




**Rotary**   
Club of Tamworth First Light  
**MEETING 1685, ISSUE 30**  
**WEDNESDAY 24<sup>th</sup> January 2023**



### Rotary Year 2023 - 2024

<b>District Governor</b>	<b>Alyn Miranda</b>
<b>President:</b>	<b>Brian Logan</b>
<b>Secretary:</b>	<b>Liz Gill</b>
<b>Treasurer:</b>	<b>Dennis Maunder</b>

# The Life of Brian

## Quote of the week

“Life’s tragedy is that we get old too soon and wise too late.” — Benjamin Franklin

## Joke of the week

It amazes me how much ‘Exercise’ and ‘Extra Fries’ sound alike.

I just saw 3 people jogging outside and it inspired me...to get up and close the blinds.

## Guest speaker

Jermaine Walford gave an inspirational update talk on his life and his involvement in the creation of the Dreamtime Touch Football competition.

## Notices:

- Please keep 03 March 2024 in mind for the ‘Clean up Australia Day’ project.
- Glen McIntosh gave us a heads up on the Science and Engineering challenge for 2024
- A reminder that ‘Lego Masters’ are looking for volunteers for 20th, 21st and 22nd January.
- Remember, SUBS are due.
- Is there interest in an ‘End Polio’ fund raiser movie night on 23 February 2024. The movie chosen is Napoleon.

## SCIENCE AND ENGINEERING CHALLENGE

The science and engineering challenge is coming up again, and the committee will be commencing work on this valuable event. Stay tuned for more information as it becomes available! Save the date for Setup on 18.03.2024 and event dates 19-22 March.

## CONNECTING WITH BRICKS- VOLUNTEER REQUEST



Menu

# Connecting With Bricks Inc

**Presents ANDREW & DAMIAN  
from Lego Masters**

- LEGO® based interactive Workshops

Limited Tickets



Connecting with Bricks is bringing LEGO® Masters to Tamworth, and looking for volunteers to assist with this event.

**Date:** 20th, 21st, 22nd January 2024

**Time:** Daily from 9:00 AM - 6:00 PM

**Venue:** UNE (University of New England), Peel House Location: 24 Fitzroy Street, Tamworth

Connecting with Bricks aims to strengthen community connection, enrich family wellbeing and individual education and well-being, through Lego Building facilitation. We believe in reinforcing the educational principles of STEM and critical thinking, with that of social development and creative experience.

We are Raising Money:

- To Create Community LEGO® Brick Pits
- For Rural School, Libraries & Community Groups
- To Access LEGO® based STEM Learning Activities

**Volunteers are needed** to be a part of our upcoming event that promises an unforgettable LEGO® experience for the whole family- it's also a chance to witness the Magic of LEGO® come alive! You'll have the opportunity to:

Meet Andrew & Damian: Renowned figures from Lego Masters will be there in person, and you'll have the chance to hang out with them!

LEGO® Interactive Workshops: Hosted by Andrew and Damian, these interactive workshops will unleash your creativity and challenge builders of all levels.

LEGO® Community Displays: Marvel at the incredible creations by local LEGO® enthusiasts—inspiration awaits!

LEGO® Life-Sized Gibson Guitar: Capture unforgettable moments with this iconic custom built LEGO® piece and more captivating attractions.

Special Music Legend Guest Appearances from Country Music Icons

As a volunteer, you'll receive FREE Tea/Coffee and Water, indoor air conditioning, and a lego truckers hat, and entry tickets to allow you to share the Lego experience with friends or family (LEGO® DISPLAY Section -2A2C or 1A3C)

Opportunity to meet Andrew & Damian in person (they are lego masters!)

Please consider saving the date, and volunteering where you can – Signing up is easy and takes only 5 minutes.

Click here to Volunteer and become a part of this magical event.

<https://signup.zone/connecting-with-bricks>

Connecting With Bricks Founders:

Tania & Kobi Longworth



# CAVALCADE TCMF 2024

The people have spoken and they want to see who volunteered and what they've go do on the day of the TCMF Cavalcade.

Current volunteers are:

Peter Johnston, Brian Logan, Laurie Hearne, Steve Martin, Glenn McIntosh, Brett White, Dennis Maunder, Richard Walker – Thank you!

