




Rotary 
Club of Tamworth First Light
MEETING 1659, ISSUE 4
WEDNESDAY 12th July 2023



Rotary Year 2023 - 2024

District Governor	Alyn Miranda
President:	Brian Logan
Secretary:	Liz Gill
Treasurer:	Dennis Maunder

The Life of Brian

Quote of the week

Even while they teach, men learn. – (Seneca the Younger)

Joke of the week

I was going to tell a time travelling joke, but you guys didn't like it.

It was a good turnout for our meeting this morning. Not as cold as previous meetings thanks to a bit of cloud cover.

A very special day today for the club and Marina Hearne in receiving a Paul Harris Medal with Sapphire. A well deserved honour presented by PP Richard Hardwick for a member that embraces Rotary and puts her soul into doing her best for our club and Rotary.

Today's guest speaker and fellow club Rotarian Peter Johnston gave us an extremely insightful look into the world of our local Health District, its structure and the politics of its workings. This left me and others wanting to know more. I consider that brief learning experience as part 1 with more to come. Perhaps we can call on Peter again to showcase his expertise in future meetings.

As discussed the Board has agreed on the Rotary Subsidies for the next year and it is expected those costs will be at \$300.00. The club has agreed that this can be paid in two separate payments of \$150.00 The Club Treasurer will discuss this at our next meeting.

As we will be staying at the city bowling club for our breakfast meetings for the foreseeable future, the breakfast charge will remain at \$23.00 plus fine moneys. If there are to be any changes, I will let you know.

Our Board meeting is set for Tuesday 11 July at 5.30pm. This will be held in the normal room at West's.



Meeting End Words of Wisdom:

If 4 out of 5 people Suffer from diarrhoea, does this mean that one enjoys it?

If love is blind, why is lingerie so popular?

Announcements:

- **Recyclable Collections**

Reminder to get collecting and to donate funds through the Return and Earn Machines. This is a great way to raise community funds so please let all your family and friends know about the opportunity.

Our fundraising through the Return & Earn Machines ceased on 23 Apr 2023 for direct donations through the local machines (excluding the bulk sorter in MacIntosh Street). All is not lost, if you wish to still collect and donate to the Club you can still cash in the bottles and cans and transfer across to our bank account (Just let Dennis know with a quick email).

If anyone wants a collect and deposit solution (ie the dirty work), **reach out to Mitch Soree**- he can deposit these on your behalf via the bulk return facility and donate thru to the club on your behalf.

A MESSAGE FROM PHIL PENMAN

Phil's beautiful little granddaughter Lucy is undergoing treatment in Sydney. See below part of the email received from Phil regarding Little Wings. We supported Little Wings with a donation in our recent distribution of funds from our Club.

"Last week, Mitch and Lucy were flown down for the treatment with Little Wings.....what a great service and well worth consideration for donations. Down Friday to Bankstown, driven to Randwick then picked up Saturday from Northbridge and taken to Bankstown for a return trip. All with a lap over Delmar to keep the patient satisfied!!

A family effort and all going well.

Cheers,

Phil Penman"

(PS Delmar is the Penman family property just south of Tamworth)



Rotary News:

COMMUNITY GARDEN UPDATE! MORE HELP NEEDED!



TAMWORTH COMMUNITY GARDEN- ASSISTANCE NEEDED!

Naomi is looking for helpers at the Tamworth Community Garden (located in Victoria Park next to the men's shed)

DATE: Saturday the 8th of July

TIME: 9am.

WHAT: Assisting to secure the x4 garden beds on site by riveting along the joins of each bed to minimise bowing into the future.

