



Rotary

CLUB OF TAMWORTH FIRST LIGHT BULLETIN

2016-2017

District Governor: Ian Jackson

President: Terry Robinson 0427 661 066

Secretary: Helen Tickle 0417 684 583

Treasurer: PDG Jane Bradford 0429 666 100



www.missbrenda.net.au

Photo courtesy of: Michael Smith (Mt Kilimanjaro)

To submit your favourite 'first light' photo, please send to dimity.betts@nswcc.org.au



NOTES & DIARY DATES 2016

Raffle tickets- Lesley Hood has more raffle books if anyone wants any.

Bowel Scan Month- This year kits will be sold as a combined club effort. Volunteers will be required between 29 April to 6 May.

Next week's meeting- EARLY START- Please be there ready to start at 6:55am

Oxley Community Transport need your help, we are in desperate need of new volunteers and would love for you to pass this information on to your members. It does not matter if they can only spend one day a fortnight or a couple of hours a week, any help would be greatly appreciated. Our volunteers receive full training, and ongoing support from our friendly staff.

Please do not hesitate to contact me if you require any further information or if you would like me to come and talk to your group or association.

Kind Regards



Sharon Tibbs
Manager
Oxley Community Transport
Ph: (02) 6762 1122
Mob: 0459 123 494



Thanks to Phil and Ian for helping these 'two lost Germans' on the Golf Course.
(Welcome to Tamworth Jost and Werner!)

Wednesday, 29th March 2017

Meeting # 1351

Quote of the week: *"Never underestimate the power of stupid people in large groups"*

ROBBO'S RAMBLINGS

Our last meeting was held at the University of Newcastle Rural Health Campus in Johnston Street, Tamworth.

What a fantastic facility it is.

Yet another hidden gem contained right within Tamworth.

We have a state of the art, cutting edge medical and allied health training facility which has a reputation as one of the best in Australia and there are queues of people wanting to train at the Tamworth facility.

The University has 30 staff and control five or six other training campuses including Coffs Harbour and Port Macquarie.

It was obvious from the presentations from the staff including Ian Woodley and Dr. Lauren Cone, that they are a dedicated and passionate bunch of people whose goal is to provide expert practical training and also to ensure that students are assimilated within the Tamworth community and enjoy country life, with a long term view of encouraging more doctors and allied health professionals to practice in country regions.

The students who spoke to us were full of praise for the Tamworth facility and the teaching staff and each student indicated that the training facilities and education they



were receiving here in Tamworth, were better than they would have received in the cities.

The simulated labs and computerised “patients” was eye opening and gives you real comfort that young doctors and other medical health professionals really do know what they're doing.

Many thanks must once again go to Marina for organising yet another fantastic, enjoyable, memorable and stimulating vocational visit.

The District Convention is being held over the weekend and we have seven club members attending. We will be able to provide a short report at the next meeting and hopefully some new ideas.

There is a Pedal the Peel meeting to be held in my office at 5.30 pm every Wednesday evening until the event occurs.

We have a group of Oxley High School students interested in attending the Model United Nations Assembly (MUNA). It is great that we have been able to reconnect and engage with Oxley High School and promote some of Rotary's many youth programs.

I encourage you to think about what it is you want to do and get out of Rotary and discuss that with me or our Board.

We are always looking for new ways to assist our community or other communities so if you are passionate about a project or a concept please talk to the Board.

Next week we have a full meeting agenda and we will start 5 minutes early so please be there ready to start at 6:55 AM.

Until next week have a great week.

Cheers,
Robbo



Thanks to the University Of Newcastle Dept. of Rural Health for the excellent tour and presentation on their facility.

Dr. Lauren Cone, Clinical Dean

Ian Woodley, Community Engagement Manager

Megan- Clinical Skills Co-ordinator

Students- Arupan, Lucy, Liam and Nigel.

The facility hosts students from Nursing, radiation science, social science, dietetics, pharmacy, medicine, speech pathology and occupational therapy.

About half their students are studying medicine in 4th/5th years while the other half are a combination of nursing and allied health.

Half of the Junior Medical Officers at the Tamworth Rural Referral Hospital are from this program showing that many students who study here get training positions here.

Outside of Tamworth, UON has major training sites in Moree, Armidale, Coffs Harbour and Port Macquarie.

All of the lecturers are also working in their field (Physicians, nurses, dieticians etc) and live in Tamworth so the university has quite a local presence.

A Joke thanks to Michael Smith

In the UK, some supermarkets have admitted that there is horse meat in their home cooked burgers.

Even places like Burger King have had to admit that there are “small amounts” of horse meat in their burgers.

Tesco is a big supermarket chain in the UK

Within hours of the news that Tesco's 'all beef hamburgers' contained 30% horse meat, these quips hit the internet ...

“I'm so hungry, I could eat a horse..... I guess Tesco has listened!

Anyone want a burger from Tesco? Just say “Yay or neigh?”

Not entirely sure how Tesco are going to get over this hurdle.

Waitress in Tesco asked if I wanted anything on my Burger.

So I had £5 each way!

A woman has been taken into hospital after eating horse meat burgers from Tesco.

Her condition is said to be stable.

Tesco are now testing all their vegetarian burgers for traces of unicorn

Tesco now forced to deny presence of zebra in burgers,
as shoppers confuse barcodes for serving suggestions.

