



Rotary

CLUB OF TAMWORTH FIRST LIGHT BULLETIN

2016-2017

District Governor: Ian Jackson

President: Terry Robinson 0427 661 066

Secretary: Helen Tickle 0417 684 583

Treasurer: PDG Jane Bradford 0429 666 100



Photo courtesy of: Jim Raymond (Mooloolaba)

To submit your favourite 'first light' photo, please send to dimity.betts@nswcc.org.au



NOTES & DIARY DATES 2016



SANTA IS COMING TO "DIGGERS"

Wednesday 14th December, 2016

*Santa and his Helper will shower all members
with gifts and best wishes
and celebrate our LAST Meeting for 2016*

*To help Santa and his friend
to grant wishes for
The Salvos,
please bring your gifts of either non-perishable tucker
and/or children's toys.*



No Wrapping Please

District conference- 24th-26th March 2017 at Laurieton

Social nights- This will be a regular occurrence on the 3rd Friday of the month, join us for drinks and dinner at the Post Office Hotel.

Santa Crawl- save the date for 16th December

Christmas Break- last meeting for the year is December 14th-NO MEETING 21st or 28th December.

The Coastal Golf trip is on from 3-5 March, we welcome all male golfers to join us for a weekend of golf & fun.

Depart Tamworth Friday morning, return Sunday night.



Wednesday, 14th December 2016

Meeting # 1340

Quote of the week: *"You only need two tools in life.....WD-40 and Duct tape. If it doesn't move and should, use WD-40, if it moves and shouldn'tuse duct tape."*

ROBBO'S BABBLING RAMBLES!

It goes to show that even a meeting which traditionally would be branded as boring because it is our Annual General Meeting can be great fun and it was.

When all the cogs in the wheel are working together then the club simply performs and runs well and it becomes self-perpetuating.

Thank you to all of you for participating in making our club a great club and particularly a big thank you to my Board and Leslie who had a great fine session.

Our club is governed by three documents. The first is the **Constitution** which is dictated to us by Rotary International.

We then have **Club bylaws** which mould the club to fit what we would like within our club and can be changed with a 75% majority.

Lastly, we have a **policy manual** which can be amended by a majority of votes.

Clubs have a large discretion regarding the number of meetings they have, attendance and the type of memberships that are available.

All of these documents are located on the club's website under the "document store" tab. If you are interested, I encourage you to have a read.

The new Constitution, Bylaws and the policy manual were unanimously passed by the club.



It was my very great pleasure to present \$5,000.00 to Mal McPherson on behalf of Youth Insearch to be utilised for their camps. They have 70 students attending a camp which was held on the weekend of 10 December.

Di Ford gave a presentation on how the District Grant of \$3,996.00 would be spent on radiation shielding equipment at Kokopo in New Guinea. Thanks Di.

We also had the pleasure of the company of Brendan Maher from RUOK which is an organisation focussed on awareness of mental health of your mates. He encouraged us to look for anything unusual and ask our friends and colleagues whether “everything is okay”. We should then listen rather than try and solve the problem and encourage them to take action and seek advice perhaps from a GP so as a crisis may be avoided and thereafter to check back to see whether they are okay. In his view it is all about becoming a more “connected community”.

We also had the company of country music star Travis Collins. Travis approached me after the meeting and indicated that he was very impressed with the club and its activities and that he thoroughly enjoyed the meeting. He offered his services to the club in any way he could. Please keep that in mind if you have an event or project.

It is fantastic to think that after a single meeting, people are enthused and feel confident enough in offering their services.

Ronald McDonald House **Santa Crawl** is being held on 16 December. We still need another eight or ten volunteers on Friday evening for a couple of hours. It is not a big ask in terms of a time commitment. Please let Chris know if you can help and please encourage your partners and others to also assist in this fund raising event which is also a lot of fun to be involved in.

Our last meeting will be held at Diggers on Wednesday, 14 December.

Santa and his helper will be in attendance so you need to be good until at least then.

Can you please bring a package of non-perishable goods to be donated to the Salvation Army.

There is no meeting on 21 and 28 December 2016.



Our first meeting back is 11 January with the traditional breakfast in Anzac Park.

Can you also put in your diary the 26 February for a restaurant meal at the New Goonoo Goonoo restaurant.

Have a great week, enjoy your Christmas parties and I will see you next week.

Regards

Robbo

PS: Board members please remember there is a board meeting on Monday, 12 December in my office at 6:45 am.

GUEST SPEAKER

Annual General Meeting

Notes: Marina Lawrence

Thanks: Barry Biffin

Treasurer, Jane Bradford

\$88,000 in funds

\$5,000 from PO Raffle and \$2,000 from fines

Foundation, Steve Massey

Provided 3 articles in the bulletins. He promised that's the last of them. Centurion he thought was so great he's joined himself. Di Ford, great job, they have 6 months to implement the radiology project for PNG. Need to apply for the District Grant to double funds to \$60,000.

