



Rotary

**CLUB OF TAMWORTH FIRST LIGHT
BULLETIN**

2016-2017

District Governor: Ian Jackson

President: Terry Robinson 0427 661 066

Secretary: Helen Tickle 0417 684 583

Treasurer: PDG Jane Bradford 0429 666 100



Photo courtesy of: Deb Barnes (Lake Keppit)

To submit your favourite 'first light' photo, please send to dimity.betts@nswcc.org.au



NOTES & DIARY DATES 2016



District conference- 24th-26th March 2017 at Laurieton

Social nights- This will be a regular occurrence on the 3rd Friday of the month, join us for drinks and dinner at the Post Office Hotel.

Social- lunch at Goonoo Goonoo's Glasshouse restaurant. See Peter Ryan to put your name down. Sunday February 26th

The Coastal Golf trip is on from 3-5 March, we welcome all male golfers to join us for a weekend of golf & fun. Depart Tamworth Friday morning, return Sunday night.



Wednesday, 25th January 2017

Meeting # 1342

Quote of the week: *"Be decisive. Right or wrong, make a decision. The road of life is paved with flat kangaroos who couldn't make a decision."*

ROBBO'S RAMBLINGS

Our vocational visit on 18 January at Andromeda Cables & Flat Belt was another super interesting and unique industry operating in the Tamworth Region.

Raymond MacLaren is a talented engineer and passionate about everything he does.

The plaited cables in his cable making division is his own invention. It makes steel cable flexible. All of the equipment in his workshop has been designed and built by Raymond.

Raymond's own showroom of engineering bits and pieces that he has collected and refurbished over the years is truly unique and intriguing.

Thank you Marina for organising once again a memorable visit and once again highlighting what a rich and diverse economy the Tamworth region has.

There is no meeting on Wednesday 25 January!

Our next meeting will be at Diggers, Kable Avenue, Tamworth on Wednesday, 3 February.

By then we should have assisted with the Country Music Cavalcade marshalling as well as catering for the RUOK Conversation in the Park on 29 January.

Thank you to all those who will be assisting with those events.

Whilst they are not events where we raise money, Rotary is not about raising money on every event. Rotary is about doing good in our communities in lots of different ways.

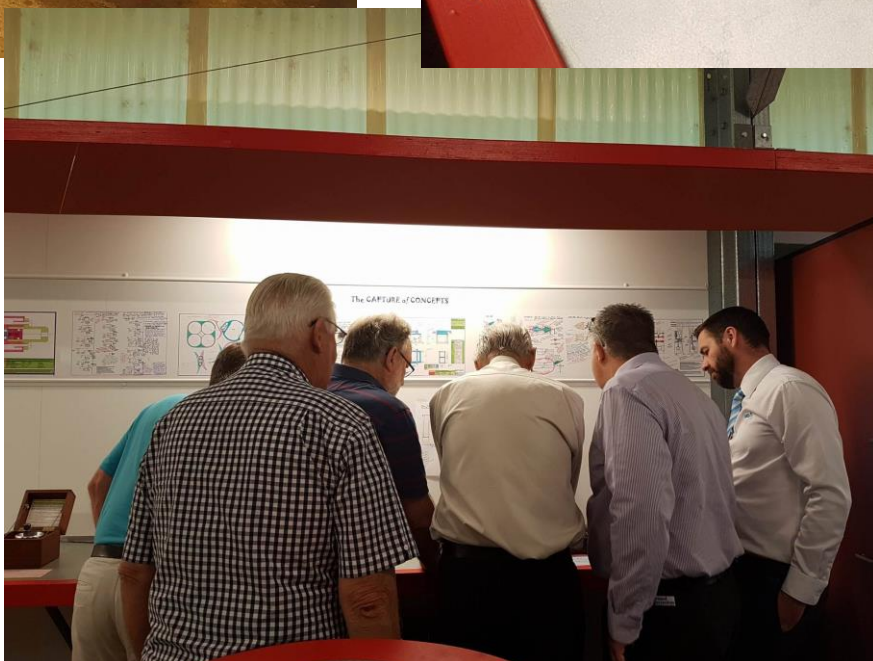


Registrations are now open for the **District Convention in Laurieton** between 24 and 26 March. Please let me know if you are going.

Don't forget the social occasion to be held at the Glasshouse Restaurant, Goonoo Goonoo Station on 26 February. Please respond to Peter Ryan's email.

Cheers and keep well

Robbo







Conversations in the park

Join country music legend and R U OK? Ambassador Travis Collins for 'Conversations in the Park' with surprise performances by country music mates!

Enjoy a chat, a cuppa, a sing-along and a BBQ brekky at Toyota Park, Sunday morning.

