



MEETING 1643 ISSUE 38 WEDNESDAY 22nd March 2023



Rotary Year 2022 - 2023

District Governor	Neville Parsons
President:	Richard Hardwick
Secretary:	Vicki Cooper
Treasurer:	Dennis Maunder

Richard's Notes

Quote of the Week:

When the well's dry, we know the worth of water.
-Benjamin Franklin

Joke of the Week

I dreamed I was invisible, and I married an invisible woman.
I am not sure what we saw in each other and our kids where nothing to look at either.

Our meeting this week was back at West Leagues, but many must have missed the memo with low attendance from the club, either that or my latest run of jokes has had a detrimental effect on club morale.

Our Guest Speaker for the week was Kimberley Squires from Lifeline Direct discussing the goal to set up and train 40 support councillors in the Tamworth area to meet the growing need for telephone support for mental health. More details below.

Announcements:

- **District Conference, Tamworth 24 – 26 Mar 2023**

Registration for the District Conference has closed.

The Conference Team have requested if anyone has some time available to assist on the front door over the Conference dates checking tickets etc. If you have some time, please contact Bruce Hemmitt.

Assistance is required for Sunrise to run the Blackjack and Roulette tables during the District Conference Dinner. If you would like to be involved, please contact either:

- Chas McKenzie – g.mckenzie@tamworth.nsw.gov.au
- Ruythe Dufty - ruythe1.dufty@gmail.com

- **MHERV Van, Tamworth 25 – 26 Mar 2023**

The MHERV Van will be back in Tamworth over the weekend of the District Conference, and it will be set up outside of the TRECC on the Saturday and Sunday. There has been a request for volunteers to assist the Nurse with running this program. If you have an hour or two to spare over the weekend let me know. There are only 4 slots left to fill, thank you for the support from the Club.

- **Science & Engineering Challenge**

Brodie is still chasing volunteers for the Challenge, if you have some time available over 28 – 31 Mar 2023 please let him know and get your name on the roster for support.

Our Breakfast Meeting will be relocating to an evening event at West Leagues on 29 Mar 23 to support the Science & Engineering Challenge as has happened in previous years. Please speak with Glenn McIntosh if you are available to come along for a fun filled evening so we can finalise catering requirements.

- **Social Activity – Sunday 15 Apr 2023**

We will be holding a social event at Brett White's place for an afternoon of fellowship and games. Marina will have a sheet coming around in the next couple of weeks for attendance.

- **RYLA Dinner – 3 May 2023**

Our Club is the Host Club for the RYLA Dinner and we have moved our usual breakfast meeting time to the evening so come along and see how the RYLArrians are progressing through the program. . RSVP's are to be in by 21 Apr 2023 to Dimity Betts. See information further down in the Bulletin.

- **Recyclable Collections**

Reminder to get collecting and to donate funds through the Return and Earn Machines. A great way to raise community funds and let all your family and friends know about the opportunity. Runs from 17 Oct 22 to 23 Apr 23. There is a new bulk Return and Earn machine in Macintosh Street for you to take in and claim. At this stage they are not set up to transfer across to our Club as a donation, but all is not lost you can still cash in the bottles and cans and transfer across to our bank account (Just let Dennis know with a quick email).

Rotary News

Rotary
District 9660



RYLA
Rotary Youth Leadership Awards

**DISTRICT 9660 CELEBRATES ROTARY'S
MOST SUCCESSFUL YOUTH PROGRAM**

WEDNESDAY 3RD MAY 2023

6PM for a **6.30PM** start

**BLAZES AUDITORIUM, WEST TAMWORTH LEAGUE CLUB
58 PHILLIP ST, TAMWORTH**

HOST CLUB: RC TAMWORTH FIRST LIGHT

\$50 per person
Dress: Cocktail/Jacket & Tie

Guest Speaker
PAULINE CARRIGAN
Founder "Where there's a Will"



DIRECT DEPOSIT | ACCOUNT: ROTARY CLUB OF TAMWORTH FIRST LIGHT

Bank: NICU | BSB: 802 298 | Account: 100065212 | Reference: Your Name

RSVP: FRIDAY 21ST APRIL

Dimity Betts | dimity.betts@outlook.com
0422 268 863 | PO Box 271 Moonbi NSW 2353

Please advise dietary requirements



VALTELLINA IRON CAMP



Our club has received an email from Martina Antonucci, our First Light Rotary exchange student from 2013, regarding a Rotary Summer Camp for 18-23 year olds. This is to be held near her hometown of Sondrio, in northern Italy.

