



SERVE TO CHANGE LIVES

Rotary



Club of Tamworth First Light

MEETING 1572 issue 15 WEDNESDAY 6th October 2021



Rotary Year 2021 - 2022

District Governor [David Mayne](#)
President: [Marina Hearne](#)
Secretary: [Sue O'Connor](#)
Treasurer: [Michael Smith](#)

Marriage Tips. No 1

If your husband leaves his clothes on the floor it means he doesn't want them. It's ok to throw them in the trash. I'll be back tomorrow with more marriage tips and advice. 😂



OCTOBER IS ECONOMIC AND COMMUNITY DEVELOPMENT MONTH



Rotary supports investments in people to create measurable and enduring economic improvement in their lives and communities.

The Rotary Foundation enables Rotarians to invest in people by creating sustainable, measurable, and long-term economic improvements in their communities and livelihoods by :

1. Building the capacity of entrepreneurs, community leaders, local organizations, and community networks to support economic development in impoverished communities.
2. Developing opportunities for productive work.
3. Reducing poverty in under-served communities.
4. Supporting studies for career-minded professionals related to economic and community development.



Marina's 2 cents worth

Quote of the week:

"You must be shapeless, formless, like water. When you pour water in a cup, it becomes the cup. When you pour water in a bottle, it becomes the bottle. When you pour water in a teapot, it becomes the teapot. Water can drip and it can crash. Become like water my friend."

— Bruce Lee

Joke of the week:

What do you call that day when you finally do all the chores and work you've let pile up?

Tomorrow

- IMPORTANT! From October 11 – as part of the NSW roadmap, those who are not double vaccinated will be unable to enter West League's premises. You will need to provide proof of you vaccination status. Ring or email Marina if you need to chat. I don't have a choice in this one sorry.

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- Nothing like a snap stay at home order to keep you on your toes! Thank you, Deb, for stepping in at the last minute and running the meeting. I have heard many wonderful things and that it was an emotional talk, Belinda is very passionate about TFSS and we hope we can continue to assist TFSS in the future.

- **Our mental health fundraiser is now live. \$5 entry fee only, get your friends and the community to donate. I'll create something for you to share via Facebook and email over the weekend. Link here <https://benefityou.raisely.com/>**

- Lift the lid Hat Day is 10 October, as this isn't near our Wednesday meeting, if all members could wear their hats for our meeting on 13 October and our fine session will go towards donating to Lift the Lid.

- Sunrise to Santa, currently traipsing about WA, so close to making it out of Australia!

- Tree planting day a success, so much positive feedback. Thank you to all our members who attended. It was over and done by 10am, unbelievable! Well done to everyone who was involved in the lead up as well as on the day. I know the maintenance crew will make sure everything is in order for the longevity of this project.

- Any other project ideas like this, please let me know, I'm also happy to catch up and brainstorm with you.

- Photos from past Rotary years – if you have any on your phones, computers wherever, could you either email them to me if it's not too many or if there are a lot, put it on a USB and I will give it back once copied over

Stay safe, stay sane!

Marina



The Countdown is on... Hat Day is 2 Weeks Away!

If you haven't already, now is the time to think about how you can help Australian Rotary Health **Lift the Lid on Mental Illness** during **Mental Health Month** in October.

One way is to celebrate our annual fundraising event **Hat Day on October 10** - which is only 2 weeks away!

Rotary Clubs, colleagues and friends have all enjoyed putting on a silly hat over the years and raising money for important mental health research.

Even if you can only get involved via Zoom, it's still a great opportunity to open up the discussion about mental health and help to break down the stigma.



Our emotional guest speaker Belinda Kotris from the Tamworth Family support Group being thanked by Val Hellmann

“Our guest speaker at this mornings breakfast meeting was Belinda Kotris, the CEO of Tamworth Family Support Services. Belinda originally from Maules Creek has been with TFSS for around 25 years and has seen the organisation grow from a staff of around 6 people to 98 today. Belinda is obviously passionate and committed to her work providing services such as The Women and Children Refuge and the Youth refuge.

A few months ago First Light Rotary donated a number of Friendship Vouchers for meals at a local cafe for distribution amongst their clients. Belinda gave us some feedback on how much the recipients appreciated these vouchers and how they were of benefit to their well-being. A very emotional and informative presentation. Thank you Belinda.

Val Hellman gave a vote of thanks to Belinda for her presentation.”