Club Admin, Peter Ryan

Christmas party was well attended. Tech now working at Diggers after issues earlier in the year. Catch up at PO has been great. Possible Sunday lunch on 26th Feb at Goonoo Goonoo Station. Bulletin - Dimity, fantastic job. John Fogarty - Guest speakers, really good. Lesley - great job!

Membership, Brodie Shields

Review process still going. Would appreciate any feedback on orientation doc provided to new members. Otherwise, all's well.

President, Terry Robinson

Thinks good vibes are happening within the club. Looking for things to do for projects. Strong social emphasis has been going good. Has committed good people to attending the district convention. Reconnect with Sunrise through Pedal the Peel has been great. Focus on youth projects. Continue with quality members.

Public Relations, Deb Barnes

800 people through Facebook are seeing our posts through liking and sharing. Facebook is the main media focus along with the Leader.

Service Projects, Brett White

RYLA - going gangbusters

Pedal the Peel - \$20,000 raised so far

Expo - going great. 10 registrations only opened Friday.

Science Engineering - going good

Youth - going good

Overall - going good.

Women's Affairs, Brett White

Too many women.

Brendan from RuOk- Impromptu Guest Speaker with Travis Collins (Ambassador for RuOk)

Brendan provided an overview of why RuOk was created. Gavin Larkin's father committed suicide in 1995. In 2009 RuOk was created to encourage meaningful connection with those around you and to bring something positive and constructive from the death of his father.



It challenges people to take their blinkers off and look around them. Focus is placed on the people around the person who has self harming thoughts to equip them with the knowledge and skills required

- Notice the changes in people around you
- Listen without judgement. Things that keep us up at night are not as bad when shared with a friend.
- Check in on the person

Brendan is back in January for the festival.

DECEMBER IS DISEASE PREVENTION AND TREATMENT MONTH

The Rotary Foundation helps make health care available for hundreds of orphans in Uganda.

Rotary's top priority is the eradication of polio, but our members take on far greater responsibilities to fight disease. They set up health camps and training facilities in undeveloped countries and in communities struggling with HIV/AIDS and malaria. They also design and build the infrastructure for doctors, nurses, governments, and partners to reach the one in six people in the world who can't afford to pay for health care.

Disease prevention and treatment takes on many forms, from supporting studies to helping immunize people to improving drinking water and the sanitation infrastructure. The world relies on Rotary to tackle these global challenges, and to set an example for others to follow.

To find out more, go to: <https://www.rotary.org/en/learning-reference/about-rotary/disease-prevention-and-treatment>

Meeting Roster	Wednesday 14th December	Wednesday 11th January	
Venue	Diggers 6:30am	ANZAC Park	
Topic	Santa Claus	Traditional BBQ Breakfast	
Door Team	Michelle Shanahan Peter Bell		
Meeter & Greeter	Glen McIntosh		
Welcome	John Fogarty		
President Assist	Louise Matthews		
Visitor Assist	Jim Raymond		
Corporal Assist	Simone Church		
Bulletin Notes	Christine Shewry		
Introduction	Christine Shewry		
Vote of Thanks	Maureen Thornton		
Post Office Raffle Roster			
16 December	23 December	30 December	6 January
Santa Crawl	No Raffles	No Raffles	No Raffles
13 January	20 January	27 January	3 February
No Raffles	No Raffles	No Raffles	Peter Ryan Jim Raymond
Corporals for December		Corporals for January	
Dean Clutterbuck & Laurence Hearne		Tim Coates & Ander Beer	
Birthdays, Anniversaries and Inductions			
Members Birthdays	Deb Barnes (14/12), John Fogarty (14/12)		
Partners Birthdays	NIL		
Anniversaries	Peter and Bernadette Hyde (33 years-17/12), Brian and Sue Thompson (38 years-16/12)		
Club Induction	David Baddams MBE (15 years-15/12), Deb Barnes (4 years-19/12), Richard Walker (2 years- 14/12)		
Attendance			
Attendance	71%		
Make-Ups			
Make-Ups	NIL		
Visiting Rotarians			
Visiting Rotarians	Mal McPherson		
Visitors			
Visitors	Travis Collins, Brendan Maher		
Heads & Tails			
Heads & Tails	Marina Lawrence		
Raffle			
Raffle	Skinner		

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good
 We thank Thee for our daily food
 May Rotary Friends and Rotary ways
 Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Tamworth—First Light
 Meets Wednesday morning,
 6:30 for 7:00 am at
 Wests Diggers
 Kable Avenue
 TAMWORTH NSW 2340
 Phone: 6766 4661

Club Officers and contact details

President—Terry Robinson

president@tamworthfirstlight.org.au

Secretary—Helen Tickle

secretary@tamworthfirstlight.org.au

Other Clubs meet:

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| Monday | Tamworth West, West Tamworth Bowling Club, 6:30pm |
| Tuesday | Tamworth Rotary Club, Service Club, 6:15pm |
| Wednesday | Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm |
| Friday | Tamworth Sunrise, Sanctuary Inn, 7:00am |