



# Rotary

## CLUB OF TAMWORTH FIRST LIGHT BULLETIN

**2016-2017**

**District Governor: Ian Jackson**

**President: Terry Robinson** 0427 661 066

**Secretary: Helen Tickle** 0417 684 583

**Treasurer: PDG Jane Bradford** 0429 666 100



Photo courtesy of: David Hinwood (Sheba Dam)

To submit your favourite 'first light' photo, please send to [dimity.betts@nswcc.org.au](mailto:dimity.betts@nswcc.org.au)



## NOTES & DIARY DATES 2016



**District conference-** 24<sup>th</sup>-26<sup>th</sup> March 2017 at Laurieton

**Social nights-** This will be a regular occurrence on the 3<sup>rd</sup> Friday of the month, join us for drinks and dinner at the Post Office Hotel.

**Social-** lunch at Goonoo Goonoo's Glasshouse restaurant. See Peter Ryan to put your name down. Sunday February 26th

**The Coastal Golf trip** is on from 3-5 March, we welcome all male golfers to join us for a weekend of golf & fun. Depart Tamworth Friday morning, return Sunday night.

Dear Terry,

We just wanted to say a massive thanks to the Rotary Club of Tamworth First Light for your support and participation at our first Tamworth event.

We couldn't have asked for a better bunch of people to help feed and water the hungry hordes!

We'll be back next year for sure and would love to engage your club's support again.

Lisa said she counted around 200 in attendance, not bad considering we weren't listed in the program.

Any feedback or ideas for next year, most welcomed by the way.

Please find attached the pics from Sunday, you're welcome to \*download and share them with the club.

\*click on the little download arrow near the green Buy Now button – noting there is no cost.

<https://greenleaf.smugmug.com/Conversations-in-the-Park-2017/>

Please let us know how the expenses went versus what you made on the day, too. We don't want you to be out of pocket.

Thanks again Terry, please pass on my sincere thanks to everyone.

Brendan Maher

CEO | R U OK?

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W: [www.ruok.org.au](http://www.ruok.org.au)



Wednesday, 1<sup>st</sup> February 2017

Meeting # 1343

**Quote of the week:** *"Like a good wine, we mellow with age.....Or is it, as we age, we mellow with a good wine?"*

## ROBBO'S RAMBLINGS

At this week's meeting we were privileged to have Lucy Haslam (she has become a regular attendee at our meeting) and our very own Dimity Betts speak regarding the lack of **palliative care** in New South Wales and particularly in the Tamworth Region.

In our region, we have one palliative care nurse and 0.5 of a palliative care doctor when we should have several doctors and five or six nurses at a minimum.

Palliative care commences upon the diagnoses of a chronic illness not simply when a person is close to death.

Palliative care is provided by qualified and experienced doctors and nurses with special training who provide physical, practical, emotional, and spiritual support for people living with terminal illnesses and their families and carers.

It means people can keep doing the things they love for as long as possible and families can make the most of the most of the time they have left with those people.

It helps patients to be more comfortable and in less pain when the end is near and it enables people to talk about where and when they would like to die, when that time comes.

The option for that sort of care in New South Wales and particularly the Tamworth Region is inadequate.

Dimity on behalf of the NSW Cancer Council and Lucy on behalf of United in Compassion have mounted a public campaign throughout New South Wales to try and redress this in balance.

With an aging population, this is now of critical importance and I urge you to get behind Dimity and Lucy's initiatives.

We need to fight and advocate for palliative care, doctors and nurses.

Thank you very much to all the Rotarians who assisted with the **cavalcade** marshalling on 28 January and also with the **RUOK Concert** on Sunday, 29 January. It was fantastic to see so many Rotarians involved.

I have often said you get more out of Rotary than you put into it. The only way that you can benefit from Rotary and give back to the community, is by being involved and I urge my fellow club members to become involved, engaged and to become an active part of the club.

NB:

Jane Bradford is organising a **night at the cinema** on 22 February in aid of polio eradication. The new release film is called **Hidden Figures**, which tells the story of 3 brilliant African American women working at NASA who served as the brains behind one of the greatest operations in history, that being the launch of an astronaut into orbit. The film has already been nominated for 3 Academy Awards and has grossed large sums at the box office in its 1st week.

This will become a must see movie and you have the opportunity to see it first. The cost is \$15 with \$5 of that being a donation to polio. Please support this fundraiser by asking your partner and friends to attend.

Do not forget the social occasion at The **Glasshouse Restaurant** at Goonoo Goonoo Station on 26 February. Please let Peter know whether you are going.

The **District Convention** to be held at Laurieton on 24 to 26 March is now open. I encourage you to consider attending the convention and I am sure that you will find it motivational and inspiring. Until you go to a convention you do not really appreciate how much Rotary does in our communities and in overseas communities.

There is a **Pedal the Peel Cycling Challenge** meeting at my office this Tuesday evening at 5:30 PM. All welcome.





Next week is a **Club Assembly** and I remind the Club's directors to have reports ready for the meeting.

There is a **board meeting** on 13 February at my office at 7 am and if you have any matters you would like to raise or you would like to attend, please let me or one of my board know.

The **golf committee** is looking for prizes for their trip during early March and if you can assist please see one of the members of the golf committee.

I hope you have a great week and I'll see you at the next meeting.

Robbo





Dear Tamworth and surrounds Rotary Clubs

You are invited to our annual fund raiser for the elimination of Polio

This is a true story.....

