel and think about their situations. The ladies are also spoilt over the weekend and they try to make them feel special.

The cost of the camps ranges between \$10,000 and \$11,000.

The group receives referrals from a variety of sources, mainly from Church Ministers and word of mouth.

The group has been very successful on impacting on affected families lives. They are not judgemental at all, and one of the measurable outcomes is that they do save the community the cost of people they have touched from reoffending.

Their group is about 50 strong and operates mainly in the New England area. They also offer 24/7 support if they can.

Brain Thompson gave a vote of thanks and pointed out that before Di's address the existence of the organization was hardly known within the club. However, her address has changed this perception and he thanked her for this.



SEPTEMBER IS BASIC EDUCATION AND LITERACY MONTH

Thanks to Christine Shewry for the following contribution.



EdConnect is a not-for-profit, registered charity that connects volunteers who want to make a difference with young people in schools who need extra help and guidance. The organisation aims to raise literacy and numeracy standards, while equipping young people with the life skills they need.



“We’re harnessing the wisdom and skills of older generations to enrich the learning experience of young people who are at risk of falling by the wayside in an often over-burdened school system.” Underpinning everything that EdConnect does is a commitment to see evidence of change for young people, schools and volunteers because of their work.



gives back \$4.80 value to the community for every \$1 invested



93% of schools reported that they had seen improvement in self-esteem in students as a result of their participation in EdConnect programs and activities.



supports over 6,000 students



79% of schools reported an improvement in students' social skills.



has a network of over 1,300 mentors and volunteers



69% of schools reported improvements in student literacy.



provides 2,300 support hours



96% of schools say the biggest benefit is being able to offer one on one support to those who need it most.



Works in 260 schools nationally



92% of schools say having a positive role model for the child to interact with is having a big impact.



Over 970 at-risk young people were involved in a structured mentoring program



43% of schools say that it would be difficult to implement a program of this kind without EdConnect.





89% of volunteers say that EdConnect is enhancing their mental health and wellbeing.



53% of volunteers say that EdConnect is enhancing their physical health.

YOUR 16/17 BOARD AND COMMITTEE CHAIRS

Board:

President Terry Robinson

PE Michael Smith

Secretary Helen Tickle

Treasurer Jane Bradford

Club Admin Peter Ryan

Service Brett White

Foundation Steve Massey

Public Relations Deb Barnes

Membership Brodie Shields

Committee Chairs:

