



SERVE TO CHANGE LIVES

Rotary



Club of Tamworth First Light

MEETING 1592 ISSUE 35 WEDNESDAY 16th March
2022



Rotary Year 2021 - 2022

District Governor [David Mayne](#)
President: [Marina Hearne](#)
Secretary: [Sue O'Connor](#)
Treasurer: [Michael Smith](#)



FRI, MAR 04

TAMWORTH VOLUNTEER RECOGNISED AS LOCAL WOMAN OF THE YEAR

Local women Louise Matthews has been named as Tamworth's Woman of the Year as part of the 2022 NSW Women of the Year Awards.

I am Sure I speak for all Club members past and present, on how very, very, very proud we are of you. Love your work my Dear.

A Gentle reminder that, The Science and Engineering Dinner is replacing our normal morning Breakfast meeting next week.

Where: Chillingworth Room West Leagues Club Phillip Street Tamworth

Wednesday, 16 March 2022 6 PM for 6:30 PM Dress: Casual



Bunk-in Science and Engineering 2.00pm to 5.00pm

Brodie has asked for a few more helpers on Monday the 14th of March to set up Tables for the Science and Engineering. If you have time, please make yourselves available.

The result of an inexperienced nurse, blood thinners, blunt razor & Hinwood's tough beard. It's nice to see you smile, we cannot wait, till you can join us again mate.



Marina's 2 cents worth

Quote of the week:

Courage isn't having the strength to go on, it is going on when you don't have the strength.
Napoleon Bonaparte

Clean Up Australia Day was on Sunday, 6 March. A little wet, but we were done and dusted in about an hour. Thank you to Terry and our volunteers for assisting.

16 March will be an evening meeting, there will be no breakfast meeting that day. Please ensure you contact Terry to RSVP. Top notch meal, at a cheaper price thanks to it being subsidised by the S&E Committee. It will be a great social night!

The Polio movie fundraiser provided \$900 (\$652.17US) in total donated funds from our Tamworth Clubs. First Light raised \$187.50aud.

Rotary Lodge update – work has started on the foundations of the first unit, located at the old helicopter pad.

Don't forget to secure a ticket for our Waste Warriors event and meet in person our NSW Citizen of the Year, Professor Veena (who is donating her time) and Jo Taranto from Good for the Hood – she inspires others to create their own piece of good., a leader in sustainability communication and impact. They also launched the War on Waste Action Toolkit and were partnered with ABC TV for this TV production. An informative night is surely will be!

If you're not able to attend our projects on the day – please consider volunteering with set up, contact Brodie/ Graham Dooley or Richard W to assist.

John Treloar and the Golfing Committee are requesting donations for their upcoming Bonville trip. If you have any products/ promotional items or prizes for golfers, please contact John. He will be very happy to hear from you.

It's good to hear that David is reasonably stable at present. He does get a bit tired after talking to people and visitors other than family are probably a little too much at present. I'm sure he is very grateful for our well wishes for his recovery.

RU Volunteering Expo is on 19 May 4-6pm. If there are a couple of people who are able to attend to promote First Light and the projects that we provide to the community, please contact Marina. It may also be a good opportunity to start establishing contacts who might be able to assist us with Projects, but don't necessarily have the time to commit to Rotary as a full member.

Sending positive thoughts to those affected by flooding and to the people of Ukraine.

Marina



Guest speaker Sandra McMahon being thanked by Terry Robinson



Sandra McMahon

Originally from Sydney, Sandra has a close association with Tamworth after marrying a local boy and has been happily married for 42 years. Sandra made it very clear that she was a child bride. Her husband, now a retired police officer, saw postings across the state and this is their 3rd and hopefully last stint, residing here now for the last 14 years. Along the way Sandra raised 3 children and now has 3 grandkids and another on the way.

Sandra's passion for the Arts has spanned over 35 years and has previously owned and operated Weswal Gallery and I know from personal experience the fine art exhibitions that were held there over the years and the bulk of my super that is now hanging on the walls at home.

Sandra is also the Chair of (ADFAS) Association of Australian Decorative and Fine Arts Societies.