## Polio Plus Movie Night

### THE MOVIE

- **HIDDEN FIGURES** is the incredible untold story of Katherine Johnson (Taraji P. Henson), Dorothy Vaughn (Octavia Spencer) and Mary Jackson (Janelle Monae)
- Brilliant African-American women working at NASA, who served as the brains behind one of the greatest operations in history:
- The launch of astronaut John Glenn into orbit, a stunning achievement that restored the nation's confidence, turned around the Space Race, and galvanised the world.
- The visionary trio crossed all gender and race lines to inspire generations to dream big.



We aim to run it on **Wednesday, 22 February at 7:00pm at a cost of \$15.00pp** - \$5.00 donation pp – an easy little fund raiser for such an important program...


The trailer looks excellent. The film actually launches on Thursday, 16 February – Australia wide and has already been nominated in “best picture category”.

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To be free  
To be away from us  
Stormy waters  
They are sailing  
Cross the sea  
Home again  
They are sailing, they are sailing


## Farewell Tony and Lindsey

Our dear Rotary friends **Tony Young** and **Lindsey Bagust** have decided to sail away. Let's farewell them in style!




- When: **Friday 17<sup>th</sup> February 2017**
- Where: **2340 Café, 15B White Street, Tamworth NSW 2340**
- Time from: **6:30**

Dress code: **summer party, sailing, tropical or pirate theme,**



The event will be a finger food affair supplied by 2340  
A bar will operate (user pays)  
RSVP essential for catering purposes  
[ruythel1.dufty@gmail.com.au](mailto:ruythel1.dufty@gmail.com.au) or 0428217932  
Cost: \$10 pp Payment to **Ruythe Dufty** would be appreciated to guarantee your attendance.  
(Partners and significant others welcome)



In lieu of a money collection, bring a jar, packet, bottle of something; i.e. gourmet food in a tin or bottle - olives, truffle salt, olive oil etc. and add it to the gift box. (Tag the gift in some way to

<b>Meeting Roster</b>	<b>Wednesday 8<sup>th</sup> February</b>	<b>Wednesday</b>	
<b>Venue</b>	<b>West Diggers 630am</b>	<b>West Diggers 630am</b>	
<b>Topic</b>	<b>Club assembly</b>	<b>Richard Hardwick-personal profile</b>	
<b>Door Team</b>	Bruce Hemmett Max Cathcart	Laurence Hearne Chris Watson	
<b>Meeter &amp; Greeter</b>	Anne Jacob	Tom Hellmann	
<b>Welcome</b>	Ron Allen	Michael Smith	
<b>President Assist</b>	Deb Barnes	Peter Hyde	
<b>Visitor Assist</b>	John Toulmin	Stephen Massey	
<b>Corporal Assist</b>	Dean Clutterbuck	Phil Lyon	
<b>Bulletin Notes</b>	Phil Penman	Michael O'Connor	
<b>Introduction</b>	Phil Penman	Michael O'Connor	
<b>Vote of Thanks</b>	Peter Ryan	Brian Thompson	
<b>Post Office Raffle Roster</b>			
<b>10 February</b>	<b>17 February</b>	<b>24 February</b>	<b>3 March</b>
Terry Robinson Jim Raymond	Terry Robinson Peter Ryan	Christine Shewry Brodie Shields	Brodie Shields Paul Stevenson
<b>10 March</b>	<b>17 March</b>	<b>24 March</b>	<b>31 March</b>
Paul Stevenson Christine Shewry	Brian Thompson Maureen Thornton	Maureen Thornton Christine Shewry	Brian Thompson Brodie Shields
<b>Corporals for February</b>		<b>Corporals for March</b>	
Tim Coates & Ander Beer		Jim Raymond & Peter Ryan	
<b>Birthdays, Anniversaries and Inductions</b>			
<b>Members Birthdays</b>	NIL		
<b>Partners Birthdays</b>	Helen Himwood (11/2), Robert Betts (13/2)		
<b>Anniversaries</b>	NIL		
<b>Club Induction</b>	NIL		
<b>Attendance</b>			
<b>Attendance</b>	60%		
<b>Make-Ups</b>			
<b>Make-Ups</b>	NIL		
<b>Visiting Rotarians</b>			
<b>Visiting Rotarians</b>	NIL		
<b>Visitors</b>			
<b>Visitors</b>	Lucy Haslam		
<b>Heads &amp; Tails</b>			
<b>Heads &amp; Tails</b>	Laurence Hearne		
<b>Raffle</b>			
<b>Raffle</b>	Skinner		



## The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### Rotary Grace

O Lord and giver of all good  
 We thank Thee for our daily food  
 May Rotary Friends and Rotary ways  
 Help us to serve Thee all our days

### The Four-Way Test

**Of the things we think, say or do**

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Tamworth—First Light  
 Meets Wednesday morning,  
 6:30 for 7:00 am at  
 Wests Diggers  
 Kable Avenue  
 TAMWORTH NSW 2340  
 Phone: 6766 4661

Club Officers and contact details

**President—Terry Robinson**

president@tamworthfirstlight.org.au

**Secretary—Helen Tickle**

secretary@tamworthfirstlight.org.au

### Other Clubs meet:

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|------------------|--|
| <b>Monday</b>    | Tamworth West, West Tamworth Bowling Club, 6:30pm      |
| <b>Tuesday</b>   | Tamworth Rotary Club, Service Club, 6:15pm             |
| <b>Wednesday</b> | Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm |
| <b>Friday</b>    | Tamworth Sunrise, Sanctuary Inn, 7:00am                |