Sergeant Lesley Hood

Bulletin Dimity Betts

Programs John Fogarty

Welfare Paul Stevenson

Youth Andrew Beer

Community Service Jim

Raymond

Web & IT Bruce Hemmett

Catering Brian Logan

RYLA Louise Matthews

RYAG Equine Barry Biffin

Vocational Marina Lawrence

Science & Engineering Steve

Hawkins

PNG Project/International Di

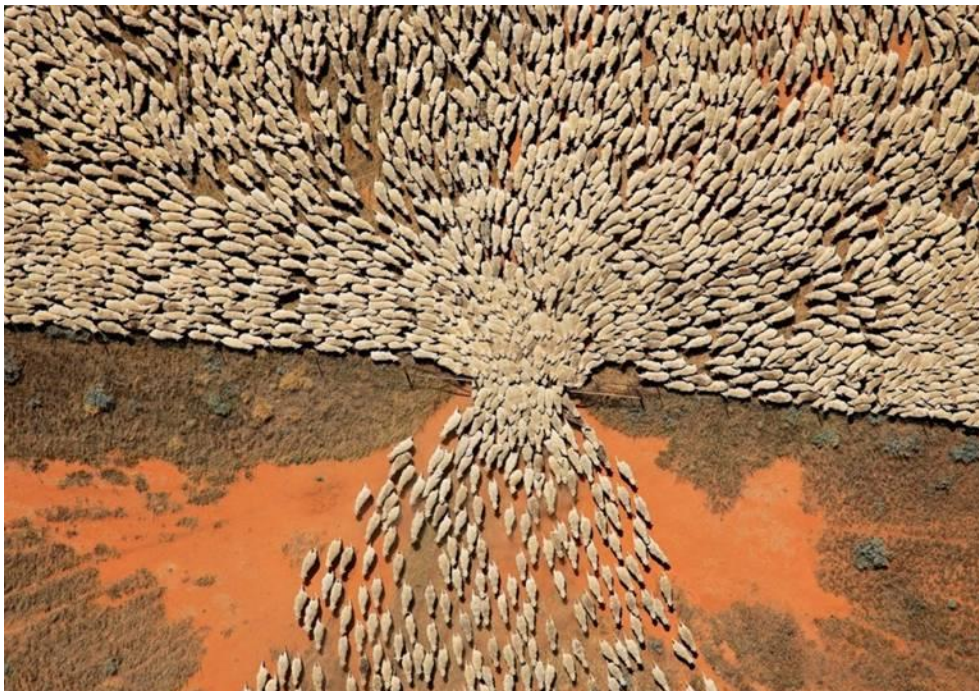
Ford

Careers Expo Brett

White/Marina Lawrence

Minister for Woman's Affairs

Brett White



What is it? A herd of sheep.....passing through a gate!





WALCHA ROTARY

CLUB

1956 TO 2016

60 YEARS OF ROTARY SERVICE

President Stuart Bayley

and the members of Walcha Rotary Club

wish to extend an invitation to

The members and partners of Tamworth First Light

to attend the Club's

60th ANNIVERSARY CELEBRATIONS

6.00pm for 6.30pm

WALCHA BOWLING CLUB

Croudace Street, Walcha

Tuesday 20th September 2016

Dress Smart Casual

Charge \$25.00 per head

RSVP 14th September

Contact - PO Box 123

Secretary James Levingston

james.levingston@bigpond.com



Meeting Roster	Wednesday 7th September	Wednesday 14th September
Venue	Diggers 6:30am	Diggers 6:30am
Topic	Peter Barsoum-PTSD Companions	Dimity Betts-personal profile
Door Team	Natalie Conn Peter Ryan	Joe Townsend Ron Allen
Meeter & Greeter	Dean Clutterbuck	Peter Pulley
Welcome	Robert Sharp	John Glynn
President Assist	James Treloar	Richard Hardwick
Visitor Assist	Peter Hyde	Leslie Jacob
Corporal Assist	Tom Hellmann	Ian Howle
Bulletin Notes	David Baddams	Di Ford
Introduction	Brian Thompson	Val Hellmann
Vote of Thanks	John Worldon	David Hinwood

Post Office Raffle Roster

9 September	16 September	23 September	30 September
Simone Church Graham Dooley	Rob Clifton Simone Church	Graham Dooley Laurence Hearne	Laurence Hearne Dwone Jones
7 October	14 October	21 October	28 October
Val Hellmann Dwone Jones	Val Hellmann Marina Lawrence	Bruce Hemmett Lesley Hood	Bruce Hemmett Brian Logan
Corporals for September		Corporals for October	
Richard Walker & Andrew Beer		Dennis Johnson & Paul Stevenson	

Birthdays, Anniversaries and Inductions

Members Birthdays	Andrew Beer (11/9)
Partners Birthdays	Natasha Beer (11/9), Jenny Clifton (8/9), Marion Dooley (13/9), Sue Thompson (8/9)
Anniversaries	NIL
Club Induction	Dennis Maunder (26 years-12/9), John Toulmin (11 years-7/9), Stephen Massey (10 years-13/9), Phillip Penman (10 years-13/9)

Attendance	61%
Make-Ups	NIL
Visiting Rotarians	NIL
Visitors	Di Haire, Marielle Dunne, Merryn Morris, Alan Coates (Hon Member)
Heads & Tails	
Raffle	Skinner

REMEMBER: IT'S UP TO YOU HOW YOU STAY DRY ON A PREDICTED WET WEEKEND, BUT IF YOU CAN'T DO THAT BE AS HAPPY AS THE DOG IN MUD!





HAVE A GOOD WEEKEND EVERYONE, HOPE TO SEE YOU ALL TONIGHT AT 6pm AT THE POST OFFICE HOTEL!



The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good
 We thank Thee for our daily food
 May Rotary Friends and Rotary ways
 Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Tamworth—First Light
 Meets Wednesday morning,
 6:30 for 7:00 am at
 Wests Diggers
 Kable Avenue
 TAMWORTH NSW 2340
 Phone: 6766 4661

Club Officers and contact details

President—Terry Robinson

president@tamworthfirstlight.org.au

Secretary—Helen Tickle

secretary@tamworthfirstlight.org.au

Other Clubs meet:

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| Monday | Tamworth West, West Tamworth Bowling Club, 6:30pm |
| Tuesday | Tamworth Rotary Club, Service Club, 6:15pm |
| Wednesday | Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm |
| Friday | Tamworth Sunrise, Sanctuary Inn, 7:00am |