



MEETING 1641 ISSUE 36 WEDNESDAY 8th March 2023



Rotary Year 2022 - 2023

District Governor	Neville Parsons
President:	Richard Hardwick
Secretary:	Vicki Cooper
Treasurer:	Dennis Maunder

Change of Venue

We will be at Tamworth City Bowling Club this Wednesday, 8th March
RSVP required via survey please

Cheers from me, to everyone for all your assistance with the Bulletin.

I'm handing over to Mitch Soree from next week.

This is me, not excited, at all.

Thank you!

Marina



Richard's Notes

Quote of the Week:

We shall not defeat any of the infectious diseases that plague the developing world until we have also won the battle for safe drinking water, sanitation, and basic health care.

Kofi Annan

Joke of the Week

Thieves have recently stolen 20 cartons of Red Bull from the Calala IGA.

I don't know how these people sleep at night.

Our meeting this week was back in the usual location and it is noticeable that we still have a number of members travelling around enjoying their post-COVID holidays. There were plenty of announcements to get through and a quick summary:

- Barry Biffin was seeking volunteers to stand in front of galloping horses during the Tamworth Show, I still cannot believe no one offered support.
- Tree planting activity is planned for 7 May 23 along Gunnedah Road from Peel High towards Westdale.
- Social Event – 15 April 2023 at Brett White's.
- Tree update from Peter Ryan. Indicated that our previous plantings have been highly successful and the follow up support from many club and community members has assisted greatly with watering, pruning and mulching the trees to keep them in a healthy state.

Our Guest Speaker for the week was one of our own, new member Nina Wrathall. Nina has had an extraordinary life and her experiences in many countries around the world were amazing. Tales from being bed ridden with polio at a young age to interviews with MI6 after a visit to the Russian embassy highlight a varied set of life experiences. That was before it all turned dark with a small story about a hospital kidnapping and escape from Europe that left everyone wondering, Who is Nina?

We have a venue change for next week's meeting (8 Mar 2023), it will be held at the City Bowling Club. We will require you to RSVP your attendance at the meeting to assist with the catering requirements. Please use the following link to RSVP and if you are bringing along a guest please add "+ 1" after your name so we can count them in.

<https://www.surveymonkey.com/r/P3WCHWD>

Rich

Announcements:

- **Clean Up Australia Day – Sunday 5 Mar 2023**

The annual Clean Up Australia Day is coming up this Sunday and the meeting point is the carpark next to Hungry Jack's.

- **District Conference, Tamworth 24 – 26 Mar 2023**

The Conference Committee are still looking for Rotarians to register for the District Conference being held in March at Tamworth. If you have not yet registered, the cost increase as of Sunday 26 Feb 2023 so book in now. The speakers for the conference are fantastic and you can see the list on dacDB.

The Conference Team have requested if anyone has some time available to assist on the front door over the Conference dates checking peoples tickets etc. if you have some time, please contact Bruce Hemmett.

There has also been an expression of interest put around regarding Home Hosting of fellow Rotarians over the Conference dates. If you are interested, please let Deb Barnes know and Deb will put you in touch with the Conference Organisers.

- **MHERV Van, Tamworth 25 – 26 Mar 2023**

The MHERV Van will be back in Tamworth over the weekend of the District Conference, and it will be set up outside of the TRECC on the Saturday and Sunday. There has been a request for volunteers to assist the Nurse with running this program. If you have an hour or two to spare over the weekend let me know. I will have a sheet over the next few weeks.

- **Science & Engineering Challenge**

Brodie is still chasing volunteers for the Challenge, if you have some time available over 28 – 31 Mar 2023 please let him know and get your name on the roster for support.

Our Breakfast Meeting will be relocating to an evening event at West Leagues on 29 Mar 23 to support the Science & Engineering Challenge as has happened in previous years. Please speak with Glenn McIntosh if you are available to come along for a fun filled evening so we can finalise catering requirements.

- **Recyclable Collections**

Reminder to get collecting and to donate funds through the Return and Earn Machines. A great way to raise community funds and let all your family and friends know about the opportunity. Runs from 17 Oct 22 to 23 Apr 23. There is a new bulk Return and Earn machine in Macintosh Street for you to take in and claim. At this stage they are not set up to transfer across to our Club as a donation, but all is not lost you can still cash in the bottles and cans and transfer across to our bank account (Just let Dennis know with a quick email).