Travis, a passionate R U OK? ambassador, will share some tips to help you start a conversation with a mate or loved one who might be struggling with life.

Travis will also perform a few favourites and his country music mates will play a few tunes. All in support of R U OK?



When: Sun 29 January

Time: 9am – 11am

Where: Toyota Park

Rotary (First Light) BBQ Brekky
– gold coin donation

Please bring a chair or a rug

Brought to you by:



R U OK?
A conversation could change a life.

Rotary 



Northwest Regional Careers Expo Registration for 2017

Registrations are now open via the link below:

<http://www.nwrce.org.au/exhibitors/>

Event details:

Date: **Wednesday, 17 May 2017**

Where: TRECC, Greg Norman Drive, Tamworth

Time: School arrivals from 9.30am

Exhibitors are required to bump in the day prior, 16 May 2016

Session Times: 09:30 – 11:30

12:00 – 14:00

Site cost: **\$100.00** (not including transaction fees)

Included: 1 6ft table and 2 chairs

Tea and coffee facilities

Lunch and bottled water for each registered attendee

Powered sites will be available – extension cords and power will not be provided by Rotary

Registrations Close: 14 April 2017

Registrations will not be accepted if public liability is not provided

Set up times: TBA

For more information please contact info@nwrce.org.au

There was this one nurse that just drove me crazy.



Every time she came in, she would talk to me like I was a little child. She would say in a patronizing tone of voice, "and how are we doing this morning?"

Or.... "are we ready for a bath?" Or... "are we hungry?"

I had enough of this particular nurse.

One day at breakfast, I took the apple juice off the tray and put it in my bedside stand.

Later I was given a urine sample bottle to fill for testing. So you know where the juice went!



The nurse came in a while later, picked up the urine sample bottle, looked at it and said, "My, my, it **seems we are a little cloudy today.**"

At this, I snatched the bottle out of her hand, popped off the top, and gulped it down, saying, "Well, I'll run it through again. Maybe I can filter it better this time!"

The nurse fainted... I just smiled!



**SOMETIMES
I PRETEND TO BE
NORMAL.
BUT IT GETS BORING...
SO I GO BACK TO BEING ME.**

myholocomments.com

**DON'T MESS WITH US OLD PEOPLE... You'll
lose every time!!!!**

Meeting Roster	Wednesday 25 th January	Wednesday 1 st February	
Venue	NO MEETING	West Diggers	
Topic		Lucy Haslam, Max Cathcart & Dimity Betts- Palliative care	
Door Team		Juanita Greville Andrew Beer	
Meeter & Greeter		Liz Gill	
Welcome		Graham Dooley	
President Assist		Stephen Hawkins	
Visitor Assist		Brodie Shields	
Corporal Assist		Richard Walker	
Bulletin Notes		Natalie Conn	
Introduction		Natalie Conn	
Vote of Thanks		Phil Heffernan	
Post Office Raffle Roster			
27 January	3 February	10 February	17 February
No Raffles	Peter Ryan Jim Raymond	Terry Robinson Jim Raymond	Terry Robinson Peter Ryan
24 February	3 March	10 March	17 March
Christine Shewry Brodie Shields	Brodie Shields Paul Stevenson	Paul Stevenson Christine Shewry	Brian Thompson Maureen Thornton
Corporals for January		Corporals for February	
Tim Coates & Ander Beer		Tim Coates & Ander Beer	
Birthdays, Anniversaries and Inductions			
Members Birthdays	Terry Robinson (27/01)		
Partners Birthdays	Gemma Watson (26/01)		
Anniversaries	Jim and Carmel Raymond (40 years-29/01)		
Club Induction	Sue O'Connor (3 years-29/01)		
Attendance	44 %		
Make-Ups	NIL		
Visiting Rotarians	NIL		
Visitors	Pam Shields		
Heads & Tails	-		
Raffle	-		

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good
 We thank Thee for our daily food
 May Rotary Friends and Rotary ways
 Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Tamworth—First Light
 Meets Wednesday morning,
 6:30 for 7:00 am at
 Wests Diggers
 Kable Avenue
 TAMWORTH NSW 2340
 Phone: 6766 4661

Club Officers and contact details

President—Terry Robinson

president@tamworthfirstlight.org.au

Secretary—Helen Tickle

secretary@tamworthfirstlight.org.au

Other Clubs meet:

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| Monday | Tamworth West, West Tamworth Bowling Club, 6:30pm |
| Tuesday | Tamworth Rotary Club, Service Club, 6:15pm |
| Wednesday | Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm |
| Friday | Tamworth Sunrise, Sanctuary Inn, 7:00am |