More volunteers welcome – please consider!

Role Title	Role Description
<p><b>Cavalcade Marshalls</b></p> <p><b>x 6</b></p>	<ul style="list-style-type: none"> <li>• Meeting at 7am on the corner of Peet St and Bourke St, (led by Peter Johnston).</li> <li>• Supported by TRC Staffers and Security Guards (led by TRC Michaela Stevens).</li> <li>• Wearing TRC supplied hi-vis vests and attending a TRC Marshalling briefing.</li> <li>• Working in one of three pairs of Rotary volunteers as Cavalcade Marshalls:               <ul style="list-style-type: none"> <li>- Greeting individually numbered cavalcade participants (artists)</li> <li>- Directing participants where and in which numbered order to line up</li> <li>- Checking that the registered vehicle driver is <u>actually</u> the person driving</li> <li>- Signalling exactly when and in what order each participant is to set off</li> </ul> </li> <li>• Cavalcade Marshall will <u>not</u> be walking beside participants cars on the route.</li> </ul>

## Event Background Information

- A smaller event than usual. Historically 80 registered participants, just 40 artists have registered for 2024.
- No trucks, flatbacks or semi-trailers will be used in the cavalcade for safety reasons, just open topped cars.
- TRC will have pre-marked the numbered cavalcade participants gathering spots and have them signed too.
- TRC will provide a small fridge (in the offices of ViaTech) full of free drinks for volunteers to consume.
- TRC will provide a small financial donation to RCTFL in gratitude.

## CLEAN UP AUSTRALIA DAY

Clean up Australia day is on Sunday March 3<sup>rd</sup>. RCTFL will be doing our annual clean along the Paradise Park area behind Hungry Jacks and will meet in the carpark for a 0830hrs commencement time.

See you there!





## GUEST SPEAKER - JERMAIN WALFORD

Our Guest Speaker today was Jermain Walford, past RYLA'rian (2022) and RYLA Leader (2023).

Jermain spoke of his life and how he got to where he is today.

Jermain is 25 years young and was born in Dubbo. Starting out life was tough with exposure to drugs and alcohol in the household being the “norm” and not knowing the truth about his biological father. Jermain was raised to believe that his stepfather was his real father which also contributed to the trauma in his life when the truth came out. At the age of 4, Jermain moved to Tamworth and was struggling with his identity, and it was a difficult time with his mother.

When Jermain went to school it became a big part of his life as he was away from the home environment and Hillvue Public School became a big part of his life where he meet lifelong friends and was introduced to sports and fitness which offered an alternate to the home situation. As Jermain transitioned to high school he found out his real identity which did little to relieve the toxic household he was in. Jermain spoke about the domestic violence in the house and that often he would receive the punishment for his siblings.

A positive through this time was meeting his partner, Tshintina.



### Jermain spoke of his passions in life:

**Dance** – enjoyed dancing in all forms and spent many hours doing the moves of Michael Jackson, although now reserves this for select times. Jermain also like to dance with his brother who sadly passed away 5 years ago and thinks often about those missed opportunities.

**Poetry** – Jermain likes to write poems when he has the chance as a way of getting feelings out.

**Touch Football** – After receiving an acquired brain injury in 2013 – 14 while playing 1st grade rugby league for the Oxley Diggers in Tamworth he received a head knock causing a bleed on the brain he found he could no longer play contact sport. The transition to Touch Football was a simple one as the codes are very similar but no contact or kicking involved. This has led to being involved in a lot of teams including Dreamtime Touch and the Tamworth Titans. This period of time also made Jermain stronger and has allowed him to deal with issues such as depression and anxiety better.

**Coaching** – Jermain is really passionate about coaching and mentoring young people in a team environment and believes that it is more than sport orientated but a way to encourage young people to open up and feel safe to talk about how they feel while participating is a physical activity. Bring out everyone’s potential to work as part of a team.

### Things that have changed Jermain’s perspective:

**RYLA** – This activity has changed Jermain’s life, and the support of our Rotary Club through the Terry Burgess Memorial Scholarship made all the difference. With Louise’s constant badgering to get to the camp, it is one of the things that has made so many changes in his life. He went to the camp with the mantra of “Make your bed”, if you make your bed in the morning, you have achieved one goal for the day and prompts you to look for more goals to start and finish each day.