Rotary News

Join us for National Clean Up Australia Day

Sunday, March 5th 9.30am

Hungry Jacks car park

Link to online event-

<https://www.cleanupaustaliaday.org.au/.../hungry-jacks...>

More the merrier, bring along family and friends to clean up our beautiful area.

Please bring:

- hat – gloves – water - snacks if needed
- enclosed sturdy shoes - long pants recommended

Provided:

- rubbish collection bags

Contact Naomi Blakey on

0424 973 714



Warren Buffett: Someone's Sitting in the Shade Today Because Someone Planted a Tree a Long Time Ago

Below are the current stats for our Centenary Tree Planting Project.

Thanks Peter Ryan

1,000 Trees for 100 Years of Rotary Tree Planting Program Tamworth First Light Rotary Club

Location	Tree Variety	Tree Planting Date	Trees Planted	Trees Vandalised	Trees Replaced	Trees Doubtful/ May need to be replaced	Trees Died	Success Rate
Alec North	Yellow Box	26.9.2021	66					100%
Alec East	White Box	26.9.2021	65				1	98%
Alec South	Blakely's	26.9.2021	65				2	97%
Alec West	Ironbark	26.9.2021	65				1	98%
Moore Creek	Yellow Box	17.10.2021	77				1	99%
Moore Creek Bus Shelter	Bottle Brush	17.10.2021	27				0	100%
Browns Lane	Spotted Gum	28.10.2021	45		3	1	1	98%
Duri Road	Yellow Box	3.4.2022	273	20	5	16	8	90%
Kent Street	Ironbark	3.4.2022	29				2	93%
Electra Park	Ironbark	3.4.2022	20				3	85%
TOTAL			471	20	8	17	15	97%




Our first tree planting at the Criterium Track, Rodeo Drive

Rotary and polio in the news


- **Bloomberg News**, an international news agency, quoted Carol Pandak, Rotary's director of PolioPlus, in a piece that emphasized the fact that if polio exists anywhere, it is a threat everywhere. The article also highlights Rotary's role in inspiring the start of the Global Polio Eradication Initiative.
- **Punch**, a national Nigerian daily newspaper, published an opinion piece by Rotarian Kunle Adeyanju, who rode a motorbike from London to Lagos to raise awareness of the need to end polio.
- **Der Tagesspiegel**, a national German daily newspaper, featured PolioPlus National Advocacy Adviser Anne von Fallois in connection with the funding commitment event at the World Health Summit in Berlin.
- **Financial Times** quoted Carol Pandak noting that polio anywhere is a threat everywhere in an article published on 23 October.
- **Fox 32 (Chicago)** conducted a live, in-studio interview with polio survivor Ina Pinkney for World Polio Day. Pinkney stressed the importance of vaccination, noting that polio is 100% preventable and 100% incurable.
- **NEWS CENTER Maine (NBC affiliate)** interviewed polio survivor Ann Lee Hussey about her work to immunize children and featured Rotary information and hyperlinks, teasing World Polio Day. More recently, Hussey was featured on **Maine Calling**, a live call-in program, along with Janell Routh (epidemiologist, U.S. Centers for Disease Control and Prevention) and Dora Anne Mills (chief health improvement officer, MaineHealth), to share her experiences as a polio survivor and Rotary member.

Links for below article: Listen today at <https://on.rotary.org/ukrainepod> (Spotify), <https://on.rotary.org/ukrainepod-apple> (Apple Podcasts), or wherever you subscribe to the Rotary Voices podcast.

**Rotary International** ✓
5 d · 🌐

As the war in #Ukraine reaches the one-year mark, our latest podcast, featuring Ukrainian novelist [Andrey Kurkov](#), Borys Bodnar, a #Rotary member in Lviv, and our CEO [John Hewko](#) examines the impact of this war, the prospect of peace, and the role of civil society in Ukraine's postwar rebuilding.

Listen today at <https://on.rotary.org/ukrainepod> (Spotify), <https://on.rotary.org/ukrainepod-apple> (Apple Podcasts), or wherever you subscribe to the Rotary Voices podcast.



OPEN.SPOTIFY.COM


The battle for Ukraine's identity

Listen to this episode from Rotary Voices Podcast on Spotify. As the war in Ukraine reaches the one-year mark, Russia's continued attacks have caused death and devastation, and...