WHAT TO BRING: Crow bars, shovels, clamps, rivet guns (if have please let Naomi know what size rivets they take), drill bits to suit rivets, drills for drilling through metal., Suitable gardening clothing, PPE etc

HOW TO JOIN: Please contact Naomi on 0424 973 714



GUEST SPEAKER-

Healthy, Wealthy & Wise – Peter Johnston

Parliamentary Findings

- That there are significantly poorer health outcomes, greater incidence of chronic disease and a greater incidence of premature death.
- That there is inferior access to health and hospital services, incidents of patients receiving substandard levels of care.
- That medical staff (clinicians) are significantly under resourced which exacerbates the health inequities.
- That there is a critical shortage of health professionals. An historic failing to attract, support and retain doctors and nurses.
- That there is a culture of fear operating within NSW Health when it comes to staff raising concerns.
- That there is a lack of community consultation and transparency from the Ministry of Health and Local Health Districts

Who's Who In The Zoo

- NSW Minister for Health & NSW Minister for Regional Health & NSW Minister for Mental Health – Ryan Park
- CEO HNE Local Health District – Tracey McCosker
- Executive Director Rural & Regional Health Services HNE Local Health District – Susan Heyman
- 12 Board Members & The Chair – zero from the Hunter Valley or Tamworth region

How Complex is the Zoo

- Covers 42 major locations
- 130,000 sq kilometres
- 25 Local Government Areas
- 140 facilities
- 16,000 workforce
- Centres & services: Major metro, regionals & rurals & remotes, aged care sites & general practices (MPS)
- Land & buildings \$2.5bn
- Annual budget \$3bn
- Population 920,000 – born overseas 170,000 & Aboriginal 53,000
- Spend per person pa: \$3260pp
- WNSW \$3840pp

How New is the Zoo

- John Hunter Hospital \$835m
- New Maitland Hospital \$470m
- New Tamworth Hospital \$220m
- New Banksia Mental Health \$56m
- NENW Regional Cancer Centre \$42m
- Manning Hospital \$100m

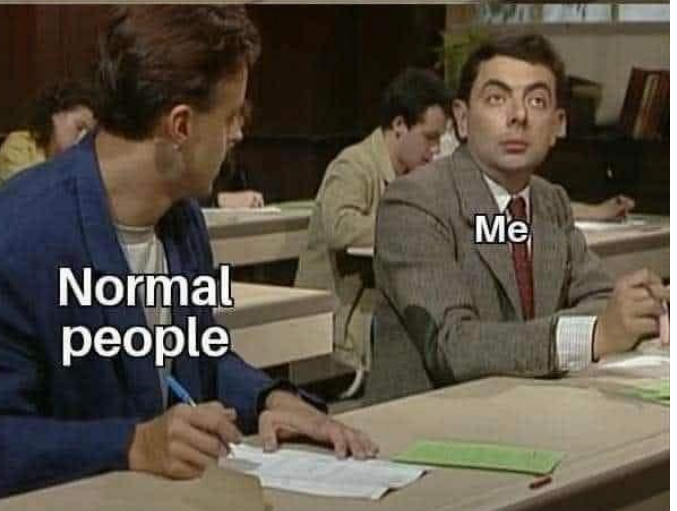
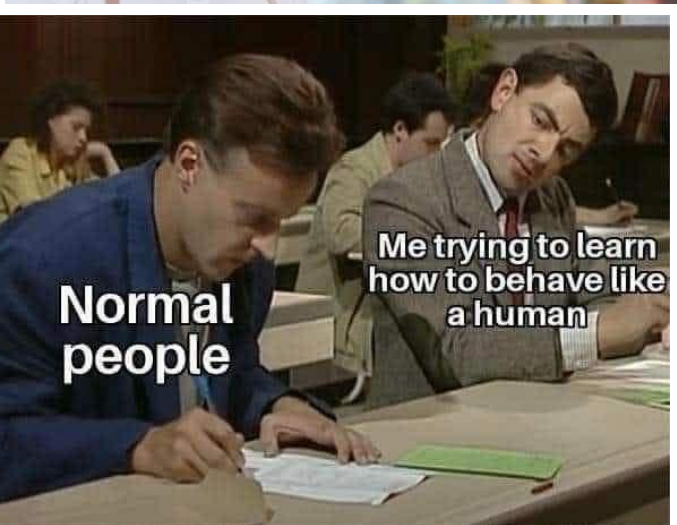
Improving Our Zoo

- Don't focus on major announcements
- Don't focus on flashy new projects
- Seek additional scale / size in situ
- Seek larger clinical workforces in situ
- Seek new services at existing sites
- Ask to use telehealth services (or lose them)
- Invest in Medicare (or risk losing local GP's)

Brilliant presentation from one of our own. Unfortunately no time for questions but I'm sure Peter would have been inundated with questions at coffee after the meeting,

Words by Louise Matthews

Funny Corner



Did you hear about the watchmaker who is half Spanish and half Irish?

