




Rotary 
Club of Tamworth First Light
MEETING 1678, ISSUE 23
WEDNESDAY 22nd November 2023



Rotary Year 2023 - 2024

District Governor	Alyn Miranda
President:	Brian Logan
Secretary:	Liz Gill
Treasurer:	Dennis Maunder

The Life of Brian

Quote of the week

“You've got to get up every morning with determination if you're going to go to bed with satisfaction.” — George Lorimer

Joke of the week

Today a man knocked on my door and asked for a small donation towards the local swimming pool, so I gave him a glass of water

Guest speaker

Belinda Kotris from Tamworth Family Support Services (TFSS) gave us a thought provoking account of the wonderful work the organisation does for the community and in particular, around family / domestic violence. The statistics involved are staggering when it comes to those in our community that require assistance. The amount of time and effort put into dealing with the results of domestic violence places an enormous strain on TFSS, the police and other members of the community.

Notices:

Unfortunately, our Christmas luncheon has had to be rescheduled to another venue due to the closure of Carmen's Restaurant. An alternative is being sought and we will let you know as soon as possible.

Naomi gave us an update on the Community Garden fundraising BBQ at Bunnings. If you can assist, please contact Naomi.

Vicki Cooper gave an update on the upcoming Golf meeting.

Our thoughts are with Rob Sharpe as he battles health issues.

DISTRICT 9660 VIRTUAL WALKABOUT- A WORD FROM BRUCE HEMMETT



Rotary District 9660 is conducting a Virtual Walkabout and Raffle to raise awareness of and funds to support the Rotary International End Polio Now Campaign.

Tickets are available at \$5 each with a first prize of \$2000 for the winning ticket. Each \$5 ticket sold will represent 5km virtually walked and will be added to the Walkabout Tally. The Walkabout Tally will be adjusted regularly and plotted on an accompanying map. The updates including the Map and total raised will be shared on the District 9660 Facebook page and in the District newsletter.

So \$10 in tickets gives you 10kms walked towards our goal of walking around District 9660 and two tickets in the raffle!

Each \$1 raised will be doubled by the Bill and Melinda Gates Foundation so you will be making a significant difference in the lives of those still in countries where the disease continues.

<https://rafflelink.com.au/end-polio-now>

Helen Tickle received on the behalf of the Tamworth Urban Tree Advisory Group at the Tidy Towns Awards Functon at Scone last Saturday evening.

Helen and Rob Chandler had a presentation that Saturday morning.



Rotary 
District 9660

**CLUBS &
DISTRICT
PROJECT
SHOWCASE**



AGM
9AM
SATURDAY
25TH

Ticket
\$125

What project will you Showcase?

25/26 NOVEMBER 2023
DUBBO RSL

Bookings for display tables
email: phil.gorton@gmail.com



UPDATE TO CHRISTMAS PARTY DETAILS

Carmen's restaurant is closed until 12 Dec due to the chef leaving and Papa Luigi's taking over from this date. As such, we are sourcing an alternative venue but either way, we will still hold our Christmas Party on the same date and time. Cost will be advised once we have a venue confirmed.

Thanks for your understanding.

We look forward to celebrating with you all.

-Marina



SANTA CRAWL IS BACK ON DECEMBER 22ND 2023!



Tickets are live and social media promotion is underway. We have 4 venues participating in this year's Santa Crawl with a rotation of groups (more details to follow on the logistics of this if you are volunteering on the night). Your committee has been hard at work communicating with venues, attending liquor accord meetings and having regular committee meetings to pull this event together. We thought the valued supporters within the club deserved a small update on our progress.

Please, please, please share this event on your Facebook pages and encourage your friends and family to purchase a ticket at <https://events.humanitix.com/santa-crawl-2023-tamworth>

Thanks for your support in promoting our event and sharing the ticket link!