There is also a Young Arts Programme which offer \$2,000 grants. The funding available is to encourage and continue the advancement of art among young students out there. Who know where the next aspiring Picasso may be hiding.

This group meets on Monday nights, and I know Vicki very much enjoys her time there.

Sandra mentioned the Tamworth branch commenced approximately 5 years ago and encourages likeminded people and aspiring artists to come along and experience the opportunity to learn and educate their minds.

Prior to Covid-19, lecturers from New Zealand and as far afield as the United Kingdom made regular visits to Australia. Presentations in our region and particularly Tamworth only help to strengthen and promote our beautiful city and what he have to offer, both in tourism and maybe enticing established or aspiring artists to make this their home.

ADFAS Tamworth Region are currently conducting a 1 hour lecture each month through 2022.

The next installment of quality lectures will highlight Digitization Discoveries, on the 8th April and involves local cultural collections. Other lectures to follow include; famous Artists, Wonders of the ancient world, Art Deco in Australia in the 30s and on the 11 November (Armistice Day), a visit by Richard Moorcroft who will speak about his time and interviews with famous artists. He is still on Letters and Numbers, great show and still wears that Daniel Boone hat. You know what I mean.

All of the upcoming lectures will take place in the **Heritage Room** at the Tamworth Community Centre. Meet at 5.45pm for a 6.00pm followed by light refreshment and a convivial social forum.

Great to see you there.



Regional **WASTE** **WARRIORS** 100 MILE DINNER

*Presented by Rotary Club of Tamworth First Light
Sponsored by Northern Inland Regional Waste*

Invite you to

Dinner Function with 2 Key Note Speakers

Friday 25 March 2022 at 6:00pm
West Tamworth League Club,
In Blazes Showroom

Jo Taranto



- Director, Good For the Hood
- Community advocate and sustainability educator
- Empowering ordinary people to create community change

Professor Veena Sahajwalla

- Founding Director of the Centre for Sustainable Materials Research and Technology at the University of New South Wales
- Materials scientist, engineer and inventor, pioneers research into turning waste into valuable resources
- 2022 NSW Australian of the Year



Tickets \$60 each

Includes

3-course Meal
With Jo Taranto & Veena Sahajwalla
Entertainment by Loren Ryan Music



Ticket Bookings
QR Code provided
OR
the link below

www.eventbrite.com/e/273989689537

All enquiry contact -

Richard Walker 0427 466 799
wastewarriors100miledinner@gmail.com



SERVE TO CHANGE LIVES

Join Rotary as we come together to help districts affected by the worsening Ukrainian humanitarian cri



Dear Sue,

As one of the world's largest humanitarian organizations, Rotary has made peace the cornerstone of our global mission. We are deeply concerned about the Ukraine crisis and need your help.

Rotary is made up of people of action, especially in difficult times. In response to the deepening refugee crisis, The Rotary Foundation Trustees have decided to prioritize contributions made to the [Disaster Response Fund](#) until 30 April 2022 to support disaster response grants for districts affected by these events. These expedited [disaster response grants](#) can be used to supply water, food, medicine, shelter, and clothing.

Half a million people have fled Ukraine and are in dire need of emergency aid. The United Nations estimates that number of refugees could grow to as many as 5 million people displaced. Rotary clubs in Europe and around the world have stepped up their relief work, some working on the ground to help displaced families.

With your donation to our [Disaster Response Fund](#), we can support communities and help rebuild lives during this tragic time.

Sincerely,

John Germ
Trustee Chair, 2021-22
The Rotary Foundation

The Link to Donate <https://www.ukrainecrisisappeal.org/>



SERVE TO CHANGE LIVES

Autumn Tree planting 3rd April, Time, and location to follow



All those travelling to the district conference next week please stay safe.



District 9650 Conference 2022 Port Macquarie 18th - 20th
March 2022



RYLA

RYLA is an awe-inspiring program aimed at empowering Australia's next generation of superstars. Meet life changing people, be enthralled by inspiring stories, and develop skills through challenges and activities designed to put your leadership into practice, in a supportive and encouraging environment.

