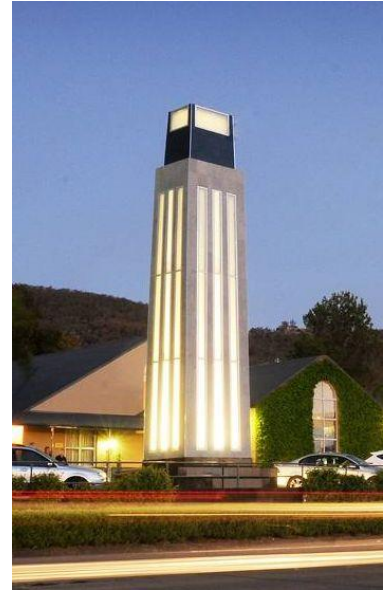




Rotary Club of Tamworth First Light

2017 2018

District Governor:	Bob Ryan	0409 457 705
President:	Michael Smith	0408 230 211
Secretary:	Michael O'Connor	0437 593 479
Treasurer:	Deb Barnes	0411 770 552



APRIL IS

MATERNAL & CHILD HEALTH MONTH

"It is health that is real wealth and not pieces of gold and silver"
Mahatma Gandhi

Rotary  

www.rotary.org

Wednesday 4 APRIL 2018

Quote; Build your own dreams, or someone else will hire you to build theirs.

It's always great to welcome a new member into the Club. This week **we inducted Paul Crosby** into the world of Rotary and more specifically the First Light world.

That's our second induction this month with another one on the way.

Great to see our other new recruit **Naomi Blakey** involved in RYLA last week as well as **DJ** And of course **"Mum" Louise** who always does a great job with the young adults We will be interested to see the participants we sponsored come back and speak at our club.

Robbo and his crew are desperately seeking volunteers for the **Pedal the Peel to be held 8th April** Unless you are in hospital, Timbuktu or riding in the event, **we need you to assist on the day.** It's not hard to stand on a corner or do some marshalling etc Please see **Mitch Soree to get your name on the list.** It's a very big fund raiser and we need plenty of help!!

Speaking of fundraising – well done to **Cliffo and the golf committee** on a very successful Hunter Valley golf trip. They got a little wet, both on the inside and outside I hear but raised a load of money **Well done guys!!**



Another boring reminder!

If you are rostered on to do a job at the weekly meetings and can't perform the duties, it is up to **You to find a replacement!!!!** **Not me on the morning, not the President assist, not the Bulletin editor – YOU.** It is also up to you to turn up on time. The job definitions have been in the Bulletin for years now as are the weekly rosters. So if you don't know you are rostered on or don't know what to do, we can only assume you don't read the

Bulletins, which probably means I just wasted 2 minutes typing this. **But I feel better now !!** Thanks to **Christine Shewry and Emily Roy** for their talk on youth employment in our area

Breaking the cycle is hard for a lot of underprivileged in our area **Joblink Plus** is helping to break that cycle and get people in work and become meaningful participants in our society.

Have a great Easter, don't eat too much chocolate, but how much is too much anyway??

Kind Regards Michael Smith



Reminder

Raffle books for Pedal the Peel

Mens Van saw 74 patients and 28 we requested to see their GP now!

Rob Clifton with 47 Golfers raised \$10,000 in 3 days.

Rob Sharp is off to Popondetta and Rabaul in August. Would you like to accompany him?

Our guests for this week were Christine Shewry – CEO of Joblink Plus and Emily Roy - Executive Manager of Community Partnerships

The aim at Joblink Plus is:

To equip people to be job active by giving support and finding their suitability for a position.

2. To change lives by getting and keeping people trained and employed.

3. 12,000 were found employment last year.

4. Area involves Broken Hill to Tenterfield, the Hunter, Cowra to Lake Cargelligo.

5 16,000 people are supported each day. 25% are indigenous.

6. Special policies for working in Regional Australia and training for employment.

7. National unemployment is 5.5%; youth (15-24) 18%; NSW is 4.8%; youth 12.2%

Tamworth youth unemployment is 28% (65% in some areas) general unemployment 6%

8. Solutions. There are 36 offices.

The federal government will subsidise wages up to \$15000 for 6 months (paid to employer)

Training given pre and post employment (for 3 weeks for attitude training)

Traineeships and apprenticeships; Youth PaTH programs of internships; National Work Experience Program; NEIS program (for start up small business)



Joblink Plus provides job readiness, skills, licences; job specific matching; tools; transport; teeth repairs; glasses. Youth transition to work and support in the workplace.