Save



Rotary International 

14 February at 03:30 · 

...

From now until 31 March, all donations to The #Rotary Foundation's Disaster Response Fund will be used to aid Turkey-Syria earthquake relief projects. Learn more and please support: <https://on.rotary.org/3E6pENA> #RotaryResponds



ROTARY.ORG

Rotary responds to earthquake that has devastated areas of Turkey and Syria

Turkey and Syria were struck by a devastating earthquake on 6 February that has killed tens of ...

Link to donate to Foundation Disaster Response Fund

<https://on.rotary.org/3E6pENA>

Need more info on Foundation? Contact Board Director,
Steve Hawkins.

Guest Speaker – Nina Wrathall

Born UK 1940 in West Midlands Two siblings Normal lifestyle during the war years, Mickey Mouse gas mask carried by all children. Went to School till I was 9 In August of that year went to Trentham Gardens open air swimming pool with the family. On 25 December I woke up to find I was unable to move legs, swallow, or any other body parts Wheezing and gasping for breath. Taken to Hospital and went to Isolation Unit when I was diagnosed as having poliomyelitis. Went into an iron lung for a while and didn't see family because of the contagiousness of the disease. Eventually long time later left iron lung and went into ICU area and after that had OT and physio see me every day Took penicillin jab three times a day for two years. Left hospital unable to stand without caliper on right leg and family was told I'd not walk properly again but I had great aunt who bought me a tricycle. Strapped my right foot on pedal and with a rope she pulled me round and round the local park for hours I walked on coconut matting to get feeling into feet and was very determined person. Eventually when 12 yrs old I went to senior school I never did sport but caught up on my reading and writing. In this time I learned shorthand hieroglyphs and at aged 15 went to work as junior shorthand writer I then went on to pass the Civil Service Entrance Exam so that I could be a shorthand writer for members of the civil service.

I worked for several years as Vet. Sec and also was seconded to Whitehall where I worked as P A to Under Sec Finance. Whilst in London met Father Piotr ?? who was working with the Young Womens Church Association where I was billeted. Was invited by Father Piotr to meet Valentina Teroskova, the first Russian woman cosmonaut We walked to the Embassy and were introduced formally to Mme Tereskova and I met with dignitaries from the Embassy When we departed we took off to the Rectory and had hot chocolate before Father walked me back to YWCA. The next morning was more than interesting ... instead of my boss there were three men from M15 in his office and there I was interrogated for that day and the next as to what I was doing in Russian Embassy, who I knew etc etc I could not answer any of their questions but it was quite a scary interlude.

Met my husband, Leon at MAFF, He was working as Chartered Surveyor and Engineer for the agricultural community for six counties. A different lifestyle followed and I took on his two youngsters of 6 and 3 who came and went back to their mother and her new family. Eventually had Oliver some 6 years later Always wanted to come to Australia and after 13 years persuaded Leon and Oliver to join me as my dependants and we arrived in 1977 in Melbourne — Maribyrnong Hostel — the people there were very helpful and after four days I started work at VCOSS as an Administrator/Sec. We were then able to find a unit in Malvern and Oliver went to school in Jan of 1978. Changed career in June 1978 and worked as Sec to Bursar of Caulfield Grammar School This meant that Oliver went to school there and we drove in together.

Car accident in Aug 1979 and for three months was hors de combat. In the meantime Leon was finding it more difficult to find work, he sold book matches, deck chairs on Brighton Beach, and worked for Marine Artefacts shop in Williamstown where we now lived. We bought an old 1860 weatherboard house which was haunted It had been exorcised but people locally said old bank manager used to live there and his ghost was supposedly still there. On one occasion a friend was in the lounge room and she heard our piano playing, but the piano was locked Eventually Leon went off to Toowoomba to answer an ad for a job when CSIRO in Moorabin phoned that evg and asked if Leon would attend interview on Friday afternoon of that week. As I knew he was returning to Brisbane by train the evg before I got him paged on Brisbane Stn asking him to contact me urgently. He flew from Brisbane to Melbourne and I was there to pick him up and take him to interview that afternoon. The upshot of this was he was offered a position as Experimental Scientist with CSIRO We were very happy and there he worked for six years.