**DreamTime Touch** – Jermain has set up the Dreamtime Touch program to help mentor young people with mental health struggles and get them involved in a team activity. Dreamtime Touch was also set up to honour and remember his brother. Jermain acknowledged the support of our Rotary Club and in particular Dennis, Louise, Richard and Peter for their ongoing support and guidance to see the team succeed.

Jermain was also nominated for a number of local sporting awards and was successful in Coach of the year and Local Achiever of the Year categories. This is something Jermain was not looking to receive recognition in bit was very humble (NOT) in receive the honours.

Jermain works at Healthwise within the Indigenous Mental Health Unit. Jermain works with different people in the community such as the homeless and people struggling with mental health issues and provides supports and interventions so that they can begin to function again in the community. Prior to this Jermain was a teachers Aide at Tamworth South Public School and worked with the difficult kids and worked on encouraging better behaviours such as attendance and the benefits of school for things like friends and sport.



Jermain would like to continue in supporting youth with the challenges of mental health issues and feels that it “Ain’t weak to speak” when dealing with mental health and that there should be more awareness out there. Jermain is making this a main focus of the DreamTime Touch message and feels that we all need to support each other as he has lost mates to suicide, and it may have not happened if there was someone to talk to.

Louise Matthews provided the Vote of Thanks to Jermain. Notes by Richard Hardwick

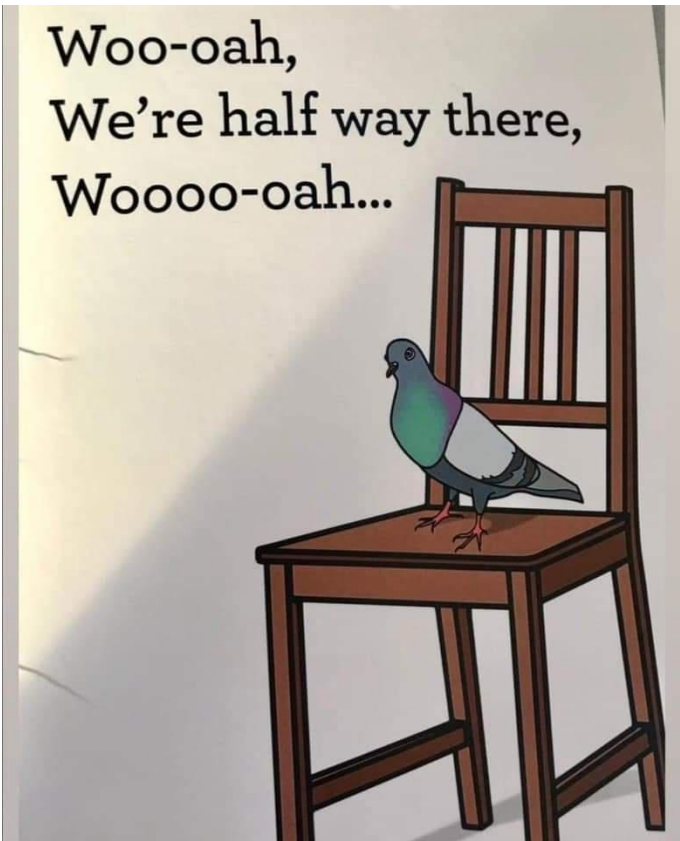
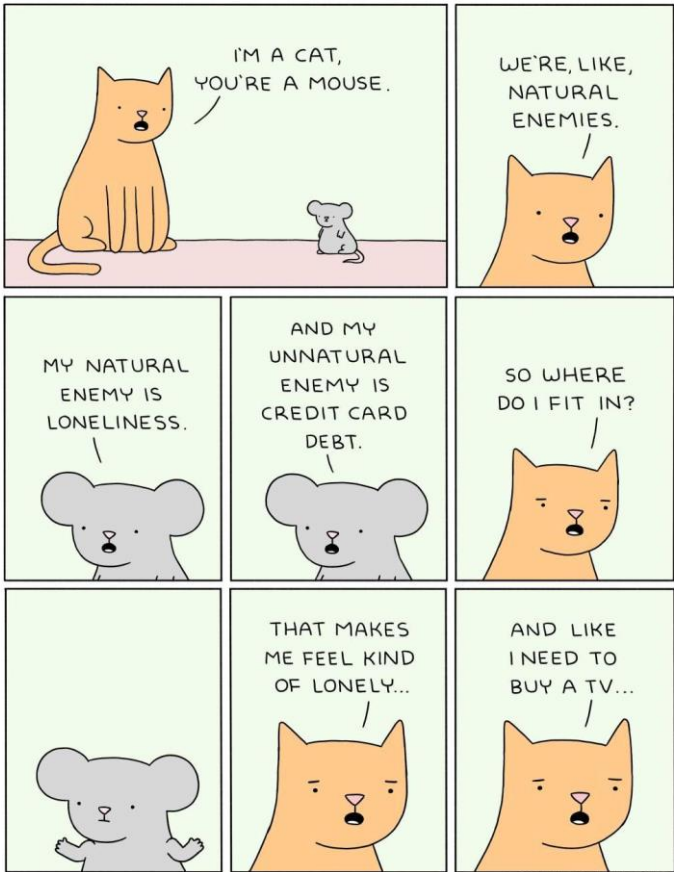