Tickets are live, don't forget to encourage your friends and family to purchase one!
<https://events.humanitix.com/santa-crawl-2023-tamworth>

Yours in Rotary,
Charlotte
Santa Crawl Chair



TAMWORTH COMMUNITY GARDEN FUNDRAISING SAUSAGE SIZZLE- VOLUNTEERS WANTED

What Tamworth Community Garden Bunnings BBQ Fundraiser
Where Bunnings Warehouse Tamworth – Sausage shack
When Sunday the 3rd of December 8.30am till 4.30pm (multiple shifts to choose from)

Details: If your free on the above Sunday and can give 2 hours of your time, the Community Garden team would love to have you join them to raise funds for the Garden.

Below is the drafted roster with plenty of spaces to fill - if your free please contact Naomi on 0424973714 or naomi.blakey@gmail.com to express your interest for a shift or two!

And yes for anyone interested Bunnings do stipulate that the onion must be served underneath the sausage.

Bunnings BBQ Fundraiser for Tamworth Community Garden – Sunday 3rd December 8.30am till 4.30pm

<u>Time Slot</u>	<u>Volunteer roster</u>
8.30am till 10.30am	Brett White, Terry Robinson, Eliza Weekes
10.30am till 12.30pm	Alice Elsley, Paul Stevenson, Barry Biffin, Lisa Clarke
12.30pm till 2.30pm	Peter Johnston, Louise Matthews, Susie Stevenson
2.30pm till 4.30pm	Sue O'Connor, Naomi Blakey, James De Ferranti

Thanks,
Naomi



GUEST SPEAKER –

Our guest speaker this week was Belinda Kotris, Chief Executive Officer from the Tamworth Family Support Services.

Tamworth Family Support Services was established in 1979 as a result of family support needs identified by the federal government during the late 1960s and early 1970s. In the years that followed, the programs expanded to include Homelessness, Youth, Community and Domestic Violence services.

Belinda presented us with some confronting and alarming statistics-

- In NSW there is approximately 2,500 reported domestic violence reports to police every month- but this likely to represent only 40% of actual incidents.
- In 2019-2020, there were 45 intimate partner homicides in Australia. 36 of these were female victims.
- Australian women are nearly 3 times more likely than men to experience violence from a partner.

Belinda outlined the accommodation currently available through TFSS for women in crises. The women's refuge has 5 small bedrooms and 2 bathrooms. The bedrooms are small but have been known to house a mother and 5 children in a room. A 3 bedroom unit just down the road has been purchased to cater for larger families and as an overflow facility.

Women and children escaping domestic violence are the priority for the refuge. There are staff on site Monday to Friday, 8am to 5pm. Last year TFSS assisted 282 woman.

TFFS is currently at the design and planning stage for a Core and Cluster Refuge. This will be a purpose built establishment with 8 individual units. These will be built around a communal area consisting of rooms for specialist services, commercial kitchen, group work room, study area for children, yarning area and furniture storage. Pets can be accommodated in private backyards for each unit. The premises will be under surveillance from all angles.

To summarise we have a quote from Belinda's notes-

"We are aware that family, domestic and sexual violence is a major health and welfare issue in Australia. These types of violence can have a serious impact on individuals, families and communities. These effects can be long lasting and effect future generations. No single service or service system has the capacity or expertise to respond to all facets of complex health and social issues such as domestic and family abuse. But together we can work to reduce the impacts and reduce intergenerational trauma."

-Words by Stephen Hawkins, Belinda was thanked by Richard Walker.



FUNNY CORNER-

Boss: "What are you doing?"

Me: "Watching a video on
How to effectively deal
with co-workers"

boss: "That's kickboxing"