Whilst holidaying in 1983 in UK Leon went off and bought a baby grand piano, where are we going to put it and how do we get it back to Oz were some of my questions All was organised and it came in by ro-ro to Port Melbourne Whilst on a quick jaunt to buy a paper he also sighted and bought the 24 foot steel lifeboat hull from the Wakitane, N.Z. boat. That was delivered on a low loader and deposited in our back yard where it stayed for the next six years till we sold the house and it too.

Leon was on the Utah and Omaha beaches during the Normandie Landings and whilst in St Nazaire he and his captain went for a stroll along the beach when they heard a shrieking whistle and a voice saying Hey guys, did you know that beach is mined! Leon said the two of them retraced their steps very carefully and slowly.

Left Australia in 1986 to return to UK We had retained an old barn and a parcel of land when we left and started plans for renovation of this to a house. Took just a year and we stayed there for 7 months before leaving for a tour of Europe to see if we could find somewhere suitable to live. We went to Germany, Italy, Spain and eventually came back to France and eventually settled in Morbihan, Brittany We bought a 96 metre long 16 century barn and Leon

drew up the plans for renovation to B&B status This took 3 years and I learned many skills, such as concreting, plastering, plumbing, laying floor and wall tiles and taught English to French professionals who wanted to hone their skills in the language This I did two evenings a week at FLH, similar to TAFE During the week I took 8 under 5 year old youngsters who came to our home to learn English and that is where I picked up the French language I never did find the time to take formal lessons.

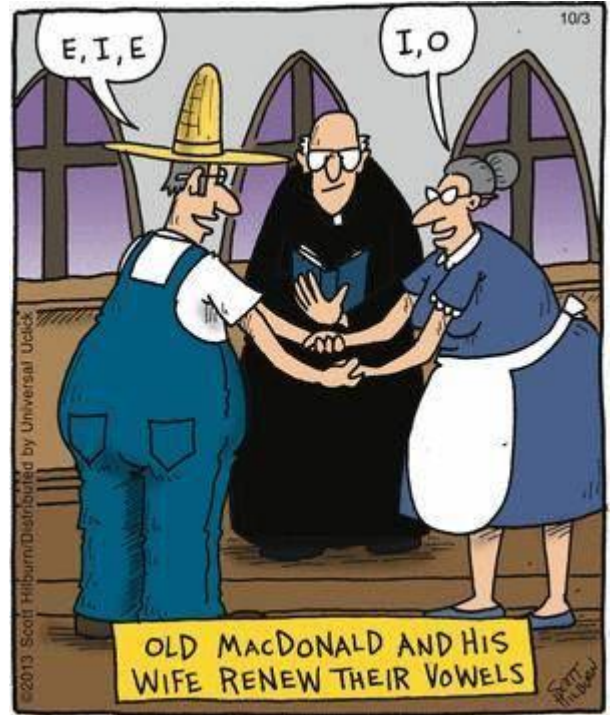
Nina provided us with a few 'interesting' anecdotes – be sure to ask her about her skills as an accomplice to escape from hospital! I'm sure she has a lot of stories to tell us.

Thanks Nina.

Vote of Thanks by Terry Robinson



Funny Corner



Pencil Lead Zeppelin



**We're gonna
rock down to...**

...well, damn.

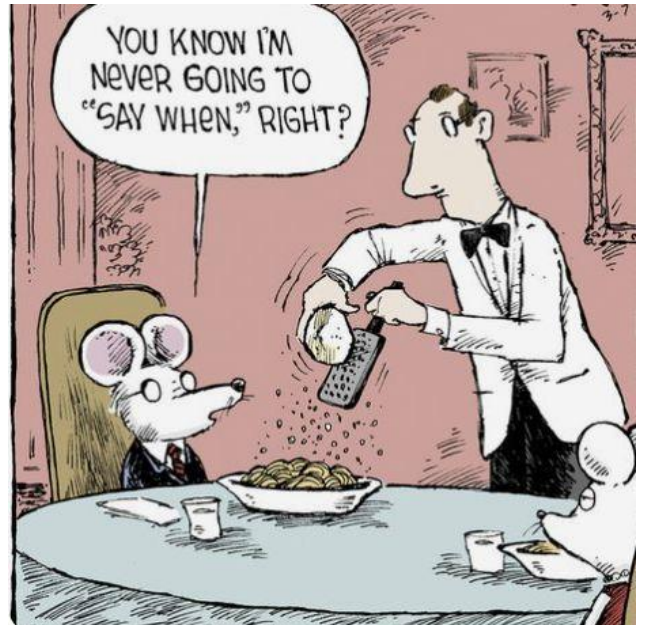
ELECTRIC
AVE.
CLOSED



**AND IT SEEMS TO ME YOU
LIVED YOUR LIFE**

UNKNOWN PUNster ©2018

LIKE A KEN DOLL IN THE WIND



I ran for the first time with my Fitbit on. It detected me running, and asked if my life was in danger, or if tacos were on sale for \$1 again.

