

# *Tamworth First Light*

## *The Bulletin*

Issue 14 | 18 September 2024 | Meeting 1719

### **This Week**

- Looking for hosts, 1 night, of the Foundation Trustees
- Tree planting - Sept/ Oct
- Astronomy Club event - 17 Sept

*18 Sept RSVP Link:*



### *Rotary Year 2024 - 2025*

RI President: Stephanie Urchick

District Governor: Bruce George

President: Sue O'Connor

Secretary: Courtney Priestley

Treasurer: Dennis Maunder



# *Sue's Spark of Rotary Inspiration*

**Quote of the Week:** Unaccompanied children will be given red cordial and a free kitten.

Joke of the Week: Joker Card, thanks Simon.

Two guys walked into a bar, .... the third one ducked!

## **Notices:**

- We are helping with the BBQ for the Astronomy Club at 6.00pm next Tuesday. Thank you to Brian and those who are helping with this.
- Naomi would like some helpers for a Bunnings BBQ to raise funds for the community garden, on Sunday 29th September. Please put your name down if you can help.
- Peter Ryan informed us about our next tree planting project at the end of September, hopefully involving students from Nemingha School.
- The End Polio movie: "Thelma" is tentatively booked for Thursday 31st October. Thank you Simon for organising this.
- Richard encouraged everyone to start thinking about accepting positions on our board for 2025-2026. Please see Steve Martin if you are interested.
- At the board meeting last night, we discussed some local projects that we are looking into, including possibly revamping the Coledale Community Centre community garden and maybe establish one at the new Womens' Refuge.
- Thank you to those who have put forward possible ideas for an international project which could be completed in conjunction with other clubs in our area. These involve water and sanitation, housing, education, health or emergency needs in countries such as eastern Africa, Ukraine or Fiji. There are some great projects on RAWCS and Rotary Showcase, so if you see a worthwhile project for consideration, please let me know.

- We had a discussion about setting up an associate membership group called Friends of First Light Rotary. This would be for past members, partners, or others interested in being connected with the club. By receiving the bulletin, we could keep these people in touch, encourage them to join in our events and projects, and make them feel comfortable to come along to a meeting from time to time if they like.

- On Wednesday 2nd October, the Foundation trustees Dennis Shore and Mark Anderson will be visiting Tamworth. You are welcome to go along and learn more about Rotary Foundation at either:

1:30pm – 4.00pm: discussion group at Long Tan Room in Diggers.

6:00pm: there is a possibility of attending a Calala Rotary meeting.

Simon is also looking for hosts for these 2 men for the night. Please see Simon if you are interested in attending or can help with hosting.

**Guest Speakers:** Thank you to Ruth Martin for a most informative talk about her experiences in the pharmaceutical industry.

**Sue O'Connor**  
**President 2024/ 2025**



# Be a Board member 2025/ 2026



# *Are you ready to count?*



QUIZES & FUN   TEACHERS   FAQs   RESOURCES   DONATE

**birdlife AUSTRALIA**

# AUSSIE BIRD COUNT

14-20 October 2024

Start counting in...

|      |   |   |       |   |         |   |         |   |
|------|---|---|-------|---|---------|---|---------|---|
| 0    | 3 | 9 | 0     | 6 | 0       | 4 | 1       | 0 |
| Days |   |   | Hours |   | Minutes |   | Seconds |   |

**REGISTER**

Taking part is easy!

-   
**1**  
**20 minutes**  
Just spend 20 minutes in your favourite outdoor space and tell us about the birds you see during that period.
-   
**2**  
**Count the birds**  
You can submit your results using the app or the web form.
-   
**3**  
**Bird Finder**  
There's a built-in "bird finder" tool to help you identify birds you're unsure of.
-   
**4**  
**Submit your count**  
You can count as many times as you want. Every count helps.

**Mark the date in your diary!**  
<https://aussiebirdcount.org.au/>

**Interested in hosting Ela, Malin or Wakana? Please contact Marina**

**Dates: Nov - early Jan, Mid May - Jul & Apr/ May - Jul**

# Guest Speaker - Rev John Marsh

## Medicine Dispensing

As a pharmacist, Ruth has performed many roles during her professional career. From Soul Pattinsons Pharmacy, Pitt Street Sydney to remote areas of Australia, Ruth has gained much experience in many facets of pharmacy, equipping her to meet the changing complexities of medicines.