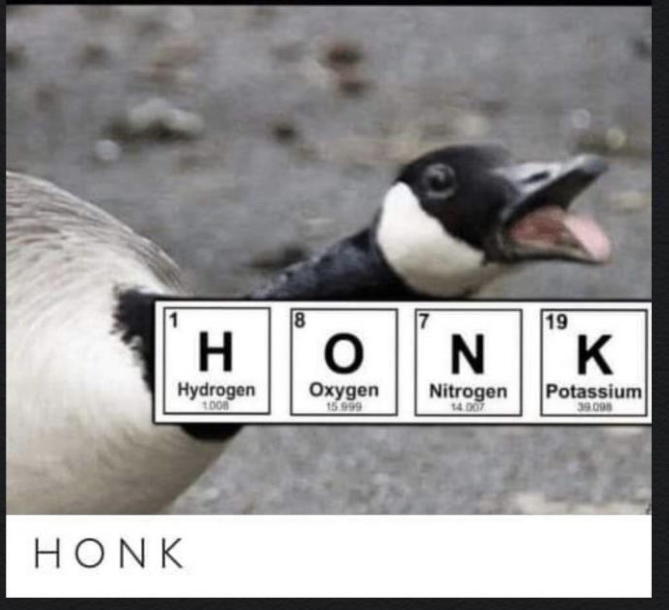
Me: "Exactly"

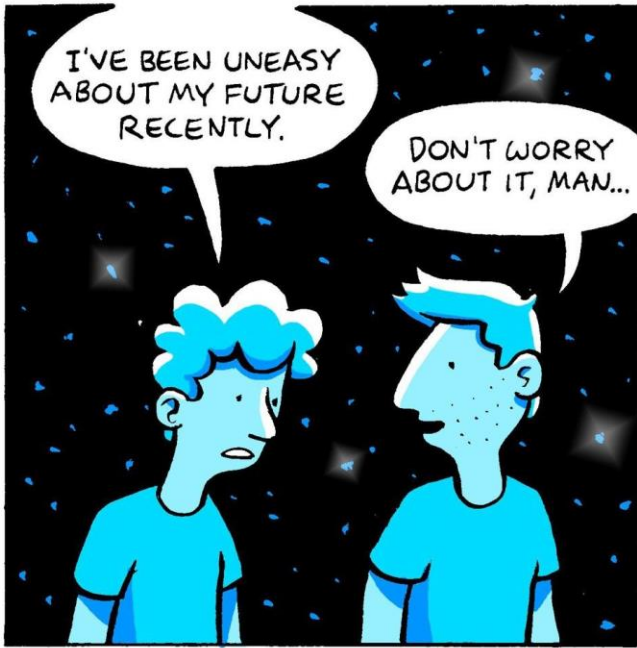
Today I asked a kindergartner if Friday was his favorite day of the week and his response was, "I dont know. I don't know a lot of things. I'm confused all the time."

Same, little man. Same.

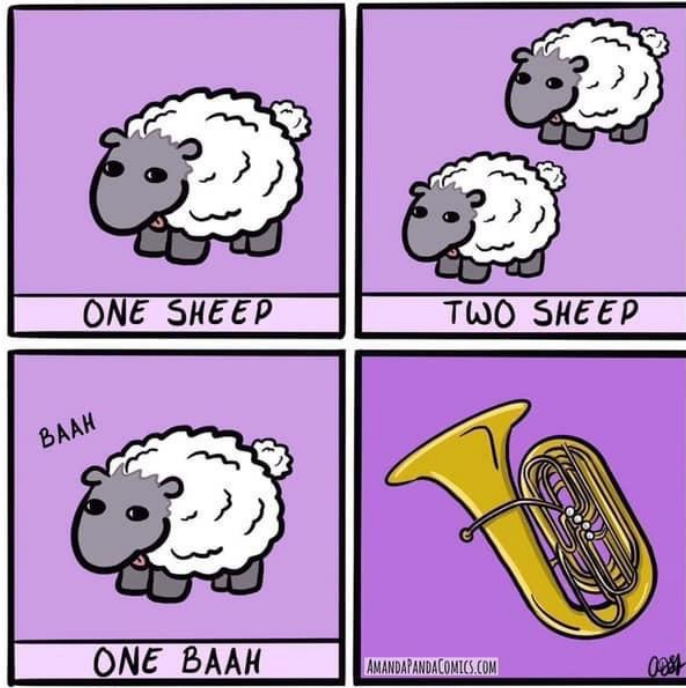
DID YOU KNOW?

A goose's beak is
comprised of four elements:
Hydrogen, Oxygen, Nitrogen,
and Potassium.