I have a fear of speed bumps. I'm slowly getting over it.

I also have a fear of elevators, but I've started taking steps to avoid it.



Jokes Hall of Shame

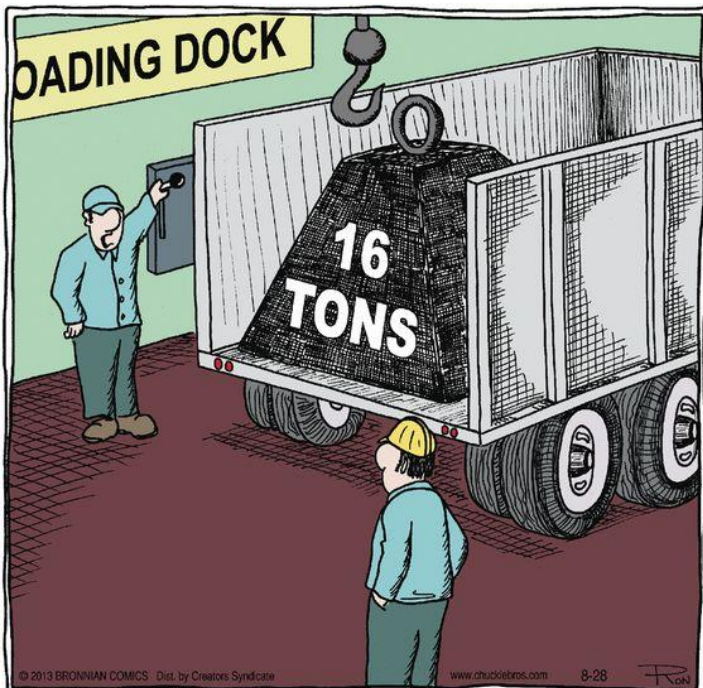
howtobeadad.com



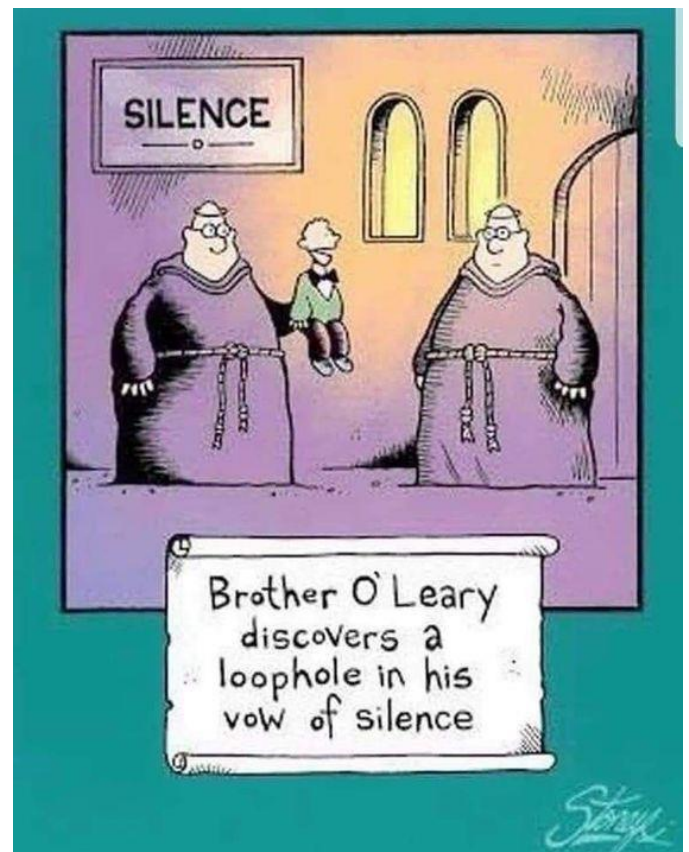
Dad Jokes
@Dadsaysjokes

What starts with a W and ends with a T.