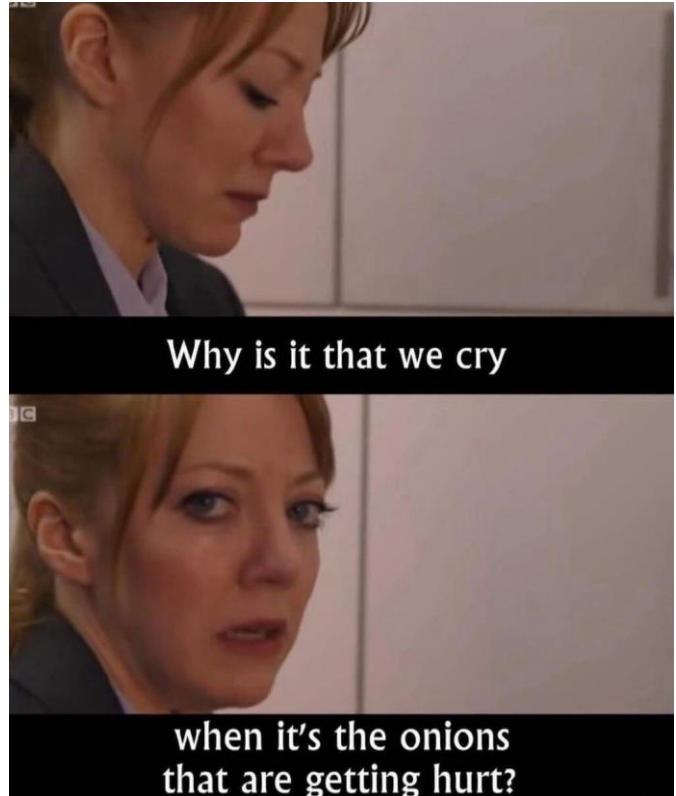
# FUNNY CORNER-

No matter what happens, pizza will always be there for you. Thick and thin, in crust we trust.

**Disney:** We need to make sure that people will understand which wolf is male and which is female  
**Disney:** OK done



TWONKS



Rotary Events Calendar	Date
▪ Sergeant's Dinner	▪ Coming SOON!!!
▪ Clean Up Australia Day	▪ March 3 <sup>rd</sup> 2024, 0830hrs
▪ Science and Engineering Challenge	▪ March
▪ RI Convention Singapore	▪ 25-29 May 2024
▪ District 9660 Conference	▪ 15-17 March 2024
▪ RC Tamworth First Light Changeover Dinner	▪ Sat 15.06.2024

Social Calendar	Date
• Post Office Raffles Social Night	• 3 <sup>rd</sup> Friday of the Month (19.01.2024)
• RCTFL Christmas lunch party	• Sunday 10/12/22, 11:30am - TCBC

