



Rotary Opens Opportunities

# Rotary Club of Tamworth First Light



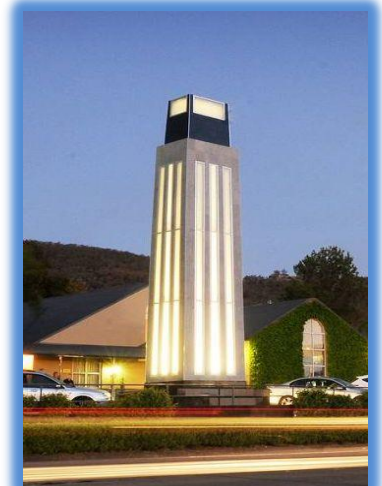
**2020 - 2021**

District Governor [Debbie Loveday](#)

President: [Deb Barnes](#)

Secretary: [Sue O'Connor](#)

Treasurer: [Michael Smith](#)



MEETING 1539

ISSUE 32

WEDNESDAY 17 February 2021

*Misty Morning in Walcha - seemed  
appropriate after Saturday's showers  
Thank you - David Hinwood*





**1<sup>st</sup> - 8<sup>th</sup> May 2021**

**Lake Keepit Sport & Recreation**

**RYLA needs YOU!!**

Please encourage your members to:

**identify** potential participants

**tell** them about the RYLA program

**share** the positive impact it will have on their lives

**encourage** them to apply

**encourage** employers in your Club to sponsor an employee

**invest** in the future of your Club

**RYLA is the future of Rotary...**

[www.rotary9650.org.au/RYLEA](http://www.rotary9650.org.au/RYLEA)

**The program is brilliant, the results outstanding,  
the experience is life-changing.**

## IMPORTANT DIARY DATES FOR 2021

**Sunday, 7 March** – Clean up Australia Day

**12 – 14 March** - District Conference at Panthers, Port Macquarie

**16 – 19 March** - Science & Engineering Challenge at TRECC

**11 & 12 April** -MHREV – Bunnings Car Park

**Sunday, 18 April 2021** – Social Cycling Criterium

**Tuesday, 18 May** - Parents & Community info evening.re Careers Expo

**Wednesday, 19 May** -Northwest Regional Careers Expo.

**1 – 8 MAY 2021** -RYLA CAMP AT KEEPIT DAM – Searching for applicants **NOW!**

**Saturday, 19 June** – First Light Changeover – The Event Centre – Hotel Mercure

**Saturday, 26 June** - D9650 Changeover

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**2021 – 2022**

**10 October 2021**

"Lift the Lid" Fund-raiser

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### President's Notes

- **No up-dates re Rotary Lodge** – just a reminder that Brian Logan is our Club Representative
- Yes, This Rotary Cluster will be replacing the old Rotary signs on the entrance to the City
- Please consider attending the Silo Art at Quirindi when organisation is complete.

### Richard Walker

- Waste Warriors on the back-burner till later in the year – University of New England is keen to be involved
- Clean up Australia – Sunday, 7 March – Hungry Jack area
- Pedal the Peel – meeting on Wed 17.02.2021 at 6:00PM at Eversol



*A man tells a Rabbi: "I have a strong desire to live forever. What can I do?"  
"Get married," replies the Rabbi.  
"And will I live forever?"  
"No, but the desire will disappear."*



## QUOTE OF THE WEEK



*"Everyone you meet is fighting a battle  
you know nothing about.  
Be kind. Always."*

—  
ROBIN WILLIAMS

Dear Members and Friends

We were so lucky to have our Ex-RYLarian Elliott Waters come to speak to us on Wednesday. He visited representing Black Dog. He took our breath away with his honesty, sense of humour and enthusiasm. What an amazing young man.

In our email this week we received the Australian Rotary Health (ARH) 2021 Facts Booklet. We are reminded the ARH provides funding to areas of health that do not readily attract funding. Since 2000 ARH has focused its funding on mental health. In 2012 this focus narrowed to the "Mental Health of Young Australians" and in 2013 research projects focusing on the "Prevention of Mental Health" were included.

The fund-raising day for "Lift the Lid" this year is Sunday, 10 October 2021 - hopefully we can create an event to raise additional funds for this important cause.

I look forward to seeing you on Wednesday.

Thanks

**DEB BARNES**

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### **Mystery Minute –Phil Penman**

We all pay our taxes and health insurances and sometimes wonder what value we get for the money we pay - a little story.

Our granddaughter Lucy was born in May 2018 and transferred to John Hunter on day four (4). Over next nine (9)9 months suffered four (4) dying episodes which required resuscitation; four (4) NETS (Neonatal Emergency Transfer Service) retrieval flights; five (5) charter flights; six (6) months in Randwick Children's Hospital, three (3) of which were in highest care ICU all with mum and dad accommodated in tiny single room within the hospital.

Major episode on son Adam's wedding day led to significant respiratory surgery overseen by doctors from Boston in the US, which was only the second such surgery performed in Australia and on the youngest patient.

Estimated cost to date in excess of \$2million with relatively minimal financial outlay to mum and dad. Now we have a baby girl that is improving every day, she is behind but she is lifting! Thanks for paying your taxes and making her life possible. **Go Lucy!!**

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## OUR GUEST SPEAKER THIS WEEK, AS AN AMBASSADOR FOR THE BLACK DOG INSTITUTE, WAS ELLIOT WATERS – AN EX-RYLARIAN.