It really does, I swear.



"You know, Ernie, I can't help this feeling that I'm just another day older and deeper in debt."



Rotary Events Calendar	Date
<ul style="list-style-type: none"> ▪ Clean Up Australia Day ▪ District Conference – Tamworth ▪ Mherv ▪ Science & Engineering Challenge ▪ Tree Planting - Gunnedah Road ▪ NWRCE ▪ Rotary International Convention – Melbourne ▪ First Light Changeover 	<ul style="list-style-type: none"> ▪ Sunday, 5 March ▪ 24 – 26 March 2023 ▪ 25 & 26 March ▪ 29 March – 4 days ▪ 7 May ▪ 16 & 17 May ▪ 27 – 31 May 2023 (register now) ▪ 18 June 2023

Social Calendar	Date
<ul style="list-style-type: none"> • Social Event – casual afternoon of fun • Post Office Raffles Social Night • Jamaica Blue Coffee 	<ul style="list-style-type: none"> • 15 April @ 3pm • 3rd Friday of the Month • Wednesdays, 8:15am

Tamworth First Light Website - <https://www.tamworthfirstlight.org.au/>

Our Club Facebook - <https://www.facebook.com/tamworthfirstlightrotary>

Member Portal Link: <https://www.dacdb.com/> (This one lets you find phone numbers for other members!!!)

Board Members	
President - Richard Hardwick	Secretary - Vicki Cooper
Treasurer - Dennis Maunder	Executive Secretary - Brodie Shields
Club Admin - Liz Gill	Membership - Louise Mathews
Public Relations - Peter Bell	Community Service - Steve Martin
Youth - Dimity Betts	Rotary Foundation - Steve Hawkins

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service.
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society.
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life.
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Tamworth - First Light

Meets each Wednesday

6:30 for 7:00 am

West League Club

Chillingworth Room

Phillip Street

South Tamworth

Club Officers and contact details

[President — Richard Hardwick](#)

[Secretary — Vicki Cooper](#)

[Treasurer – Dennis Maunder](#)

Other Clubs meet:

Monday PM – Tamworth West

Tuesday PM – Tamworth

Wednesday PM - Calala

Friday AM - Sunrise

Seven Areas of Focus



Rotary Grace

O Lord and giver of all good
We thank Thee for our daily food
May Rotary Friends and Rotary ways
Help us to serve Thee all our days

The Four-Way Test

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

	8 th March	15 th March	22 nd March
Topic	The Variety Bash	Lifeline in Tamworth	Personal Profile
Location	Tam City Bowlo	Wests	Wests
Guest speaker	Peter Ryan	Kimberley Squires	Alice Elsley
Sergeant	Mal Turnbull	Mal Turnbull	Mal Turnbull
Corporals (fortnightly)	Bev Fletcher Luke Massey	Sue O'Connor Brodie Shields	Sue O'Connor Brodie Shields
Meeter & Greeter	Laurence Hearne	Peter Ryan	Phil Lyon
Door Team	Brodie Shields Courtney Priestley	Nina Wrathall Louise Matthews	Charlotte Moore Brian Logan
President Assist	Phil Penman	Brett White	Glenn McIntosh
Visitor Assist	Steve Martin	John Treloar	Peter Ryan
Welcome	Chris Watson	Barry Biffin	Stephen Hawkins
Bulletin Notes & Introduction	Steve Massey	Luke Massey	Ian Howle
Vote of Thanks	Glenn McIntosh	Graham Dooley	Nina Wrathall

POST OFFICE RAFFLE – FRIDAYS - 6:00 – 7:00PM

10 th March	17 th March	24 th March	31 st March
James Treloar John Treloar	John Treloar Steve Martin	Steve Martin Michael Smith	Michael Smith Laurence Hearne

BIRTHDAYS, ANNIVERSARIES, AND INDUCTIONS

Members Birthdays	Nil
Partners Birthdays	James de Ferranti, 10 Mar
Anniversaries	Michael & Brenda Smith, 11 Mar, 17 years + his bday!
Club Induction	Naomi Blakey, 14 Mar (5 years)
Attendance	66%
Make-Ups	Nil
Visiting Rotarians	Jane Bradford (Honorary)
Visitors	Nil
Heads & Tails	Bev Fletcher
Raffle	Naomi Blakey