The education is often providing a “positive attitude”.

Christine and Emily were thanked by Richard Harwick.



WHAT'S ON THE FUTURE PROGRAM.

APRIL 4 Barry Harley TRC Manager Events and Country Music 2018 Country Music and Upcoming Events

6-22 NZ tour

8 Sunday Pedal the Peel

11 RYLA participants

18 ANZAC theme Michael O'Connor

25 ANZAC DAY no Rotary meeting

MAY 16 Careers Expo Breakfast at the TREC

26 District Assembly at Gunnedah

JUNE 16 Change over Dinner

Hello Fellow Rotarians,

My name is Peter Gray and I am a member of Port Macquarie West Rotary. Some four years ago we started a branch of "Sailability NSW" in Port. It has grown to over 70 volunteers and takes people with disabilities sailing on our river every Wednesday. Some days we have 70+ people lined up to go sailing, from primary school to very old pensioners. It takes 30-40 volunteers to run each sailing day.

We need to make a trailer to transport up to 12 Keels from our little 2 man yachts. It will not be used on public roads, just to get the keels from our storage shed to the pontoon where we insert them into the boats. For this we need your help to find some bike parts. Old "Posties bikes" or similar farm bikes are what we have in mind. WE only need two front wheels and one complete front assembly. That is handle bars down to the wheel with the brakes still working. We do not want bikes in a going condition just those bits!

Could you please ask your members if they have or know of such bikes that we could get cheaply? While we have raised over \$400,000.00 towards this project we are always short of cash for running expenses.

My phone number is 0265813061 or 0400831941 and my email address is at the top of this missive. Please help us, Yours in Rotary, Peter Gray
Foundation Director, Port West Rotary

On behalf of The Rotary Club of Tamworth First Light and the University of Newcastle I would like to give our sincere thanks to your 'donation of time' in the volunteering that you helped with over the past week. Without your assistance we would not be able to achieve the wonderful student experiences and outcomes of nearly 1,000 individuals. Looking at the faces of the participants they certainly seemed to enjoy the experience.

Again a big THANK YOU and I will probably ask you again next year. ☺ ☺

Regards [David Hinwood](#) 0418 667 768



The event

Pedal the peel is a cycling event in the Moore Creek area, with cyclists travelling as far as the Moonbi, Kootingal and Loomberah areas. The event has significant corporate and SME backing, which has historically, and will continue to, raise significant funds to local Tamworth charities such as CanAssist, Billabong Clubhouse, and Youth Insearch.

The event is not possible without the dedication of our volunteers to assist with marshalling the course, organizing the start/finish line operations, and performing escort vehicle duties throughout the event. Historically, the Rotary Clubs of Tamworth, First Light and Sunrise and representatives from our generous sponsors, charity beneficiaries, and the public, have offered significant support, and we hope to see this continue.

Details

Volunteers required for the operational aspects of the Pedal the Peel event.

Event time, 08.04.2018, 0700hrs-approx 1400hrs.

Volunteer pre-meeting prior to the event may be required for some roles

Jobs to be filled (in order of qty needed):

Track Marshalls / course directions, set up and pull-down

Start finish operations

BBQ

Moral support/general duties

Escort vehicles / drivers – requirements TBA

Please express your interest to assist via the following link

<https://www.surveymonkey.com/r/3CXHTV2>

Husband: “Last week when we had an argument, you said, “I will leave you one fine day.” I was just trying to make sure you remembered.

After last week’s lament about our offspring, these articles were submitted. Paul has now left the country for seven/ nine weeks.

Why do women still buy fairy-tale marriage bull? By Wendy Squires

As a commitment-phobe, I am often viewed as someone in denial; that deep down I desire a loving relationship regardless of my reticence. And to an extent, this is correct. Yes, I would like to share my life with someone special. But do I need this to feel complete? Er, hell no. You see, I am truly content on my own. Honest. It took me a long time and much introspection to get this way after a traumatic break-up years ago. But today, I know a partner can only and should only add to my happiness; not be responsible for it. But damn I’m having trouble convincing other women that this is the case; that to be truly comfortable in your own company is perhaps one of the most important achievements in life. I am constantly seeing women who are still buying the fairytale bull. They’re often the same ones who question the truth in my circumstances, who find it impossible to believe contentment can be achieved without commitment. These women are trapped in a Disney dystopia, where marriage is the ultimate goal, that a spoken “I do” and exchanged rings signal a sigh of relief that they will never have to be alone again. Someone will always have their back. Their futures are assured. The fact one in three marriages end in divorce is a reality for others. It couldn’t happen to them. But oh, it can and does. You don’t have to be Barnaby Joyce’s or Karl Stefanovic’s wife to realise what you think is a sound marriage is often not. Believing in the archaic notion that Prince Charmings come along and scoop up Princesses, treating them as such thereafter, is up there with Santa and the Easter Bunny. It’s once the I do’s are done, the hard work really starts. And it takes two willing and consistent partners to get the job done. High hopes are admirable but naive fantasy is not. I was made aware of this distorted view when a discussion among friends turned to “poor Jen” recently.