I would encourage you all if you know a person that this would suit please contact Louise Mathews



RYLA
Rotary Youth Leadership Awards

SAT 30TH APRIL - SAT 7TH MAY 2022
LAKE KEEPIT SPORT & REC CENTRE

DISCOVER
WAYS TO BECOME A BETTER ROLE MODEL AND FACE IMPORTANT PERSONAL, WORK AND SOCIAL ISSUES

EXCHANGE
IDEAS AND OPINIONS WITH TALENTED, ENERGETIC PEOPLE IN A SUPPORTIVE ATMOSPHERE FREE FROM DISTRACTION

DEVELOP
CLOSE RAPPORT WITH YOUR ROTARY CLUB, ORGANISATIONS AND DECISION MAKERS IN YOUR COMMUNITY

RYLA IS A POWERFUL AND VALUABLE LEADERSHIP PROGRAM DESIGNED TO ENCOURAGE AND DEVELOP SKILLS THAT PARTICIPANTS CAN POSITIVELY CONTRIBUTE TO THEIR COMMUNITIES.

The objective of RYLA is to empower participants with self-awareness, confidence and leadership skills to assist them in becoming more effective leaders. Many former RYLA Awardees have benefited in ways far beyond the course objective. Past RYLArians are part of the Leadership team and many go on to become more involved in community activities.

The program provides skills in many areas including understanding human behaviour, social interaction skills, committee functions, human values, leadership, presentation skills & public speaking, lifestyle issues, communication and

Participants must be 19 - 27 years of age and ideally involved in some form of leadership within their communities, or have shown leadership potential in the workplace. Other relevant information is in the application form found on the website. Potential candidates will be formally interviewed as part of the selection process and must undergo a formal screening process, which will include reference checks.

Rotary District 9650

QUERIES: Louise Mathews 0420 743 083 | DG David Mayne 0434 860 680
APPLICATIONS: lmjew@bigpond.com (applications close Friday 1st April 2022)
Program cost: \$1295 (all inclusive) - Formal dinner Wed 4th May, Tamworth
Applications found on website: www.rotary9650.org.au/RYLA

Rotary Youth Program of Enrichment (RYPEN) District 9650

1-3 April 2022

RYPEN assists young Australians aged 13-17 to:
develop a greater sense of self-awareness.
Appreciate diversity in society
Realise their own and other's potential.

RYPEN provides opportunities and challenges for young people to review themselves and where they are in life and their direction in the future.

RYPEN achieves these aims through:
Providing an environment in which they can explore their own boundaries and gain a sense of self-understanding and self-reliance.
Challenging through active learning and problem-solving activities designed to stretch the mental, physical and social skills of all participants both individually and in groups.

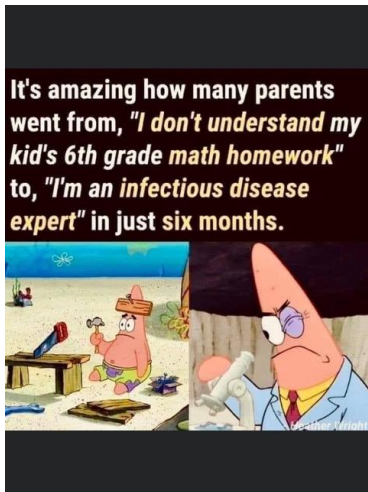
Fun Stuff

Me: (sobbing my heart out, eyes swollen, nose red)...I can't see you anymore...I am not going to let you hurt me like this again!

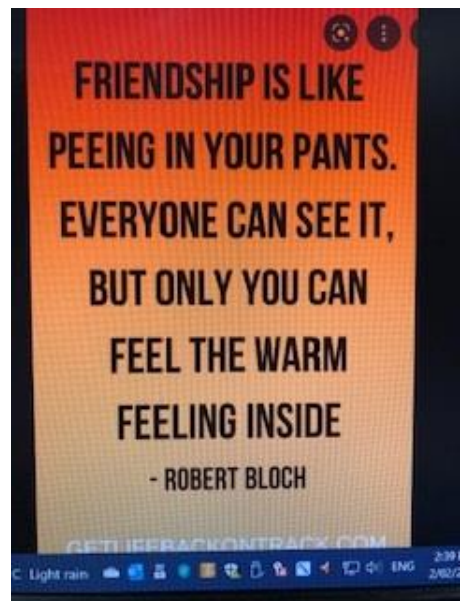
Trainer: It was a sit up.
You did one sit up.