Register now and save: 2022 Rotary International Convention

As Rotary members, we use our connections to create lasting change in our communities and around the world. And although we've all faced the challenges of the pandemic for the past year and a half, we've continued to take action, solve problems, and make a positive impact. So we are optimistic that we can gather in person to explore new opportunities for friendship and service at the **2022 Rotary International Convention, 4-8 June in Houston, Texas, USA. We invite you to join us!**

At the convention, you will:

- Develop new friendships and strengthen old ones
- Share your Rotary experiences and learn more ways to get involved
- Find inspiration in the family of Rotary

Register now to take advantage of our reduced rate, available until 15 December. You'll be able to cancel for a full refund, minus a \$50 per person administration fee, until 30 April.

Don't miss this chance to strengthen your passion for Rotary.

[REGISTER NOW](#)

How proud were we all at the great turn out to the tree planting, celebrating 100 years of Rotary. Thankyou Peter Ryan a mighty effort



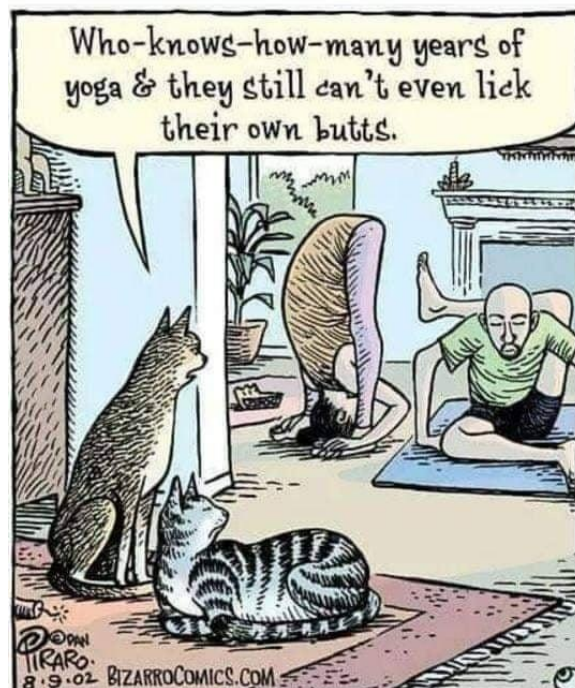






Fun Stuff





I sent that 'Ancestry' site
some information on my
Family Tree.

They sent me back a pack
of Seeds,
and suggested that I
just start Over.

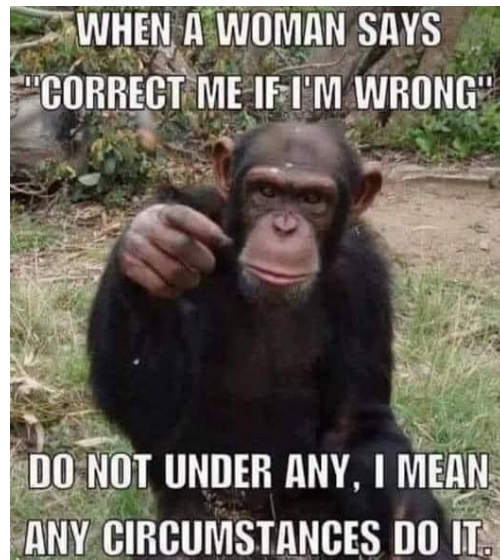
Madonna is 57,
her boyfriend is 24.

Tina Turner is 77,
her boyfriend is 42.


J Lo is 44,
her boyfriend is 28.

Still single?

Relax, your boyfriend isn't
even born yet.



YOUR BRAIN WORKS JUST
LIKE A COMPUTER



TRUTH THEORY
SO MAKE SURE
YOU'RE THE ONLY ONE
PROGRAMMING IT.