Elliot is from Newcastle and is a keen Newcastle Knights supporter. He is currently doing his 4<sup>th</sup> year of Psychology at Newcastle University and works at Bunnings. Long term he would like to have his own Psychology business called “Clear Waters”.

Elliot started by stating that he hates public speaking. The reason why he speaks publicly is for vision and values

Elliot spent three years in Tamworth working for Tamex. He participated in RYLA in 2014. During breakfast I asked Elliot about his RYLA experience and he told me it was a life changing event and one that he will never forget. He also aspires to be a guest speaker at RYLA sometime in the future.

Elliot has dealt with mental issues starting somewhere around the age of 14 when he suffered from anxiety. At 18 he was diagnosed with depression and then 18 months ago as Bi polar (borderline personality). Elliot is now 30 years old.

Elliot sees his role with The Black Dog Institute to spread the gospel about communication. People don't want to talk about mental issues. Families often don't want to talk about it either. We need to start talking about it. As well, those with mental issues need to accept responsibility and seek help.

Elliot spoke of a recent event where he was being interviewed by a Newcastle weekly magazine reporter as “Person of the Week” with a photograph of him at Anzac Walk in Newcastle which overlooks the beach carpark. Some 24 hours later someone committed suicide in the carpark which made Elliot think that it was a telling reminder that this person just needed someone to communicate with.

Elliot was thanked by Graham Dooley for sharing his life experiences and our President, Deb could not resist being in this photo with one of our Ex-RYLARIANS – now our guest speaker for today.

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**RYLA – WED NIGHT DINNER AT BLAZES – 5 MAY 2021 -BERNIE SHAKESHAFT will be the guest speaker**

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## The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

## Rotary Grace

O Lord and giver of all good  
We thank Thee for our daily food  
May Rotary Friends and Rotary ways  
Help us to serve Thee all our days

### Tamworth—First Light

Meets Wednesday morning,  
6:30 for 7:00 am at  
The Events Centre  
Hotel Mercure  
TAMWORTH NSW 2340

### The Four-Way Test

**Of the things we think, say or do**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

### Other Clubs meet

**Monday PM – Tamworth West**  
**Tuesday PM - Tamworth**  
**Wednesday PM - Calala**  
**Friday AM – Sunrise**

Club Officers and contact details

### President—Deb Barnes

[president@tamworthfirstlight.org.au](mailto:president@tamworthfirstlight.org.au)

### Secretary—Sue O'Connor

[secretary@tamworthfirstlight.org.au](mailto:secretary@tamworthfirstlight.org.au)

**Treasurer – Michael Smith**



## WEEKLY ROSTER FOR BOTH CLUB AND POST OFFICE RAFFLES

	17 February 2021	24 February 2021	3 March 2021
January 2021	<b>Paul Bennett</b> General Manager - TRC Chillingworth Room	<b>Mitch Hanlon</b> Tamworth University Chillingworth Room	<b>Ryan Dwight</b> Youth Taskforce Chillingworth
<b>Sergeants</b>	Mandy Fisher Steve Martin	Mandy Fisher Steve Martin	Mandy Fisher Steve Martin
<b>Corporals</b>	Namoi Blakey Bruce Hemmett	John Rouvray Steve Massey	Anne Jacob Michael O'Connor
<b>Meeter &amp; Greeter</b>	Liz Gill	Richard Hardwick	Bev Fletcher
<b>Door Team</b>	David Hinwood John Worldon	Peter Ryan Steve Hawkins	Peter Bell Helen Tickle
<b>President Assist</b>	Paul Stevenson	Marina Hearne	Louise Matthews
<b>Visitor Assist</b>	Barry Biffin	Peter Leonard	Graham Dooley
<b>Welcome</b>	Brett White	Brian Logan	Glenn McIntosh
<b>Bulletin Notes</b>	John Treloar	Dennis Maunder	Brian Thompson
<b>Introduction</b>	John Treloar	Dennis Maunder	Brian Thompson
<b>Vote of Thanks</b>	Brodie Shields	Phil Knight	Dimity Betts
<b>POST OFFICE RAFFLE – FRIDAYS - 6:30 – 7:30PM</b>			
<b>19 February 2021</b>	<b>26 February 2021</b>	<b>5 March 2021</b>	<b>12 March 2021</b>
Bruce Hemmett David Hinwood	David Hinwood Mitch Soree	Mitch Soree Brian Thompson	Brian Thompson
<b>BIRTHDAYS, ANNIVERSARIES AND INDUCTIONS</b>			
<b>Members Birthdays</b>	NIL		
<b>Partners Birthdays</b>	Bernadette Hyde (18/02); Erin Cummings (19/02)		
<b>Anniversaries</b>	Trudy & Brett White (37yrs 18/02/1983);		
<b>Club Induction</b>	NIL		
<b>Attendance</b>	81%		
<b>Make-ups</b>			
<b>Visiting Rotarians</b>	Vicki Cooper (RC of Maroochydore, QLD)		
<b>Visitors</b>	Isaac (RYLA -May 2021); Jarrod Cameron - Tennis		
<b>Heads &amp; Tails</b>	NIL		
<b>Raffle</b>	John Worldon		