There is an opportunity for interested parties to apply for this (self funded) experience, where participants will spend 14 unforgettable days of adventure travelling through 190 kms of wonderful Italian scenery. Travel will be by sustainable means- bicycle, canoe and on foot, leaving behind no environmental footprint and allowing participants to see this beautiful scenery with their own eyes, and at a pace that you can only get while travelling under your own power.

Details available in full brochure / itinerary via [>>>this link<<](#) , or attached to bulletin email.

...Makes me wish I was 24 again. (-Mitch)

GUEST SPEAKER – KIMBERLEY SQUIRES- LIFELINE TAMWORTH

WORDS BY LUKE MASSEY

A quiet meeting this week with plenty of our members seemingly lapping up the last of the seasonal warmth in caravans and hotels across the country.

Nonetheless there's still plenty on and RSVPs are needed for the coming science and engineering challenge dinner and the social get together at the White's.

Tree planting is back again in May so dust off your gardening gloves and book in the 7th of May for another Sunday out greening our city.

“No one should have to face their darkest moments alone?”

That was the key message Lifeline's local Community Engagement Co-ordinator Kimberly Squires shared to an engaged group.

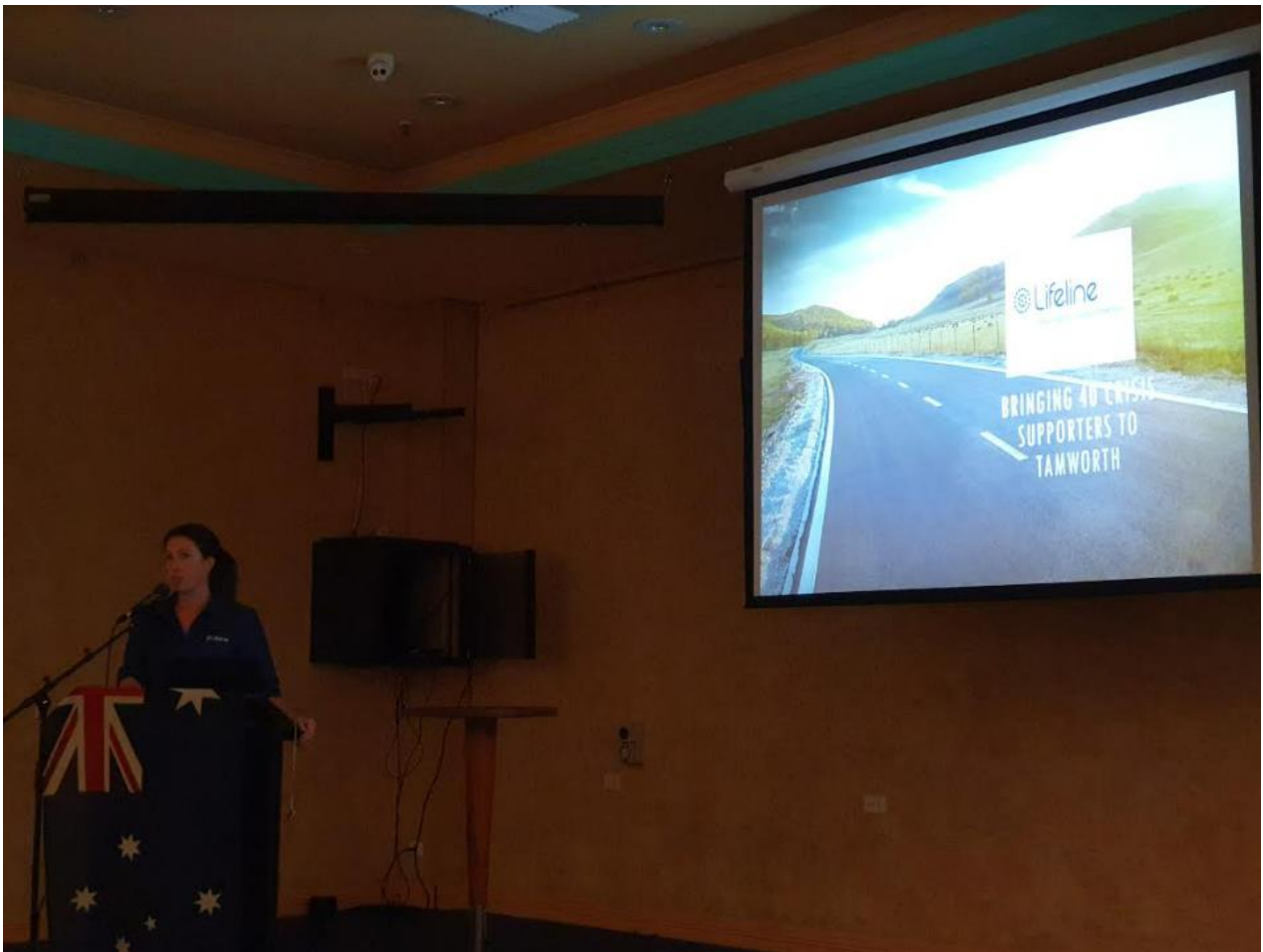
Some may recognise Kimberly from her former life with Prime television years ago, but after her career took her from Tamworth to Sydney and the South Coast working in health communications, she came back to Tamworth a decade ago and eventually took up a role at Lifeline.