**BREAKING
NEWS**

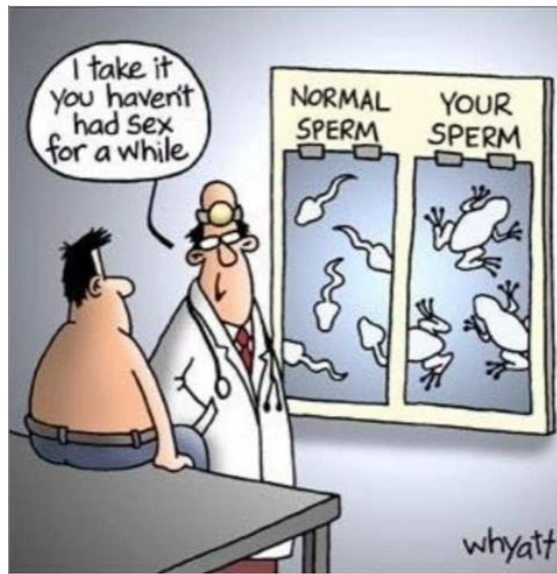
PANIC BUYING LIMITS SET

COLES
2 x HAND SANITIZERS, 24 x TOILET ROLLS

SAFeway
18 x TOILET ROLLS & 2KG OF RICE

WOOLWORTHS
2 x HAND SANITIZERS, 12 TOILET ROLLS

ALDI
2 x TRUMPETS, 1 x DIVING SUIT
1 x MIG WELDER



Rotary Events Calendar	Date
<ul style="list-style-type: none"> • October 'Lift the Lid' • Rotary spring Golf Day, Tamworth Golf Club, Mixed Stableford, shotgun start, \$40 includes lunch, Book at the pro shop. • Science and Engineering • District Conference • Waste Warriors Expo • RYLA 	<ul style="list-style-type: none"> • 10 October 2021 • 11am Friday 12th November 2021 • 14- 18 March 2022 • 18- 20 March 2022 • 25th March 2022 • 29th April 2022 – 7th May 2022

Social Calendar	Date
<ul style="list-style-type: none"> • Post Office Raffles Social Night • Guess Who's Coming to Dinner • Rotary Spring Golf Day, Tamworth Golf Club, Mixed Stableford, Shotgun start. \$40 includes lunch., Book at the Pro shop 	<p>3rd Friday of the Month</p> <p>11am, Friday 12th November 2021</p>

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Tamworth - First Light

Meets each Wednesday
6:30 for 7:00 am
West League Club
Chillingworth Room
Phillip Street
South Tamworth

Club Officers and contact details

[President — Marina Hearne](#)

[Secretary — Sue O'Connor](#)

[Treasurer — Michael Smith](#)

Other Clubs meet:

Monday PM – Tamworth West

Tuesday PM – Tamworth

Wednesday PM - Calala

Friday AM - Sunrise

Seven Areas of Focus



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

Rotary Grace

O Lord and giver of all good
We thank Thee for our daily food
May Rotary Friends and Rotary ways
Help us to serve Thee all our days

The Four-Way Test

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

	6th October	13th October	20th October
Topic	Meeting	Meeting	Meeting
Location	Chillingworth, Wests	Chillingworth, Wests	Chillingworth, Wests
Guest speaker	Making sense of energy in a power-hungry world Raymond McLaren	Public speaking Participants	Critical appraisal in Drug Trials Madeleine Ferraro
Sergeant	Barry Biffin	Barry Biffin	Barry Biffin
Corporals (fortnightly)	John Worldon Graham Dooley	John Treloar Brett White	John Treloar Brett White
Meeter & Greeter	Louise Mathews	Chris Watson	Naomi Blakey
Door Team	Michael O'Connor Terry Robinson	Helen Tickle Vicki Cooper	Ron Allen Graham Dooley
President Assist	Stephen Hawkins	David Hinwood	Mandy Fisher
Visitor Assist	Bruce Hemmett	Peter Bell	Liz Gill
Welcome	Anne Jacob	Deb Barnes	Richard Hardwick
Bulletin Notes & Introduction	Philip Penman	Naomi Blakey	Steve Hawkins
Vote of Thanks	Peter Ryan	Vicki Cooper	Bruce Hemmett

POST OFFICE RAFFLE – FRIDAYS - 6:00 – 7:00PM

8th October	15th October	22nd October	29th October
Philip Knight Brian Logan	Brian Logan Brian Thompson	Denis Johnson Brian Thompson	Denis Johnson Ian Howle

BIRTHDAYS, ANNIVERSARIES AND INDUCTIONS

Members Birthdays	John Treloar 6 th October
Partners Birthdays	
Anniversaries	Barry and Judy wedding anniversary 42 Years
Club Induction	Peter Bell 15 years, Stephen Massey 15 years, Philip Penman 15 years and Michael Smith 15 years

Attendance	74%
Make-Ups	
Visiting Rotarians	
Visitors	
Heads & Tails	Liz Gill
Raffle	Steve Martin

Now you have read the roster, make sure you read the rest of the bulletin!! Marina ☺