Useful links (click to open!)	
• <a href="#">Tamworth First Light Website</a>	• <a href="#">RCTFL Facebook page</a>
• <a href="#">District 9660 Website</a>	• <a href="#">Rotary District 9660 Members Page</a>
• <a href="#">Rotary International Website</a>	• <a href="#">Rotary District 9660 Public Facebook</a>
• <a href="#">DACDB Member and Club Portal</a>	

Board Members 2023-24	
<b>President</b> – Brian Logan	<b>Secretary</b> – Liz Gill
<b>Treasurer</b> – Dennis Maunder	<b>Executive Secretary</b> – Brodie Shields
<b>Club Admin</b> – Courtney Priestley	<b>Membership</b> – Bev Fletcher
<b>Public Relations</b> – Alice Elsley	<b>Community Service</b> – Peter Johnston
<b>Youth</b> – Hannah Woods	<b>Rotary Foundation</b> – Bruce Hemmett
<b>Youth Protection</b> – Bruce Hemmett	<b>President Elect</b> – Sue O'Connor
<b>Board Meeting 2<sup>nd</sup> Tuesday of the Month-</b> Tuesday 12.12.2023, 5.30pm, Wests.	



	24 <sup>th</sup> Jan	31 <sup>st</sup> Jan	7 <sup>th</sup> Feb	14 <sup>th</sup> Feb
<b>Topic</b>	Youth Insearch and Santa Crawl	Personal Profile	Exchange Student Presentation	TBA
<b>Location</b>	Tamworth City Bowling Club	Tamworth City Bowling Club	Tamworth City Bowling Club	Tamworth City Bowling Club
<b>Guest speaker</b>	Rachel Quinlan, Mal MacPherson, Leigh Foord	Diane Petterson	Maciej	TBA
<b>Sergeant</b>	Mitch Soree	Mitch Soree	Mitch Soree	Mitch Soree
<b>Corporals</b>	Aurelie Quade Hannah Woods	Naomi Blakey Vicki Cooper	Peter Bell Barry Biffin	John Rouvray Sue O'Connor
<b>Meeter &amp; Greeter</b>	Peter Bell	Alice Elsley	Graham Dooley	Peter Ryan
<b>Door Team</b>	Stephen Hawkins Laurence Heame	Bev Fletcher Marina Heame	Bruce Hemmett Peter Johnston	Brian Thompson James Treloar
<b>President Assist</b>	Barry Biffin	Bruce Hemmett	Peter Leonard	Terry Robinson
<b>Visitor Assist</b>	Vicki Cooper	Peter Leonard	Laurence Heame	Louise Matthews
<b>Welcome</b>	Naomi Blakey	Glenn McIntosh	Brian Thompson	Deb Barnes
<b>Bulletin Notes &amp; Introduction</b>	Marina Heame	Diane Petterson	Richard Walker	Peter Johnston
<b>Vote of Thanks</b>	Diane Petterson	Hugh Raadgever	Brett White	Steve Martin

\*Denotes a change. Roster roles are randomly assigned. If you cannot commit to a rostered duty for your club, please speak to your fellow Rotarians to arrange a replacement and let Mitch know. Look for the easter eggs in this bulletin, and tell me what you find.

POST OFFICE RAFFLE – FRIDAYS - 6:00 – 7:00PM				
26 <sup>th</sup> Jan	2 <sup>nd</sup> Feb	9 <sup>th</sup> Feb	16 <sup>th</sup> Feb	23 <sup>rd</sup> Feb
TCMF	Diane Petersen	*Bev Fletcher	Peter Bell	Peter Leonard
<b>No Raffle</b>	*Bev Fletcher	Peter Bell	Peter Leonard	Graham Dooley

BIRTHDAYS, ANNIVERSARIES, AND INDUCTIONS			
<b>Members Birthdays</b>	Naomi Blakey 26/1, Terry Robinson 27/1		
<b>Partners Birthdays</b>	Nil		
<b>Anniversaries</b>	Nil		
<b>Club Induction</b>	Sue O'Connor 10yrs		
<b>Attendance</b>	%	<b>Lolly Jar Raffle</b>	Brian Logan (Rigged!)
<b>Make-Ups</b>	Nil	<b>Heads and Tails</b>	Charlotte Moore
<b>Visiting Rotarians</b>	Sam Peacocke		
<b>Visitors</b>	Magic		