Yes, this is a reference to Jennifer Aniston, the beautiful, accomplished, wealthy and well-supported actress who, if not copping the condescending “poor” tag, gets lumbered with an “unlucky in love” moniker. Now, bear with me here but I can’t see how a woman who has been married to Brad Pitt and Justin Theroux and has dated John Mayer and Vince Vaughn is unlucky in love. But now facing divorce, she is viewed as “not being able to keep a man” (don’t start me on that one) and someone to be pitied (note there are no “poor Justin”, a failure who can’t keep a woman lamentations). Well call me heartless but I won’t be shedding too many tears of concern for poor Jen. Just because her relationship ended doesn’t mean the love wasn’t real. It just wasn’t forever. It is expectations of forever fulfilment I see as the cause of much disappointment in relationships. Let’s take a look at TV’s *Married at First Sight*, which I have closely watched for research (OK, gratuitous amusement), as an example of how pie in the sky some women are still regarding marriage. Contestant Alycia, a 28-year-old student from South Australia, is described on the show’s website as a “hopeless romantic who has dreamed of her fairytale wedding since childhood. Alycia’s quest for a husband knows no bounds.

These women are trapped in a Disney dystopia.



This smiley and sensitive student can often be found at home creating mood boards of her ideal wedding day. Long before entering the experiment she had already written her vows, picked out her dress and embarked on a wedding diet to ensure that when she did meet the right guy, she would be ready. Unsuccessful on the dating scene, Alycia has been single for four years but has never given up on her hope of meeting Mr Perfect." If

ever there was a description of someone likely to be let down by marriage, it is this woman. Because matrimony is more than a wedding and Mr Perfect is an oxymoron. This idealistic outlook belongs in a Mills and Boon book and that’s where it should stay. Because putting marriage up on such a high pedestal leaves it precariously open to falling over. No man can live up to Alycia’s ideal and in this instance he sure didn’t. Her instant husband, plumber Mathew, believed he wasn’t good enough for her and didn’t want to hurt someone with such high expectations of love. In other words, he couldn’t or wouldn’t be Prince Charming so reverted to being a decent and honest bloke instead. And in reality, this is what women should be looking for. Not a prince but a person, faults and all. Because if you pity poor Jen, you’re likely to pity yourself should your lofty ideals be a let-down. Relationships are a wonderful part of life but they shouldn’t be a reason for living. Because if you are waiting for a man to create your happiness instead of just adding to it, then the reality is “poor” you.

Happiness is overrated – the secret life of a tiger mother By Jenna Price

I ASKED one of my kids what it was like to have a tiger mother. She replied with just one word. Horrifying. Then she paused. “Horrifying but good.” She has developed excellent comic timing, timing acquired after years of compulsory cello practice. “I didn’t appreciate it at the time but I look back and realise how lucky I was.”

Our insane concentration on “happiness”, whatever that means, is draining away our children’s ability to work in teams, to develop arguments and to know stuff. We have to learn to engage arguments and to know stuff. We have to learn to engage with the difficult and demanding, otherwise any agency we have will be stolen. There are tiger parents in Australia, forced to practise in secret because of a national desire to pretend achievement doesn’t matter. It’s more acceptable to hold your children to account anywhere but here.

I care about ensuring children have enough cultural and social capital to be prepared for a life of serious engagement. And if that means they have to complete their schoolwork before they go out to party, big deal. And if they don’t complete their schoolwork, they don’t get to go out to party. That’s the big deal. If you read Richard Jinman’s excellent interview with Ai Weiwei, about to arrive in Australia for his Sydney Biennale keynote next week, the artist reveals his mum hold him off. Ai’s mum said: “You’re almost 40 years old and you’ve done nothing. Your life is wasted. You went to the US for 12 years and you don’t have an American passport. You never graduated.” He took notice. Pulled himself together, go to work. Twenty years later, he is one of the most successful artists of our time. His mum sowed the seeds to make that happen.