Exciting news is coming with office space reserved in Tamworth's coming Global Gateway Park for 40 Crisis Lifeline Supporters.

Lifeline are looking to raise \$140,000 to train these supporters and there's plenty of opportunity for club members to assist with the Junes push-up challenge.

Kimberly also mentioned free online crisis support courses Lifeline were offering. If anyone is interested, please contact Luke for more info.





Vote of thanks- Presented by Graham Dooley

Funny Corner

Dog Edition "Dogs are not our whole life, but they make our lives whole."



Ground Control to Major Pom
Ground Control to Major Pom
Take your heartworm pills and put your collar on



"Punch it bro, the lights gray."



What do you call a Magic dog?

A Labra-ca-dabra-dor

Me: *Accidentally steps on a squeaky toy*

My dog:



Me:

Dog:

Me: Suddenly drops down 2 inches

Dog:



Think again before judging a dog based on its breed. This brave Chihuahua ran into a burning Vet Clinic when it realized that the Tech trapped inside hadn't been bitten on the face yet.



Parents: "We want grandkids!"

Me:



when someone says "have fun at work"



Rotary Events Calendar	Date
<ul style="list-style-type: none"> District Conference – Tamworth 	<ul style="list-style-type: none"> 24 – 26 March 2023 District conference door team and dinner casino event- Helpers needed.
<ul style="list-style-type: none"> Mherv 	<ul style="list-style-type: none"> 25 & 26 March – Helpers needed
<ul style="list-style-type: none"> Science & Engineering Challenge 	<ul style="list-style-type: none"> 29 March – 4 days
<ul style="list-style-type: none"> RYLA Dinner – Blazes Restaurant. 	<ul style="list-style-type: none"> Replaces breakfast meeting - Wednesday 3rd May 6:00PM for 6:30PM start -
<ul style="list-style-type: none"> Tree Planting - Gunnedah Road 	<ul style="list-style-type: none"> 7 May
<ul style="list-style-type: none"> NWRCE 	<ul style="list-style-type: none"> 16 & 17 May
<ul style="list-style-type: none"> Rotary International Convention – Melbourne 	<ul style="list-style-type: none"> 27 – 31 May 2023 (register now)
<ul style="list-style-type: none"> First Light Changeover 	<ul style="list-style-type: none"> Saturday 17th June 2023