Very topical at present is Medication Shortages. This is not entirely new for pharmacy and is part of the post pandemic new normal.

Three factor causation being Pandemic; Geopolitical instability and Climate Change.

Globalisation has limited manufacturers and locations of product at all stages. Some products pass through five countries before production is complete (raw ingredient to Packaged consumer product).

Thank you Ruth for an interesting and informative presentation.

Notes by Helen Tickle



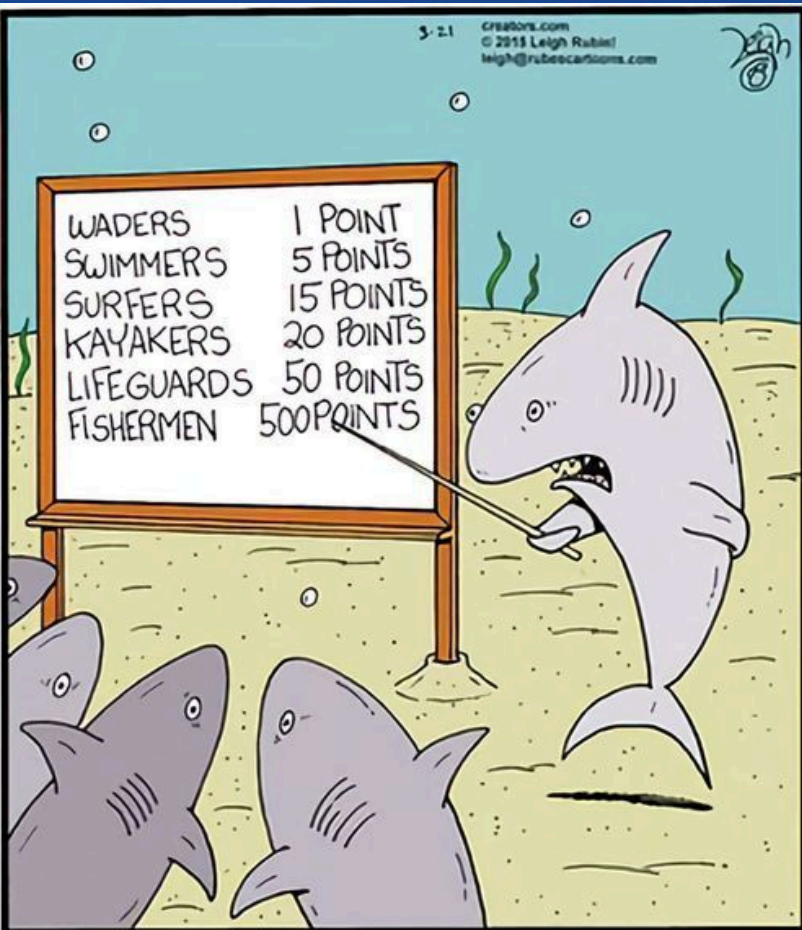


# *Exchange Student Adventures - Ela & Malin*





# The Funny Elbow



"Now, before we hit the beach, let's briefly review the scoring system."

**WHAT'S THE DIFFERENCE  
BETWEEN A POORLY-DRESSED  
MAN ON A TRICYCLE  
AND A WELL-DRESSED MAN  
ON A BICYCLE?**

**ATTIRE.**

ART & HOME

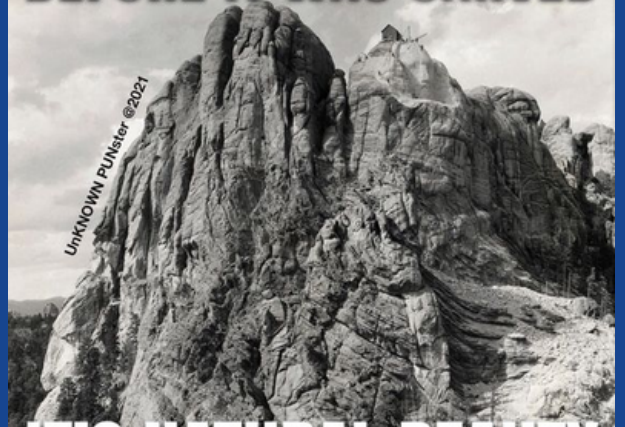
**What do you call a  
magician who has  
lost his magic?**