📷 📺 @GALLMANCARTOONS 🌐






 @amandapandacomics
 
 @amanda_comics



NATHANWPYLE

Rotary Events Calendar	Date
▪ Photo shoot with our Tree planting project	▪ TBA – See Alice or Peter R
▪ Sergeant's Dinner	▪ Coming SOON!!!
▪ RI Convention Singapore	▪ 25-29 May 2024
▪ District 9660 Conference	▪ 15-17 March 2024
▪ RC Tamworth First Light Changeover Dinner	▪ Sat 15.06.2024

Social Calendar	Date
• Post Office Raffles Social Night	• 3 rd Friday of the Month (17.11.2023)
• RCTFL Christmas lunch party	• Sunday 10/12/22, 11:30am

Useful links (click to open!)	
 • Tamworth First Light Website	 • RCTFL Facebook page
 • District 9660 Website	 • Rotary District 9660 Members Page
 • Rotary International Website	 • Rotary District 9660 Public Facebook
 • DACDB Member and Club Portal	

Board Members 2023-24	
President – Brian Logan	Secretary – Liz Gill
Treasurer – Dennis Maunder	Executive Secretary – Brodie Shields
Club Admin – Courtney Priestley	Membership – Bev Fletcher
Public Relations – Alice Elsley	Community Service – Peter Johnston
Youth – Hannah Woods	Rotary Foundation – Bruce Hemmett
Youth Protection – Bruce Hemmett	President Elect – Sue O'Connor
Board Meeting 2nd Tuesday of the Month - Tuesday 14.11.2023, 5.30pm, Wests.	

	29 th November	6 th December	13 th December	20 th December
Topic	Exchange Student Presentation	Club AGM	Salvation Army (Xmas Drive)	Visit from Santa
Location	Tamworth City Bowling Club	Tamworth City Bowling Club	Tamworth City Bowling Club	Tamworth City Bowling Club
Guest speaker	Vitor and Diego	N/A	Major Tony DeTommaso	Santa?
Sergeant	Mitch Soree	Mitch Soree	Mitch Soree	Mitch Soree
Corporals	John Rouvray Helen Tickle	Alice Elsley Marina Hearne	Stephen Hawkins John Treloar	Laurence Hearne Naomi Blakey
Meeter & Greeter	John Treloar	Naomi Blakey	Vicki Cooper	Brodie Shields
Door Team	Dimity Betts Naomi Blakey	Peter Leonard Graham Dooley	Terry Robinson James Treloar	Brian Thompson John Treloar
President Assist	Vicki Cooper	Steve Martin	Bruce Hemmett	Richard Hardwick
Visitor Assist	Stephen Hawkins	Sue O'Connor	Peter Johnston	John Treloar
Welcome	*Steve Martin	Brett White	Dimity Betts	Bev Fletcher
Bulletin Notes & Introduction	Terry Robinson	Helen Tickle	Brodie Shields	Alice Elsley
Vote of Thanks	Peter Ryan	John Rouvray	Helen Tickle	Marina Hearne

*Denotes a change. Roster roles are randomly assigned. If you cannot commit to a rostered duty for your club, please speak to your fellow Rotarians to arrange a replacement and let Mitch know. Look for the easter eggs in this bulletin, and tell me what you find.

POST OFFICE RAFFLE – FRIDAYS - 6:00 – 7:00PM				
1 st December	8 th December	15 th December	22 nd December	12 th January
John Treloar Barry Biffin	Barry Biffin Vicki Cooper	Vicki Cooper Stephen Hawkins	Stephen Hawkins Laurence Hearne	Laurence Hearne Aurelie Quade

BIRTHDAYS, ANNIVERSARIES, AND INDUCTIONS	
Members Birthdays	Anne Jacob 3/12
Partners Birthdays	NIL
Anniversaries	David and Helen Hinwood 48yrs
Club Induction	NIL

Attendance	71%	Lolly Jar Raffle	Skinner
Make-Ups	Nil	Heads and Tails	Glenn McIntosh
Visiting Rotarians	Nil		
Visitors	Maciej "Magic Mike" Wolanski (Youth Exchange Student)		