

CLUB OF TAMWORTH FIRST LIGHT BULLETIN

2016-2017

District Governor: Ian Jackson

President: Terry Robinson 0427 661 066

Secretary: Helen Tickle 0417 684 583

Treasurer: PDG Jane Bradford 0429 666 100



Photo courtesty of: Jim Raymond (Hervey Bay)

To submit your favourite 'first light' photo, please send to dimity.betts@nswcc.org.au



NOTES & DIARY DATES 2016

Raffle tickets- have you got unused tickets from Pedal the Peel?? Please return them ASAP to Lesley Hood as other people are wanting to sell tickets and we have none left to give out.

Science and engineering challenge is on March 14th, 15th, and 16th. Helpers needed Tuesday afternoon, Wednesday and Thursday. See David Hinwood if you can help.

Bowel Scan Month- This year kits will be sold as a combined club effort. Volunteers will be required between 29 April to 6 May.

Next week's meeting- will be held at TRECC as part of the Science and Engineering Challenge. Cost will be \$20.

Mental health training- A FREE 12 hour course is available to us through Rural Adversity Mental Health Program. Please contact Dimity to express your interest. At the moment the club consensus is to partake in 4-5 short sessions (making up to 12 hours) over the course of a few weeks. This will most likely be during April/May.

Looking for a good home- Susie Stevenson has a well-established in pot jacaranda, about 80cm in height looking for a good home. Contact Paul and Susie for more details.

60 seconds- Brian Logan spoke about catering for around 900 people a day at the hospital. Throw in lots of allergies, intolerances, special diets etc. and sometimes there's not much left to create a meal with for the patient. He'll watch a celebrity cooking show when they can match this!



Wednesday, 15th March 2017 Meeting # 1349

Quote of the week: "Arguing with a woman is like reading software licence agreements....in the end you ignore everything and click.....! agree!!"

ROBBO'S RAMBLINGS

What a fun filled and hilarious meeting we had last week with the Sunrise Club of Tamworth.

They are a vibrant club, full of enthusiastic and energetic people and it is quite refreshing.

One of my goals this year was to renew the connection with our "child club" and I think we have been successful. I believe we will all benefit from that closer connection.

From my point of view as Chairman of the Pedal The Peel - Cycling Challenge, they have been a lifesaver and have assisted to taking this charity event to the next level.

I would like to see joint meetings with Sunrise to occur at least on an annual basis and more consideration be given to the joint projects and each of our clubs supporting the other, in our various ventures.

What about we get together a table to attend the Sunrise Club's Casino Royale Ball? Sue and I attended last year and it was a great fun night.

We had four prospective Rylarians visit us this week. Liam Rushton was sponsored by Joblink. Bianca Freestone is also sponsored by Joblink. Dominique Judd is an electrician and sponsored by Tamworth Regional Council. Rhiannon Smith is being sponsored by our Club. Each of the prospective Rylarians told us briefly about what they hope to get out of RYLA.

Louise Matthews continues to excel in her role in promoting RYLA and encouraging young people to attend what will be a life changing and forever remembered week.



Brian Logan told us why it is so difficult to prepare 900 meals a day with all of the allergies, allergic reactions, gluten-free and other medically prescribed diets. Whilst they are producing about 900 meals a day, it appears that a large percentage of those will be one off meals. It was a certainly an eye opener for most of us.

If you need more Pedal The Peel raffle tickets with respect to the Merida road bike (retail price \$1,499.00) please let me know.

If you have sold your book, please return the raffle book and money.

Please do not sit on the book and simply return it unsold on the day of the event.

Rob Clifton reported that the recent golf trip to the Coast netted about \$7,000.00 profit and that again is a tremendous result given that the bus was not full.

David Hinwood is still looking for volunteers to assist at the Science and Engineering Challenge 14 March to 16 March.

I recommend this activity and I can assure you, you will enjoy it. It is great to be amongst young students and the activities are challenging and they are fun.

Do not forget that our next club meeting is to be held at Tamworth Regional Entertainment Centre where we will have the opportunity to view some of the activities that the students will be partaking in as part of the Science and Engineering Challenge.

The following week we will be at the Rural Health Campus in Johnston Street.

If you are thinking about going to the District Convention you must register now. We have seven members from the club registered at this point.

We will have some shifts to fill for the bowel scan project during 29 April to 6 May.

Marina and her team are working hard on the Careers Expo which is to take place on 17 May.



We have a very busy last three months of our year and it would be great if everybody could assist in whatever way they can to make the load on those who have large portfolios, much lighter.

Cheers and see you at TRECC next week.

Robbo













A special Poem for Max Cathcart, on his 80th birthday!

I can't believe it is 10 years ago
That I wrote of Max's 70 years as an ode



It is again time for your Rotary friends – and me on their behalf

To ensure your 80th birthday is once again full of laughs

Our Max is full of knowledge, opinions and his brain is no way dimmer

And the Tamworth community is still the ultimate winner

To be blessed with the lovely Robyn at his time of life

Keeps Max young at heart and out of strife

Max has reached that great milestone of four score

But is a long way from being shown the door

As I said 10 years ago, you need to sit a while and relax

But we all know you will continue to live life to the Max

Brett White 7 March 2017





MARCH IS WATER AND SANITATION MONTH

To learn about these Rotary projects and others, go to: https://www.rotary.org/en/our-causes/providing-clean-water

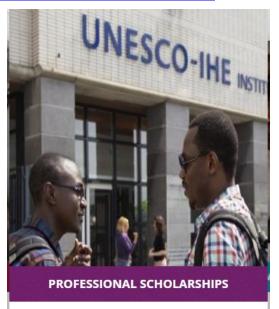


ROTARY'S TARGET CHALLENGE to

develop sustainable water, sanitation, hygiene (WASH), and education projects is being piloted in five countries: Belize, Guatemala, Honduras, India, and Kenya.