**Ian.**

**I went  
to McDonald's  
today  
and ate a  
Kid's Meal.**

**It was good,  
but his mom  
was furious...**

**MOUNT RUSHMORE  
BEFORE IT WAS CARVED**



**IT'S NATURAL BEAUTY  
WAS UNPRESIDENTED**

# *Important Info*

[Tamworth First Light Webpage](#)

[District 9660 Webpage](#)

[Rotary International Link](#)

[DACdb Link](#)

## *Calendar*

**22 SEPTEMBER 2024 - PUBLIC SPEAKING**  
**16 & 17 NOVEMBER 2024 - DISTRICT SHOWCASE**  
**20 DECEMBER 2024 - SANTA CRAWL**  
**14 - 16 MARCH 2025 - DISTRICT CONFERENCE**  
**13 & 14 MAY 2025 - NWRCE**

### **ASSISTANCE REQUIRED:**

**17 SEPT 2024 - ASTRONOMY CENTRE BBQ**  
**- CONTACT BRIAN LOGAN OR SUE**



# Roster

| Date                                    | 18 Sept                            | 25 Sept                    | 2 Oct                               |
|---|------------------------------------|----------------------------|-------------------------------------|
| Topic                                   | Isolation of the Elderly           | YEP Student Presentation   | History of Tamworth Musical Society |
| Location                                | Tamworth City Bowlo                | Tamworth City Bowlo        | Tamworth City Bowlo                 |
| Guest Speaker                           | Ray Tait                           | Malin Breivik              | Bill Gleeson                        |
| Sergeant                                | Brett White                        | Brett White                | Terry Robinson                      |
| Corporal                                | Mitch Soree                        | Peter Leonard              | John Rouvray                        |
| Meeter & Greeter                        | Charlotte Moore                    | Graham Dooley              | James Treloar                       |
| Door Team                               | Brian Thompson<br>Richard Hardwick | Barry Biffin<br>Peter Ryan | Hannah Woods<br>Vicki Cooper        |
| President Assist                        | Liz Gill                           | Steve Hawkins              | Paul Stevenson                      |
| Guest Speaker Intro<br>& Visitor Assist | Terry Robinson                     | Dimity Betts               | Louise Matthews                     |
| Bulletin Notes<br>Vote of Thanks        | Alice Elsley                       | Peter Bell                 | Bruce Hemmett                       |

## POST OFFICE RAFFLE – FRIDAYS – 6:00 – 7:00PM

| 20 Sept                          | 27 Sept                         | 4 Oct                        | 12 Oct                      |
|----------------------------------|---------------------------------|------------------------------|-----------------------------|
| Marina Hearne<br>Laurence Hearne | Laurence Hearne<br>Naomi Blakey | Naomi Blakey<br>Barry Biffin | Barry Biffin<br>Brian Logan |

**Any changes to the roster, please let the President Assist know the morning of the meeting that you are replacing someone.**

**Reminder that it is up to members to find your replacement if you are unavailable.**

**Email Leave of Absence to the Secretary**

### **Birthday, Anniversaries, and Inductions**

#### **Members Birthdays**

Mal Turnbull 23/9 & Hugh Raadgever 24/9

#### **Partners Birthdays**

Justin Sutherland 20/9

#### **Club Inductions**

Nil

#### **Anniversaries**

Nil

#### **Attendance**

73%

#### **Visiting Rotarians**

Nil

#### **Visitors**

Ela Fiserova (YEP RC First Light)  
Malin Breivik (YEP Student RC Tamworth)

#### **Heads and Tails**

Diane Pettersen

#### **Chook Raffle**

Skinner  
(free breakfast the following week only, cannot be claimed at a later date)