Social Calendar	Date
<ul style="list-style-type: none"> Social Event – casual afternoon of fun Post Office Raffles Social Night Jamaica Blue Coffee 	<ul style="list-style-type: none"> 15 April @ 3pm 3rd Friday of the Month (17.03.2023) Wednesdays, 8:15am

Tamworth First Light Website - <https://www.tamworthfirstlight.org.au/>

Our Club Facebook - <https://www.facebook.com/tamworthfirstlightrotary>

Member Portal Link: <https://www.dacdb.com/> (This one lets you find phone numbers for other members!!!)

Board Members	
President - Richard Hardwick	Secretary - Vicki Cooper
Treasurer - Dennis Maunder	Executive Secretary - Brodie Shields
Club Admin - Liz Gill	Membership - Louise Mathews
Public Relations - Peter Bell	Community Service - Steve Martin
Youth - Dimity Betts	Rotary Foundation - Steve Hawkins

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service.
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society.
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life.
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Tamworth - First Light

Meets each Wednesday

6:30 for 7:00 am

West League Club

Chillingworth Room

Phillip Street

South Tamworth

Club Officers and contact details

[President — Richard Hardwick](#)

[Secretary — Vicki Cooper](#)

[Treasurer – Dennis Maunder](#)

Other Clubs meet:

Monday PM – Tamworth West

Tuesday PM – Tamworth

Wednesday PM - Calala

Friday AM - Sunrise

Seven Areas of Focus



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

Rotary Grace

O Lord and giver of all good

We thank Thee for our daily food

May Rotary Friends and Rotary ways

Help us to serve Thee all our days

The Four-Way Test

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

	22 nd March	29 th March	5 th April	12 th April
Topic	Personal Profile	Science & Engineering Challenge - Dinner	Club Assembly	Social Justice Advocacy
Location	Wests	Blazes 6PM	Wests	Wests
Guest speaker	Alice Elsley	Steve Hawkins	Board Members	Deepthi Matthews
Sergeant	Mal Turnbull		Mal Turnbull	Mal Turnbull
Corporals (fortnightly)	Sue O'Connor Brodie Shields		Peter Leonard Brian Logan	Peter Leonard Brian Logan
Meeter & Greeter	Phil Lyon		Charlotte Moore	John Treloar
Door Team	Charlotte Moore Brian Logan	John Rouvray *Courtney Priestley	Alice Elsley Glenn McIntosh	Helen Tickle Barry Biffin
President Assist	*John Rouvray		Graham Dooley	Nina Wrathall
Visitor Assist	*Sue O'Connor		*Peter Ryan	Louise Matthews
Welcome	Stephen Hawkins		Naomi Blakey	James Treloar
Bulletin Notes & Introduction	Ian Howle		Brodie Shields	Richard Walker
Vote of Thanks	Nina Wrathall		*Stephen Hawkins	Val Hellmann

*Denotes a change. Roster roles are randomly assigned. If you cannot commit to a rostered duty for your club, please speak to your fellow Rotarians to arrange a replacement and let Mitch know for the next bulletin instalment.

POST OFFICE RAFFLE – FRIDAYS - 6:00 – 7:00PM				
24 th March	31 st March	7 th April Good Friday	14 th April	21 st April
Steve Martin Michael Smith	Michael Smith Laurence Hearne	TBA	Peter Leonard Aurelie Quade	Peter Leonard Aurelie Quade

BIRTHDAYS, ANNIVERSARIES, AND INDUCTIONS	
Members Birthdays	Louise Matthews 24/3, Sue O'Connor 27/3, Peter Ryan 26/3
Partners Birthdays	Kerry Walker 25/3
Anniversaries	Nil
Club Induction	Nil

Attendance	56%	Lolly Jar Raffle	Skinner
Make-Ups	Nil	Heads and Tails	Brett White
Visiting Rotarians	Nil		
Visitors	Nil		