We must have expectations of our children and hold them to account. That shouldn’t just be reserved for the sporting field. Sport is important but it’s not the most important thing in a child’s life. Learning matters. School work matters. Time tables. Spelling. Grammar. Major dates in history. Learning to put in your fair share of effort when you do group work. The need to think out difficult concepts and be able to argue for your position. And you can’t do any of that without reading, reading and reading. Preparing for exams and completing them to the best of your ability. No poor excuses.

I was shocked at the level of animosity directed at Yale professor Amy Chua when she published her book in 2011, *Battle Hymn of the Tiger Mother*. Much of the response was endorsing laissez-faire parenting. We can’t do that. We can’t allow ourselves to bring up a nation of boofheads because boofheads can’t build our future.



Psychologist Michael Carr-Gregg says the phrase tiger mother is an unscientific term for parents who practise negative parenting: cold and controlling. But the Australian response has been to parent without boundaries and limits, which leads to obnoxious children out in the world. Carr-Gregg says there are a number of young people who treat their parents’

psychological doormats and that's not in their best interests long term. "If you put up with disrespectful behaviour, if you allow the kids to what they want, when they want, that's laissez-faire parenting. I want parents who are in business of preparing their children for the world."

And how important is happiness? "Sometimes you do things which aren't much fun. Happiness is massively overrated." Love's not overrated. Let them know you love them and part of that love is making sure they are prepared for a life.

Jenna Price is an academic at the University of Technology Sydney and a Fairfax columnist.

My doctor asked if any of my family suffered from insanity.
I replied, "No, we all seem to enjoy it."

	Wednesday 4 April West Diggers 6.30 for 7	Wednesday 11 April West Diggers 6.30 for 7	Wednesday 18 April West Diggers 6.30 for 7am
Topic	Barry Harley TRC	RYLA participants	Anzac Theme Michael O'Connor
Door Team	Naomi Blakey Anne Jacob	Stephen Massey Robert Clifton	John Fogarty
Meeter & Greeter	Chris Watson	Leslie Jacob	Richard Walker
Welcome	Val Hellmann	Louise Matthews	Peter Bell
President Assist	Brian Thompson	Dennis Maunder	Peter Leonard
Visitor Assist	Peter Pulley	Dwone Jones	Michelle Shanahan
Corporal Assist		Julian Smith	Elizabeth Gill
Bulletin Notes	Jane Bradford	Barry Biffin	Brett White
Introduction	Jane Bradford	Barry Biffin	Brett White
Vote of Thanks	Mitchel Soree	Brodie Shield	Graham Dooley
60 seconds			
PO Raffle	6 April	13 April	20 April
NOW @6.30	Tom Hellmann	Tom Hellmann Sue O'Connor	Sue O'Connor Marina Lawrence
27 April	4 May	11 May	18 May
Marina Lawrence Brian Logan	Brian Logan Andrew Maughan	Andrew Maughan John Treloar	John Treloar Paul Crosby
Corporals for April		Corporals for May	
Bruce Hemmett & Maureen Thornton		Ian Howle David Hinwood	
Birthdays, Anniversaries and Inductions			

Members Birthdays	Chris Watson 4/9
Partners Birthdays	nil
Anniversaries	John and Janet Treloar 4/9 (23 years)
Club Induction	Stephen Hawkins 8/4 (3) ; Laurence Hearne 5/4 (23)
Attendance	73%
Make-Ups	nil
Visiting Rotarians	nil
Visitors	John Rouvray; Christine Shewry; Emily Roy; Susie Stevenson; Paul Crosley;
Heads & Tails	Dennis Maunder
Raffle	skinner

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good
 We thank Thee for our daily food
 May Rotary Friends and Rotary ways
 Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Tamworth—First Light

Meets Wednesday morning,
6:30 for 7:00 am at
West's Diggers
Kable Avenue
TAMWORTH NSW 2340
Phone: 02 6766 4661

Club Officers and contact details

President—Michael Smith

president@tamworthfirstlight.org.au

Secretary—Michael O'Connor

secretary@tamworthfirstlight.org.au

Other Clubs meet:

Monday	Tamworth West, West Tamworth Bowling Club, 6:30pm
Tuesday	Tamworth Rotary Club, Service Club, 6:15pm
Wednesday	Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm
Friday	Tamworth Sunrise, Sanctuary Inn, 7:00am