Said to the missus, These Tesco burgers give me the trots....

"To beef or not to beef, that is equestrian".....

A cow walks into a bar.

Barman says, "Why the long face?"

Cow says "Illegal ingredients, coming over here stealing our jobs!"

These Tesco burger jokes are going on a bit....

Talk about flogging a dead horse!

MARCH IS WATER AND SANITATION MONTH

To learn about these Rotary projects and others, go to:

<https://www.rotary.org/en/our-causes/providing-clean-water>



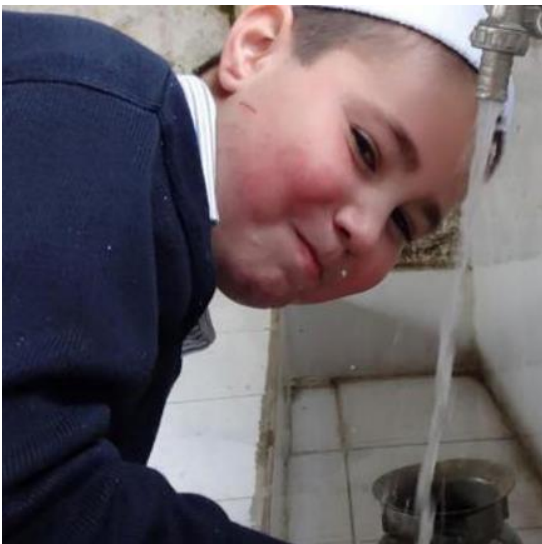
WASH IN SCHOOLS TARGET CHALLENGE

ROTARY'S TARGET CHALLENGE to develop sustainable water, sanitation, hygiene (WASH), and education projects is being piloted in five countries: Belize, Guatemala, Honduras, India, and Kenya.



PROFESSIONAL SCHOLARSHIPS

ROTARY AND THE UNESCO-IHE INSTITUTE FOR WATER EDUCATION HAVE TEAMED UP to tackle the world's water and sanitation crisis by training professionals to devise and implement solutions in developing and emerging countries.



MAKING SCHOOLS HEALTHY

ROTARY MEMBERS ARE PROVIDING CLEAN, FRESH WATER to every public school in Lebanon, so students can be healthier and get a better education.



INTERNATIONAL ALLIANCE

ROTARY HAS PARTNERED WITH THE U.S. AGENCY FOR INTERNATIONAL DEVELOPMENT to implement sustainable, long-term projects to improve water supply, sanitation, and hygiene in the Dominican Republic, Ghana, and the Philippines.

GLOUCESTER Tri Challenge 2017

Do you have what it takes?

SUNDAY 10 SEPTEMBER



www.gloucestertri.com.au



Meeting Roster	Wednesday 29th March	Wednesday 5th April	
Venue	West Diggers 6:30am	West Diggers 6:30am	
Topic	Bruce Logan-TRC Waste Management	Dean Clutterbuck-personal profile	
Door Team	Max Cathcart Tom Hellmann	Brian Thompson Chris Watson	
Meeter & Greeter	Peter Hyde	Diane Ford	
Welcome	Anne Jacob	David Hinwood	
President Assist	Phil Heffernan	Phil Lyon	
Visitor Assist	Michael O'Connor	Val Hellmann	
Corporal Assist	Stephen Massey	Ian Howle	
Bulletin Notes	Marina Lawrence	Dennis Johnson	
Introduction	Marina Lawrence	Dennis Johnson	
Vote of Thanks	Peter Ryan	Paul Stevenson	
Post Office Raffle Roster			
31 March	7 April	14 April	21 April
Brian Thompson Brodie Shields	James Treloar Brian Thompson	Good Friday	James Treloar John Treloar
28 April	5 May	12 May	19 May
John Treloar Richard Walker	Richard Walker Brett White	Helen Tickle Brett White	Helen Tickle Barry Biffin
Corporals for March		Corporals for April	
Jim Raymond & Peter Ryan		Phil Penman & Natalie Conn	
Birthdays, Anniversaries and Inductions			
Members Birthdays	Dennis Johnson (03/04)		
Partners Birthdays	NIL		
Anniversaries	Terry and Patricia Burgess (30/03)		
Club Induction	Peter Ryan (02/04-9 years)		
Attendance			
Attendance	58%		
Make-Ups			
Make-Ups	NIL		
Visiting Rotarians			
Visiting Rotarians	Sam Peacocke (Dubbo South)		
Visitors			
Visitors	NIL		
Heads & Tails			
Heads & Tails	-		
Raffle			
Raffle	-		

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good
 We thank Thee for our daily food
 May Rotary Friends and Rotary ways
 Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Tamworth—First Light
 Meets Wednesday morning,
 6:30 for 7:00 am at
 Wests Diggers
 Kable Avenue
 TAMWORTH NSW 2340
 Phone: 6766 4661

Club Officers and contact details

President—Terry Robinson

president@tamworthfirstlight.org.au

Secretary—Helen Tickle

secretary@tamworthfirstlight.org.au

Other Clubs meet:

- | | |
|------------------|--|
| Monday | Tamworth West, West Tamworth Bowling Club, 6:30pm |
| Tuesday | Tamworth Rotary Club, Service Club, 6:15pm |
| Wednesday | Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm |
| Friday | Tamworth Sunrise, Sanctuary Inn, 7:00am |