His name is Juan O'Clock.



STOP!! LOOK CLOSE!



LOOK AGAIN!

FOOL'S CHOCOLATE!



DON'T BE FOOLED!!!

Raisins can be anywhere! Vigilance is your only protection against the dreaded fool's chocolate.



Pervis Zach M. Stafford



Rotary Events Calendar	Date
▪ District 9660 Changeover (Newcastle)	▪ Saturday 1 July 2023 11:30 AM - 3:00 PM
▪ Tamworth Community garden help	▪ Saturday July 1, 9AM
▪	▪

Social Calendar	Date
• Post Office Raffles Social Night	• 3 rd Friday of the Month (21.07.2023)

Tamworth First Light Website - <https://www.tamworthfirstlight.org.au/>

Our Club Facebook - <https://www.facebook.com/tamworthfirstlightrotary>

Member Portal Link: <https://www.dacdb.com/> (This one lets you find phone numbers for other members!!!)

Board Members 2023-24	
President – Brian Logan	Secretary – Liz Gill
Treasurer – Dennis Maunder	Executive Secretary – Brodie Shields
Club Admin – Courtney Priestley	Membership – Bev Fletcher
Public Relations – Alice Elsley	Community Service – Peter Johnston
Youth – Hannah Woods	Rotary Foundation – Bruce Hemmett
President Elect – Sue O’Connor	
Next Board Meeting- Tuesday 11.07.2023, 5.30pm, Wests.	

	12 th July	19 th July	26 th July	2 nd August
Topic	Amended Speaker! 360 Health Clinic	Rotary Exchange 1994-95 West Virginia	State Member	Club Assembly
Location	Tamworth City Bowling Club	Tamworth City Bowling Club	Tamworth City Bowling Club	Tamworth City Bowling Club
Guest speaker	Lucy Day	Lynna Palmer	Kevin Anderson MP	
Sergeant	Mitch Soree	Mitch Soree	Mitch Soree	
Corporals	*Louise Matthews *Mitchell Soree	Peter Leonard Peter Ryan	Louise Matthews Bev Fletcher	Graham Dooley Bruce Hemmett
Meeter & Greeter	*Bruce Hemmett	Louise Matthews	Nina Wrathall	Dimity Betts
Door Team	Graham Dooley Steve Martin	Marina Heame Paul Stevenson	Elizabeth Gill Glenn McIntosh	Deb Barnes Paul Stevenson
President Assist	*Nina Wrathall	Richard Walker	Brodie Shields	Brett White
Visitor Assist	*Liz Gill	Malcolm Turnbull	Terry Robinson	Marina Heame
Welcome	*Courtney Priestley	James Treloar	Paul Stevenson	Michael smith
Bulletin Notes & Introduction	*Stephen Hawkins	John Treloar	James Treloar	
Vote of Thanks	Charlotte Moore	Vicki Cooper	Laurence Heame	

*Denotes a change. Roster roles are randomly assigned. If you cannot commit to a rostered duty for your club, please speak to your fellow Rotarians to arrange a replacement and let Mitch know for the next bulletin instalment.

POST OFFICE RAFFLE – FRIDAYS - 6:00 – 7:00PM				
14 th July	21 st July	28 th July	4 th August	11 th August
*Mal Turnbull Peter Ryan	Peter Ryan *Sue O'Connor	*Sue O'Connor Hannah Woods	Hannah Woods Bruce Hemmett	Bruce Hemmett Brodie Shields

BIRTHDAYS, ANNIVERSARIES, AND INDUCTIONS	
Members Birthdays	Barry Biffin 12/7
Partners Birthdays	Sue Robinson 15/7
Anniversaries	Nil
Club Induction	Nil

Attendance	67%	Lolly Jar Raffle	Marina Heame
Make-Ups	Nil	Heads and Tails	High Raadgever
Visiting Rotarians	Sam Peacocke (Sth Dubbo). Jane Bradford (Honorary)		
Visitors	Cameron Falzon Guest of Marina		