ROTARY MEMBERS ARE PROVIDING CLEAN, FRESH WATER to every public school in Lebanon, so students can be healthier and get a better education.



ROTARY AND THE UNESCO-IHE INSTITUTE FOR WATER EDUCATION HAVE TEAMED

UP to tackle the world's water and sanitation crisis by training professionals to devise and implement solutions in developing and emerging countries.



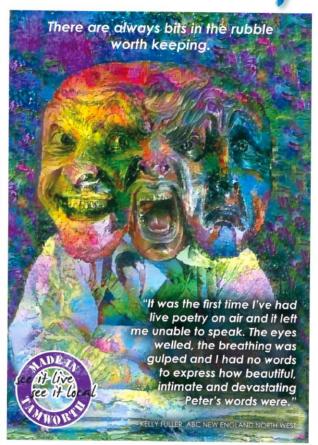
ROTARY HAS PARTNERED WITH THE U.S. AGENCY FOR INTERNATIONAL

DEVELOPMENT to implement sustainable, long-term projects to improve water supply, sanitation, and hygiene in the Dominican Republic, Ghana, and the Philippines.



Tamworth Dramatic Society presents

By Peter Langston



Friday 24 March – Sunday 2 April





Tamworth Dramatic Society presents

eoffrey explores the effect of mental illness on the lives of two men, and how their loved ones somehow cope and lead the way to redemption.

Geoffrey has a distinctly Australian voice, telling a story that might previously have been told in hiding, in the suburbs, possibly even about someone next door. Shining a light on the courage, the love, the destruction, and the recovery which can be mental wellness, this is a play with a story to tell which is both current and important.

Suitable for audiences 15+: occasional course language and mature themes

Written by local poet Peter Langston, and featuring work from some of the region's finest creatives, Geoffrey is a premiere production from the Tamworth Dramatic Society.





Director Daniel Gillett | Designer Miranda Heckenberg Produced by Tamworth Dramatic Society | Charity Partner Black Dog Institute



Friday 24 March - Sunday 2 April

Capitol Theatre Tamworth

2 hours 20 mins | Includes Interval



















Phone 02 6766 2028







Meeting Roster	Wednesday 15 th March		Wednesday 22 nd March	
Venue	TRECC		University of Newcastle Rural Health, Johnson Street	
Topic	TRECC- Science and Engineering Challenge		Vocational Visit	
Door Team	Christine Shewry Maureen Thornton		Stephen Hawkins Phillip Heffernan	
Meeter & Greeter	John Fogarty		Brodie Shields	
Welcome	Andrew Beer		Richard Walker	
President Assist	Graham Dooley		Ron Allen	
Visitor Assist	Liz Gill		Deb Barnes	
Corporal Assist	Juanita Greville		Dean Clutterbuck	
Bulletin Notes	Phil Penman		Laurence Hearne	
Introduction	Phil Penman		Laurence Herne	
Vote of Thanks	Juanita Greville			Bruce Hemmett
Post Office Raffle Roster				
17 March	24 March	31 N	March	7 April
Brian Thompson Maureen Thornton	Maureen Thornton Christine Shewry	Brian Thompson Brodie Shields		Helen Tickle James Treloar
14 April	21 April	28 April		5 May
Good Friday	James Treloar John Treloar	John Treloar Richard Walker		Richard Walker Brett White
Corporals for March			Corporals for April	
Jim Raymond & Peter Ryan		Phil Penman & Natalie Conn		
Birthdays, Anniversaries and Inductions				
Members Birthdays	Max Cathcart (15/3), Michael O'Connor (17/3)			
Partners Birthdays	Debra Brooks (Brian Logan- 20/3)			
Anniversaries	Simon and Jane Chamberlain (27 years-17/3)			
Club Induction	NIL			
Attendance	67%			
Make-Ups	NIL			
Visiting Rotarians	Mal McPherson (West Tamworth), Members from Sunrise club			
Visitors	Liam Rushton-Grace, Bianca Freestone, Rhianna Smith, Dominique Judd (RYLA participants)			
Heads & Tails	Max Cathcart			
Raffle	Skinner			



The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST. The development of acquaintance as an opportunity for service;
- SECOND. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good We thank Thee for our daily food May Rotary Friends and Rotary ways Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

Tamworth—First Light Meets Wednesday morning, 6:30 for 7:00 am at Wests Diggers

Kable Avenue

TAMWORTH NSW 2340

Phone: 6766 4661

Club Officers and contact details

President—Terry Robinson

president@tamworthfirstlight.org.au

Secretary—Helen Tickle

secretary@tamworthfirstlight.org.au

Other Clubs meet:

Friday

Monday Tamworth West, West Tamworth Bowling Club, 6:30pm **Tuesday** Tamworth Rotary Club, Service Club, 6:15pm **Wednesday** Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm Tamworth Sunrise, Sanctuary Inn, 7:00am