Husband pinches his wife's breasts and says, "If we firm these up, we can get rid of the bra"
Wife grabs his penis and says, "If we firm this up, we can get rid of the milkman!"

You know when your sitting on the loo and realise there's no toilet roll so you have to do that silly 'trousers down waddle walk' to go and get a new one? Well I'm nearly at Tesco's



I would rather a poke in the eye with a blunt stick than watch an episode of Married At First Sight 💍





“You getting athlete's foot is about as ridiculous as a coal miner with sunstroke!”

Rotary Events Calendar	Date
<ul style="list-style-type: none"> • Science and Engineering • District Conference • Waste Warriors Expo Autumn Tree Planting • RYLA 	<ul style="list-style-type: none"> • 14- 18 March 2022 • 18- 20 March 2022 • 25th March 2022 3rd April • 29th April 2022 – 7th May 2022

Social Calendar	Date
<ul style="list-style-type: none"> • Post Office Raffles Social Night • Guess Who's Coming to Dinner 	<p>3rd Friday of the Month</p>

Tamworth First Light Website - <https://www.tamworthfirstlight.org.au/>
 Our Club Facebook - <https://www.facebook.com/tamworthfirstlightrotary/>
 District and Club Database - <https://www.dacdb.com/>
 District 9650 Facebook - <https://www.facebook.com/RotaryDistrict9650>

Rotary District 9650 - Technology Committee Chairman and Webmaster
 Ph 0413777114



The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Tamworth - First Light

Meets each Wednesday
6:30 for 7:00 am
West League Club
Chillingworth Room
Phillip Street
South Tamworth

Club Officers and contact details

[President — Marina Hearne](#)

[Secretary — Sue O'Connor](#)

[Treasurer — Michael Smith](#)

Other Clubs meet:

Monday PM – Tamworth West

Tuesday PM – Tamworth

Wednesday PM - Calala

Friday AM - Sunrise

Seven Areas of Focus



Rotary Grace

O Lord and giver of all good
We thank Thee for our daily food
May Rotary Friends and Rotary ways
Help us to serve Thee all our days

The Four-Way Test

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

	16 th March	23 rd March	30 th March
Topic Location	Science and Engineering Challenge Dinner	Personal Profile	The Science of Sleep
Guest speaker	Steve Hawkins	Peter Johnston	Dr Carissa Alderton
Sergeant		Barry Biffin	Barry Biffin
Corporals (fortnightly)		Brodie Shields Mitchell Soree	Brodie Shields Mitchell Soree
Meeter & Greeter		Paul Stevenson	Brett White
Door Team	Door team required only	Brian Thompson Helen Tickle	John Worldon Ron Allen
President Assist		James Treloar	Peter Bell
Visitor Assist		Malcolm Turnbull	Naomi Blakey
Welcome		John Treloar	Vicki Cooper
Bulletin Notes & Introduction		Richard Walker	Graham Dooley
Vote of Thanks		Chris Watson	Mandy Fisher
POST OFFICE RAFFLE – FRIDAYS - 6:00 – 7:00PM			
18th March	25th March	1st April	8th April
Vickey Cooper Naomi Blakey	Naomi Blakey Deborah Barnes	Deborah Barnes Mandy Fisher	Mandy Fisher Richard Hardwick
Members Birthdays	Michael O'Connor 17 March		
Partners Birthdays	Debra Logan 20 th March		
Anniversaries			
Club Induction			
Attendance	76%		
Make-Ups			
Visiting Rotarians			
Visitors	Lachlan Butters		
Heads & Tails	Ron Allen		
Raffle			

Now you have read the roster, make sure you read the rest of the bulletin!! Marina 🎯